

GROUP FITNESS SCHEDULE | NAIRN



MONDAY	GROUP FITNESS	6:00 am		9:20 pm				6:00 pm
	GROUP RIDE						5:00 pm	
	HOT YOGA				10:30 am			6:45 pm
TUESDAY	GROUP FITNESS	6:00 am						5:30 pm 6:40 pm
	GROUP RIDE							
	HOT YOGA			10:30 am				6:45 pm
WEDNESDAY	GROUP FITNESS	6:00 am		9:20 am				6:40 pm
	GROUP RIDE						5:30 pm	
	HOT YOGA				10:30 am			6:45 pm
THURSDAY	GROUP FITNESS	6:00 am		9:20 am			4:30 pm 5:35 pm	
	GROUP RIDE							
	HOT YOGA							6:45 pm
FRIDAY	GROUP FITNESS			9:20 am				
	GROUP RIDE	6:00 am						5:45 pm
	HOT YOGA		10:30 am					
SATURDAY	GROUP FITNESS	8:20 am			10:30 am			
	GROUP RIDE			9:25 am				
	HOT YOGA					11:30 am		
SUNDAY	GROUP FITNESS		9:25 am		10:30 am			
	GROUP RIDE	8:20 am						
	HOT YOGA							

*Any Group Fitness Class with low attendance may be cancelled.