

#### **Newsletter - February 2022**

## Conversations You Should Be Having



Planning ahead and having important conversations is absolutely necessary at any age, for a variety of topics.

Have you begun to think about:

- Emergency medical care wishes
- Long-term care
- · Your desired living situation
- Medical and financial powers of attorney
- Drafting a Will with the assistance of a professional, or updating it if necessary
- How your assets should be handled as you age and your needs change
- Meeting with a funeral director to hear all your options and put your wishes on paper

This a brief overview. Unfortunately, we've seen a lot of people put these decisions off until it is too late. It's important to keep in mind that you can make changes to these decisions. What you decide now about healthcare or living situations can be reevaluated along the way. The good news is there are professionals, resources, and organizations available to help.

<u>Please see our blog</u> for a few resources to get started.

## **Bereavement Programs**

**Online Bereavement Support Groups** 

The death of someone we cared about can leave us with a range of emotions and reactions. Connect with others who are grieving, give and receive emotional support, and learn ways to care for yourself and adjust to life after loss.

Moving Forward After a Spouse's Death 8-week session beginning Tuesday, February 22nd 4:30pm - 5:30pm

Moving Forward After a Parent's Death 8-week session beginning Thursday, February 24th 6:30pm - 7:30pm

Groups facilitated by grief clinician Donna Kane, MA, CT, of Jewish Community Services.

Free and open to the public. Registration required. Limited space available. RSVP directly to Jewish Community Services at 410-466-9200.

For information on other upcoming programs and support groups, please see Levinson's online calendar.

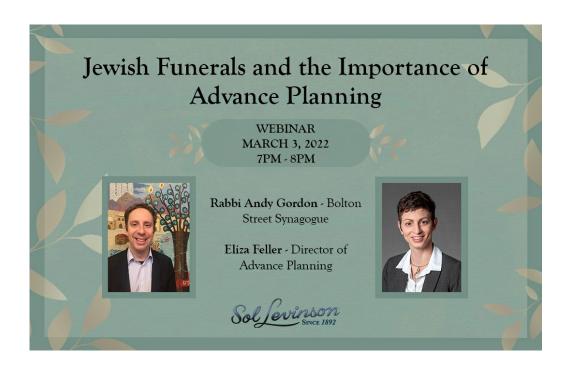
### **Upcoming Webinars**

# Join us online for one of our educational presentations:

Thursday, February 24 from 7-8 pm Special guest: Rabbi John Franken, of Temple Adas Shalom (Harford Jewish Center)



or
Thursday, March 3 from 7-8 pm
Special guest: Rabbi Andy Gordon, of Bolton Street Synagogue



Much more goes into a funeral than people realize. Join us as we discuss the decisions that need to be made and the importance of having this conversation ahead of time.

You will hear an overview of funeral traditions and the reasons behind them, as well as modern takes on funeral choices. Then, Eliza Feller, Director of Advance Planning at Sol Levinson & Bros., will touch on the many ways you can make funeral planning significantly easier for your family.

Registration is required in order to receive the Zoom link. Please register

<u>here</u> by Wednesday, February 23 or Wednesday, March 2, respectively.

If you are unable to attend but would like to learn more about the importance of Advance Planning and how to get started, please <u>see our website</u>. You may also reach out to Eliza Feller, Director of Advance Planning, with any questions, at 410-653-8900 or <u>via email</u>.

#### Join Our Team

Sol Levinson & Bros. Funeral Home is consistently voted one of Baltimore's Top Workplaces by the Baltimore Sun.

Please see the <u>Join Our Team</u> page on our website for all current job openings, full position descriptions, and how to apply.

Levinson's is committed to providing the same caring, professional and personalized service that has been synonomous with our name for over 125 years. If you have any questions regarding our services, please contact us so we can help.

#### **Our Locations**

**Pikesville** 410-653-8900 | 8900 Reisterstown Road **Columbia** 410-730-7230 | 5560 Sterrett Place, Suite 204 **Annapolis** 410-881-0801 | 170 Jennifer Road, Suite 150

info@sollevinson.com www.sollevinson.com



