



How do you become part of our dance family?

- Check us out online!
- Email/call Miss Lisa with questions
- Decide on your style of dance or participate in a trial class!
- Print or fill out your registration and send it in!

It's as easy as that! We are beginning our 27th season and hope that you will be a part of our success!

Please join us for our 2026-2027 season

Take advantage of our combination classes, family/multiple class discounts, friend referral and so much more!

Miss Lisa, Miss Meghan and Miss Mikki look forward to meeting you and your dancer while creating memories to last a lifetime!



Where Friendships and Smiles Begin!

CFDA II

About Us

CFDA II is located in the heart of Winsted and have been proudly here since September 2000. We are a dance studio that takes pride not only in providing a quality dance education to your child but instilling in them strength, discipline, confidence, teamwork and respect while in a safe and fun environment.

Our staff is trained and focused on making your child feel like he/she is the special and unique individual you already know they are.

We believe that dance can teach our young children of today the skills and confidence that they need to be the successful and productive adults of tomorrow. This is our dream... come make our dream your reality!



Where Every Child Is A Star

74 Park Place Winsted CT

Cfda2.com ~ 860-379-9755
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Lisa Cormier – owner/director/instructor

Miss Lisa has been teaching dance for over 30 years and continues to learn more every year through master classes and seminars. As a young dancer she competed regionally and nationally winning many awards, titles and championships. Today it's her choreography that is winning all of the awards!

Miss Lisa resides in Sandisfield, MA with her husband and family. Her passion and love for dance have made the studio a second home for many dancers over the years. She loves sharing that love and passion while watching her students grow into successful and confident young adults.

Miss Lisa is proud of all of her students, past and present. Some students have gone on to dance in college and teach classes of their own, many have credited the studio to helping them have the confidence and drive to go after their dreams! Some are even now starting the enroll their own children for the CFDA II experience! No matter what level of dance you participate in, your experience with CFDA II will always be with you, wherever you go!

Miss Lisa is proud to provide a safe and fun environment for her students. A carefree and loving place for children to dance, laugh and make friendships that will last a lifetime!

"I would like to invite you to join us and give our studio a try! We will teach your dancer to have confidence, creativity, respect trust and courage. These are traits that will be used in every aspect of their daily lives for their lifetime. We truly love every student that enters our studio. Every dancer is special and will always be a part of our CFDA II family! CFDA II is proud to be a part of the Winsted community and look forward to being here for years to come. I hope you consider joining our family!"

Who should dance at CFDA II?

EVERYONE!

Our dancers range in ages from 2 ½ through adults! We have girls and boys! Check out our schedule on our website for more details! If you do not see what you are looking for ask! We love to expand our curriculum to make our dancers happy and help build our community!

"Dance teaches your child self-discipline, respect for others and builds up their self-confidence. More important, it is fun! I chose CFDA II because of its stellar reputation, professionalism and instructors. My great-niece started ballet and tap at CFDA II when she was about to turn three and will be entering her seventh year this fall! Instructors Miss Lisa and her instructors provide a fun and rewarding dance experience. Their dedication to their students and their hard work shines when you watch the phenomenal recital they put on. Miss Lisa treats every student with love and respect. It is like belonging to a great big family. I would encourage every parent to send their child to CFDA II."

~ Marie Kamens ~

Visit our website for all studio information, our fall schedule and more details. Discounts are available for families and multiple classes. CFDA II is an equal opportunity and shows no prejudice to any family for any reason. We believe that all children should have this opportunity!



CFDA II offers classes in ballet, jazz, acrobatics, hip-hop and tap. Our preschool program begins at the age of 2 ½ and covers ballet, tap, tumbling and creative movement.

Our studio is committed to giving your dancer a fun & positive atmosphere where they can learn dance skills, make forever friends and gain confidence in themselves while growing their self-esteem.

Our classes meet once a week for recreational dancers. Most classes are arranged by ages making it convenient for children to take multiple classes on the same day! Our recreational classes are a great way to give your child a fantastic dance experience without a huge commitment of time and cost.

A competition team is available for the more serious dancer. These teams will attend regional competitions and master classes. Please see Miss Lisa for more details if interested.

We always conclude our dance season with a recital held locally, even during a pandemic we pulled off a show! All dancers participate in a low-stress production, wearing professional costumes that you keep as they perform like the shining, bright individual stars they all are!

