

# SCHEDULE GUIDE



## 2026-27

— Season 56 —

*Every dancer needs a place to grow, perform, and belong.*



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# Season Calendar & Signature Productions

AT DANCE IT FORWARD

## Office Hours

Mon 4-8 pm  
Tues 4-8 pm  
Wed 4-8 pm  
Thr 4-8 pm  
Sat 10 am-1 pm

Summer Office  
Hours Vary  
See Calendar

## Welcome to our 56<sup>th</sup> Season

For 56 years, Dance It Forward has inspired dancers to grow in confidence, creativity, and connection through the joy of dance. Proudly recognized as York County's "Best of the Best" year after year, we are committed to creating a welcoming community where every dancer can thrive.

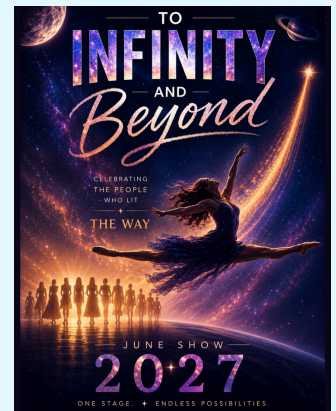
From first steps to professional stages around the world, our students have built a legacy of excellence. Join us and discover why generations of families have called Dance It Forward home—we're so excited you're here!



|                                                                     |                                      |
|---------------------------------------------------------------------|--------------------------------------|
| Summer Programs                                                     | June 15 to August 6, 2026            |
| The Hip Nut Auditions!                                              | August 6, 2026                       |
| Forward Force Competition Dance Team Auditions!                     | Saturday, August 15, 2026            |
| School Year Season Opening Day & Open House                         | August 22, 2026                      |
| Closed: Labor Day                                                   | September 3-7, 2026                  |
| Nutcracker Auditions!                                               | September 12, 2026                   |
| 1st Nutcracker Rehearsal (Mandatory)                                | September 19, 2026                   |
| Closed: Halloween                                                   | October 31, 2026                     |
| Closed: Thanksgiving Break                                          | November 23-29, 2026                 |
| Special Early Childhood Events                                      | December 8 & 9, 2026                 |
| Closed: Nutcracker Preparations                                     | December 7-12, 2026                  |
| Nutcracker Ballet & Hip Nut @ Appell Center for the Performing Arts | December 12-13, 2026                 |
| Closed: Holiday Break                                               | December 14, 2026 to January 3, 2027 |
| Closed: Spring Break                                                | March 22 - April 4, 2027             |
| All Classes Visitor's Week                                          | May 17-22, 2027                      |
| Closed: Memorial Day Break                                          | May 25-31, 2027                      |
| Last Day of Classes for the Season                                  | June 5, 2027                         |
| June Show Week Rehearsals                                           | June 7-13, 2027                      |
| June Show                                                           | June 12-13, 2027                     |

See the monthly newsletters and the Online Calendar for updates

## Signature Productions





# DANCE IT FORWARD

## PATHWAYS

BUILDING CONFIDENT, CREATIVE, AND  
PERFORMANCE-READY DANCERS

We are a ballet-based training conservatory dedicated to developing strong, versatile dancers. While our pre-professional division prepares students for advanced study and professional pathways, we also offer open classes and a dance competition team for those seeking additional stage or competition experience. Every program is built on a foundation of strong technical training and the love of dance.



### 1 HAPPY FEET ACADEMY AGES 1.5-7

Early Childhood classes that build confidence, creativity, coordination, and beginning technique through joyful experiences.



#### BALLET TRACK

- Discover Ballet 3-4
- Pre-Primary Ballet 4-6
- Primary Ballet 5-7

#### FUN WITH DANCE (FWD) TRACK

- Happy Feet Tots 1.5-3
- Happy Feet Combo 3-4
- Happy Feet Combo 4-5
- Happy Feet Combo 5-7
- Hip Hop Hooray! 4-7
- DanceMix Rotating Class 3-6
- Acro 3-5 & 5-7
- Aerial Adventures 4-7
- FWD Pom 4-7

### 2 OPEN CLASS PROGRAM AGES 7+

Classes for dancers seeking artistic growth technical training and leadership development.



#### THE SCHOOL OF BALLET

- Ballet
- Pointe
- Modern
- Contemporary
- Conditioning
- Variations
- Partnering
- Repertoire

#### ADULT

- Ballet
- Jazz
- Contemporary
- KickStars! Performers

#### THE SCHOOL OF COMMERCIAL DANCE

- Contemporary
- Hip Hop
- Tap
- Acro
- Musical Theatre/Jazz
- Pom Squad & Cheer
- ALL Boys Combo
- Aerial Arts

### 3 PERFORMANCE TRAINING OPPORTUNITIES

For serious dancers pursuing higher-level ballet training, artistry, discipline, and advanced performance opportunities.



#### PRE-PROFESSIONAL COMPANY GREATER YORK YOUTH BALLET

- Classical & Contemporary Ballet
- Solo Competition Opportunities

#### COMPETITION TEAM FORWARD FORCE DANCE TEAM

- Hip Hop
- Pom
- Contemporary



#### NON-COMPETING ENSEMBLES

- FORWARD COMPANY
- YOUTH ENSEMBLE
- HIP HOP CREW
- NHSDA ENSEMBLE



### 4 SIGNATURE PRODUCTIONS

Dance It Forward creates major productions to enhance both the dancer and the audience experiences.



Nutcracker Ballet

The Hip Nut

June Show





# Early Childhood Dance



Young children will learn to dance and grow as they develop their balance, coordination, and strength while sparking creativity and preparing for the big stage.

We offer each little dancer a relaxed, encouraging environment. The carefully crafted curriculum provides the best in dance education, igniting each child's own special magic. Every class nurtures confidence, making new friends, coordination and of course, solid dance beginnings. Our trained and experienced staff love what they do as they carry on the program after founder, Shana Garling.

The Happy Feet Academy INTRO TO BALLET classes are Ballet-focused classes, created to promote the enjoyment of ballet along with the love of beautiful classical music. Our FUN WITH DANCE Classes are just that - having fun and learning early childhood dance skills. Lessons are presented in a graduated format in a variety of styles from tap to hip hop, tumbling & acro to jazz and pom/cheer and more.

\$69/month

See Pricing Page for Performance Package Details. Full Schedule is on the last page.



Happy Feet students join our annual Performance Package, which includes:

- Participation in the June Show, A June Show costume to keep & the opportunity for eligible performing classes (indicated below) to sign up to perform in our December productions.

## Happy Feet Tots



### Happy Feet Tots Ages 1.5-3

- 30 minute dance class combining creative movement and pre-ballet beginnings for ages 1.5-3; Non-performing Class
- One parent/adult attends the class if the dancer is not ready to separate



### Discover Ballet Ages 3-4

- "Princess Pre-Ballet"...A playful and imaginative introduction to movement, rhythm, and basic ballet concepts
- Must be potty trained
- Begins the love of classical music
- Performs a Pre-Ballet dance in June Show



### Intro To Ballet

#### Pre-Primary Ballet Ages 4-6

- "Barbie Ballet"...A Pre-Primary Ballet class with special themes
- Introduces the student to a foundation for ballet as well as facilitating development for other athletic activities plus moving to classical music
- Sign-up for participation in the Nutcracker Ballet and/or The Hip Nut (separate rehearsal times from class)
- Performs a Pre-Ballet dance in the June Show



### Primary Ballet Ages 5-7

- Focus is on building skills & ballet etiquette;
- Ages 6-7 yr olds 2 classes/wk recommended
- Must have completed PRE-PRIMARY BALLET
- Sign-up for participation in the Nutcracker Ballet and/or The Hip Nut (separate rehearsal times from class)
- Performs a Ballet dance in the June Show



### Combo Ages 3-4

- Pre-school combo class Ballet, Tap, Jazz & Musical Theatre
- Must be potty trained
- Performs Pre-Ballet/Novelty or Tap Dance in June Show



### Combo Ages 4-5

- A fun class combining Ballet, Tap, Jazz & Musical Theatre
- Sign-up for participation in the Nutcracker Ballet and/or The Hip Nut (separate rehearsal times from class)
- Performs Tap or Jazz Dance in June Show



### Combo Ages 5-7

- A more structured class combining Ballet, Tap, Jazz & Musical Theatre
- Sign-up for participation in the Nutcracker Ballet and/or The Hip Nut (separate rehearsal times from class)
- Performs Musical Theatre Dance in June Show



## Pom Squad & Cheer

### Pom Squad & Cheer Ages 4-7

- A high-energy specialty class blending pom routines, dance team jazz, and cheer techniques Learn the latest Dance Team Styles
- Sign-up for participation in the Nutcracker Ballet and/or The Hip Nut (separate rehearsal times from class)
- Performs Pom Dance in June Show



## Forward Company

### Forward Company Ages 4-7

- 30 minute Rehearsal Class Added-on to any other Early Childhood Class
- Build performance skills in a variety of styles
- Sign-up for participation in the Nutcracker Ballet and/or The Hip Nut (separate rehearsal times from class)
- Performs in June Show plus special invitations at community performances



## Hip Hop Hooray!

### Hip Hop Hooray Ages 4-7

- Pop Jazz, KPop & Hip Hop was created for dancers who like fast and popular dancing
- Age-appropriate children's dance music; a fun way to learn new styles of Hip Hop & Pop Jazz
- Sign-up for participation in the Nutcracker Ballet and/or The Hip Nut (separate rehearsal times from class)
- Performs Hip Hop/Pop Jazz Dance in June Show



### Acro & Tumbling Ages 3-7

- Acro & Tumbling with champion gymnast, Kyla!
- Focus is on proper execution of acrobatic skills and tumbling while working to build flexibility, strength & conditioning



## Non-Performing Classes

### DanceMix Rotating Class Ages 3-6

- Recreational class for 3-6 yr olds who want to give dance a try but not yet commit to performing
- Dancers explore new styles—Jazz, Lyrical, Hip Hop & Pom-Cheer: Discover joy & Dance it all!



### Aerial Adventures Ages 4-7

- This thrilling class for of Early Childhood Aerial Arts builds on the advancement of interactive circuits, balance beam, and aerial silks. Open to all and boys especially enjoy this class



# Open Class Program

## School of Commercial Dance

### Performing Classes

TAP  
HIP HOP  
CONTEMPORARY  
ALL BOYS COMBO  
POM SQUAD & CHEER  
MUSICAL THEATRE & JAZZ

- COMMERCIAL DANCERS PERFORM in The Hip Nut: Mid-year performance celebrating student growth.
- June Show: End-of-season performance. We work towards the "end of season show" as an exciting goal.

### Performing Ensembles & Teams

FORWARD FORCE DANCE COMPETITION TEAM  
YOUTH ENSEMBLE  
NHSDA ENSEMBLE  
HIP HOP CREW



### Non-Performing Classes

ACRO  
AERIAL ARTS  
DANCEMIX ROTATING COMBO

*New to Dance?* Select Level 1 when you enroll.

## School of Ballet

BALLET POINTE VARIATIONS  
PARTNERING CONDITIONING REPERTOIRE

The School of Ballet at Dance It Forward sets the stage for the entire school. As an American Academy of Ballet Certified School, students receive the finest training from faculty who have specific knowledge of our syllabus, philosophy and legacy. It is both our privilege and our responsibility to joyfully pass on the ballet traditions of classical ballet in a relevant format. Students progress through levels based on mastery of skills. Under our guidance, students learn technique - repeating and refining movements until each becomes part of the body's muscle memory. Our programs have a proven record of success as our dancers are performing as professionals all over the world. Students use the professional atmosphere in which to grow. As they discover themselves and follow their dreams, they are assisted in making career choices whether it be to dance or to explore the many other opportunities available to them in college and beyond.

### Ballet Conservatory

The Ballet Conservatory is the highest level of training within the School of Ballet and is designed for serious dancers and students who are committed to excellence, discipline and artistry as members of the Greater York Youth Ballet.

- The Nutcracker Ballet: Mid-year performance celebrating student growth.
- June Show: End-of-season performance. We work towards this exciting goal.



- Get the greatest value out of your dance classes by taking private lessons and progress at an accelerated pace
- Work with a specially selected faculty member
- Focus on flexibility, technique, mindset and mentality, choreography or work on something specific that interests you
- Private lessons are available at various times throughout the week and on weekends. 30 & 60 minute time slots; semi-private options available
- Pre-pay to reserve your session
- 24 hr cancellation notice required.

## Adult Dance

### Classes & Performing

ADULT JAZZ  
ADULT BALLET  
ADULT CONTEMPORARY

KICKSTARS! ADULT DANCER PERFORMING GROUP

Adults...

Wear Anything Comfortable with Dance Shoes



Flexible  
Scheduling



Professional  
Faculty



Performance  
Opportunities

# Tuition Pricing

Annual Membership: \$50 for the first student and \$25 for each additional student in the family. This covers account set up, scheduling and member communications.

Season Tuition: School-year tuition is based on the complete August–June season and divided into 11 monthly installments. Installments are not payment for individual calendar months. Your enrollment remains active until a withdrawal request is submitted through the Parent Portal at least 30 days in advance. Nonattendance does not constitute withdrawal.

## HAPPY FEET EARLY CHILDHOOD ACADEMY (Ages 1.5-7)

Perfect for our youngest dancers as they build confidence, coordination, creativity, and a lifelong love of dance.

| Weekly Classes            | Monthly Tuition |
|---------------------------|-----------------|
| 1 performing class/week   | 69.00           |
| 2 performing classes/week | 124.40          |
| 3 classes/week            | 179.80          |

Performing Student Packages:

**Young Dancer** (Students in Discover Ballet 3-4 and Happy Feet Combo 3-4): \$125 per performing class due on 10/30.

**Happy Feet Academy Classes:** 2 installments of \$125 per performing class due on 10/30 & 1/29.

*Note: Mid-season enrollments will be charged on 1/29*

## OPEN CLASS PROGRAM (Ages 7-Adult)

Designed for dancers who want to explore ballet, jazz, hip hop, musical theatre, contemporary, acro, pom, aerial, and more through our School of Ballet and School of Commercial Dance. Most performing classes are 50 minutes.

*Note: Hip Hop is \$79/month and not discounted.*

| Weekly Training      | Monthly Tuition |
|----------------------|-----------------|
| Up to 1 class/week   | 75.00           |
| Up to 2 classes/week | 135.00          |
| Up to 3 classes/week | 195.00          |

Performing Student Packages:

2 installments of \$125 per performing class due on 10/30 & 1/29

*Note: Mid-season enrollments will be charged on 1/29*

INTERESTED IN JOINING COMPANY? Ask about the special discount pricing & schedules.

### NEXT STEP IN YOUR JOURNEY?

Performance Training Company Memberships

- **Greater York Youth Ballet**
- **Forward Force Competition Team**
- **Youth Ensemble**
- **NHSDA Ensemble**
- **Hip Hop Crew**

### QUESTIONS?

Our staff is happy to help you choose the dance experience that best fits your dancer's goals. As dancers grow, they can easily move into the membership that matches their training commitment.

### PROMOS & INCENTIVES

- FREE Pom Poms to Pom Squad & Cheer Classes
- FREE DANCE BAG to Early Childhood Students  
*Pick up at the front desk at your first class*
- FREE Class Trials
- Family/Multi-class Discount
- REFERRAL REWARDS \$25 account credit for each referral you send us who joins!

### OPTIONAL FUNDRAISERS

- The Parents Committee makes available individual fundraisers for students to earn credits towards trips, dues, and other dance expenses. Everyone works together to raise funds for the annual trophy awards.
- Details are included in our monthly newsletters.

*Note: There is a \$2 monthly administrative fee • Credit card processing surcharge: 2.59% • Returned payment fee: \$25 • Late payments: \$20 fee*



# Performing Companies

AT DANCE IT FORWARD

## Performance Training Opportunities



Pre-Professional  
Division

GREATER YORK  
YOUTH BALLET



### PRE-PROFESSIONAL TRAINING DIVISION GREATER YORK YOUTH BALLET

Advanced training pathway. Placement by evaluation.  
Classical & Contemporary Ballet Performances  
Solo Competition Options  
Includes Ballet, Conditioning, Pre-Pointe/Pointe;  
Contemporary; Repertoire.



Competition  
Team

FORWARD FORCE  
DANCE TEAM

### FORWARD FORCE COMPETITION DANCE TEAM

Training pathways for the progressive & pre-  
professional dancer. Placement by audition.  
Compete Hip Hop, Pom, Contemporary Styles  
Ballet & Commercial Styles & Rehearsals



Adults &  
Kickstars!

➔ Adult Classes  
➔ Kickstars!

### KICKSTARS! ADULT DANCE CO



Open Classes Program Ages 7-20

The School of Ballet

The School of Commercial Dance

### NON-COMPETING ENSEMBLES

Performance Training for a variety of ages.  
Placement by choice.

NHSDA ENSEMBLE  
YOUTH ENSEMBLE  
HIP HOP CREW



Ages 1.5-7

Classes with a Ballet Track

Combo Classes for A Fun With Dance approach

### FORWARD COMPANY AGES 4-7

Dance Company for our youngest dancers

*Let us perform for you!*

Have an event that needs a show? A dance? A flash mob? Arrange for a Dance It Forward performance!



DANCE *it* FORWARD



# Dance It Forward — 2026–27 School Year Schedule

August 22, 2026 - June 13, 2027

8.5

| DAY              | Studio A                                                                                                                                                                                                                                          | Studio B                                                                                                                                                                                                                                                                                     | Studio C                                                                                                                                                                                                                                                               | Studio D                                                                                                                                                                                                                                    |
|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>MONDAY</b>    | GYYB CO Class & Rehearsal TBA<br>4:30–TBA • Pastelle<br>**See Calendar Each Week for exact sche                                                                                                                                                   | <b>Acro Ages 3–5</b><br>4:30–5:00 • Kyla<br><b>Acro Ages 5–7</b><br>5:15–5:45 • Kyla<br><b>Acro Levels 1/2</b><br>5:45–6:30 • Kyla<br><b>Acro Levels 3/4</b><br>6:30–7:15 • Kyla<br><b>Acro Levels 5/6</b><br>7:30–8:15 • Kyla<br><b>NHSDA</b><br>8:15–9:00 • Sarah                          | <b>Discover Ballet Ages 3–4</b><br>5:15–5:45 • Ellie<br><b>Pre-Primary Ballet Ages 4–6</b><br>5:45–6:30 • Ellie<br><b>Primary Ballet Ages 5–7</b><br>6:30–7:15 • Ellie<br><b>Ballet Levels 1/2</b><br>7:15–8 • Ellie<br><b>YOUTH ENSEMBLE</b><br>8:30 • Ellie/Pastelle | <b>Happy Feet Combo Ages 4–5</b><br>5:00–5:45 • Alyson<br><b>Hip Hop Hooray! Ages 4–7</b><br>5:45–6:30 • Alyson<br><b>DanceMix Rotating Ages 3–6</b><br>6:30–7:15 • Alyson<br><b>DanceMix Rotating Ages 7+</b><br>7:15–8:00 • Alyson        |
| <b>TUESDAY</b>   | <b>Ballet/Pre-Pointe Levels 3/4</b><br>4:30–6:00 • Pastelle<br><b>Ballet Rehearsal Levels 3/4</b><br>6:00–7:15 • Pastelle<br><b>Ballet/Pointe/Reh Levels 5/6</b><br>7:30–9:00 • Pastelle                                                          | <b>Contemporary Levels 5/6</b><br>4:30–5:20 • Samantha<br><b>Pom Squad &amp; Cheer Levels 5/6</b><br>5:20–6:05 • Samantha<br><b>Hip Hop Levels 1/2</b><br>6:15–7 • Samantha<br><b>Competition Team Reh</b><br>7:05–7:45 • Samantha<br><b>Contemporary Levels 3/4</b><br>7:45–8:35 • Samantha | <b>Ballet Levels 1/2</b><br>4:40–5:25 • Erin<br><b>Contemporary Levels 1/2</b><br>5:25–6:15 • Erin<br><b>Sr Musical Theatre/Jazz</b><br>6:15–7:05 • Erin<br><b>Kickstars! Performers (Adults)</b><br>7:05–7:50 • Erin<br><b>Adult Ballet</b><br>7:50–8:45 • Erin       | <b>Hip Hop Hooray! Ages 4–7</b><br>4:45–5:30 • Emily<br><b>Happy Feet Tots Ages 1.5–3</b><br>5:30–6:00 • Emily<br><b>Happy Feet Combo Ages 3–4</b><br>6:00–6:45 • Emily<br><b>Early Childhood Hip Nut Reh</b><br>6:45–7:15 • DIF Instructor |
| <b>WEDNESDAY</b> | <b>Ballet Levels 5/6</b><br>4:30–6:00 • Erika<br><b>Ballet Levels 3/4</b><br>6:15–7:45 • Erika<br><b>Modern Levels 4/5/6</b><br>7:45–8:30 • Erika                                                                                                 | <b>Boys Dance Combo Ages 6+</b><br>4:45–5:30 • Kam<br><b>Hip Hop Levels 3/4</b><br>5:30–6:15 • Kam<br><b>Hip Hop Levels 5/6</b><br>6:15–7:00 • Kam<br><b>Sr Crew Reh</b><br>7:00–7:45 • Kam<br><b>Jr Crew Reh</b><br>7:45–8:30 • Kam                                                         | <b>Jr Musical Theatre/Jazz</b><br>4:40–5:30 • Erin<br><b>Hip Hop Hooray! Ages 4–7</b><br>5:30–6:15 • Erin<br><b>Happy Feet Combo Ages 5–7</b><br>6:15–7:00 • Emma<br><b>Adult Jazz</b><br>7:00–7:45 • Erin<br><b>Adult Contemporary</b><br>7:45–8:30 • Erin            | <b>Happy Feet Tots Ages 1.5–3</b><br>5:00–5:30 • Kyla<br><b>Happy Feet Combo Ages 3–4</b><br>5:30–6:15 • Kyla<br><b>Happy Feet Combo Ages 4–5</b><br>6:15–7:00 • Kyla/Emma                                                                  |
| <b>THURSDAY</b>  | <b>Ballet Levels 2–4 + Teen</b><br>4:45–5:45 • Pastelle/Ellie<br><b>Ballet Levels 1/2</b><br>5:45–6:45 • Pastelle/Ellie<br><b>Ballet Variations Levels 1/2</b><br>6:45–7:15 • Pastelle/Ellie<br><b>GYYB Rehearsal TBA</b><br>7:15–8:45 • Pastelle | <b>Ballet Levels 3/4</b><br>4:45–6:15 • Re<br><b>Ballet Levels 5/6 + Pointe</b><br>6:15–8:00 • Re<br><b>GYYB Rehearsal Levels 5/6</b><br>8:00–9:00 • Re                                                                                                                                      | <b>Aerial Arts Levels 1/2</b><br>5:00–5:45 • Chad<br><b>Aerial Adventures 4–7</b><br>5:45–6:15 • Chad<br><b>Aerial Arts Levels 3/4</b><br>6:15–7:00 • Chad<br><b>Pom Squad &amp; Cheer Levels 3/4</b><br>7:20–8:10 • Holly                                             | <b>Pre-Primary Ballet Ages 4–6</b><br>4:30–5:15 • Ellie<br><b>Pom Squad &amp; Cheer 4–7</b><br>5:15–6:00 • Holly<br><b>Forward Company Ages 4–7</b><br>6:00–6:30 • Holly<br><b>Pom Squad &amp; Cheer Levels 1/2</b><br>6:30–7:20 • Holly    |
| <b>SATURDAY</b>  | <b>Company Class/Reh TBA</b><br>1:00–4:00 • Pastelle<br><b>NHSDA Reh</b><br>TBA                                                                                                                                                                   | <b>Ballet Levels 1/2, Ages 7+</b><br>11:00–12:00 • Hannah<br><b>Company Conditioning</b><br>12:00–12:30 • Hannah                                                                                                                                                                             | <b>Aerial Arts Levels 1/2</b><br>10:00–10:45 • Chad<br><b>Aerial Arts Levels 5/6</b><br>10:45–11:30 • Chad                                                                                                                                                             | <b>Happy Feet Combo Ages 3–4</b><br>9:30–10:15 • Hannah/Emma<br><b>Happy Feet Combo Ages 5–7</b><br>10:15–11:00 • Hannah<br><b>Early Childhood Nutcracker Reh</b><br>11:15–11:45 • Emma                                                     |

BALLET

HAPPY FEET EARLY CHILDHOOD

COMMERCIAL

ADULT

COMPANY

