

GROUP FITNESS SCHEDULE | McPHILLIPS



MONDAY	GROUP FITNESS	6:00 am	9:20 am					6:45 pm
	GROUP RIDE						5:35 pm	
	HOT YOGA		9:20 am	10:30 am				6:45 pm
TUESDAY	GROUP FITNESS	6:00 am					5:35 pm	
	GROUP RIDE		9:20 am					
	HOT YOGA			10:30 am				6:45 pm
WEDNESDAY	GROUP FITNESS			HITT Strength 10:30 am			5:35 pm	
	GROUP RIDE		9:20 am			4:30 pm		
	HOT YOGA			10:30 am			6:45 pm	7:55 pm
THURSDAY	GROUP FITNESS	6:00 am					5:35 pm	
	GROUP RIDE		9:20 am					
	HOT YOGA		9:20 am	10:30 am				6:45 pm
FRIDAY	GROUP FITNESS			10:30 am				
	GROUP RIDE							
	HOT YOGA		9:20 am				5:40 am	
SATURDAY	GROUP FITNESS	8:20 am	9:25 am					
	GROUP RIDE							
	HOT YOGA			10:30 am				
SUNDAY	GROUP FITNESS		9:25 am	Bhangra Jappanjot 10:30 am				
	GROUP RIDE	8:20 am						
	HOT YOGA			10:30 am				

*Any Group Fitness Class with low attendance may be cancelled.