



## Flatbreads

served on a stone fired flatbread

### WHITE BROCCOLI TOMATO

olive oil, garlic, mozzarella, broccoli, and tomato 12.95

### CHIPOTLE CHICKEN

chipotle sauce, mozzarella, cheddar, chicken, bacon, and scallions 13.95

### PEPPERONI CLASSIC

pepperoni, oregano, house pizza sauce, and a blend of cheeses 13.95

### BUFFALO CHICKEN

grilled chicken, buffalo sauce, caramelized onions, and a blend of cheddar and blue cheese 13.95

### HAC VEGGIE

house pizza sauce, roasted veggies, feta cheese, and balsamic glaze 13.95

### PRESTO PESTO

house pesto, roasted red peppers, tomatoes, balsamic glaze, and aged parmesan cheese 13.95



## Salads

dressing served on side

**ADD CHICKEN +4.00**

**ADD SHRIMP (6) • BEEF FILET TIPS • AHI TUNA • SALMON +8.00**

### CAESAR

chopped romaine, croutons, parmesan, and caesar dressing 12.95 • side 6.00

### MANDARIN CHICKEN

heritage spring mix, cucumbers, carrots, mandarin oranges, wasabi peas, crispy chicken, and crunchy chow mein noodles with sesame dressing 15.95

### HOCKESSIN

heritage spring mix, brie, granny smith apples, walnuts, cranberries, red onions, and cranberry vinaigrette dressing 15.95

### GREEK

chopped romaine, feta, kalamata olives, artichokes, cucumbers, tomatoes, roasted red peppers, red onions, and a basil vinaigrette dressing 15.95

### SOUTHWEST CHICKEN

heritage spring mix, corn, black beans, jalapeños, red onions, shredded cheddar, and tortilla strips with grilled chicken and a chipotle dressing 15.95

### COBB

chopped romaine, roasted turkey, hard boiled egg, bacon, tomatoes, avocados, and cranberries 16.95

### CITRUS SHRIMP

romaine lettuce, steamed shrimp, citrus wedges, and old bay vinaigrette 16.95

### BLEU BEEF

heritage spring greens, seasoned filet tips (served rare), bleu cheese crumbles, caramelized onions, tomatoes, balsamic vinaigrette 16.95



## Quesadillas

**ADD CHICKEN +4.00**

**ADD REGULAR FRIES • TOTS +2.00 • SWEET POTATO FRIES +3.00**

### HAC CAFÉ QUESADILLA

blend of american and cheddar cheese with crispy bacon 9.95

### TEX MEX

black beans, corn, and pico de gallo with american and pepper jack cheese 11.50



## Appetizers

### SOUP AND CHILI

12oz 5.95 • 36oz 16.95

### MOZZARELLA STICKS 8.50

### MAC & CHEESE BITES 8.50

### ONION PETALS 8.50

### BONELESS WINGS 10.50

### CHICKEN TENDERS

4 tenders only, no fries. 11.50

### CRISPY FRIES 9.50

### SWEET POTATO FRIES 9.75

### TATER TOTS 9.50



*Our meals are made to order,  
so they may take longer depending  
on the order and volume.  
We appreciate your patience!*





Paninis  
& WRAPS

served with chips or celery and carrots

SUB REGULAR FRIES • TOTS +2.00 • SWEET POTATO FRIES +3.00

TURKEY AVOCADO

roasted turkey, bacon,  
lettuce, tomatoes, avocado,  
and ranch 14.95

BUFFALO CHICKEN

crispy or grilled chicken,  
buffalo sauce, cheddar cheese,  
and bleu cheese or ranch 14.95

GRILLED VEGGIE HUMMUS

squash, zucchini, peppers,  
onions, mushrooms, roasted red  
peppers, hummus, provolone,  
and balsamic 14.95

TURKEY CRAN-APPLE

roasted turkey, brie, spinach,  
granny smith apples,  
and cranberry vinaigrette  
dressing 14.95

CHICKEN BACON RANCH

grilled chicken, bacon,  
cheddar cheese,  
and ranch 14.95

CHICKEN PESTO

grilled chicken, fresh mozzarella,  
tomatoes, roasted red peppers,  
pesto, and balsamic 14.95



Sandwiches

white • wheat berry • multigrain bread • 100 cal. sandwich thin

served with a pickle • choice of chips or carrots and celery

SUB REGULAR FRIES • TOTS +2.00 • SWEET POTATO FRIES +3.00

AVOCADO TURKEY GRILLED CHEESE

roasted turkey, choice of cheese, bacon,  
avocado 14.95

TURKEY BLT

roasted turkey, bacon, lettuce and tomatoes 14.95  
ADD AVOCADO +1.00

CHICKEN CAESAR CLUB

grilled chicken, lettuce, tomatoes, bacon,  
with caesar dressing 14.95

TUNA

albacore tuna mixed with onions, celery, and  
mayo, topped with lettuce and tomatoes 14.95



Bowls

served over brown rice, basmati rice, or quinoa

ADD SHRIMP • SALMON • AHI TUNA • BEEF FILET TIPS 8.00  
OR SUB 4.00

HIGH PROTEIN

grilled chicken, sautéed  
mushrooms, tomatoes topped with  
hard boiled egg, feta, avocado,  
and our homemade balsamic  
glaze (50g protein!) 15.95

BUFFALO

grilled chicken, buffalo sauce,  
tomatoes, bleu cheese crumbles,  
cheddar, and ranch or bleu cheese  
drizzle 15.95

GRILLED VEG

peppers, onions, zucchini, squash,  
mushrooms, chickpeas, and  
balsamic glaze 15.25

HAC STIR FRY

grilled chicken, onions, peppers,  
carrots, celery, and broccoli;  
choose teriyaki, szechuan, soy, or  
sesame dressing 15.25

CHIPOTLE

grilled chicken, pico de gallo, corn,  
black beans, avocado, cheddar,  
and chipotle sauce 15.95

GREEK

grilled chicken, artichokes,  
kalamata olives, tomatoes,  
feta, roasted red peppers,  
and kale pesto 15.95

TRAINER'S

grilled chicken, blend of broccoli,  
carrots, yellow squash,  
and zucchini 15.25

BOURBON

blackened grilled chicken,  
stir fry veg, broccoli, cheddar, and  
bourbon sauce 15.50



Burgers

SUB REGULAR FRIES • TOTS +2.00 • SWEET POTATO FRIES +3.00

lettuce, tomatoes, and onions available upon request

SKIP THE BUN FOR A SIDE SALAD, CHOICE OF DRESSING +1.25

8oz. Certified Angus Burger served with chips and a  
pickle.

CLASSIC CHEESEBURGER

choice of cheese 14.95

BOURBON BACON

bacon, bourbon sauce, and choice of cheese 15.95

SOUTHWEST BURGER

avocado spread, pico de gallo, chipotle aioli, and  
choice of cheese 15.95

Specialty Burgers

CHIPOTLE BEAN BURGER

black bean and corn veggie burger, avocado spread,  
mushrooms, and choice of cheese 14.95

TURKEY BURGER

homemade turkey patty, avocado spread,  
and choice of cheese 15.75