# Pumpkin Pie Fudge - 1/3 C corn syrup - 1 stick of butter – ½ C

GREDIENTS: 3 C sugar - 1/2 can evap. Milk pumpkin puree - 1 tsp of pumpkin pie spice

INSTRUCTIONS: In a large saucepan on medium heat, mix pumpkin puree, pumpkin pie spice, sugar, corn syrup and evap milk. Mix well. -Mixture will begin boiling. Reduce the heat slightly. - Continue until mix reaches 235-245 degrees. Remove from heat. - Grease the inside of a glass baking dish with butter. - Add the remainder of the butter to mix & stir until it starts to lose it's sheen. - Pour mixture into buttered dish and allow to cool and set.

## akankay Strategies

Accept that you will not get eight hours of sleep Thursday night.

Do your research: Go online before oliday and note who has deals on it and when

Pick your favorites: Narrow your shopping store list down to focus only our favorite stores.

Create an itinerary: Make a list of stores based on open times & what



useguests: Keep pill cases tucked way. Don't feed table scraps. Some things on the holiday dinner table are toxic for pets. Presents: Ribbons and bows may end up wreaking havoc on your pet's digestive tract.

**Decorations:** Keep wires, batteries and poisonous plants out of paw's reach, make sure that plastic & glass ornaments are far away as well.

Snow globes contain ethylene glycol, a highly toxic substance to pets. Homemade play dough can cause life-threatening electrolyte imbalances.

## **Holiday Home SECURITY**

Lock it up. Double-check you locked all the doors and windows. Check under the mat. Remove extra key outside. Give the key to a trusted friend or neighbor. Communicate. Inform someone you will be away. Ask them to keep an eye on the house. Don't put your absence on social media! Forego deliveries. Don't let packages pile up on your porch. Ask a trusted friend or neighbor to pick them up. Remove temptations. Do not leave gifts visible through windows and doors.



Reach out. Contact a disabled veteran whom you know & spend some time together.  $\underline{wport}$  Send a donation to organizations that support the special needs of veterans. **We** Send a letter to someone who's currently serving in the military.

*Visit* Visit a disabled veteran in his or her home or a homeless veteran on the street. **<u>Lealth</u>** Educate yourself on the challenges veterans face when retiring from service.

# aring for WINTER WEATHER

- Perform basic winter maintenance insulate your walls and attic, caulk and weather-strip doors and windows, and insulate water lines that run along outer walls. When temperatures drop, keep water taps slightly open so they drip continuously, and keep the cabinets under sinks open to allow warmer air in.
- If you use a fireplace or wood stove, have the chimney or flue inspected each year. Make sure your house has working smoke and carbon monoxide detectors, and test them monthly.
- Check your emergency supplies and ensure that you have adequate food and water, along with a battery-powered radio, in the event of an extended power outage. You'll want a week's worth of supplies, or more if you live in a remote area.
- Never use gas-powered generators or barbecue grills indoors. These can allow deadly carbon monoxide to build up.

#### **PREPARING YOUR CAR**

- Have your vehicle serviced according to manufacturer recommendations. Check the antifreeze level.
- Keep the gas tank near full, which helps avoid ice in the fuel lines and the gas tank itself.
- Replace wiper fluid with a wintertime mixture.
- Make sure your tires are in good shape and have the proper air pressure.
- Check to confirm your battery has a good charge, your heater and defroster are working well, and that your emergency lights are functional.

# Do You Need Winter Tires?

- 1. Winter tires really are different than regular tires.
- 2. If your area regularly drops below 45 degrees, you probably need
- 3. There are two main categories. Studless snow and ice tires are designed for extreme conditions. Performance winter tires are for light snow and ice.
- 4. You still need to check the pressure once a week. If your tires are underinflated, they are at risk of failing. In winter, if they're overinflated, your traction will be significantly reduced.
- You still need to check the tread, too.





Phone: 573-769-2086 Fax: 573-769-4548 Email: agency@bandsins.com