

Caffeine & Connection

2025-2026

Everyone experiences loss in their life. You are not alone.



This is a welcoming space to share stories and participate in activities with others on the grief journey. Coffee, soda, tea, and snacks will be served.

3rd Wednesday of Each Month • 10:00–11:30 a.m.

Dobmeier Funeral & Cremation Service, 202 Front Street North, Barnesville, MN 56514

- ▶ **October: Stories and Memories.** A time of sharing favorite costumes and fall traditions, with a fall craft and treats.
- ▶ **November: Gratitude Gathering.** Bring an object of gratitude or share a story about something you're grateful for. We'll create a Month of Gratitude calendar.
- ▶ **December: Cookies & Cocoa.** It's time for cookie decorating, krumkake making, holiday games, and trivia!
- ▶ **January: New Year, New Laughs.** We'll be playing ice breaker games to start the year with a smile.
- ▶ **February: Love & Friendship.** Create a craft or card to give to a care center or clergy. We'll also share our favorite random acts of kindness we've experienced.
- ▶ **March: Music & Memories.** Bring a list of your favorite songs that have special meaning or memories connected to them, and we'll add them to our Listening Party.
- ▶ **April: Planting Seeds of Friendship.** It's time to start mini pots with seeds or baby succulents. Let's get planting!
- ▶ **May: Travel Tales & Summer Plans.** We'll talk about our memories of favorite or eventful trips taken. Bring your bucket list of places you'd like to go – maybe we'll take a virtual trip!

