



# NIDDRIE GYMNASTICS

## Heat Policy

---

DATE OF ISSUE: January 2025  
CONTROLLING BODY: NIDDRIE GYMNASTICS Committee

---

### 1. STATEMENT OF COMMITMENT

NIDDRIE GYMNASTICS is committed to protecting the health and safety of all members and coaches

---

### 2. POLICY APPLICATION

This policy applies to all NIDDRIE GYMNASTICS members and coaches.

---

### 3. POLICY COVERAGE

This policy serves to protect all staff and members wellbeing and welfare.

---

### 4. DETAILS OF THE HEAT POLICY

NIDDRIE GYMNASTICS will monitor the weather forecast for training days. If the temperature is expected to reach 36° during class times, we will cancel classes as needed. If it is determined that classes need to be cancelled, we will communicate this to members, families and coaches by 1.00pm via our Whatsapp communication pages and via email to those members attending on that day.

Parents should monitor the temperature at Essendon Airport (Bureau of Meteorology website [www.bom.gov.au](http://www.bom.gov.au)) on hot days and should accompany children into the gym to ascertain if classes are running.

Parents know their children best. The temperature inside the gym can sometimes exceed the outdoor temperature. In addition to the NIDDRIE GYMNASTICS Heat Policy parents should consider their child's ability to cope with the heat and what other activities they have participated in that day. When classes are cancelled due to the heat policy the session will be credited to your account.