



Hess Optometric Associates

Gary R. Hess, O.D.

hesseyecare.com

## Medical History

Name \_\_\_\_\_ SS# \_XXXX\_ - \_XX\_ - \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ Phone: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Cell: \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: Male/ Female Email: \_\_\_\_\_

Check appropriate box: ☐ Minor ☐ Single ☐ Married ☐ Divorced ☐ Widowed ☐ Separated

Employer/ Occupation: \_\_\_\_\_ Work Phone: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

If a student, name of school / college / year \_\_\_\_\_

Whom may we thank for referring you? \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Location: \_\_\_\_\_ Last Visit: \_\_\_\_\_

Do you currently wear glasses? ☐ Yes ☐ No If Yes, ☐ Single Vision ☐ Bifocals ☐ Magnifiers  
☐ Progressive lenses ☐ Safety ☐ Sports

Do you wear contact lenses? ☐ Yes ☐ No If yes, what type of contacts \_\_\_\_\_

Reason for today's appointment: \_\_\_\_\_ Last Eye Exam \_\_\_\_\_

Are you interested in (check all that apply): ☐ eyeglasses ☐ contact lenses ☐ laser vision correction

In case of Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**Review of Systemic Health:** Please check any problems you are currently having or you have had recent problems with:

Systemic Health	Yes	No		Yes	No
Endocrine Problems (Thyroid Disease)			Musculoskeletal Problems (Arthritis, joint pain)		
Respiratory (Shortness of breath, cough, etc.)			Neurological (Numbness, weakness, paralysis)		
Heart (chest pain, irregular heartbeat)			Psychiatric Problems (Depression, anxiety)		
Ears, Nose, Throat (hearing loss, <b>Sinus</b> or sore throat)			Urinary Tract (Pain, discomfort, bowel movements)		
Chronic fever, weight gain, weight loss			Digestion Problems/ Abdominal Pain		
Hematologic/Lymphatic (Anemia, Breast cancer)			Genitourinary (Prostate or Ovarian cancer)		

Systemic Health	Yes	No	Please Circle, if yes	Diagnosis date,	Last reading
Diabetes			Controlled, Fluctuating, Uncontrolled	/ /	
High Blood Pressure			Controlled, Fluctuating, Uncontrolled	/ /	
Cholesterol			Controlled, Fluctuating, Uncontrolled	/ /	

Are you pregnant and/or nursing? ☐ Yes ☐ No

EYE HISTORY	Yes	No		Yes	No		Yes	No
Sandy or Gritty			Glaucoma			Loss of Side Vision		
Itching			Cataracts			Double Vision		
Burning			Macular Degeneration			Dryness		
Foreign Body Sensation			Fluctuating Vision			Mucous Discharge		
Excess Tearing			Drooping Eyelid			Redness		
Glare/ Light Sensitivity			Flashes of Light			Lazy / Crossed Eye		
Pain or Soreness			Floater or Spots			Poor Night Vision		
Loss of Vision			Blurred Vision with Glasses			Color Blindness		
Blurred Distance Vision			Blurred Near Vision			Eye Infections		
History of Eye Surgery			Headaches			Other		

Family History	Yes	No	If yes, relationship to you?	Social History, Do you	Yes	No	How much/ often
Amblyopia (Lazy Eye)				Use alcohol?			
Glaucoma				Use tobacco products?			
Retinal Detachment				Use narcotics?			
Macular Degeneration							
Blindness or Vision Loss							

*\*\*All information is kept strictly confidential.*

Medications: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Current Eye Drops or Eye Vitamins: \_\_\_\_\_

Allergies: Medications and Seasonal: \_\_\_\_\_

\_\_\_\_\_

#### AUTHORIZATION & RELEASE

I authorize release of any information concerning my (or my child's) health care, advice and treatment provided for the purpose of evaluating and administering claims for insurance benefits. I also hereby authorize payment of insurance benefits otherwise payable to me directly to the doctor.

● X \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Gary R Hess \_\_\_\_

■ X \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Gary R Hess \_\_\_\_

◆ X \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Gary R Hess \_\_\_\_