

General Catechist Facilitation Framework

Liturgy and Life • One Hour Monday Evening Lesson Plan

Use the following framework to facilitate your catechetical session. Please print the Liturgy & Life Handouts for the week and access the Primary and Secondary Catholic Updates for the week. Familiarize yourself with the assigned weekly theme, Catholic Updates, discussion questions, weekly practices, Holy Habit, closing prayer, and following week's resources.

0–5 minutes

Welcome and Prayer Intentions

Catechist's Role Welcome participants from the approximately twelve parishes. Name the week's theme and both Catholic Updates. Give everyone two minutes to type one specific prayer intention in the chat.

Participant Response Open the materials and place one intention in the chat.

5–10 minutes

Liturgical Thread and Opening Prayer

Catechist's Role Read the Liturgical Thread and theme **from the Homilist Handout**. Use them only to **establish the setting**; **do not break open the readings**. Lead an **opening prayer** and **include the chat intentions**.

Participant Response Listen for the theme connecting the Updates with the week.

10–25 minutes

Teach the Primary Catholic Update

Catechist's Role Present the **primary Update's central teaching and key points** in its own order. Explain **important terms**, use one or two **examples** from the text, and **show how the material develops the week's theme**.

Participant Response Mark important ideas and note questions for clarification.

25–29 minutes

Whole Group Dialogue

Catechist's Role Ask one **focused question** about the primary Update. Receive three or four **responses**, **clarify misunderstandings**, **summarize** the central point, and move to the **secondary Update**.

Participant Response Respond briefly and hear how others understand the Update.

29–44 minutes	Teach the Secondary Catholic Update
Catechist’s Role Present the secondary Update’s summary and key points. Explain how it complements, deepens, or applies the primary Update. Use the author’s headings and examples; keep the assigned Update as the teaching text. Participant Response Identify how the two Updates and the week’s theme connect.	
44–52 minutes	Application Dialogue
Catechist’s Role Ask one practical question about the secondary Update or the relationship between both Updates. Use whole group dialogue or breakout rooms of four to six. Ask each breakout group to return with one insight. Participant Response Apply the teaching while respecting privacy and the right to pass.	
52–58 minutes	Synthesis and Weekly Practice
Catechist’s Role Summarize both Updates in two or three sentences. Review one or two practical items from the Candidate or Catechumen Handout and the Holy Habit. Invite one practice and one question for the parish and sponsor conversations. Participant Response Choose one practice and retain one question for the week.	
58–60 minutes	Closing Prayer and Handoff
Catechist’s Role Read the Prayer for the Week and lift up the chat intentions. Remind participants to connect with their sponsors. Identify the Catholic Updates assigned for the following Monday. Participant Response Pray, receive the handoff, and note next week’s Updates.	