

MINI MANGO



The mini mango is a small variety of tropical mango known for its juicy, sweet, and very fragrant flesh. Its skin can range in color from yellow to orange-red, depending on the variety. Despite its small size, it offers a rich and intense flavor, making it perfect for enjoying fresh, in fruit salads, or as a dessert.

AVAILABILITY AND PROVENANCE

✓ PROVENANCE

JANUARY FEBRUARY MARCH APRIL MAY JUNE JULY AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

COLOMBIA

TARGET CUSTOMER: HISPANIC, CARIBBEAN & ASIAN

OPTIMAL TEMPERATURE FOR CONSERVATION

8 - 12 °C

PURCHASE GUIDE

The best way to choose a mango is to take it in your hands. When ripe, it is slightly soft to the touch and it is normal for it to have small black spots

CONSUMPTION

Compared to a regular mango, the skin of a mini mango is thinner and edible. The pit is similar to that of a mango and contains almost no fiber. In addition, mini mangoes aren't as juicy and don't leave your fingers sticky.

NUTRITIONAL VALUE

Mini mangoes are rich in vitamin C, vitamin A, fiber, and antioxidants. They are about 80% water and help support a healthy immune system and skin.

