Hamburger Noodle Casserole

Ingredients

1 lb. hamburger

15 oz. can or jar tomato sauce

1 medium chopped onion

1 cup of green pepper

1-cup cottage cheese

1-cup sour cream

12oz. egg noodles

2 cups Shredded Monterey Jack Cheese

Directions

1. Combine the hamburger, green pepper and onion and sauté until meat is cooked. Salt and pepper to taste. Add tomato sauce and simmer for 20 minutes.

2. Cook noodles according to package directions.

3. In another bowl combine the sour cream and cottage cheese.

4. Blend cottage cheese and sour cream mixture with the cooked noodles. Salt and pepper to taste.

5. In a lightly greased aluminum pan spread the hamburger mixture. Next, layer the noodle mixture. Top casserole with shredded Monterey jack cheese.

6. Bake at 350 degrees for 20 minutes or until thoroughly heated.

NOTE: Please freeze the casserole, cover with aluminum foil, date and label

St. Andrew's- "Hamburger Noodle Casserole."