



BRAVE SPACE

MENTAL HEALTH COMMUNITY



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1. INTRODUCTION

The demand for accessible, professional, and affordable counselling spaces continues to grow, particularly for **independent social workers and psychologists** who require flexible facilities without the financial burden of setting up their own offices.

Brave Africa Foundation proposes to establish a **Shared Counselling Facility at Parktown Quarter** in Parktown North, providing private rooms for hire, supported by an **administrative assistant**.

This initiative not only benefits practitioners but also strengthens Brave Africa Foundation's mission of **holistic youth and community development**.



2. THE OPPORTUNITY

Many independent practitioners struggle with managing administration, bookings, and client flow while providing quality mental health services.

This facility will offer:

- Private counselling rooms for hire
- Shared administrative support funded partly through Services SETA stipends

A collaborative, supportive environment for mental health professionals



3. WHAT WE'RE OFFERING

Private Counselling Rooms

- Available hourly, daily, or monthly
- Soundproof, comfortable, and client-ready

Shared Administrative Support

- Reception, scheduling, and client intake covered
- Admin funded through Services SETA stipends, reducing operational costs for practitioners

Community of Practitioners

- Network with like-minded professionals
- Access to Brave Africa Foundation's broader community initiatives



4. COSTS

We've designed our pricing to be flexible and tailored to different levels of support.

Basic Space Rental – Starting Price

- **Hourly Rate:** R200 per session – perfect for sessional bookings
- **Daily Rate:** R1,000 per day (8 hours) – ideal for intensive client days
- **Monthly Rate:** R6,500
- Includes:
 - Use of a private counselling room
 - Dedicated admin presence for basic tasks:
 - Receptionist greets clients
 - Notifies the psychologist when the next client arrives
 - Wi-Fi, electricity, water, coffee, tea, and access to client waiting area
- **Note:** This package does not include medical aid claims management or full administrative services.



Full Administrative Support (Optional Add-On)

- **Additional Monthly Cost:** Starting at **R1,500**, up to **R3,500** depending on workload and number of clients
- **Includes all basic space rental benefits plus:**
 - Scheduling and client follow-ups
 - Full medical aid claims management
 - Submission of claims using software such as NetPractice
 - Monitoring claim status and addressing rejections
 - Correspondence with medical aids and follow-up with psychologists as needed
 - Handling phone inquiries and appointments
- **Recommendation:** Ideal for psychologists who want a “hands-off” experience for all administrative and claims-related tasks.



5. AMENITIES

All practitioners enjoy a range of inclusive amenities designed for comfort and convenience:

- Free Wi-Fi
- Complimentary coffee, tea, and water
- Reception and administrative assistance
- Client waiting area
- Backup power supply to ensure uninterrupted sessions
- Priority access to rooms
- **Convenient location amenities:** coffee shops, restaurants, Woolworths Food, and Clicks pharmacies within Parktown Quarter





6. BENEFITS FOR PRACTITIONERS

- Focus on your clients — we handle the admin
- Pay only for the time/space you need
- Professional, central location for your practice
- Affordable compared to private offices
- Be part of a collaborative ecosystem
- Reliable sessions with backup power for peace of mind

7. WHY BRAVE AFRICA?

Brave Africa Foundation is committed to mental health, youth empowerment, and community resilience. By hosting this shared facility, we:

- Provide affordable solutions for professionals
- Create admin internships funded by Services SETA, empowering youth
- Sustain our mission through collaborative use of space
- Ensure uninterrupted services with backup power systems



CONTACT US

We are now inviting social workers and psychologists to register their interest in joining this initiative. Spaces will be limited to ensure high-quality facilities and administrative support.

Want to learn more or secure your spot?
Contact us at: neo@braveafrica.org

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