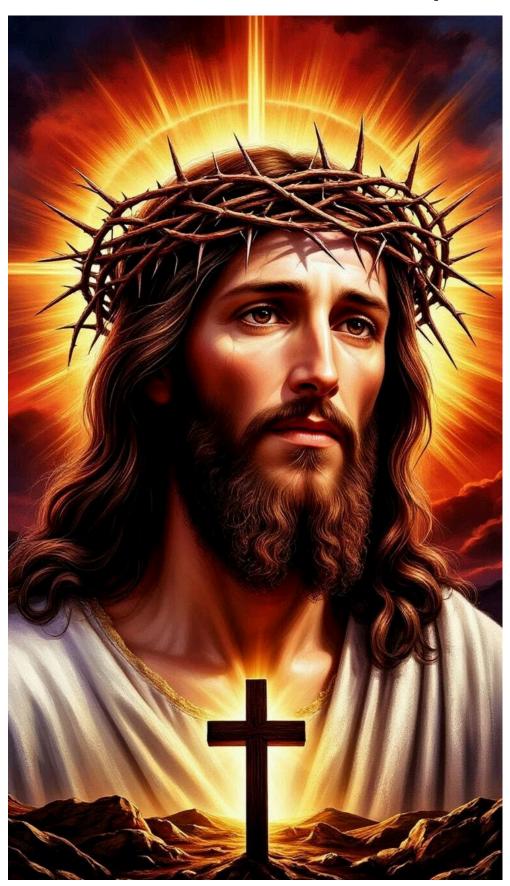
OUR CATHOLIC COMMUNITY

Father Sean O'Brien

The Exaltation of the Holy Cross

September 14, 2025



'Christ Jesus, though He was in the form of God, did not regard equality with God something to be grasped. Rather, He emptied himself, taking the form of a slave, coming in human likeness; and found human in appearance, He humbled himself, becoming obedient to death, even death on a cross.'

- Philippians 2:6-11

The Exaltation of the Holy Cross

Gifts for God September 7, 2025

Immaculate Conception

General Collection - \$ 1,715.00 Weekly Budget Need - 2,075.00 Building Fund - 235.00

Saint Elizabeth Ann Seton

General Collection - \$	945.00
Weekly Budget Need	950.00
Building Fund -	20.00

Saint Joseph

General Collection \$	656.00
Weekly Budget Need	607.00
Building Fund -	80.00

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Stewardship Reflections

"For God so loved the world that He gave his only Son."

JOHN 3:16

God created us to be in relationship with Him. Sin broke that relationship. Jesus come to earth so that we may reconcile our relationship with God. Following Jesus' example, we can be blessed with a joy-filled life on earth and eternal life in Heaven. These four points are known as the "kerygma" – the first proclamation of the Gospel. This core message is the basis of our Catholic faith. How do you live this out in your daily life?

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Mass Intentions: IC

September 21

9 a.m. – + For the repose of the soul of Linda Kay Starr Wemmerus; by Edward Wemmerus.

11 a.m. – + For the repose of the soul of Lloyd Wemmerus; by Ed Wemmerus.

Mobile Food Pantry in Poteau Sept. 27

The monthly visit of the Catholic Charities Mobile Food Pantry will be a week from Saturday, Sept.27, at the PARC ballfields south of town. Time for volunteers to show will be 9 a.m.

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FFF Student enrolment hits 70 at IC

Enrolment in the Faith Formation program at Immaculate Conception last week hit 70 students in grades 1 through 8, a record high for the parish. It also means that the parents of these students are also attending twice monthly classes to help them teach their children at home.

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Saint Michael Holy Hour Sept. 29

A special Saint Michael Holy Hour will be held at 7 p.m. on Monday, September 29 (Feast of the Archangels Michael, Gabriel and Raphael) at 7 p.m. at Immaculate Conception. *Blessed be God in His angels and in His saints*.

A special invite for young women

Young single women between the ages of 18-40 are invited to a weekend Monastic Experience, Oct. 17-19, courtesy of the Benedictine Sisters of Perpetual Adoration in Clyde, Mo.

For those curious, it's a chance to experience the daily rhythms of monastic life. Participants join the Sisters in praying the Divine Office, Daily Mass and Eucharistic Adoration. There is no cost to attend. More details are available at www.benedictinesisters.org, or by calling Sister Nancy Rose at 660-944-2221, extension 142.

Our Catholic Community Immaculate Conception Church – Poteau

502 N. Bagwell – P.O. Box 237, Poteau, OK 74953 Daily Mass: Tuesday through Friday, 8:30 a.m. Sunday: English, 9 a.m. Spanish, 11 a.m.

Saint Elizabeth Ann Seton – Spiro

16526 US Highway 271 (East of Spiro) Sunday Mass: 1 p.m.

Saint Joseph Church - Stigler

1406 NW 7th St. Saturday Vigil Mass: 5 p.m.

Confessions: 30 Minutes before Weekend Masses or by Appointment

918-647-3475 or 918-237-5537

Prayers for Our Sick & Shut-ins

"And the prayer offered in faith will make the sick person well." (James 5:15)

Juan Narvaez, Frances Liddy, Jim Norwood, Sandra Mejia, Yuliana Casildo, Liz Sosa, Anthony Guerrero, Nicholas Farias, Javier Diaz, Kathleen Linville, Colten Benson, Theresa Grafton, Nicolosa Solis, Artis Jackson, Clarence Nobles, Emily Query, Savannah Anderson, Janita Hendricks, Donald Hargrove, Marge Frizzell, Jack Harrison, Donald Brooks, Vera Trout, Ruel Salada, Pilar Botello, Josh Noel, Genia Harber, Oscar San Juan, Dianna Garcia, Brandon Torres, Bobby Jackson, Robin Jackson, Barbara Legrif, Collin Urizar, Juan Diego, Alec Brenman, Felicitas Garcia, Onor Roop, Doris Krause, Patsy Slagle, Charles Lohmann, Jill Figari, Macrina Lara, Barbara Rogers, Susan Heavener, Kyle Harmon, Rogelio Rivera, Jose Martinez, Mayra Gavina, Christine Mainard, Elda Lauryn, Colton Simpson, Shelby Burgos, Itzel Gomez, Patty Karpika, Agustina Ruiz, Sandra Mejia, Anastacio Solis, Edith & Lazarus Girton, George Mansour, Josefina Estrada, Katie Malone, John Harris, Lizz Lopez, Roger O'Hara, Cassie Casildo, John Worton, Johnny & Barbara Morris, Nanette Johnson, Russell Tenison & Violet Ray.

Daily Mass Readings

15 Memorial of Our Lady of Sorrows (W) / 1 Timothy 2:1-8 / Psalm 28:2, 7, 8-9 / John 19:25-27 or Luke 2:33-35

16 Memorial of Saints Cornelius, Pope, and Cyprian, Bishop. Martys. (R) / 1 Timothy 3:1-13 / Psalm 101:1b-2ab, 2cd-3ab, 5, 6 / Luke 7:11-17

17 Wednesday of the 24th Week in Ordinary Time (G) / 1 Timothy 3:14-16 / Psalm 111:1-2, 3-4, 5-6 / Luke 7:31-35

18 Thursday of the 24th Week in Ordinary Time (G) / 1 Timothy 4:12-16 / Psalm 111:7-8, 9, 10 / Luke 7:36-50

19 Friday of the 24th Week in Ordinary Time (G) / 1 Timothy 6:2c-12 / Psalm 49:6-7, 8-10, 17-18, 19-20 / Luke 8:1-3

20 Memorial of Saint Andrew Kim Tae-gon, Priest, & Paul Chong Ha-sang & Companions, Martyrs (R) / 1 Timothy 6:13-16 / Psalm 100:1b-2, 3, 4, 5 / Luke 8:4-15

21 The 25th Sunday in Ordinary Time (G) Amos 8:4-7 / Psalm 113:1-2, 4-6, 7-8 / 1 Timothy 2:1-8 / Luke 16:1-13

Looking Ahead: Important Events

- TULSA WOMEN'S CONFERENCE, Sept. 26-27.
- MOBILE FOOD PANTRY, Sept. 27, Poteau PARC, 9 a.m.
- SAINT MICHAEL HOLY HOUR, Monday, Sept. 29, IC, 7 p.m.
- FIRST FRIDAY ADORATION, IC Chapel, Oct. 3, 9 a.m. onward
- IC PARISH WORK DAY October 11, starting at 8 a.m. Bring your work gloves & a song in your hearts!
- **THREE HEARTS PILGRIMAGE** Oct. 9-11, 35-miles to Clear Creek Abbey, Hulbert. Registration: threeheartspilgrimage.org.

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This Week's Schedule

Monday, September 15

- Spanish OCIA at IC - 6:30 p.m. in Parish Hall.

Tuesday, September 16

- -8:30 a.m. Daily Mass in the IC Chapel.
- 6:30 p.m. English OCIA at IC in Parish Hall.

Wednesday, September 17

- 8:30 a.m. Daily Mass in the IC Chapel.
- 5 to 9 p.m. Midweek Adoration in the IC Chapel.
- 6:30 p.m. IC. BRIDGE, Confirmation & First Reconciliation.

Thursday, September 18

-8:30 a.m. Daily Mass in the IC Chapel.

Friday, September 19

-8:30 a.m. Daily Mass in the IC Chapel.

Saturday, September 20

– 5 p.m. Vigil Mass at Saint Joseph Church, Stigler.

Sunday, September 21 – The 25th Sunday in Ordinary Time

- 7:30 a.m. Early Bird Bible Study (Youth Room)
- 9 a.m. English Mass at Immaculate Conception, Poteau
- 11 a.m. Spanish Mass at Immaculate Conception, Poteau
- 1 p.m. Mass at St. Elizabeth Ann Seton, Spiro

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