

YOUTH GROUP FITNESS

Policies & Procedures



Thank you for your interest in youth group fitness – we are excited to offer the opportunity for HAC children to exercise and have fun while hanging out with other kids who enjoy fitness.

For the safety and well-being of your children, please adhere to our policies and procedures.

The below policies and procedures apply to all Youth Group Fitness classes, including Kids Open Gym.

Registration

- Members are encouraged to sign up in the HAC App for all Youth Classes, but drops ins are also welcome.
- If there are no sign-ups within 12 hours of a class start time, the class may be canceled.

Drop Off and Pick Up

- Parents must pick up their child(ren) up at the end of class. Families who do not pick up their children on time will incur a \$20 fee per every 15 minutes.
- A parent/guardian must stay in the building while their child(ren) participate in classes.
- If a late pickup occurs more than once, management reserves the right to restrict your child from taking youth group fitness classes.

Behavioral Policy

We are excited to offer this safe space for your child(ren).

- If a child demonstrates any behavior that is unsafe for themselves or for other children who are participating, we will give the child a warning.
- If the behavior persists, we will contact the parent/guardian and have the child removed from the program for the duration.
- If this should continue into other youth group fitness programs, the child will not be able to come back for a period of time as decided by the HAC Management Team.

The below policies and procedures apply to the Kids Open Gym.

Kids Open Gym - Signing In

A parent/guardian over the age of 18 must sign-in their child(ren) in the gymnasium at the time of their drop-off. All parents/guardians **must stay in the building while their child(ren) participate in Kids Open Gym.**

- You will be required to leave your name, email address and cell-phone number at the time of drop off. Drop off will begin at 5:45pm.
- If you arrive prior to drop-off-time, please stay with your child until Kids Open Gym is officially open.
- If there is no parent/guardian to sign their child/ren in, the child/ren will be taken to childcare.

If someone other than the drop-off person is picking up the child, Open Gym staff must be made aware of this prior to the drop-off person leaving. We will also need the name and cell phone number of the person who is picking the child up. This person must be over 18.

Kids Open Gym - Signing Out

Parents/guardians must arrive no later than 7:15pm for pick-up.

- Parents/guardians must sign their child out to ensure that all children are accounted for.
- If a parent is not present at 7:15, a warning will be issued.
- If late pick up becomes a repeated issue, your child/ren will not be able to participate in Kids Open Gym for a month.

We are excited to offer the Kids Open Gym program to HAC members. Working together to ensure that all children are accounted for and safe is of utmost concern. Your child/ren will have fun, connect with other HAC children and enjoy working/playing while releasing in the care of HAC staff.

