2026 TNAQ November INVITATIONAL
November 13-15, 2026

SANCTION #: 26SETNAQ11-13 TIME TRIAL SANCTION #: 26SETNAQ11-13TT

ENTRIES ARE DUE TO THE MEET HOST BY FRIDAY, OCTOBER 23, 2026 11:59 PM Eastern Time

HOST CLUB: Tennessee Aquatics

LOCATION: Allan Jones Intercollegiate Aquatic Center
University of Tennessee
2200 Andy Holt Avenue
Knoxville, Tennessee 37996

VENUE: Allan Jones Intercollegiate Aquatic Center: An eight-lane 50-meter by 25-yard competition pool divided by a single 4-foot-wide bulkhead, creating two 25-yard pools. The pool is outfitted with Omega - OSB11 starting blocks (28 inches above the water surface) with adjustable footrest wedges with extended platform surface. Additionally, retractable backstroke wedges will be attached. Pool depth is 8 feet at each end, 9 feet in the center. Lanes are 9 feet wide formed by 6-inch Competitor Lane markers. Warm-up/warm-down pool is located adjacent to the competition pool, with a minimum of two separate 25-yard warm-up/ warm-down lanes available. Seating is available for 1,284 spectators in the balcony overlooking the pool. Only coaches, athletes, officials, and other required meet personnel are permitted on the pool deck. Locker rooms are adjacent to the pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

TIMING: Omega - Swiss Timing electronic timing system and Daktronics scoreboard.

OFFICIALS:

Meet Referee:	Ben Duby, meetreferee@tnaquatics.com
Admin Official:	Annie Abraham, aabraham@concordchristianschool.org
Meet Director:	PJ Stevens, meetentries@tnaquatics.com

Visiting officials are welcome. All officials must wear a current USA membership card while on deck and must present a current Officials certification card to Meet Referee at check-in. Please contact Ben Duby, meetreferee@tnaquatics.com with the level of certification and sessions you desire to work. White collared shirts over black pants, skirts, or shorts with black shoes will be the uniform for all sessions.

RULES: USA Swimming Rules and Regulations will govern the conduct of this meet and will serve as the official guide for technical and procedural rules, except where otherwise noted. It is the swimmers' and coaches' responsibility to acquaint themselves with the meet information. Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. To follow this policy the UT Team locker room may be designated as only open to coaches and officials. All decisions regarding the use of the locker room by certain groups are subject to change at any time and are within the sole discretion of the Meet Director.

ELIGIBILITY: All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competitions are current 2026 members of their LSC and USA Swimming or World Aquatics. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Swimmers attending the meet without a coach must report to the Meet Director or Meet Referee to be assigned a coach for warm-up prior to each session.

CREDENTIALS: In accordance with Southeastern Swimming Rules, coaches and officials are required to show proof of current USA Swimming membership. All coaches must have completed the safety training as required by USA Swimming. All coaches are required to sign in with the Clerk of Course and/or all coaches must be prepared to show their coaching credentials at any time to the Meet Director and/or the Meet Referee.

SCHEDULE:

Friday, November 13		Warm-up:	TBD PM
		Competition:	TBD PM
Saturday, November 14	13 & Over	Warm-up:	TBD AM
Saturday, November 14		Competition:	TBD AM
	12 Under	Warm- Ups after 13 & Over session	
Sunday, November 15	13 & Over	Warm-up:	TBD AM
Sunday, November 15		Competition:	TBD AM
	12 Under	Warm- Ups after 13 & Over session	

Warmup and competition is at Allan Jones Aquatics Center (AJAC) prior to the start of competition. The specific competition start time will be announced on Tuesday, November 10, 2026.

MEET FORMAT: Timed finals meet with events as set forth on the "Order of Events" (attached). Tennessee Aquatics reserves the right to limit ANY event to allow the meet to run in the allotted time. The meet host reserves the right to conduct the meet in one, two, or three sessions per day and in one or two pools based upon the number of entries. Further the meet host may change the start time of any session. If this decision is made all teams will be notified of the new start of the time and schedule of events. This information will also be posted. Meet host will attempt to make any changes to the meet schedule by Tuesday, November 10, 2026.

SEEDING: All events 200 yards or less will be preseeded and swum slowest to fastest. All events 400 yards or longer will be deck seeded and swum fastest to slowest.

Psych sheets and timelines will be sent to teams on Tuesday, November 4th.

ENTRY LIMITS: Swimmers are limited to a total of NINE (9) events for the meet. Swimmers are limited to One (1) individual event on Friday evening. Swimmers may enter up to FOUR (4) individual events per day on Saturday and Sunday. Swimmers may enter up to ONE (1) relay event.

ENTRIES: The meet host reserves the right to limit and/or eliminate relays and/or limit heats in any events to run the meet within the time allocated or anticipated. There will be no USA Swimming On-deck membership registration available. The swimmer's age on the first day of the meet will determine the age for the entire meet. All participants must be USA Swimming registered athlete members and have current registration numbers listed in the entry file. The entry fees and forms must be turned in at check in on Friday, November 13, 2026. No changes to the entry times will be accepted after the due date.

Entries must be received no later than **Friday, October 23, 2026 - 11:59 pm Eastern Time.** All entries should be submitted by email: meetentries@tnaquatics.com. Late entries will be accepted only at the Meet Director's discretion and only on an open lane basis. Late entries will be charged at double the regular entry fee. Final results will be posted at the conclusion of the meet on the TNAQ website: www.tnaquatics.com.

A draft Psych Sheet will be posted by the Nov 2nd.
Corrected Entries will be due Friday November 6th, 11:59 PM Eastern Time.

ENTRY TIMES: Enter with best SHORT COURSE YARDS times achieved in competition or time trial. Entry times should be in hundredths. Conversions are not permitted. All individual entry times submitted must be in USA Swimming SWIMS database and will be reconciled with SWIMS.

ENTRY FEES:

Individual event	- - - -	$14.00
Relay	- - - -	$28.00
Facility Fee per swimmer	- - - -	$26.00
SES Swimmer Surcharge	- - - -	$4.00
Late Entry fee	- - - -	double the event entry amount

Make checks payable to **"Tennessee Aquatics".**
We prefer for teams to bring forms and fees with them on Friday, November 13, 2026.

ENTRIES FOR SWIMMERS WITH DISABILITIES:

Swimmers with disabilities are welcome and must complete the "Information Form for Disabled Swimmers" and return it with your entry fee summary.
*Also, inform the entry chair of any accommodations that need to be made when submitting entries by email, **meetentries@tnaquatics.com**

TIME TRIALS: Time Trials will be conducted at the discretion of the Meet Referee.
Swimmers must be entered in the meet to participate in Time Trials.
Time Trials fees: $25.00 individual $40.00 relay.

CHECK-IN: Swimmers entered in an individual event 400 yards or longer, must check-in at the Clerk of Course for deck-seeded events as per the stipulation for that event as listed in the Order of Events. Swimmers are encouraged to check-in at the beginning of each day. **The due time is 1 hour before the start of the competition**. Communication will be sent prior to the meet on events that require check-in.

SCRATCHES: Swimmers entered in an individual event 400 yards or longer, who have checked in for that event, must swim in the event unless they notify the Clerk of Course (before seeding for that event has been done) that they wish to scratch. Failure to scratch a deck seeded event, prior to seeding, and then not swimming the event will result in the swimmer being barred from the next individual event in which they are entered, whether it is that day or the next day.

SCORING: The meet will be scored individually
Individual Events points: 9-7-6-5-4-3-2-1 (1st through 8th place respectively).

AWARDS: There will be ribbons for top eight finishers in individual events: 8&U, 9-10, 11-12.
There will be highpoint awards for the top point scorer in 13-14 and Senior age groups Girls and Boys.

TIMERS: Participating teams are asked to help provide volunteers to time the meet. Swimmers swimming in
The swimmers in the 1000 will be required to have their own timer and lap counters.

BACKSTROKE WEDGES:

Backstroke Wedges will be used for all sessions.

PARKING ON THE UNIVERSITY of TENNESSEE CAMPUS:

Parking passes will be available for $15 per day, providing all-day access to the G7 parking garage located directly across from Allan Jones.

USE OF AUDIO/VISUAL/DRONES:

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, on deck, in the rest rooms or locker rooms. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present**.**

SUIT, DECK CHANGE RULE and CHANGING AREAS:

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Swimmers may change in the locker rooms located on the pool deck level. Swimmers will not suit change in or use the public restrooms on the upstairs level. The swimmer must wear only one swimsuit in one of two pieces, except as provided in 205.10.1. All swimsuits shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. No technical suits shall be worn by any 12 and Under USA Swimming athlete member in competition at any sanctioned, approved, or observed meet. Note - 102.8.F.

MEDICAL SUPERVISION:

For the safety of all athletes, coaches, officials, and spectators at the meet, the following medical supervision may be available throughout the competition: Lifeguards will always be present and act as first responders. AED devices are available and located both on deck and in the stands. In the event of a serious injury, EMTs will be called.

MEET MARSHALLS:

Meet Marshalls will be on deck to ensure the safety and proper conduct of the warm-up sessions and the meet in accordance with USA Swimming rules and safety guidelines. All marshalls will wear identifying attire (e.g. a specific colored vest provided). Visiting teams may be asked to provide a certain number of certified marshalls per session. Please list your team's marshalls with your entry submission or contact the Meet Director (meetentries@tnaquatics.com) to sign up for a session.

WARM-UP RULES:

Southeastern Swimming, Inc. safety guidelines and warm-up procedures will be in effect.
TNAQ will assign warm-up times and will communicate with teams prior to the meet.

A. General Warm-up

1. NO DIVING OR RACING STARTS ALLOWED FROM BLOCKS OR EDGE OF POOL. Swimmers must enter feet first in a cautious manner.
2. No sprinting or pace work allowed during the general warm-up session.
3. All lanes to be used for general warm-up.

B. Specific warm-up

Tennessee Aquatics may offer specific warm-up times and this will be communicated with all teams several days prior to the start of the meet.

MEET EVALUATION: You are encouraged to send a meet evaluation to the SES General Chairman:
Tim Bauer - tbauer@tnaquatics.com

TEAM ADDRESS: ***We prefer for teams to bring forms and fees with them on Friday, November 13, 2026.***

ENTRIES: MUST BE RECEIVED NO LATER THAN **Monday, October 23, 2026.**

EVENT SCHEDULE

FRIDAY, November 14, 2026, Session 1
Warm-up begins at **TBD** at Allan Jones Aquatic Center.
Competition begins at **TBD** at Allan Jones Aquatic Center.
Continuous warm-up/warm-down will be available in the DIVING WELL after competition begins.

	Friday, November 13, 2026	
Women	**Session 1**	Men
1	13 & Over 500 Freestyle	2
3	11-12 500 Freestyle	4
5	13 & Over 400 IM	6

All events on Friday will be deck seeded. Check-in closes at **TBD** at the Clerk of Course. All events on Friday will be swum fastest to slowest. For the 13 & Over 500 Free and the 13 & Over 400 IM, the events will be seeded and swum as a single age group, but the results will be posted separately as 13 - 14 & Senior. The number of heats swum may be limited.

SATURDAY, November 14, 2026, Session 2
Morning Session Warm-up begins at **TBD** at Allan Jones Aquatic Center.
Competition begins at about **TBD** at Allan Jones Aquatic Center.
Continuous warm-up/warm-down will be available in the DIVING WELL after competition begins.

	Saturday, November 14, 2026	
Women	**Session 2**	Men
7	Senior 100 Butterfly	8
9	13-14 100 Butterfly	10
11	Senior 200 Freestyle	12
13	13-14 200 Freestyle	14
15	Senior 100 Breaststroke	16
17	13-14 100 Breaststroke	18
19	Senior 200 Backstroke	20
21	13-14 200 Backstroke	22
23	Senior 200 IM	24
25	13-14 200 IM	26
27	13 & Over 200 Freestyle Relay	28

SATURDAY, November 14, 2026, Session 3
Afternoon Session Warm-up begins immediately following the morning session.
Continuous warm-up/warm-down will be available in the DIVING WELL after competition begins.

	Saturday, November 14, 2026	
Women	**Session 3**	Men
29	10 & Under 200 Freestyle	30
31	11-12 200 Freestyle	32
33	8 & Under 25 Breaststroke	34
35	10 & Under 100 Breaststroke	36
37	11-12 100 Breaststroke	38
39	8 & Under 25 Backstroke	40
41	11-12 200 Backstroke	42
43	10 & Under 50 Backstroke	44
45	11-12 50 Backstroke	46
47	8 & Under 25 Butterfly	48
49	10 & Under 100 Butterfly	50
51	11-12 100 Butterfly	52
53	8 & Under 25 Freestyle	54
55	10 & Under 100 Freestyle	56
57	11-12 100 Freestyle	58
59	8 & Under 100 Freestyle Relay	60
61	10 & Under 200 Freestyle Relay	62
63	11-12 200 Freestyle Relay	64

SUNDAY, November 15, 2026, Session 4
Morning Session Warm-up begins at about **TBD** at Allan Jones Aquatic Center. Competition begins at **TBD**
Continuous warm-up/warm-down will be available in the DIVING WELL after competition begins.

	Sunday, November 15, 2026	
Women	**Session 4**	Men
65	13-14 100 Freestyle	66
67	Senior 100 Freestyle	68
69	13-14 200 Breaststroke	70
71	Senior 200 Breaststroke	72
73	13-14 100 Backstroke	74
75	Senior 100 Backstroke	76
77	13-14 200 Butterfly	78
79	Senior 200 Butterfly	80
81	13-14 50 Freestyle	82
83	Senior 50 Freestyle	84
85	13-14 100 IM	86
87	Senior 100 IM	88
89	13 & Over 1000 Freestyle*	90

***Positive check-in for the 1000 must be checked in at the beginning of the session at TBD.**

SUNDAY, November 15, 2026, Session 5

Afternoon Session Warm-up begins immediately following the morning session.

Continuous warm-up/warm-down will be available in the DIVING WELL after competition begins.

	Sunday, November 15, 2026	
Women	**Session 5**	Men
91	11-12 200 Breaststroke*	92
93	10 & Under 100 IM	94
95	11-12 100 IM	96
97	10 & Under 50 Butterfly	98
99	11-12 50 Butterfly	100
101	10 & Under 50 Freestyle	102
103	11-12 50 Freestyle	104
105	8 & Under 50 Backstroke	106
107	10 & Under 100 Backstroke	108
109	11-12 100 Backstroke	110
111	10 & Under 50 Breaststroke	112
113	11-12 50 Breaststroke	114
115	10 & Under 200 IM	116
117	11-12 200 IM	118

SOUTHEASTERN LSC
INFORMATION FORM FOR SWIMMERS WITH A DISABILITY
This non mandatory form is for accommodation purposes.

Name _____

Address _____

Team _____ USA Registration # _____

Age and Birth date: _____ / _____

Events to be swum: _____ / _____ / _____ / _____ / _____

_____ / _____

Type of Disability

Blind _____ Cognitive/Intellectual _____ Deaf _____ Physical_____ Other_____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf,

loss of one or more limbs, multiple disabilities, etc.

_____

_____

The following person(s) will accompany the swimmer for any needed assistance:

_____

Accommodations requested, Examples: Lane #, inside lane, starter side preference,

assistance to the blocks, water start, hand signals, etc.

_____

_____

Information gathered on this form will only be used for swimmers' accommodation during

Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and

tracking swimmers' attendance and performance. The Disability Chair welcomes any

feedback and or comments concerning your meet experience.

Meet Director Email: meetentries@tnaquatics.com

Meet Referee Email meetreferee@tnaquatics.com

Disability Chair Email: robin@seastarsaquatics.com, Robin Heller: (850) 418-0645

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach, or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming and in compliance with required certifications. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. Tennessee Aquatics, the University of Tennessee, Southeastern Swimming, Inc., and USA Swimming, Inc., their agents, officers, representatives, employees, and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses, or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(s) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

False Registration – A host LSC may impose a fine up to $100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

Additional COVID-19 Statement and Liability Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTHEASTERN SWIMMING, THE TENNESSEE AQUATICS CLUB, THE UNIVERSITY OF TENNESSEE, THE ALLAN JONES AQUATIC CENTER, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	**DATE:**

SWIMMER ASSIGNMENT FORM

2026 TNAQ Fall Invitational
November 13-15, 2026

Name of Swimmer (s):

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Name of swimmer's team: _____

I agree to act as coach for the above-named swimmer(s) during the pre-meet practice, warm-up and the competition.

_____ _____
Coach's Signature Date

_____
Coach's Team Name

TEAM INFORMATION

Club Name _____ Team Initials: _____

LSC _____ Head Coach _____ Cell Phone: _____

Contact _____ Phone _____ Fax _____

Coaches Attending Email _____

_____	_____	_____
Name	Cell Phone	Email
_____	_____	_____
Name	Cell Phone	Email
_____	_____	_____
Name	Cell Phone	Email
_____	_____	_____
Name	Cell Phone	Email
_____	_____	_____
Name	Cell Phone	Email

Swimmers Attending Attached _____ Unattached _____ Total _____

Summary of Fees

Individual Events _____ X Event Entry Fee $14.00 = $ _____

Number of Relays _____ X Relay Entry Fee $28.00 = $ _____

Total Swimmers _____ X Facility Fee $26.00 = $ _____

SES Surcharges $ 4.00 X # Swimmers _____ = $ _____

Total Due $ _____

ENTRY FORM

Times should be in Short Course Yards Only

Please duplicate as needed

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						