

## RUN HAC CLUB AGREEMENT

Member Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ New Member or Renewal (circle one)

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Date: \_\_\_\_\_ Package Price: \_\_\_\_\_

Shirt Size: S M L XL XXL Band: Light Medium Heavy X-Heavy

Running Experience: Beginner Intermediate Advanced

### TERMS & CONDITIONS

In consideration of being allowed to participate in any way in the program, related events, and activities, I, the undersigned, acknowledge, appreciate, and agree that:

1. All outdoor training sessions are weather permitting, should there be inclement weather sessions will be cancelled.
2. All session packages must be completed one year from the date of purchase.
3. Hockessin Athletic Club reserves the right to provide a substitute instructor in the event the original instructor is unable to complete a session or complete the training package.
4. I may cancel this agreement at any time prior to midnight of the third business day of the health club; otherwise, I am not entitled to a refund.
5. Activities are physically demanding and strenuous which may result in accident, injury, or other physical harm; and
6. I knowingly and freely assume all such risks, both known and unknown, and assume all responsibility for my participation.
7. I also agree to hold the Hockessin Athletic Club and the instructor leading the activity, harmless from all liability arising from the undersigned's participation in The Run HAC Club.
8. Hockessin Athletic Club staff cannot give me medical advice before or after signing this agreement, and that, if I have any medical concerns, I must consult with my primary physician before participating in any program or use of the facility and its privileges.
9. I understand all provisions in my membership agreement, to the extent applicable and not in conflict with this agreement are binding.

TOTAL DUE TODAY: \_\_\_\_\_

I have read this release of liability and all the terms and conditions of the Run HAC Club program, fully understand its terms, and sign it freely and voluntary without inducement.

Amex  Discover  Visa  Mastercard

Credit Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

\_\_\_\_\_  
Client's Signature

\_\_\_\_\_  
Date

2nd Installment Due: \_\_\_\_\_  
(10th of the following month)

### MEMBERSHIP OVERVIEW

#### Membership Includes

- Unlimited Training Sessions
- Team Shirt (new members)
- Band (new members)
- Monthly team races (race registration fees not included)

**Total Cost: \$300.00** (can be charged in 2 installments)

**Resistance Bands: \$5.00 per band**

### TRAINING SCHEDULE

#### April – October

Mondays, 7:00 am & 6:00 pm  
Wednesdays, 9:15 am & 6:00 pm



