



October Fresh Lunch Menu

Montessori School of San Clemente



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Office, For Additional Charge		Pizza Fry Sticks Sliced Peaches	Orange Chicken Asparagus Rice Sliced Apples	Grilled Cheese Cucumber Sliced Peaches
Menu Subject To Change		Goldfish Crackers & Banana	Chef's Choice	String Cheese & Crackers
6	7	8	9	10
Armenian Noodles Carrots Sliced Apples	Spring Rolls Brown Rice Pineapple Tidbits	Jitos w/ Brown Rice Corn on a Cob Melon	Quesadilla Cucumbers Sliced Apples	Teriyaki Mixed Vegetables Sliced Oranges
Raisin/ Cinnamon Bread	Nilla Wafers & Sliced Apples	Butter Crackers & Go-Gurt	Chef's Choice	String Cheese & Crackers
13	14	15	16	17
Cheese Burritos Peas Bananas	Macaroni Turkey Pasta Broccoli Mandarin Oranges	W/ Brown Rice Edamame Sliced Peaches	W/ Mashed Potatoes Cheesy Broccoli Sliced Apples	Buffin Pizza Carrots Bananas
Saltines & Jelly	Ritz & Apple Sauce	Cheese It & Mandarin Oranges	Chef's Choice	String Cheese & Crackers
20	21	22	23	24
Paghetti & Meat Balls Fresh Zucchini Sliced Apples	Chicken Tacos Diced Tomatoes Pineapple Tidbits	Soyaki w/ White Rice Green Beans Melon	Sloppy Joes Green Beans Sliced Apples	Onion Rings Fries Sliced Oranges
Wheat Thins & Raisins	Graham Crackers & Banana	Toasted Bread & Cream Cheese	Chef's Choice	String Cheese & Crackers
27	28	29	30	31
Quesadillas Cucumbers Mandarin Oranges	Chicken Ranch w/ Roll Celery Sticks Sliced Apples	Lasagna Yellow Squash Sliced Oranges	Idles w/ Parmesan Cucumber Sliced Oranges	Meatball Sliders Sweet Potato Cantaloupe
Goldfish Crackers & Raisins	Sliced Apples & Ritz	Animal Crackers & Apple Sauce	Chef's Choice	String Cheese & Crackers
WHOLE MILK & 1% MILK IS SERVED WITH LUNCH				

W/ Brown Rice

Cheese Burritos