

TOT TIME PRESCHOOL

Threes: Let's talk about toilet training!

Our three- year old classrooms do not have changing facilities. Therefore, all students in these classes must be potty trained before attending the first day of school. We encourage you to guide your child through the process of toilet training during the summer months so that they will be ready for preschool in the fall. Potty trained does not mean accident free! Our teachers will be available and prepared to help your child.

For a child, learning to keep themselves clean and dry can be a satisfying experience, which in turn, will interest and motivate them to learn other tasks. To begin, it is important to understand that all successful learning depends on being **ready to learn**. Watching for specific signs of readiness in your child before you begin training. When you feel your child shows evidence of two or more of these signs, they are probably ready to begin:

- Staying dry during the day for 1½ to 2 hours.
- Showing interest in the potty or seeing others use the toilet.
- Telling you when they are wet or soiled.
- Learning to pull their pants up and down.

PK and TK: Let's talk about restroom rules!

Preschool years are filled with exciting learning experiences and opportunities to build independence... including in the restroom!! Our PK and TK classrooms are located near hallway bathrooms. Teachers will encourage students to use the bathroom during scheduled breaks and at other points during the day.

At Tot Time, we require that our PK and TK children are independent in toileting by the first day of school. What exactly does that mean? Independence in toileting means:

- Communicating the need to go to the bathroom in advance of having an accident.
- Pulling down and pull up their own underwear and pants.
- Seating themselves on the toilet and sit there comfortably.
- Wiping their own bottoms.
- Washing their own hands.
- Briefly postponing going to the bathroom if they must wait for another child to finish or if we are transitioning between locations in the school.

We provide teacher supervision outside the restroom, however our teachers will continue to encourage independence at school and protect children's privacy in personal routines inside the restroom stalls.

Thanks for partnering with us to continue to build your child's independence!