



**American
Red Cross**

Babysitters' Training

with Child and Infant CPR and First Aid Training
at Hockessin Athletic Club

2-DAY FORMAT

For ages 11-15

\$125 per participant

You'll learn:

- how to supervise children and infants
- how to perform basic child-care skills such as diapering and feeding
- to be a safe responsible and successful babysitter
- the importance of being a leader and using the FIND decision-making model to make decisions and solve problems
- how to use the Babysitter's Self-Assessment Tool will help you learn about your babysitting skills, abilities and interests and will help you know which babysitting jobs are right for you.
- some basics of child development
- how to choose safe, age-appropriate games & toys
- how to handle bedtime and discipline issues
- how to identify safety hazards and prevent injuries
- how to communicate effectively with parents

In addition to the above babysitting skills, you will be certified in Child and Infant CPR and First Aid.

As part of this certification, you'll learn how to care for common first aid emergencies such as choking, burns, cuts and bee stings.

This babysitter's course is fun and fast-paced with hands-on activities, exciting videos, role-playing, and lively discussions. You'll gain the confidence to make smart decisions and stay safe in any babysitting situation.

At your Babysitter's Training class, you'll receive these excellent materials to help you be prepared and professional

- 1 Babysitter's Training Handbook
- 2 Babysitter's Training Emergency Reference Guide
- 3 Babysitter's Training CD-ROM

\$125.00 per participant.

All participants must bring a lunch and a water bottle. There will be a 30-minute break each day. Participants must also bring a doll or teddy bear. All participants must provide their own unique email address at the time of registration. Class requires a minimum of five paid attendees registered by 10 days prior to the class date.

Upon successful completion of this course you will receive a digital certificate for **Babysitters Training**. You also will receive certification for **Pediatric CPR, First Aid** valid for two years.

American Red Cross courses offer Digital Certification, an online version of a Red Cross certificate, which provides anytime, anywhere access to student training history and course certificates. Digital certificates can be viewed, printed or shared online and can be accessed anytime through your Red Cross Account. Each certificate includes a unique ID and a QR code which meets employment requirements and allows employers to easily confirm your certificate is valid. There is no need to carry your printed certificate around anymore!

Effective 1/1/2023



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