

WELCOME

Immaculate Heart of Mary Church

EST. 1956

180 Loudon Road, Concord, NH 03301

Phone: (603) 224-4393 Email: recoffice@ihmnh Fax: (603) 224-6229

Website: ihmnh.org Facebook: www.facebook.com/ihmnh

Ministries Booklet



We hope you will find it within this Ministry Booklet and volunteer to use it to build up the church at Immaculate Heart of Mary and beyond.
If your gift is not listed here, and you'd like to use that talent, please let us know—we'll help get you started!

We are called to be **Joyful Disciples**
prepared to transform the world for Christ
through our gifts and talents shared in love with one another.

Parish Vision Statement

To be a welcoming Catholic faith community of growing disciples who are making disciples, joyfully living and proclaiming the Good News of Jesus Christ, and serving our neighbors with love and compassion.

Parish Mission Statement

To accomplish our Vision by loving God and loving others, introducing others to Jesus Christ, gathering together to worship and grow in faith, and being guided and empowered by the Holy Spirit for the transformation of our lives and our world.

Parish Staff

Pastor	Reverend Raymond Ball 603-224-4393 ext. 1; frray3@gmail.com
Deacon	John Morrow 603-660-9857; deacjohn@comcast.net
Pastoral Associate	Ed Mullen 603- 224-4393 ext. 3; emullen@ihmnh.org
Parish Office Manager	Kathy Marabella 603-224-4393x2; kmarabella.ihm@gmail.com
Business Manager/Bookkeeper	Jonathan Harkness 603-224-4393 ext. 4; jharkness.ihm@gmail.com
Coordinator of Faith Formation preK-5th & Family Ministry	Kim Ostrowski 603-224-4393 ext. 4; faithfomation.ihm@gmail.com
Coordinator of Youth Ministry 6-8 th	Tara Henley 603-209-6484
Coordinator of Youth Ministry 8-12 th	Jennifer Morgan 603-831-6578
Music Director	Chris Taylor 603-858-1732; jumpajoe1@comcast.net
Heart of the Heights Catholic Bookstore Manager	Sue Perry 603-228-3103; sueperry.ihm@gmail.com
Facility Manager	John Cusson 603-224-4393
Housekeeper	Reggie Barnum 603-224-4393

Mass Schedule

Weekday and Weekend Masses:

Monday-Wednesday: 9:00am
Saturday: 4:30pm
Sunday: 8:00am & 10:00am
Sunday - African American: 1:00pm (1st & 3rd Sundays)

Holy Day Masses:

On the Holy Day: 9:00am; 12:10pm; 5:30pm

NOTE: *This schedule is flexible and may change with the seasons and/or special events. Please check the parish bulletin or call the office for up-to-date times and changes.*

We offer low gluten hosts. Please see the priest or sacristan before Mass.

Reconciliation: Saturday 3:00-4:00pm or by appointment

Baptism: Contact the parish office

Marriage: Contact the parish office

Anointing of the Sick-Ministry to the Hospitalized & Homebound: Contact the parish office

Parish Office Hours

Mon through Thurs 9:30am—4:30pm

Closed Major Holidays

Bookstore Hours

Mon-Wed-Fri-Sat 10:00am-1:00pm
Tues-Thurs 10:00am-4:00pm

Closed Major Holidays

COUNCIL AND FINANCE



Finance Committee

This is an advisory committee that meets approximately four times a year to review all money matters of the church in order to support the administrator of the parish. In addition, they look to lend support for the parish bookkeeper regarding annual budgets and financial reports which all conclude in further recommendations to the pastor regarding income and expenditures, and short and long-term goals.

Offertory Counters Ministry Team

This ministry is for those who have a gift for math and who can keep information confidential. Money counters open offertory envelopes and count donations twice a month, typically on a Monday (or Tuesday if Monday is a holiday) for approximately 2 hours beginning at 9am.

FAITH FORMATION

CHILDREN, YOUTH, YOUNG ADULTS, FAMILIES, AND ADULTS



FAITH FORMATION for Children and Youth

Faith Formation for Preschool Ages 3-5 - Catechesis of the Good Shepherd

We provide an atrium for Catechesis of the Good Shepherd where children learn about the liturgical season, scripture, and prayer through hands-on activities and experiences.

Faith Formation for Grades K-5 - Family of Faith

This curriculum involves the family as a whole and educating everyone, not just the children. It is a simple schedule with one monthly parent-only meeting to receive and learn the lessons and one monthly Community Gathering for parents and students to wrap up the monthly lesson.

Sacramental Prep Year 1 and 2 for Grades 2-5

These programs include monthly retreats to learn about the gift of the sacrament the child will be receiving and the special prayers that accompany that sacrament. Sacramental Prep requires a commitment on the part of the child and their parents.

Elementary Sacramental Prep Year 1:
Sacrament of Reconciliation

Elementary Sacramental Prep Year 2:
Sacraments of Confirmation and Eucharist

This schedule allows families time at home to learn and discuss their faith, the sacraments and why we believe what we believe as Catholics. All families are welcome, including those with no children, to help everyone to grow in their own discipleship.

Youth Ministry for Middle School Grades 4-8 (LIFT)

We provide regularly scheduled youth ministry gatherings where faith formation, community building, service involvement, and discipleship can grow. These students usually meet on Friday evenings, twice a month.

FAITH FORMATION for Children and Youth (Cont'd)

Youth Ministry for High School Grades 9-12 (ROCK)

We provide continuing opportunities for growing in discipleship as lifelong learners of Christ while continuing to build community with peers and parish. These students meet during the week, usually on Wednesday evenings, twice a month.

Steubenville Youth Conference

Every summer our teens have an opportunity to attend a weekend-long conference with their peers where they experience a life-changing encounter with Christ which ignites their faith, strengthens their prayer life, and empowers and transforms their faith life long after the conference ends. Teens have the opportunity for praise and worship, inspirational talks, adoration and confession and enjoying fun and fellowship with hundreds of other teens who share the same Catholic faith.

FAITH FORMATION for Youth and Families

Youth Events

Through community and fellowship we enrich our faith lives and grow in our apostolic mission. Opportunities for Youth include recreation, retreats, conferences, and summer programs.

Some of our offerings include:

- Reconciliation, First Communion and Confirmation Retreats
- Steubenville East Youth Conference for teens
- Vacation Bible School
- Children's Liturgy of the Word

Youth Groups



Throughout the year, activities have included both onsite and offsite laser tag, indoor floor hockey, trampoline park, Go Kart at the Weirs, Fun Spot Bowling and Arcade, Chucksters, Whales Tale Water Park, hikes, and swimming, billiards, ping pong, board games, cards, movies, pizza and bowling parties and more.

Family Ministry Events

Events have included All Saints' Day celebration, Polar Express Family Movie Night, Winter Carnival, St. Valentine's Day Dance and Activity Night, St. Patrick's Day Potluck Party and Activity Night, Easter Egg Hunt, and more. (All events are subject to change—watch bulletin, emails and website.)

FAITH FORMATION for Youth and Families (Cont'd)

Safe Environment

Ensuring Child Safety is a priority in our Parishes and Schools. The Diocese of Manchester requires all Church personnel who regularly work with minors to complete sexual awareness training. Refresher training is required every four years. In addition, we are required to provide personal safety training to children and youth through the Circles of Care and Netsmartz programs.

The Diocese of Manchester requires all Church personnel who regularly work with minors (including all clergy) to undergo background screening. Criminal record checks are repeated every four years.

Scouting America



The mission of Scouting is to prepare young people to make ethical and moral choices over their lifetime by instilling in them the value of the scout Oath and Law. As a ministry, scouting encourages character development, duty to God, and duty to others. Scouts learn how to work with others, how to lead, and how to be led. Fun is the name of the game! At the Troop and Pack level, scouting is purely a volunteer-run organization. There are many positions that require the skills you possess. Training is available and encouraged to help you be the best at your position. Please consider becoming a scout volunteer!

FAITH FORMATION for Young Adults

Young Adult Ministry for Ages 18-29



This ministry provides ongoing opportunities for young adults to gather twice a month to socialize and pray. They have hosted outings, get-togethers and community service projects. They have a group chat to communicate ideas, suggestions, and information on their upcoming meeting location. Please join us, bring your friends, and feel free to share any ideas you may have for our ministry.

FAITH FORMATION for Adults

Adult Education Opportunities and Special Teachings

Many opportunities for on-going adult faith formation are made available to the parish community periodically throughout the year including speakers, workshops, seminars, Advent and Lenten programs at our church and with other parishes in the Diocese. Check the bulletin for announcements.

Special teachings are also offered by the pastor and others on a particular topic concerning our Catholic Faith. Some of these courses have included The Mass, The Sacraments, Marian Doctrine, Theology of the Body, the Popes Encyclicals, The Chosen Series, and more. Do you have an area of expertise you would like to share?

FAITH FORMATION for Adults (Cont'd)

Bible Studies

This is a chance for adults to study and explore the Word of God. We use various studies by such authors as Jeff Cavins, Scott Hahn, and Chris Stefanek. We try to reach all levels from novice to experts.

Alpha Course

Alpha is a series of sessions exploring the Christian faith, typically run over eleven weeks. Each video looks at a different question around faith in a friendly, informal and nonjudgmental environment. These are followed by some time to say what you think, or just listen and learn, in a small group. It's fun, relaxed and free. Each session begins with a free meal or refreshments. Alpha is for those who want a change in their life, or who have questions about life. Alpha is run all around the globe, and everyone is welcome.



Confirmation for Adults

Individuals who missed the opportunity to celebrate the Sacrament of Confirmation for whatever reason may prepare for this sacrament in the OCIA classes.

SACRAMENTAL PREPARATION

Baptism Preparation

Baptism "is the basis of the whole Christian life, the gateway to life in the Spirit, and the door which gives access to the other sacraments." (*Catechism of the Catholic Church, 1213*) Baptism is the very first sacrament that we celebrate.

Please call the office to schedule a Parent Baptism Class to meet and prepare for the Baptism of your child. Once you have completed the class, you can schedule the date for the Sacrament of Baptism. Baptism, like faith, is necessary for salvation. Belonging to Christ, we are called "Christian," and God gives us his grace-his own life and love.

Engaged Couple Enrichment

(8-12 months before the wedding). Call as soon as you get engaged! It is important to meet with the priest even before setting a date. A member of the parish staff will schedule a meeting with you to discuss your wedding preparations as soon as possible. At this meeting, you'll learn about the preparation process for the Sacrament of Holy Matrimony, begin the necessary paperwork for your marriage file, and set your tentative wedding date.

(2 months before the wedding). This meeting will review your previous preparation, complete all of your paperwork, and plan your wedding liturgy. You're getting close to celebrating this beautiful sacrament!

SACRAMENTAL PREPARATION (Cont'd)

Marriage Preparation

“Marriage preparation should be a kind of ‘initiation’ to the sacrament of matrimony, providing couples with the help they need to receive the sacrament worthily and to make a solid beginning of life as a family.” *Pope Francis, Amoris Laetitia # 207*

There are a number of wonderful formational experiences available for engaged couples today preparing for the Sacrament of Marriage. In consultation with the priest, you will go through a process of formation which will lead up to, and may extend beyond, the celebration of your wedding day. Please contact us at least 6 months in advance to schedule an appointment.

OCIA Order of Christian Initiation of Adults (also known as RCIA)

Are you, or someone you know, interested in learning about or joining the Catholic Church? We have a program at IHM that helps explain our faith and helps people decide if the Catholic Church is for them. OCIA is a program designed to give people a chance to ask questions and to come and see who we are and what we believe. Questioning, sharing, witnessing, and information are all part of the ministry.

Sponsoring an OCIA candidate is one of listening and sharing time and faith. The Catholic sponsor attends the teaching sessions and has an ongoing relationship with the person they sponsor.

OCIC (Order of Christian Initiation for Children (Baptism, Reconciliation, Confirmation, Eucharist))

This program includes classroom instruction and discussions, interactive learning experiences, and Mass participation for youth and adolescents in grades 6-12 who missed receiving with their peers.

LITURGICAL MINISTRIES



Altar Servers

The role of Altar Server, or Acolyte, is important and valuable to the life of our worship community. They assist the presider during the Holy Mass and act as a role model for the congregation during the prayers. Diocesan policy recommends that men and women, boys and girls be equally encouraged to serve at the altar. We are always looking for adults with flexible schedules who feel called to assist at daily mass, funerals and other special celebrations. Children must be in third grade and have received their First Communion.

LITURGICAL MINISTRIES (Cont'd)

Arts and Environment

The Ministry of Art and Environment creates a welcoming atmosphere for worship and uses images and objects to give glory to God and to enhance our liturgical celebrations. Throughout the Church year, seasonal materials are used to appeal to the senses and to adorn our worship space in a way that is creative and grounded in authentic liturgical practice. Pope Francis tells us "The Church evangelizes and is herself evangelized by beauty in the liturgy" *Evangelii Gaudium*.



Extraordinary Ministers of the Eucharist



Experience the wonderful privilege of distributing Jesus' Precious Body and on occasion Precious Blood to His people. Any confirmed parishioner who participates in Holy Mass and has a love for Jesus in the Eucharist may serve in this ministry. This is generally a once a month commitment.

Extraordinary Ministers of Eucharist at the Concord Hospital

Special training with the Concord Hospital is required for this ministry. Those completing this class are issued a hospital pass. The schedule for visiting Catholic patients is once or twice a month.

Extraordinary Ministers of Eucharist to the Homebound

The act of serving the Lord and one another comes out of love. The love God has for us is so awesome that there comes a time in our life when we know we must share the great gift of God's love with others. Becoming a minister of communion is one way we can answer God's call to bring Jesus in the Eucharist out to the people.

Extraordinary Ministers of Eucharist to Nursing Homes

Our parish serves Havenwood-Heritage Heights on East Side Drive with weekly Saturday visits to those Catholic residents wishing to receive Holy Communion. Our pastor also does a monthly Mass and volunteers help set up. New volunteers always welcome.

Music Ministry

Music has always been considered to be an important part of the community worship experience. God's people are supposed to sing!

"Serve the Lord with gladness; come before him with joyful song." Ps 100:2



Our choirs look forward to having new members, both vocal and instrument, to aid in making our worship all it can be. *"O sing to the Lord a new song."* Ps 96:1

Please share your musical talents.

LITURGICAL MINISTRIES (Cont'd)

Readers (Lectors)

Experience the wonderful privilege of proclaiming God's Word at Holy Mass. Help His Word come alive for the congregation by carefully and prayerfully preparing your reading. You will be given a Reader Workbook containing all the weekend/holy day readings. The Workbook includes explanations for each reading, instructions and proclamation tips. This is generally a once a month commitment.



Sacristans

These disciples prepare for Holy Mass on weekdays and/or weekends. In addition, on an as needed basis, they will prepare for baptisms, funerals and weddings. This includes turning on lights/sound system; putting out the sacramentary and lectionary; lighting altar candles; preparing gifts, etc.

Ushers

Ushers are a big part of why we are known as a welcoming parish. Ushers assist parishioners in finding seats, if necessary. They also take up the collection and ensure every family receives a bulletin. They also tidy up the pews at the end of Mass.

HOSPITALITY

Coffee & Donut Sunday Social Ministry



These men, women and families serve breakfast refreshments once or twice a month after the Sunday 8:00am and 10:00am Masses. This is an opportunity for parishioners to enjoy, socialize with their family, friends and get to know others in our IHM community. No cost. Donations appreciated.

Greeters

These Parishioners greet those coming into church by standing at the entrance (or outside in nice weather) to recognize and welcome each person as they join us for the celebration of Mass or other special events. All are welcome here.

Social Ministry

Members of this ministry plan a variety of parish social events such as holiday gatherings, receptions after special Masses, and Valentine's Day Dance and St. Patrick's Party pot luck suppers all to help parishioners get to know each other in a fun-filled environment.

HOSPITALITY (Cont'd)

Welcome Ministry

This ministry is about helping new parishioners feel welcome and at home and to get to know the IHM parish family and the various ministries we have to offer. We host a New Parishioner Dinner once a year with food, games, and raffle prizes. We introduce you to parish staff members as well as some of the chair persons of our various ministries. We are available to answer your questions about the various ministries, committees, parish activities, etc.



SPIRITUAL LIFE AT IMMACULATE HEART OF MARY

Centering/Contemplative Prayer

This method of prayer is both a relationship with God and a discipline to foster that relationship. Centering/Contemplative Prayer adds depth of meaning to all prayer and facilitates the movement from more active modes of prayer into a receptive prayer of resting in God. Centering Prayer prepares one to receive the gift of contemplation.



Charismatic Prayer Group (Fire of God)

Join us at Immaculate Heart of Mary as we gather for **The Fire of God Prayer Group**. Several times a year on a Saturday morning, in the church, a guest priest will present a talk beginning and ending with prayer and praise and worship hymns for a deeper outpouring of the Holy Spirit. Come and bring a friend!

Cursillo

Are you looking for an encounter with Christ? Do you desire knowing Christ with your mind and your heart? Cursillo may be for you. Cursillo in New Hampshire offers a three-day Cursillo weekend and on-going gatherings called Ultreya and Reunions.



Visit nhcursillo.org for more information or call the Parish Office, 603-224-4393, or ask a Cursillista (someone who has lived a Cursillo weekend).

Cursillo— Group Reunions

The Cursillo Reunion is a group of 3 to 6 friends who have lived a Cursillo Weekend, who then meet regularly to grow in grace and friendship. The group journeys together in their faith to become better Christians through the power of prayer, sharing and support for each other in their walk with Christ. IHM has groups for couples, singles, both women and men. Call the Parish Office for information.

Cursillo—Ultreya

"Ultreya" is a Spanish word, derived from Latin, meaning Onward! Ultreya is the gathering of those who have made their Cursillo weekend and desire to come together as a larger community on a monthly basis to strengthen and encourage each other on their faith journeys through prayer, song, worship, and participating in small group discussions.

SPIRITUAL LIFE AT IMMACULATE HEART OF MARY (Cont'd)

Marian Prayer Cenacle

We, the Immaculate Heart of Mary Prayer Cenacle, are obeying Our Lady. Once a week for an hour, we pray the Rosary, praying for the Holy Father and our Priests, reading from the book "To The Priests, Our Lady's Beloved Sons" with two minutes of quiet meditation, consecration and opening and closing hymns..

Perpetual Eucharistic Adoration "St. Padre Pio Chapel"

Each Holy Hour made in the Presence of Jesus in the Blessed Sacrament, releases His power and graces upon you, your family, your parish, your diocese, and the world. St. John Paul II said *"the Church and the world have a great need of Eucharistic Adoration."* Come spend an hour with the Lord in our beautiful St. Padre Pio Perpetual Eucharistic Chapel. Experience the gifts of rest, focus, healing, and transformation. All are welcome!



Prayer Shawl Ministry

Join other parishioners once a week, morning or evening, in knitting or crocheting Prayer Shawls for those who need to be wrapped in the love and prayer of our community. As they knit, they pray for God's love and healing for the person who would receive it. Our Pastor then blesses the shawls before passing them on.

If you know of someone who is ill or in need of healing in mind, body, or spirit, please contact the office for one of these shawls.

Rosary

We pray the Rosary 30 minutes before Saturday 4:30pm Mass and Sunday 8:00am Mass. It is also prayed 30 minutes before the daily Mass during the week led by parishioners. We have Rosary pamphlets available to help guide you and keep your place.



Vocations Ministry

A vocation is a calling from God. So, in general terms, a personal vocation is what God calls you to do with your life.

This new ministry was formed by the Diocese of Manchester for each parish to have volunteers to help promote and educate their parish community on the importance of vocations to the priesthood, diaconate, religious sisters and brothers, married and single life.

Women's Ministry



This ministry is devoted to providing opportunities for women to deepen their relationship with God, grow in prayer, worship, have fun, develop friendships, and to promote sisterhood in Christ. Some activities have included Health and Wellness goals and Walking Group, making simple cord rosaries, guest speakers, inspirational videos, etc. Please let us know if you have something you'd like to see us offer.

EVANGELIZATION

We hope to fulfill Pope John Paul II's call for a New Evangelization that requests all Catholics to deepen our faith, believe in the Gospel message and go forth to proclaim the Good News.

Heart of the Heights Catholic Bookstore and Gift Shop

IHM's beautiful store ministers to customers from a wide area, providing Catholic books, Bibles, cards, jewelry, art and gifts to nurture and strengthen faith. Volunteers work as assistants and cashiers. A Book Study Club also meets monthly.



Media Ministry—Technology/Audio Visual



We have built our technology base to include big screens, better lighting and better sound in the church to enhance our worship and teaching, to be more dynamic in presenting the Good News of Jesus Christ. Masses, teachings and special services are live-streamed for those unable to attend in person. Our audio-visual space is located in the church balcony and volunteers are trained to provide the livestream.

PARISH SOCIAL EVENTS

Adopt-A-Garden Space and Spring and Fall Annual Clean-Up Days



Volunteers of all ages help beautify our IHM Church grounds. Please consider helping at our annual Spring and Fall Saturday morning clean-up days. During the spring and summer months, parishioners may adopt and care for one of the small garden spaces. You are welcome to plant annual flowers and do some watering, too. You do not have to be a gardener!

Bereavement Luncheon Ministry

This group of men and women help those who have lost a loved one by offering a light luncheon to the families and friends of the deceased in the Parish Hall following a funeral Mass in the Church. The coordinators shop for the food and the volunteers arrange the food, set up the hall and clean up after the luncheon.

Christmas Fair

This is an annual IHM fundraiser held on the Saturday and Sunday prior to Thanksgiving. It features handmade arts and craft items, baked goods, a raffle gallery, silent auction, breakfast, lunch, and supper food, specialty raffles, good used Christmas items, a children's activity table, and sometimes Santa. This event, with many volunteers, brings the parish together with the community.



PARISH SOCIAL EVENTS (Cont'd)

IHM Annual For-The-Youth Charity Golf Tournament



The Saturday of Labor Day weekend is our annual Golf Tournament held at the Loudon Country Club. This is a fun way to help our youth with the funds they need for their many yearly activities, including attending Steubenville East Youth Conference, various outings, and retreats. There are many ways to support the IHM Golf Tournament: gather a team of four golfers; become a major sponsor, be a cart, tee or green sponsor; donate raffle prizes; or volunteer your time to help during the tournament.



Lenten Friday Night Soup Suppers

Every Friday during Lent we offer a free Soup Supper in the Church Hall at approximately 5:30pm after Stations of the Cross. Parishioners volunteer to make meatless soups and donate bread. A great way to meet other families in the parish as well.

Pilgrimages

Periodically, a pilgrimage to a different city, state or country is offered by the Diocese and others. All are welcome. These trips are a unique opportunity to join with others in prayer and spiritual renewal.



Softball Team

Yes, IHM has a team and it's called the ANGELS! The team is part of the Concord Churches Softball League and it is comprised of parishioners and friends, men and women. Games are played once a week from mid-June through August. There is no fee to play. Come join us for an evening of fun and good exercise. If softball is not your game, come be part of the cheering section!

Yard Sale

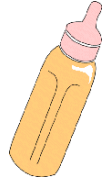
We have an annual Yard Sale to help raise funds for the parish and to share our good but unwanted things with others. It's a good way to meet other parishioners and to bring the community together while helping others to find some treasures.



SANCTITY OF LIFE

Care Women's Center Annual Baby Bottle Campaign

Our community has been blessed by Care Women's Center in Concord (formerly CareNet) which offers certain health care, education, counseling, baby supplies, etc. from beginning of pregnancy to the baby's birth and for months that follow with support of the community and area churches. Every Mother's Day, IHM hands out baby bottles for parishioners who wish to participate by putting in their loose change until Father's Day. The monies collected help the Center provide for the needs of women who choose life and for their babies. ***"Change Lives with Loose Change."***



IHM Sanctity of Life Ministry

This group promotes awareness and action to parishioners with regard to any legislation related to human life at every stage. They have hosted seminars on Euthanasia, End of Life issues, Living Wills and more. This ministry also participates weekly praying near the Concord abortion center and during 40 Days for Life.

Spiritual Adoption and Annual Baby Shower

Every winter we provide an opportunity for parishioners to "spiritually adopt" a baby boy or girl and to pray for that child's life for nine months. In the fall we host a "baby shower" in our church hall where we bring new gifts and present them to the director of the pregnancy centers for the moms in their program.

IHM OUTREACH AND SERVICE EVENTS

5 + 2 Bread Ministry



Our 5 + 2 Bread Ministry (5 Loaves and 2 Fish) picks up bread and other food items from Shiloh Community Food Pantry in Manchester every Friday evening to deliver to our church hall, unload and set out on tables. Parishioners are invited to take available items after weekend Masses for themselves or others in need. On Mondays volunteers box up the rest to food pantries in the area. Help is needed to pick up, unload, pack up and deliver, wherever you are able to help.

IHM OUTREACH AND SERVICE EVENTS (Cont'd)

Brown Bag Weekend

The third Sunday of each month is Brown Bag Weekend at IHM. The food and cash donations stock St. Vincent de Paul food pantry at Christ the King Parish at St. John Church where those in need can receive help with food. Anyone wishing to donate nonperishable items can leave them in the marked boxes in the foyer/narthex of the Church. Everyone can help. The items collected are brought over to the St. Vincent dePaul Food Pantry at Christ the King Parish.

Christmas Tree Sales

IHM's Community Services and the Knights of Columbus annual sale of Christmas trees begins around the weekend of Thanksgiving. Proceeds from the sales replenish the Community Services account that is used to help those in and outside of our parish who are experiencing economic difficulty throughout the year.



Homebound Telephone Ministry



IHM has a Homebound Telephone Ministry for homebound parishioners interested in being called once a week. Your preferred day and time of week will be set up with a friendly chat, a short Catholic joke, or a daily prayer. If you are interested in this program or know anyone who might be, let us know. It's important for the homebound to stay connected to their parish.

Knights of Columbus

The mission of this Men's Ministry is to provide service to the Church and our community. We are Council 112 and over 125 years young!

Meals Ministry

There are many in our parish who are undergoing chemotherapy, recovering from surgery, have a new addition to their family, or are experiencing difficult medical situations. This ministry helps those families by providing them with meals on a short-term basis. Parish members who are willing to cook an occasional meal or sign up to prepare and deliver a meal. Others help by coordinating the meal preparers to the recipients.

Rosary Repair



We have a parishioner who volunteers to fix your broken rosary beads! Just bring them to the parish office during working hours in an envelope with your name and contact number. You will need to have all the beads as she doesn't have extras to add for any that are missing.

IHM OUTREACH AND SERVICE EVENTS (Cont'd)

Star Gift Giving Program

Christmas is a magical time of year, but for those who are struggling to make ends meet, it can be difficult. The STAR Program Ministry Team works confidentially with the parish office, local schools and agencies to brighten Christmas for needy children.



The Team prepares STARS for distribution to parishioners who do the shopping, then work together to check each bag to make sure gifts are appropriate and clothing sizes are correct. Final bags are prepared and distributed through a combination of delivering to agencies and a STAR pickup night.

The Team starts their work each year in late October and concludes in mid-December with flexible times throughout the process. There is JOY in giving as well as receiving.

Thanksgiving Food Baskets

Through the generosity of parishioners' donations to the annual food drive and the IHM Community Services fund, this ministry helps to provide a complete Thanksgiving meal to those in need of food assistance this time of year. Turkey, stuffing, gravy, canned and fresh vegetables, fruits, pies and more are included in the boxes prepared for those who request them through the parish office. All requests are confidential.



Tuesday Morning Church Cleaning

These ladies and gentlemen do a variety of tasks, for about an hour on Tuesday mornings, usually after the 9:00am daily Mass, or other times at your convenience, to maintain the cleanliness of the church and altar area. New volunteers are always welcome to help.

MARRIAGE ENRICHMENT



NH Monthly Couple Enrichment Circle

This gathering focuses on a new enriching topic each month, designed to foster strong, healthy married relationships and communications. New couples welcome. Bring a writing notebook and a snack to share.

MARRIAGE ENRICHMENT (Cont'd)

RETROUVAILLE—A Lifeline for Troubled Marriages

A 3-phase program to help couples heal and renew their marriages. Couples are provided tools to help to re-establish communication, forgiveness and trust. For more information: call 1-800-470-2230 or 508-271-7155; email NewEngland@HelpOurMarriage.org or visit www.HelpOurMarriage.org.

Worldwide Marriage Encounter

The largest pro-marriage organization in the World promotes Weekend experiences for couples who want to make their good marriage even better. *Worldwide Marriage Encounter* weekend is for married Christian couples who value their relationship and desire a richer, fuller life together. Attend a *Marriage Encounter* weekend and learn the tools needed to keep your marriage strong. Visit wwme.org to find a weekend.

COMMUNITY OUTREACH

CATHOLIC CHARITIES NH

Need Assistance? CCNH may be able to help. Catholic Charities provides counseling and outreach services to all individuals, regardless of religion, race, age or ability to pay. Services and support are available for adoptions, for the elderly, pregnant and single-parent teenage families, the disabled, and more. They also provide counseling. CCNH owns six nursing homes statewide in addition to operating the NH Food Bank. Information or inquiry should be directed to our local Catholic Charities office here on our IHM campus. By Appointment Only. Call Outreach Coordinator: 603-228-1108.

CATHOLIC RADIO

Concord Deanery's Catholic Radio Station operates 24/7 airing local programs as well as EWTN Radio programming and is managed by a dedicated team of volunteers. In addition to the 102.7FM broadcast you can stream at www.WICXradio.org or with the free Tune-In radio app in iTunes and Google Play app stores. The radio station is housed here on our Immaculate Heart of Mary campus. If you wish to volunteer for the station or make donations, send an email to: NHCatholicRadio@gmail.com.



CHILDREN'S SCHOLARSHIP FUND

This organization provides scholarships that empower parents to choose schools they cannot afford. CSF also administers the Education Freedom Account allowing qualifying families to direct a portion of funds spent by the state for their child's education to private school tuition, online learning, and other educational expenses as they choose. CSF office is housed here on our IHM campus in the Parish House.

COMMUNITY OUTREACH (Cont'd)

Community Action Program for Belknap and Merrimack Counties

This NH based organization works with low-income families and the elderly to assist them in their efforts to become or remain both financially and socially independent in their communities. This is accomplished by providing a broad array of services such as transportation to/from medical appointments, elder services, housing stability and affordability, workforce development, and much more. Call: 603-225-3295 or Email: contactus@capbm.org.

Family Promise of Greater Concord

This ministry is to help homeless and low-income families achieve sustainable independence through a community-based response. Their rotating interfaith host sites provide temporary housing, meals, and support services to parents and their children. Many of these families have fallen on challenging times and, often through no fault of their own, have become homeless. Staff helps these families with daily guidance and case management to connect parents with community resources for housing or securing a job. Their Day Center, where families can take showers, use computers, wash clothes, and kids can do homework, is located at Wesley Methodist Church, Concord. Contact them at 603-856-8490.



Friendly Kitchen

The Friendly Kitchen seeks to provide sit down home cooked meals for the hungry and homeless in a warm and caring non-discriminating environment here in Concord on So. Commercial St.

When founded in 1980, the first meal served was soup and sandwiches. The guest count was four. Today, the Friendly Kitchen has served in excess of 600,000 meals. Breakfast, lunch and supper is served 7 days a week.

IHM is scheduled for serving a meal on the second Saturday of each month.

Kairos Prison Ministry of NH

This is a prison ministry where trained teams of men and women go into the NH State Prison for Men and NH State Correctional Facility for Women, both in Concord, to bring the love of Christ to those incarcerated who have a desire to know God and Jesus' healing love.



Call the Parish Office for contact information to become a part of this ministry.

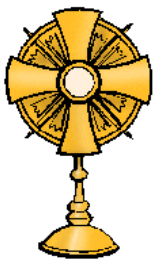
St. Vincent de Paul Food Pantry



The food pantry is open Monday through Thursday from 7:00pm to 9:00pm at Christ the King Parish at St. John's Church, 72 South Main St., Concord. IHM parishioners staff the pantry Thursday evenings by helping to bag groceries and distribute to the guests who come for assistance.

We apologize if we have missed anyone's ministry. Please let us know and we will correct this booklet for the next printing.

Everything we have is a gift from God. The gifts we have received are not ours alone. God gave them to us for the purpose of serving Him and serving other people. Each of us has something to give.



We hope our Ministries Booklet helps introduce you to our faith community and to give everyone the opportunity to become actively involved in the shared ministries here at Immaculate Heart of Mary Church.

We encourage your active participation in both Eucharistic worship and service to God's people together with your new parish family.

A special thanks to all our ministry leaders, participants and volunteers for their many hours of generous service.

"Since we have different gifts, according to the grace given us, let us exercise them: prophesy ... serving...teaching...encouraging...generosity...leadership...showing mercy ..."

Romans 12:6-8