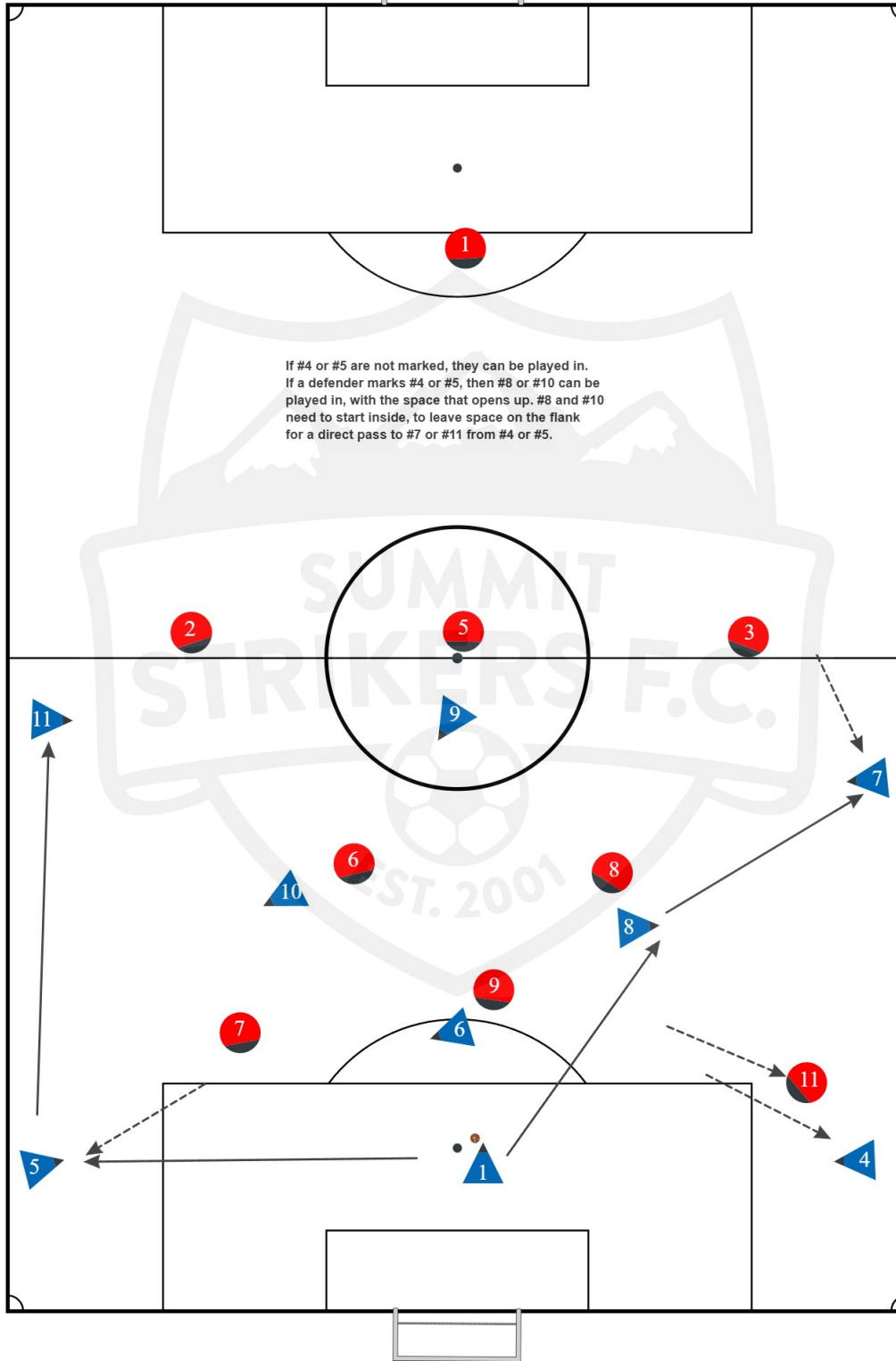
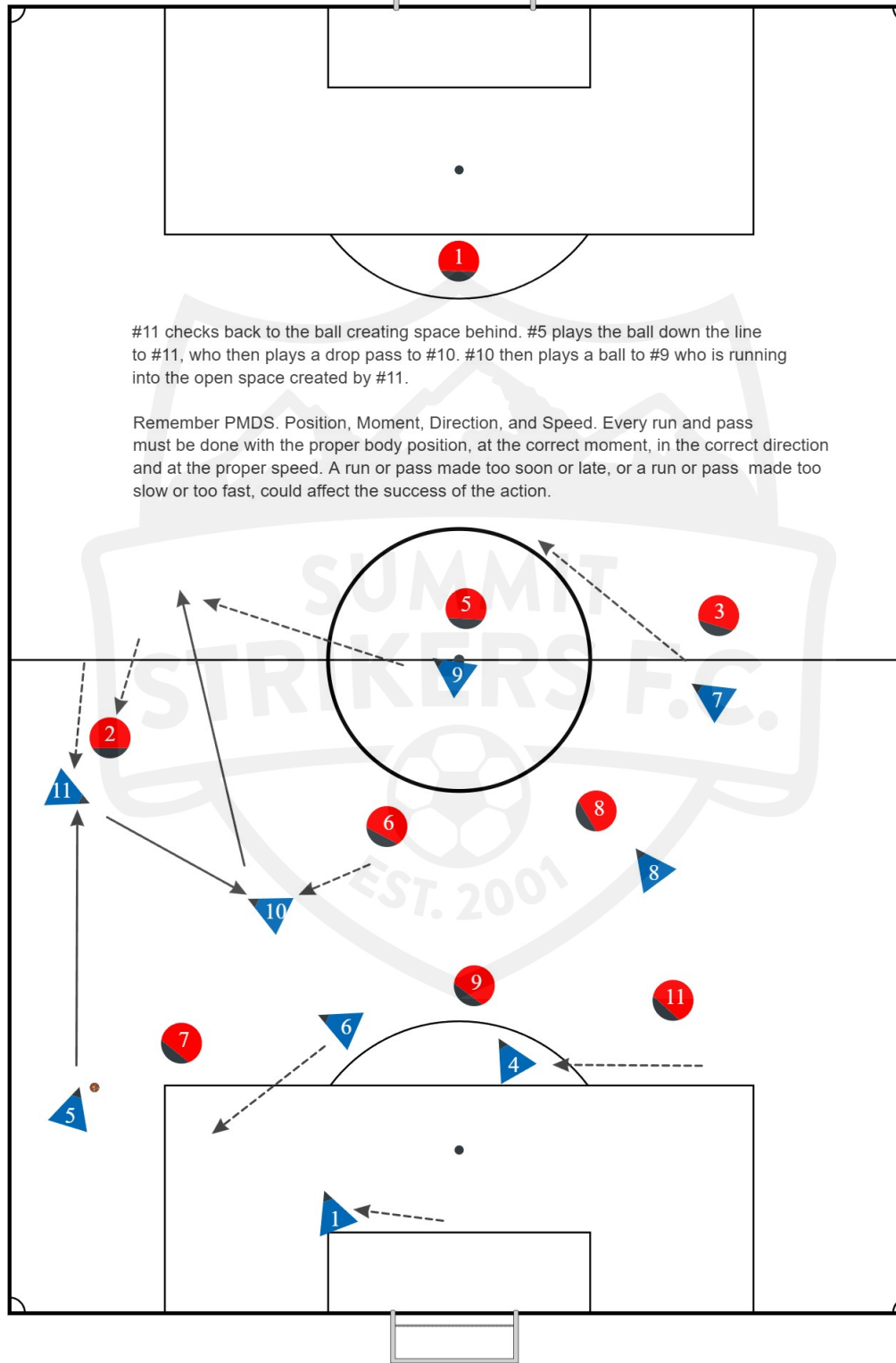




9v9 Possession GK Own Third, ball in hand.

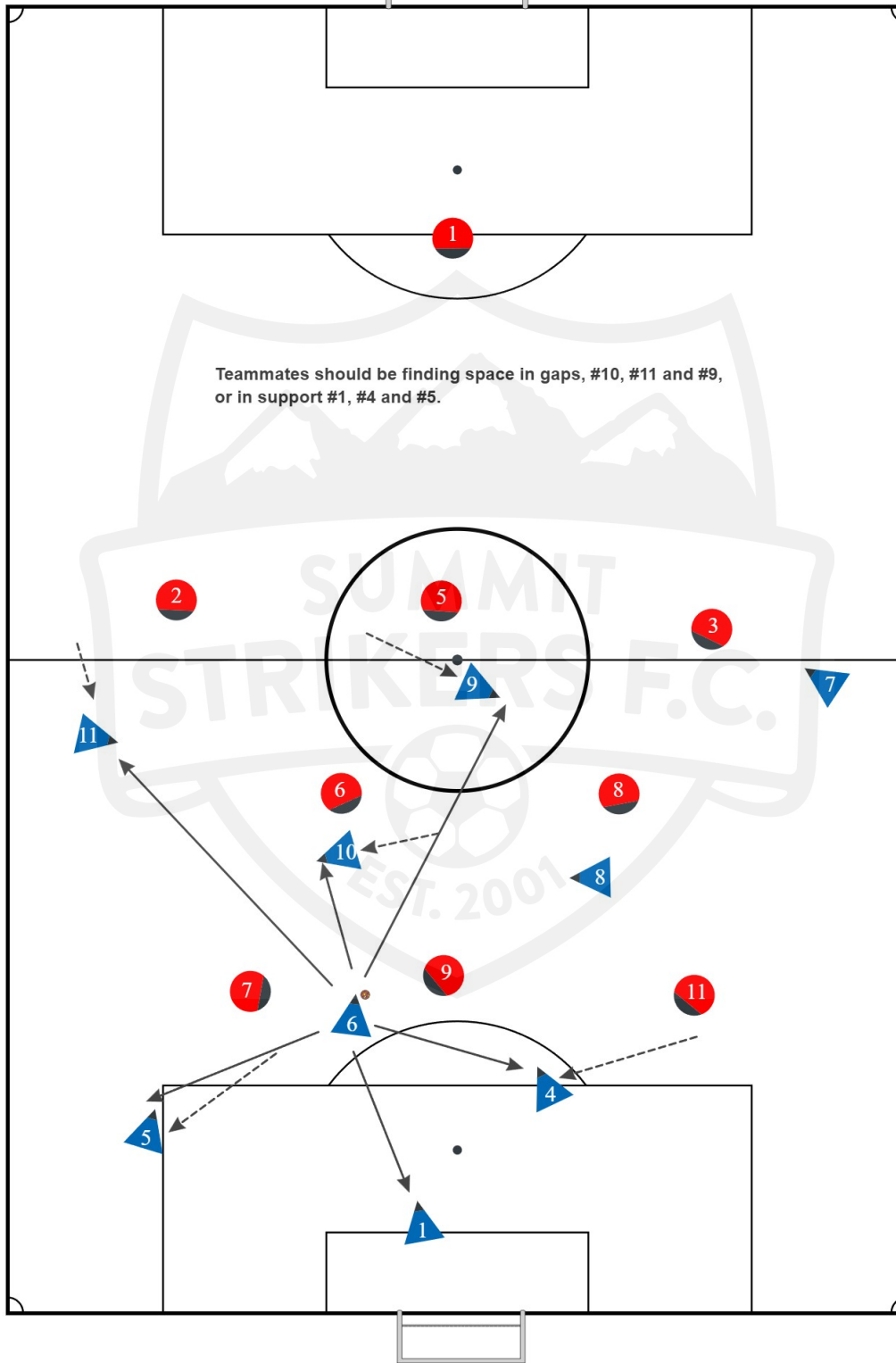


9v9 Possession Defensive Third, #4 or #5



#11 checks back to the ball creating space behind. #5 plays the ball down the line to #11, who then plays a drop pass to #10. #10 then plays a ball to #9 who is running into the open space created by #11.

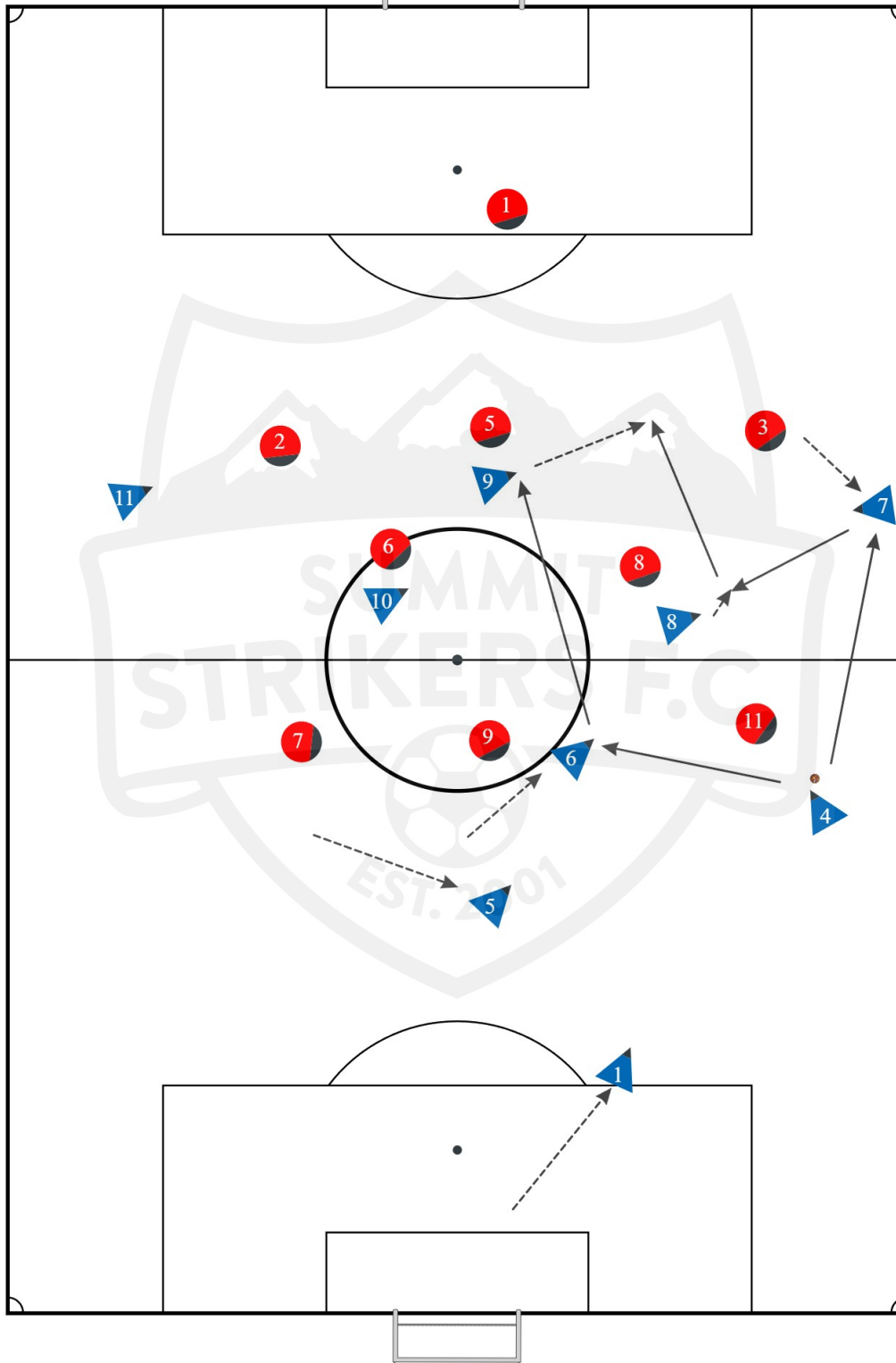
Remember PMDS. Position, Moment, Direction, and Speed. Every run and pass must be done with the proper body position, at the correct moment, in the correct direction and at the proper speed. A run or pass made too soon or late, or a run or pass made too slow or too fast, could affect the success of the action.



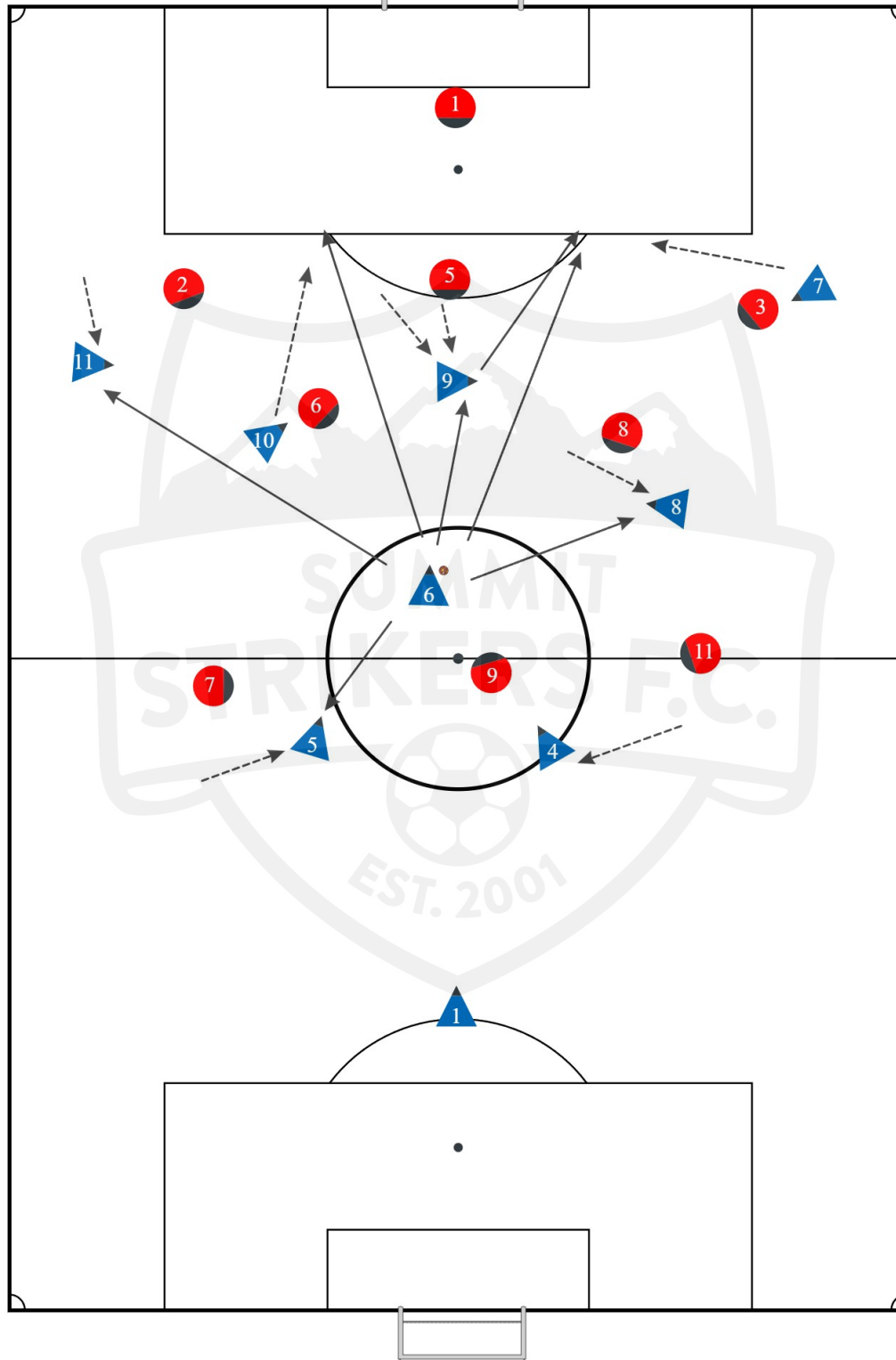
Teammates should be finding space in gaps, #10, #11 and #9, or in support #1, #4 and #5.

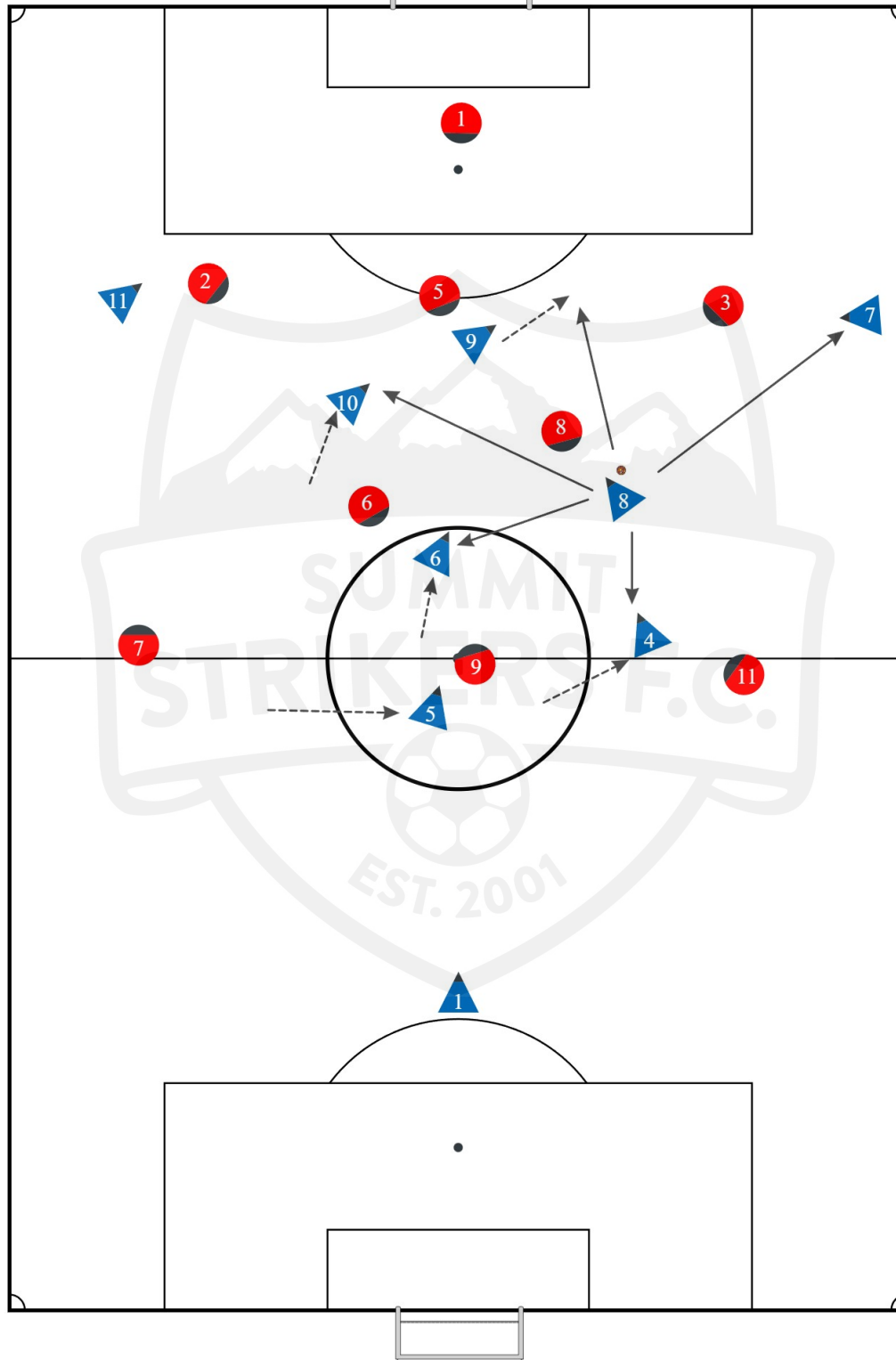
9v9 Possession Middle Third, #4 or #5

#1 and #5 give support behind the ball, #6 stays central to find space.  
#7 checks to the ball, while #8 and #9 anticipate the next pass.

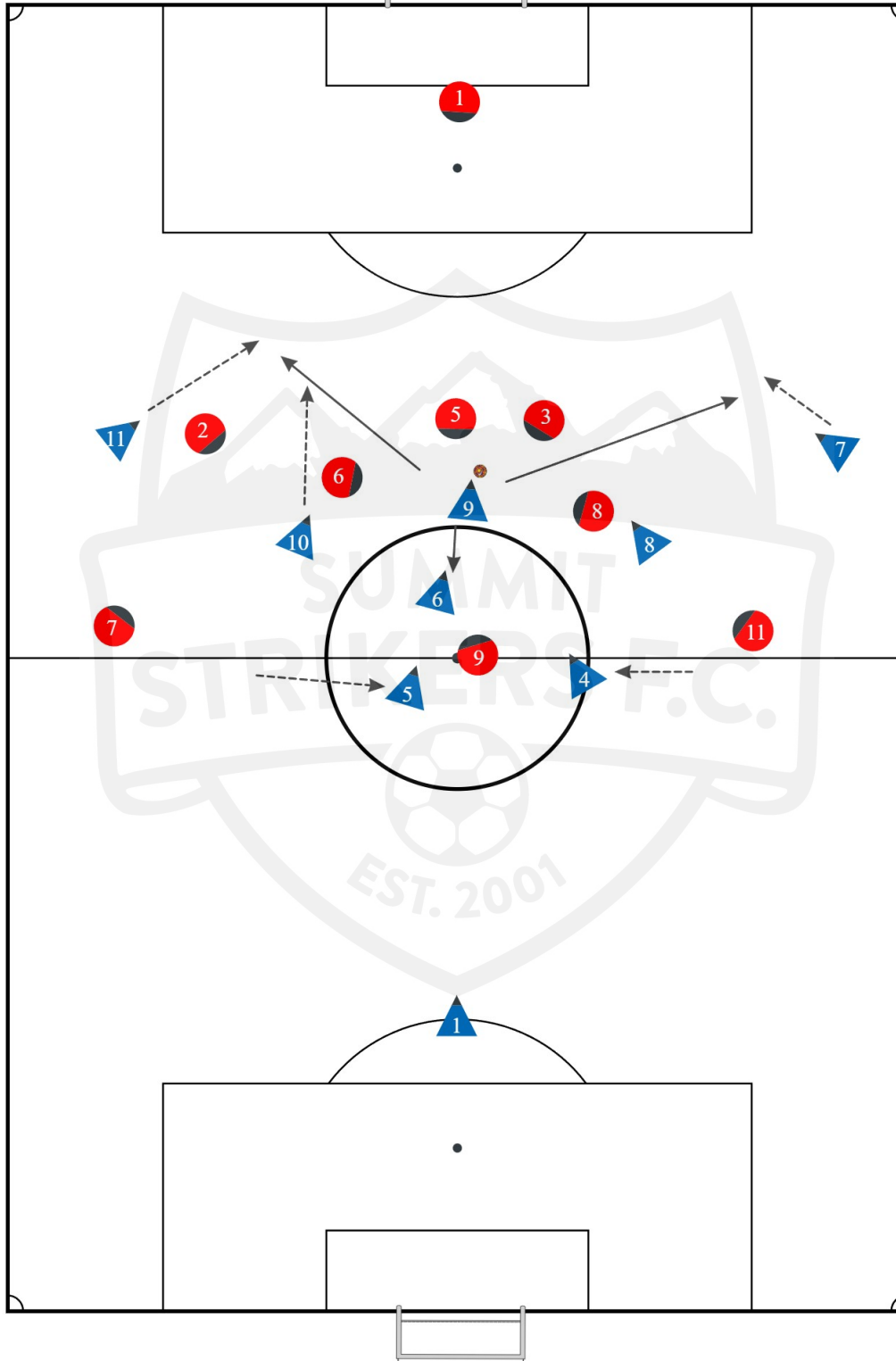


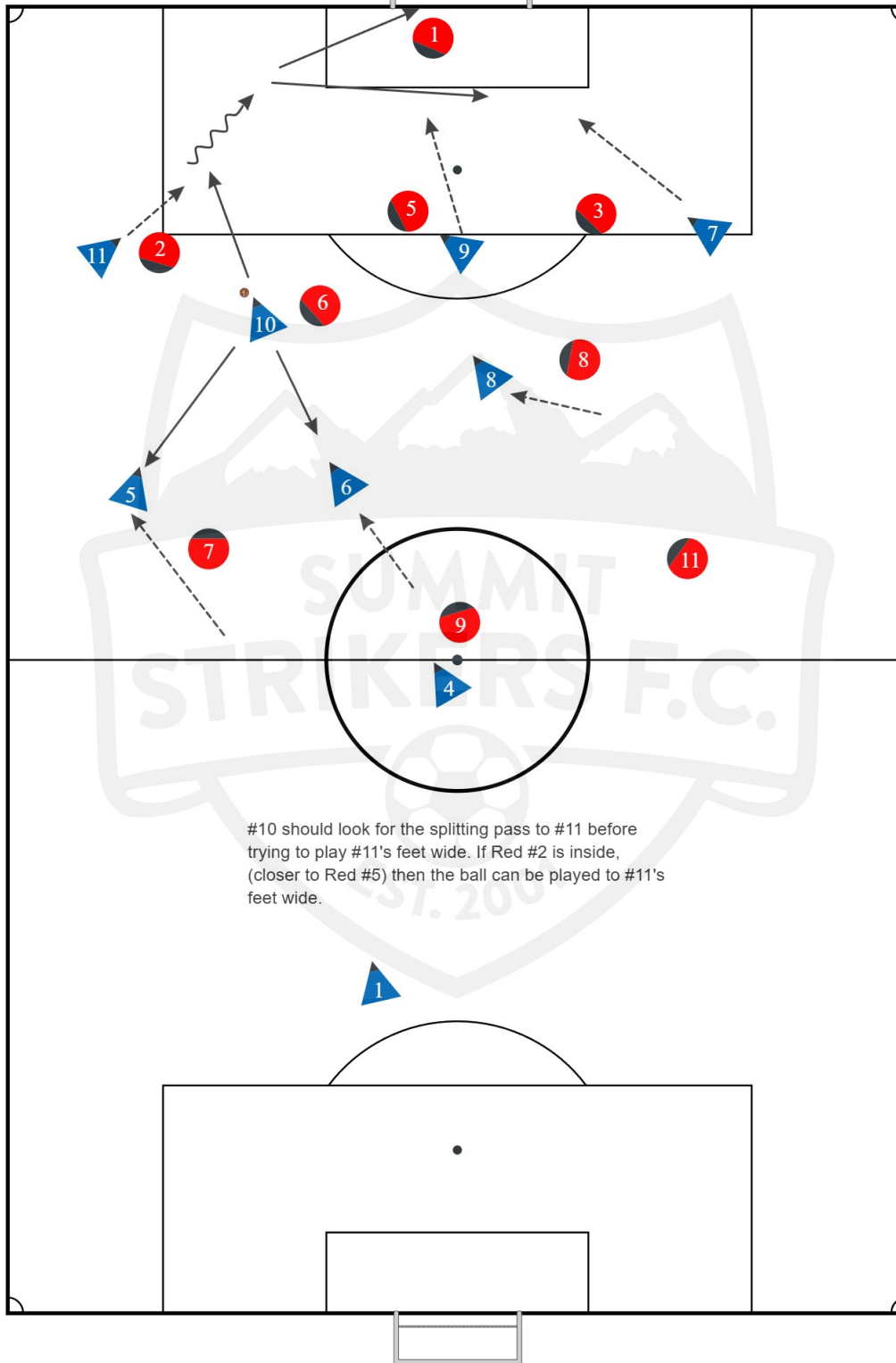
9v9 Possession Middle Third, #6

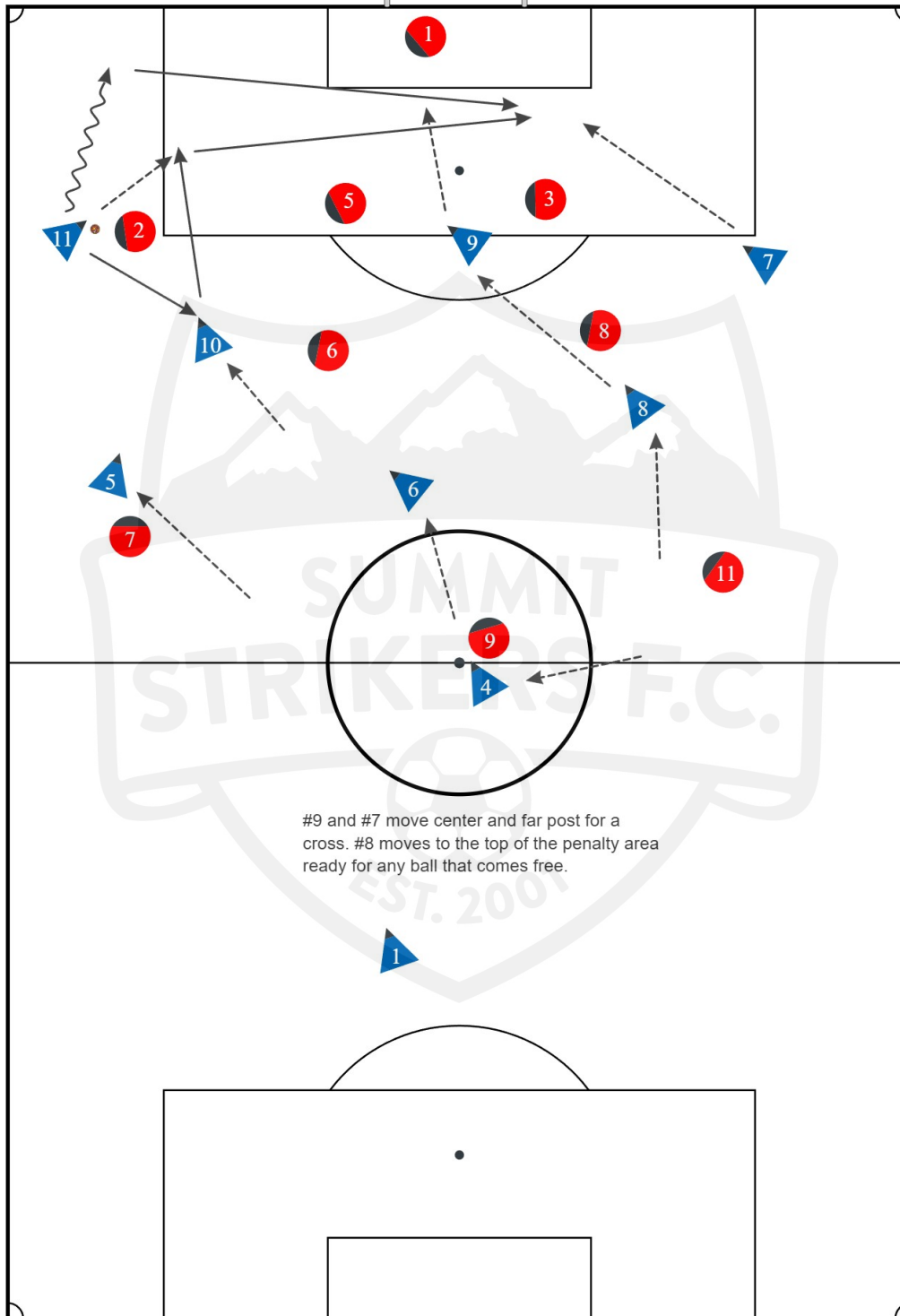


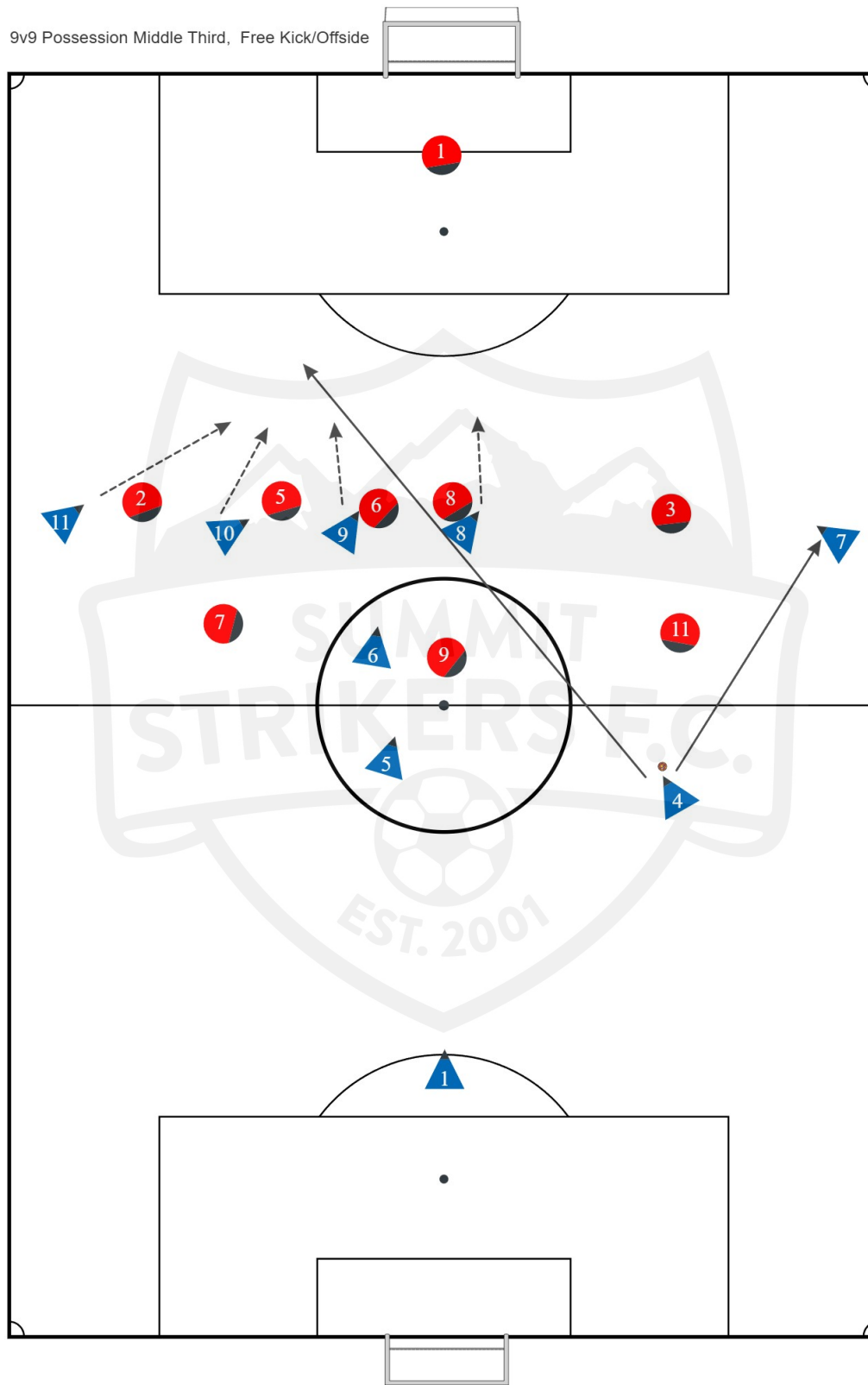


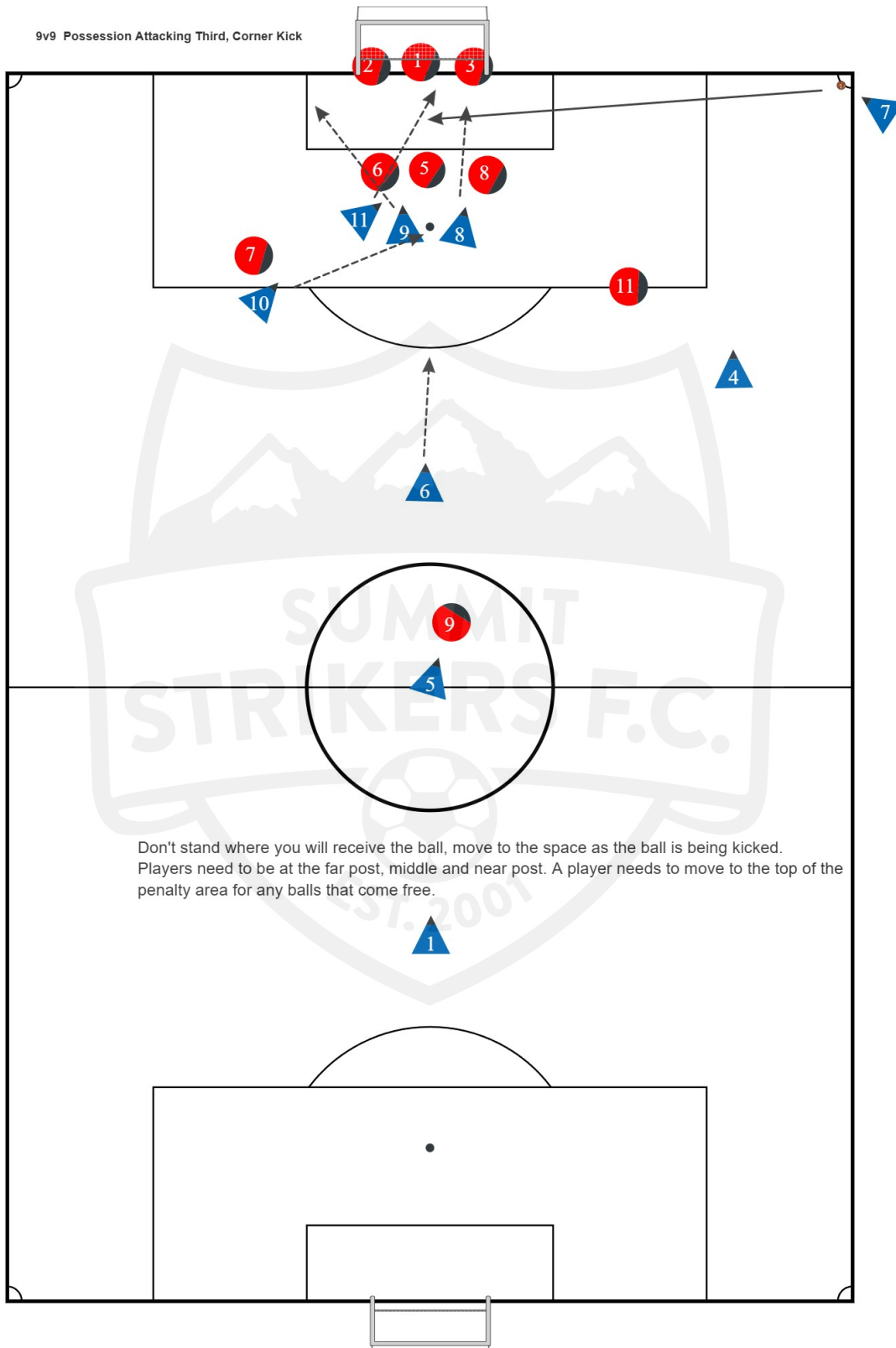












Don't stand where you will receive the ball, move to the space as the ball is being kicked. Players need to be at the far post, middle and near post. A player needs to move to the top of the penalty area for any balls that come free.