



September Fresh Lunch Menu

Montessori School of San Clemente



Monday		Tuesday		Wednesday		Thursday		Friday	
1	SCHOOL CLOSED	2		3		4		5	
		Cheese Quesadillas Cucumbers Mandarin Oranges		Pepperoni Pizza Fresh Zucchini Pineapple Tidbitz		BBQ Chicken w/ Brown Rice Carrots Sliced Apples		Turkey Sliders Sweet Potato Cantaloupe	
		Graham Crackers & Raisins		Toasted Bread & Cream Cheese		Chef's Choice		String Cheese & Crackers	
8		9		10		11		12	
Bean & Cheese Burritos Peas Bananas		Chicken Teriyaki Mixed Vegetables Sliced Oranges		Meatballs w/ Mashed Potatoes Cheesy Broccoli Sliced Peaches		Beef Taquitos w/ Brown Rice Corn on a Cob Sliced Apples		Spaghetti Parmesan Noddles Cucumber Sliced Oranges	
Ritz & Apple Sauce		Cheez It & Mandarin Oranges		Wheat Thins & Raisins		Chef's Choice		String Cheese & Crackers	
15		16		17		18		19	
Chicken Nuggets Tater Tots Sliced Apples		Lasagna Yellow Squash Watermelon		Grilled Cheese Cucumber Sliced Peaches		Spring Rolls Brown Rice Pineapple Tidbitz		Shredded Chicken Tacos Sliced Tomatoes Sliced Oranges	
Goldfish Crackers & Apples		Nilla Wafers & Go-Gurt		American Cheese & Graham Crackers		Chef's Choice		String Cheese & Crackers	
22		23		24		25		26	
Gemilil Turkey Pasta Corn on the Cob Mandarin Oranges		English Muffin Pizza Carrots Bananas		Chicken Nuggets Fries Watermelon		Chicken Ranch w/ Roll Celery Sliced Apples		Spaghetti & Meat Sauce Fresh Zucchini Melon	
Graham Crackers & Banana		Apples & Butter Crackers		Saltines & Jelly		Chef's Choice		String Cheese & Crackers	
29		30							
Butter Noddles w/ Parmasen Green Beans Sliced Apples		Sloppy Joes Lima Beans Pineapple Tidbitz						See Office, For Additional Charge	
Ritz & Apple Sauce		Goldfish Crackers & Sliced Oranges						Menu Subject To Change	

WHOLE MILK & 1% MILK IS SERVED WITH LUNCH

