,



2026

BEAMAN TOYOTA

Meet of Champs

Brentwood, TN

December 4-6, 2026

2026 Beaman Toyota Meet of Champs

Prelim/Final Meet hosted by Excel Aquatics
December 4-6, 2026
Sanction #: 26SEXCEL12-4 Time Trial #: 26SEXCEL12-4TT

This meet is held under the sanction of USA Swimming and will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical and administrative rules will be followed in addition to items specifically addressed in the meet information. In applying for the sanctioned meet on December 4-6, 2026, Excel Aquatics agrees to comply with and to enforce health and safety mandates and guidelines of USA Swimming, Southeastern Swimming, the State of Tennessee, and Williamson County.

LOCATION

Williamson County Indoor Sports Complex - 920 Heritage Way, Brentwood, TN 37027
Parking- ISC parking lot and south overflow lot. **NO parking** in the Brentwood Police Parking Lot.

MEET MANAGEMENT

Meet Director	Lori Biller	tlbiller@comcast.net
Meet Referee	Jacqui Wright	Officials@excelaquatics.org
Team Lead CJ	Margaret O'Shea	margaret_hoehl@yahoo.com
Admin Official	Chris Ford	chrisford1979@yahoo.co.nz
Entry Chairperson	JJ Langhals	entrychair@excelaquatics.org

FACILITIES & TIMING

Two indoor 8-lane, 25-yard competition pools. Non-turbulent lane lines. 7-foot minimum, 10-foot maximum. Paddock racing blocks for all events. Fully automatic Omega electronic timing system and scoreboard with lane/time/place display. Manual back-up timers will be used. Continuous warm-up/warm-down pool. Spectator seating is provided for approximately 800 people. The competition course has been certified in accordance with USA Swimming rules 104.2.2C(4).

ELIGIBILITY

All participants must be USA Swimming registered athletes per Article 302. Entries will not be accepted without current registration numbers. Entries listed as "registration applied for" will not be accepted. There will be NO on-deck USA Registration available at this meet. The swimmer's age on the first day of the meet will determine his or her age for the entire meet. **Athletes must have already achieved a B time standard in any event entered. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.** No coaches will be allowed on the pool deck without providing current USA Swimming Registration credentials.

MEET ENTRY CRITERIA

Excel Aquatics has sole discretion to determine which entries to accept. In exercising this discretion, Excel Aquatics will consider strength of entry and level of competition, balance of age groups and gender in entries, and number of officials provided by team. Teams will be notified of their acceptance into the meet the day after the deadline closes. Each team entry file is their official request for invitation into the meet but does not guarantee acceptance.

SWIMMERS WITH DISABILITIES

Swimmers with disabilities are welcome and must complete the Information Form for Disabled Swimmers and return it with entries. The coach is responsible for contacting the Meet Referee with specific requests by the entry deadline, so if it is within the host team's ability, the host has time to make provisions for the athlete's accommodation request.

RULES & SAFETY

All USA Swimming and SES safety rules will be strictly enforced. As a sanctioned competitive event, USA Swimming athlete members must be under the supervision of an USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director shall assist any unaccompanied athlete in making arrangements for such supervision. Insurance regulations require that all swimmers, coaches, judges, starters, administrative officials and referees be a current member of USA Swimming, Inc. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches, officials and administrative officials who are not current members of USA Swimming, Inc, or are not in good standing. may not participate in the meet nor be on the pool deck. Only meet workers, coaches, officials, and swimmers will be allowed on the pool deck. Workers and officials will only be allowed on deck during the session that they are assigned to work. Coaches must be able to access their current USA Swimming coaching credential at all times. The Meet Director reserves the right to ask for coaching credentials and/or deny deck access if the coach does not comply or the credentials are no longer valid/current. No glass containers or bottles are allowed inside the facility at any time. No running or horseplay will be tolerated. MEDICAL SUPERVISION: For the safety of all athletes, coaches, officials, and spectators at the meet, the following medical supervision may be available throughout the competition: Lifeguards will always be present and act as first responders. An AED device is available and located in the main lobby. In the event of a serious injury, EMTs will be called.

SAFE SPORT

Current USA Swimming and Southeastern Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. All Adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. The Southeastern Swimming Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms or control rooms. Access to the main locker rooms is restricted to swimmers only. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. Deck changes are prohibited. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach area, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Athletes are not allowed to use the ISC hallway restrooms. These restrooms are for the ISC patrons, staff, spectators, coaches, officials and volunteers. Athletes shall use the locker room restrooms.

LIMITATIONS

The meet host reserves the right to conduct the meet in one, two, or three sessions per day and in one or two pools based upon the number of entries. Further, the meet host may change the start time of any session. If this decision is made, all teams will be notified of the new start time and schedule of events.

TIME TRIALS

Time Trials may be held at the conclusion of any session at a coach or swimmer's request and the Meet Referee's concurrence. The $15.00 fee must be paid at signups. Time Trial events count as one of the events allowed on a given day.

12 & UNDER TECHNICAL SUITS

Technical suits may not be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet. A technical suit is one that has the following components:

- Any suit with any bonded or taped seams regardless of its fabric or silhouette; or
- Any suit which includes any woven fabric extending past the hips.

ENTRIES

Athletes may enter up to three (3) individual events, per day. Time Trial events count as one of the three events allowed on a given day. Athletes must have already achieved a B time standard in any event entered.

Entry times should be in Short Course Yards (SCY). The required method of entry is email. Teams must submit their entry in a zipped file via email. A printed report including full name, USA number, event numbers, and entry times of all swimmers must be included with the entry. This report will serve as the official entry form. Individual entries and a signed release with fee summary must be mailed within 72 hours of the meet entry deadline.

On Deck Entries will only be allowed on a lane available basis and must be entered in the event corresponding to the age and gender of the athlete. **On Deck Entries will only be accepted up until 30 minutes prior to the session start time.** No new heats will be formed. Accepted deck/late entries will be charged $15.00 per individual event. Pay immediately upon acceptance. All entry fees are non-refundable.

EMAIL ENTRIES

The following guidelines must be followed for email entries:

1. Official entry forms and all entry fees are due by Friday, November 20, 2026.
2. The email entry must be zipped so that it arrives to the Entry Chair intact.
3. The club's entire entry must be sent in one email. Please do not flood the Entry Chair with several emails.
4. Once submitted, please allow the Entry Chair time to review your submission.
5. Updating entry times is acceptable, but no new entries can be submitted.

All teams are to fill out the enclosed Team Information Form, including the names and contact numbers for all registered officials that are willing to serve as a meet official during the weekend.

FEES

$11.00 per individual event ($15.00 per deck entry or time trial)
$24.00 per swimmer facility surcharge
$4.00 per swimmer SES surcharge
Please make checks payable to Excel Aquatics. All entry fees are nonrefundable.

ENTRY DEADLINE

The entry deadline will be Friday, November 20, 2026, at 11:59pm CDT.

Completed entries should be submitted via e-mail to:
Excel Entry MOC Chair, JJ Langhals at entrychair@excelaquatics.org
Completed forms and fees should be mailed to:
Excel Entry MOC Chair
920 Heritage Way, Brentwood, TN 37027

FORMS FOR ENTRY

The following forms are included as an integral part of this meet invitation:

- SES Waiver, Acknowledgement and Liability Release Form
- Team Information Form and Summary of Fees
- SES Information Form for Disabled Swimmers
- Southeastern Swimming Warm-up Guidelines for General Warm-up

MEET FORMAT

- Athletes must have already achieved a B time standard in any event entered.
- All 10 & Under events will be Timed Final events swum slowest to fastest except for the 50 Freestyle, 50 Backstroke, 50 Breaststroke and 50 Butterfly, which will be Prelim/Final events. The Top 8 swimmers in those four 50-yard events will return for Finals.
- All 11-12 events will be Prelim/Finals except the 200 Backstroke, 200 Breaststroke, 200 Butterfly, 400 IM and 500 Freestyle, which will be Timed Finals.
- All 13 & Over events will be Prelim/Finals except the 500 Free, 1650 Free and 400 IM.
- The 13-14 and Open 1650 Free will be Timed Finals and will swim together fast to slow alternating girls/boys and be scored separately.
- The 13-14 and Open 400IM will swim together and be scored separately. The 400IM and 500 Free will be Tmed Finals, swimming slow to fast with the Top 8 of each gender, regardless of age, swimming during the Finals session.
- Sunday's 1650 Freestyle will be its own session. It will be swum at the conclusion of the 13-14 prelim pool session, swimming fast to slow and alternating girls/boys. The 13-14 and Open will swim the 1650 together but be scored separately. Athletes must provide their own timer.
- All preliminaries, except where noted, will be swum slowest to fastest.
- Finals will swim in one 8-lane course. Consolation finals will be swum in the 11-12, 13-14 and Open events except for events noted above. The B heat will swim prior to the A heat in Finals.
- Breaks may be added at the discretion of the Meet Referee.

SESSION	WARM-UP	COMPETITION
Friday, Saturday & Sunday Prelims	#1 Warm-up: 6:45am - 7:15am #2 Warm-up: 7:15am - 7:45am	8:00am
Friday, Saturday & Sunday 12 & Under Session	Immediately after AM session*	1 hour after warm-ups start*
Friday and Saturday Finals	4:00pm – 4:45pm	5:00pm
Sunday 1650 Freestyle	TBA	TBA - after 13-14 pool prelims
Sunday Finals	3:30pm - 4:15pm	4:30pm

An approximate timeline will be posted on the website prior to the meet.

DECK SEEDED EVENTS AND SCRATCH PROCEDURES

The 400 IM, 500 Free and 1650 Free will be deck-seeded events. Swimmers must positive check-in at the Admin table for all deck-seeded events. Positive check-in deadlines are as follows:

SESSION	EVENT	POSITIVE CHECK-IN DEADLINE
FRIDAY	13-14 & Open 400 IM	8:00am
FRIDAY	11-12 400 IM	(Start of session – TBA)
SATURDAY	13-14 500 Free, Open 500 Free	8:00am
SATURDAY	11-12 500 Free, 10-under 500 Free	(Start of session – TBA)
SUNDAY	13-14 & Open 1650 Free	9:00am

Check-in sheets will be at the Admin table prior to the start of warm-ups and will be removed at the above times. Failure to properly check-in for events will result in being scratched from the event. Only the swimmer or his/her coach may check-in or scratch a swimmer. If swimming a positive check-in event, the swimmer or his/her coach must place their initials next to the swimmer's name. If scratching the event, the swimmer or coach shall draw a line through the swimmer's name and place their initials next to the swimmer's name. Heat sheets with lane assignments for the positive check-in events will be posted in the pool area as soon as all scratches have been completed.

SCRATCHES

The current Southeastern Championship Scratch Rules will be used during the meet. Swimmers qualifying for finals or consolation finals must notify the Admin Official within 30 minutes of the announcement of the qualifiers for the final event that they are scratching from or intend to scratch from. Furthermore, if the athlete does not wish to compete in finals in that event, the athlete or coach much scratch from finals at the Admin Table within 30 minutes following the posting of that event.

PENALTIES

Deck-Seeded Events: Failing to swim an event after a positive check-in will result in the swimmer being barred from his/her next event unless relieved for good cause by the Meet Referee.
Failure to Swim Finals: Any swimmer failing to properly scratch and failing to compete in the consolation finals or finals shall be barred from his/her next event unless relieved for good cause by the Meet Referee.

WARM-UP PROCEDURES

Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. Continuous warm-up/warm-down will be available in a 25-yard warm-up/warm-down pool. Warm-up assignments will be posted on the Meet Event Page and on deck prior to the start of the meet warm-up. Alternatively, warm-ups will be conducted as open warm-ups with dedicated pace and sprint lanes announced as the need occurs. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session unless their coach has submitted a Swimmer Assignment form prior to the meet.

SCORING

No Team Scoring. Individual Events: 9-7-6-5-4-3-2-1 No scoring for Consolation Finals.

AWARDS

Medals will be given for 1st-3rd place for all individual events. Ribbons will be given for 4th-8th place for all individual events. There will be awards for the male and female individual high point and runner up high point scorer in 4 age groups: 10-under, 11-12, 13-14 and Open. High point score is based on the total individual event points.

OFFICIALS

Officials who wish to officiate, a link will be posted HERE:
Visiting officials are welcome and encouraged to participate. Please email Margaret O'Shea at margaret_hoehl@yahoo.com with any questions. Dress code is white polo shirt, black/shorts/skirt, and black shoes for prelims and 10-under session. Dress code is white polo shirt, black pants/shorts/skirt, and black shoes. No shorts are allowed for Finals. Officials' briefings take place in the hospitality room 1 hour prior to the start of each session.

COACHES

If needed, the coaches meeting will be in the hospitality room at 7:45am on Friday, December 4. No swimmers will be allowed in the pool during this time. Coaches, please check in at the Volunteer Table. No coaches will be allowed on the pool deck without proof of current USA Swimming Registration indicating full coaching privilege. Deck Pass will be accepted as proof. Coaches, please make sure to take home your team awards. They will not be mailed.

HOSPITALITY

Meals and snacks will be provided for coaches and officials.

CONCESSIONS

Concessions will be sold on site.

SPECTATORS
Admission is free. Parking is available in the main parking lot and south overflow lot. Absolutely NO parking in the Brentwood Police Parking Lot. Spectator seating is provided for approximately 800 people. Additional seating for athletes and spectators will be allowed in the far north Indoor Tennis Court. Spectators are not allowed to hang out in the main hallway or tennis hallway during the meet. No outside food or coolers are allowed inside the pool area. **Spectators must comply with all signs or verbal directions from meet officials and marshals limiting or restricting the use of certain areas for seating or standing.** No smoking, vaping or chewing tobacco products are allowed. Under NO circumstances will video or still photography be allowed in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes". This includes during warm-ups. Fine Design T-shirts and SwimOutlet will be on site for all of your equipment, swimsuits and event merchandise needs. Athletes swimming the 1650 must provide their own timer. See the "cheat sheet" on the Meet of Champs event page at www.excelaquatics.org for more information.

PSYCH SHEETS & HEAT SHEETS
Psych sheets will be available online at www.excelaquatics.org by the Tuesday prior to the meet. Heat sheets will be available online at www.excelaquatics.org the day before the meet. Heat sheets will not be sold at the meet.

RESULTS
Results will be posted on Meet Mobile and on the Excel Aquatics website.

RECYCLING
Excel Aquatics is supporting the SES Recycling Initiative at its hosted meets. Please look for additional information posted at the swimming venue and assist Excel Aquatics with the initiative.

MEET EVALUATION
Please send comments, suggestions or evaluations concerning this meet to
Tim Bauer, General Chairman at tbauer@tnaquatics.com

2026 Beaman Toyota Meet of Champs Order of Events

SESSION: Friday 13 & Over Prelims
Warm-up: 6:45-7:45AM Competition: 8:00AM

Round	Girls	Event	Boys
Prelims	103	13-14 50 Butterfly	104
Prelims	105	Open 50 Butterfly	106
Prelims	109	13-14 200 Freestyle	110
Prelims	111	Open 200 Freestyle	112
Prelims	115	13-14 100 Breaststroke	116
Prelims	117	Open 100 Breaststroke	118
Prelims	121	13-14 100 Backstroke	122
Prelims	123	Open 100 Backstroke	124
Timed Final	127	13-14 400 IM *	128
Timed Final	129	Open 400 IM *	130

* 400 IM - The 13-14 and Open will swim together but be scored separately.
Positive Check-in at the Admin Table by 8:00am. After Positive check-in, the Top 8 swimmers in each gender, regardless of age, will swim in the Final Session. Breaks may be put in at the discretion of the Meet Referee.

2026 Beaman Toyota Meet of Champs Order of Events

SESSION: Friday 12 & Under Prelims
Warm-up: Immediately after AM session Competition: At the conclusion of warm-ups
Warm-up and Competition Times will be announced after timeline is set.

Round	Girls	Event	Boys
Prelims	101	11-12 50 Butterfly	102
Prelims	107	11-12 200 Freestyle	108
Timed Final	131	10 & Under 200 Freestyle	132
Prelims	113	11-12 100 Breaststroke	114
Timed Final	133	10 & Under 100 Breaststroke	134
Prelims	119	11-12 100 Backstroke	120
Prelims	135	10 & Under 50 Backstroke **	136
Timed Final	125	11-12 400 IM #	126
Timed Final	137	10 & Under 100 IM	138

**The 10 & Under 50 Backstroke is a Prelim/Final event. The Top 8 swimmers will return to swim in the Finals.
The 11-12 400IM - Positive check-in event – Check in by the start of the session.

2026 Beaman Toyota Meet of Champs Order of Events

SESSION: Friday Finals Warm-up: 4:00PM Competition: 5:00PM

Round	Event #	Event
Finals	135	Girls 10 & Under 50 Backstroke
Finals	136	Boys 10 & Under 50 Backstroke
Finals	101	Girls 11-12 50 Butterfly
Finals	102	Boys 11-12 50 Butterfly
Finals	103	Girls 13-14 50 Butterfly
Finals	104	Boys 13-14 50 Butterfly
Finals	105	Girls Open 50 Butterfly
Finals	106	Boys Open 50 Butterfly
Finals	107	Girls 11-12 200 Freestyle
Finals	108	Boys 11-12 200 Freestyle
Finals	109	Girls 13-14 200 Freestyle
Finals	110	Boys 13-14 200 Freestyle
Finals	111	Girls Open 200 Freestyle
Finals	112	Boys Open 200 Freestyle
Finals	113	Girls 11-12 100 Breaststroke
Finals	114	Boys 11-12 100 Breaststroke
Finals	115	Girls 13-14 100 Breaststroke
Finals	116	Boys 13-14 100 Breaststroke
Finals	117	Girls Open 100 Breaststroke
Finals	118	Boys Open 100 Breaststroke
Finals	119	Girls 11-12 100 Backstroke
Finals	120	Boys 11-12 100 Backstroke
Finals	121	Girls 13-14 100 Backstroke
Finals	122	Boys 13-14 100 Backstroke
Finals	123	Girls Open 100 Backstroke
Finals	124	Boys Open 100 Backstroke
Timed Finals	129	Girls 400 IM *
Timed Finals	130	Boys 400 IM *

*A Heat only in events # 135,136, 129 and 130. In the other events, the B Heat swims first, then the A heat. Breaks may be put in at the discretion of the Meet Referee.

2026 Beaman Toyota Meet of Champs Order of Events

SESSION: Saturday 13 & Over Prelims
Warm-up: 6:45 - 7:45AM **Competition: 8:00AM**

Round	Girls	Event	Boys
Prelims	203	13-14 50 Backstroke	204
Prelims	205	Open 50 Backstroke	206
Prelims	209	13-14 200 Butterfly	210
Prelims	211	Open 200 Butterfly	212
Prelims	215	13-14 50 Freestyle	216
Prelims	217	Open 50 Freestyle	218
Prelims	221	13-14 200 Breaststroke	222
Prelims	223	Open 200 Breaststroke	224
Timed Final	227	13-14 500 Freestyle #	228
Timed Final	229	Open 500 Freestyle #	230

500 Freestyle - Positive Check-in at the Admin Table by 8:00am. After Positive check-in, the Top 8 swimmers in each gender, regardless of age, will swim in the Finals Session. Breaks may be put in at the discretion of the Meet Referee.

2026 Beaman Toyota Meet of Champs Order of Events

SESSION: Saturday 12 & Under Prelims
Warm-up: Immediately after AM session **Competition: At the conclusion of warm-ups**
Warm-up and Competition Times will be announced after timeline is set.

Round	Girls	Event	Boys
Prelims	201	11-12 50 Backstroke	202
Timed Final	207	11-12 200 Butterfly	208
Timed Final	231	10 & Under 100 Butterfly	232
Prelims	213	11-12 50 Freestyle	214
Prelims	233	10 & Under 50 Freestyle **	234
Timed Final	219	11-12 200 Breaststroke	220
Prelims	235	10 & Under 50 Breaststroke **	236
Timed Final	225	11-12 500 Freestyle #	226
Timed Final	237	10 & Under 500 Freestyle #	238

** The 10 & Under 50 Freestyle and 50 Breaststroke are Prelim/Final events. The Top 8 swimmers will return to swim in the Finals.
# 11-12 and 10 & Under 500 Free - Positive check-in event - Check in by the start of the session.

2026 Beaman Toyota Meet of Champs Order of Events

SESSION: Saturday Finals Warm-up: 4:00PM Competition: 5:00PM

Round	Event #	Event
Finals	201	Girls 11-12 50 Backstroke
Finals	202	Boys 11-12 50 Backstroke
Finals	203	Girls 13-14 50 Backstroke
Finals	204	Boys 13-14 50 Backstroke
Finals	205	Girls Open 50 Backstroke
Finals	206	Boys Open 50 Backstroke
Finals	209	Girls 13-14 200 Butterfly
Finals	210	Boys 13-14 200 Butterfly
Finals	211	Girls Open 200 Butterfly
Finals	212	Boys Open 200 Butterfly
Finals	233	Women 10 & Under 50 Freestyle
Finals	234	Men 10 & Under 50 Freestyle
Finals	213	Women 11-12 50 Freestyle
Finals	214	Men 11-12 50 Freestyle
Finals	215	Women 13-14 50 Freestyle
Finals	216	Men 13-14 50 Freestyle
Finals	217	Women Open 50 Freestyle
Finals	218	Men Open 50 Freestyle
Finals	235	Women 10 & Under 50 Breaststroke
Finals	236	Men 10 & Under 50 Breaststroke
Finals	221	Women 13-14 200 Breaststroke
Finals	222	Men 13-14 200 Breaststroke
Finals	223	Women Open 200 Breaststroke
Finals	224	Men Open 200 Breaststroke
Timed Finals	229	Women 500 Freestyle *
Timed Finals	230	Men 500 Freestyle *

*Only the top 8 swimmers in events #229 & 230 swim in the Finals Session. In the other events, the B Heat swims first, then the A heat. Breaks may be put in at the discretion of the Meet Referee.

2026 Beaman Toyota Meet of Champs Order of Events

SESSION: Sunday 13 & Over Prelims
Warm-up: 6:45-7:45AM **Competition: 8:00AM**

Round	Girls	Event	Boys
Prelims	303	13-14 50 Breaststroke	304
Prelims	305	Open 50 Breaststroke	306
Prelims	309	13-14 200 Backstroke	310
Prelims	311	Open 200 Backstroke	312
Prelims	315	13-14 100 Freestyle	316
Prelims	317	Open 100 Freestyle	318
Prelims	321	13-14 200 IM	322
Prelims	323	Open 200 IM	324
Prelims	327	13-14 100 Butterfly	328
Prelims	329	Open 100 Butterfly	330

SESSION: Sunday 1650 Freestyle
Competition: In the 13-14 pool at the conclusion of the 13 & Over Prelim Session.
Competition Time will be announced after the timeline is set.
Athletes need to provide their own timers.

Round	Girls	Event	Boys
Timed Final	331	13-14 1650 Freestyle #	332
Timed Final	333	Open 1650 Freestyle #	334

- Timed Final Event that will swim together, fast to slow, alternating women/men, but be scored separately. Positive Check-in at the Admin Table by 9:00am. Breaks may be put in at the discretion of the Meet Referee.

2026 Beaman Toyota Meet of Champs Order of Events

SESSION: Sunday 12 & Under Prelims
Warm-up: In the Open Prelim pool immediately after the 13 & Over Prelim session
Competition: At the conclusion of warm-ups
Warm-up and Competition Times will be announced after timeline is set.

Round	Girls	Event	Boys
Prelims	301	11-12 50 Breaststroke	302
Timed Final	307	11-12 200 Backstroke	308
Timed Final	335	10 & Under 100 Backstroke	336
Prelims	313	11-12 100 Freestyle	314
Timed Final	337	10 & Under 100 Freestyle	338
Prelims	319	11-12 200 IM	320
Timed Final	339	10 & Under 200 IM	340
Prelims	325	11-12 100 Butterfly	326
Prelims	341	10 & Under 50 Butterfly **	342

** The 10 & Under 50 Butterfly is a Prelim/Final event. The Top 8 swimmers will return to swim the Finals. Breaks may be put in at the discretion of the Meet Referee.

2026 Beaman Toyota Meet of Champs Order of Events

SESSION: Sunday Finals Warm-up: 3:30PM Competition: 4:30PM

Round	Event #	Event
Finals	341	Women 10 & Under 50 Butterfly *
Finals	342	Men 10 & Under 50 Butterfly *
Finals	301	Women 11-12 50 Breaststroke
Finals	302	Men 11-12 50 Breaststroke
Finals	303	Women 13-14 50 Breaststroke
Finals	304	Men 13-14 50 Breaststroke
Finals	305	Women Open 50 Breaststroke
Finals	306	Men Open 50 Breaststroke
Finals	309	Women 13-14 200 Backstroke
Finals	310	Men 13-14 200 Backstroke
Finals	311	Women Open Backstroke
Finals	312	Men Open Backstroke
Finals	313	Women 11-12 100 Freestyle
Finals	314	Men 11-12 100 Freestyle
Finals	315	Women 13-14 100 Freestyle
Finals	316	Men 13-14 100 Freestyle
Finals	317	Women Open 100 Freestyle
Finals	318	Men Open 100 Freestyle
Finals	319	Women 11-12 200 IM
Finals	320	Men 11-12 200 IM
Finals	321	Women 13-14 200 IM
Finals	322	Men 13-14 200 IM
Finals	323	Women Open 200 IM
Finals	324	Men Open 200 IM
Finals	325	Women 11-12 100 Butterfly
Finals	326	Men 11-12 100 Butterfly
Finals	327	Women 13-14 100 Butterfly
Finals	328	Men 13-14 100 Butterfly
Finals	329	Women Open 100 Butterfly
Finals	330	Men Open 100 Butterfly

*The 10 & under 50 Butterfly will only have an A heat. In the other events, the B heat swims first, then the A heat.

UNACCOMPANIED SWIMMER COACHING ASSIGNMENT FORM
Held under the sanction of USA Swimming

Name of Meet: _____

Date(s): _____

The following swimmers from _____ (swimmer's team) will not be accompanied by a team coach and therefore I request that the Meet Referee/Meet Director assign them to a coach for all purposes during the meet sessions on the dates noted above. Each of the swimmers listed below are certified as proficient in performing a racing start unless specifically noted otherwise (non-certified swimmers must start each race from within the water).

_____

Coach's Signature Date

Swimmer's Names:

I agree to act as coach for the above-named swimmer(s) during the pre-meet practice, warm-up, and competition.

_____

Assigned Coach's Signature Date

_____

Assigned Coach's Team Name

SOUTHEASTERN LSC INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non-mandatory form is for accommodation purposes.

Swimmer's name: _____

Address: _____

Team: _____

USA Registration #: _____

Age and date of birth: _____

Events: _____

Type of Disability: ☐Blind ☐Deaf ☐Cognitive/Intellectual ☐Physical ☐Other

Extent of disability:

_____

The following person(s) will accompany the swimmer for any needed assistance:

_____

Accommodations requested:

_____

_____

_____

Information gathered on this form will only be used for the swimmer's accommodation during the meet and forwarded to the SE LSC Disability Chair for purposes of evaluation and tracking swimmer's attendance and performance. The Disability Chair welcomes any feedback or comments concerning your meet experience.

Meet Director	Lori Biller	tlbiller@comcast.net
Meet Referee	Jacqui Wright	officials@excelaquatics.org
Disability Chair	Brian Haddad	southeasternswimming@hotmail.com

2026 BEAMAN TOYOTA MEET OF CHAMPS
WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE
Held under the Sanction of USA Swimming

I, the undersigned coach, or team representative, verify that all the swimmers and coaches listed on the enclosed entry are registered with USA Swimming and in compliance with required certifications. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. EXCEL AQUATICS, Williamson County Parks and Recreation, Indoor Sports Complex, City of Brentwood, Southeastern Swimming, Inc. and USA Swimming, Inc., their agents, officers, representatives, volunteers, employees, and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all my team's swimmers to be published on the internet in the form of Social Media, Psych Sheets, Meet Results or any other documents associated with the running of this meet. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during conduct of the event.

I further acknowledge my understanding of the following USA Swimming rule regarding registration:

1. All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(s) are members of their LSC and USA Swimming.

2. All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

302.3 False Registration – A host LSC may impose a fine up to $100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not properly registered.

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	DATE:

TEAM INFORMATION-Held under the Sanction of USA Swimming

CLUB NAME:			**INITIALS:**
ADDRESS:			
LSC:	**HEAD COACH:**		
CONTACT PERSON:			**PHONE NUMBER:**
FAX NUMBER:	**CELL PHONE:**		**EMAIL:**
COACHES ATTENDING:	**1.**		
	2.		
	3.		
	4.		
CERTIFIED OFFICIALS WHO MAY WISH TO WORK:	**1.**		
	2.		
	3.		
	4.		
NUMBER OF SWIMMERS ENTERED:		**ATTACHED:**	
		UNATTACHED:	
		TOTAL:	

Summary of Fees- Athletes must have already achieved a B Time Standard in events swum.

NUMBER OF SWIMMERS:		**X $4.00 SES SURCHARGE =**	
NUMBER OF SWIMMERS:		**X $24.00 FACILITY SURCHARGE =**	
NUMBER OF IND. EVENTS:		**X $11.00 PER EVENT ENTRY =**	
TOTAL DUE:			

Southeastern Swimming - Meet Safety Guidelines and Warm-up Procedures

1. Coach's responsibilities
    A. Coaches shall instruct swimmers regarding swimming safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
    B. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and at all practices.
    C. Coaches should stand near the starting end of the pool when starting swimmers on swim or pace work.
2. Host team responsibilities
    A. Marshaling
        1. A minimum of two (2) marshals, who report to, and receive instructions from the Meet Referee and/or Meet Director, shall be on deck during the entire warm-up session.
        2. Whenever a sprint lane is opened an additional marshal must be assigned to that lane's starting block.
        3. Marshals shall have the authority to remove from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines or warm-up procedures.
    B. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the meet information: "Southeastern Swimming Meet Safety Guidelines and Warm- up Procedures will be in effect at this meet."
    C. Hazards in locker rooms, on the deck, or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.
    D. All starting platforms shall be anchored to the deck or bulkhead to always remain stable in accordance with USA Swimming Rules.
    E. All music played during warm-up times shall be kept at a low (background) level that will allow coaches and marshals to communicate with the athletes. The volume of the music may be turned up after the pool is cleared, and before the start of the meet to raise the excitement level for the competition.
3. Safety Guidelines
    A. Swimmers shall enter the water feet first from the ends of the pool at all times during the warm-up session. Entering from the sides of the pool is forbidden.
    B. Swimmers shall not wear swim fins, hand paddles or any other equipment that could injure other swimmers or damage equipment (touch pads). The use of soft swim mitts is permissible.
    C. Swimmers shall swim in a circular pattern during general warm-up.
    D. Practice starts from the blocks are only permitted in designated sprint lanes under the direct supervision of the coach.
    E. Backstroke swimmers shall insure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke swimmer waiting to start.
    F. Warm-up Procedures when teams are assigned to specific lanes.
        1. Participating teams shall be assigned to specific lanes for the warm-up period based on the number of participants.
        2. The coaches of the teams assigned to each lane shall determine the warm-up procedure for that lane. Procedures must adhere to USA Swimming safety rules.

3. Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner.
4. Warm-ups may be segregated by gender, by age group or any mixture of the two in order to keep the number of swimmers warming up as equal as possible.
5. The host club may choose to divide the teams into different warm-up sessions in order to have an entire team warmup together. In this case, teams should be assigned to “early” and “late” warm-up sessions on different days so that no team has an advantage over another.