



2026 SOUTHEASTERN SWIMMING SUMMER LC CHAMPIONSHIP QUALIFYING TIMES

Qualifying times must have been achieved since September 1, 2024

10&UNDER					11&12				
GIRLS		BOYS			GIRLS		BOYS		
LCM	SCY	CUTS	SCY	LCM	LCM	SCY	CUTS	SCY	LCM
37.89	33.19	50 Free	33.79	38.29	32.09	28.99	50 Free	28.19	32.59
1:24.09	1:13.79	100 Free	1:15.09	1:26.19	1:11.99	1:02.89	100 Free	1:03.49	1:14.39
3:00.69	2:43.29	200 Free	2:44.79	3:03.69	2:34.39	2:16.89	200 Free	2:20.59	2:39.39
6:13.39	6:57.39	400 Free	7:02.99	6:40.19	5:21.79	5:56.19	400 Free	6:06.19	5:30.99
45.29	39.09	50 Back	39.19	46.19	38.69	33.49	50 Back	34.49	39.79
1:36.79	1:24.39	100 Back	1:26.19	1:42.19	1:22.69	1:12.59	100 Back	1:14.89	1:28.09
					2:50.99	2:27.49	200 Back	2:21.99	2:46.69
52.39	44.79	50 Breast	46.29	54.99	44.49	37.59	50 Breast	38.59	46.19
1:53.59	1:38.09	100 Brst	1:42.39	1:59.59	1:38.29	1:22.59	100 Brst	1:26.09	1:42.39
					3:14.49	2:48.99	200 Brst	2:41.39	3:07.19
44.79	38.19	50 Fly	39.19	46.79	35.79	31.89	50 Fly	32.69	38.09
1:47.89	1:30.69	100 Fly	1:34.89	1:52.19	1:24.49	1:12.19	100 Fly	1:14.39	1:29.29
					2:53.39	2:30.59	200 Fly	2:24.99	2:48.29
3:20.09	3:05.69	200 IM	3:08.29	3:34.89	2:57.89	2:35.09	200 IM	2:40.29	3:03.69
2:31.59	2:12.79	200 FR	2:15.19	2:33.19	2:08.39	1:55.99	200 FR	1:52.79	2:10.39
3:00.39	2:35.29	200 MR	2:38.49	3:06.29	2:31.09	2:11.99	200 MR	2:13.99	2:36.69
13&14					OPEN				
GIRLS		BOYS			GIRLS		BOYS		
LCM	SCY	CUTS	SCY	LCM	LCM	SCY	CUTS	SCY	LCM
29.69	26.39	50 Free	24.79	27.89	28.69	25.09	50 Free	22.49	25.79
1:04.19	57.19	100 Free	54.29	1:00.59	1:03.39	55.99	100 Free	48.99	55.79
2:21.39	2:04.89	200 Free	2:00.09	2:16.29	2:17.79	2:00.29	200 Free	1:46.59	2:02.79
4:58.09	5:34.99	400 Free	5:26.49	4:51.39	4:48.79	5:20.69	400 Free	4:52.49	4:24.79
10:17.99	11:35.69	800 Free	11:00.79	9:58.39	10:02.49	11:12.99	800 Free	10:34.79	9:18.69
19:56.49	19:36.49	1500 Free	18:40.99	19:01.29	19:46.49	18:54.69	1500 Free	18:14.59	18:28.39
34.69	30.29	50 Back	28.79	32.99	33.49	28.69	50 Back	25.89	30.19
1:13.39	1:03.89	100 Back	1:01.69	1:10.69	1:12.19	1:01.99	100 Back	55.49	1:04.49
2:41.29	2:20.89	200 Back	2:17.09	2:36.69	2:37.79	2:15.29	200 Back	2:05.29	2:22.69
39.69	34.69	50 Breast	32.19	36.99	38.49	32.89	50 Breast	28.89	33.59
1:26.49	1:15.49	100 Brst	1:10.79	1:21.09	1:23.79	1:11.59	100 Brst	1:03.59	1:13.79
3:08.69	2:45.39	200 Brst	2:35.69	2:57.99	3:01.89	2:36.49	200 Brst	2:21.19	2:40.89
32.19	28.69	50 Fly	28.29	31.89	31.19	27.39	50 Fly	25.09	28.39
1:11.19	1:03.39	100 Fly	1:03.09	1:10.69	1:10.19	1:01.79	100 Fly	54.39	1:01.69
2:50.69	2:32.29	200 Fly	2:25.79	2:43.79	2:39.99	2:19.29	200 Fly	2:04.89	2:20.89
2:41.59	2:22.39	200 IM	2:15.29	2:33.19	2:37.69	2:16.99	200 IM	2:01.99	2:20.79
5:40.99	5:01.59	400 IM	4:52.79	5:32.29	5:31.89	4:49.49	400 IM	4:24.49	5:04.49
4:16.79	3:48.79	400 FR	3:37.19	4:02.39	4:13.59	3:43.99	400 FR	3:15.99	3:43.19
4:55.29	4:19.99	400 MR	4:09.89	4:43.09	4:49.59	4:11.39	400 MR	3:42.49	4:15.79

