

October Fresh Lunch Menu

Montessori School of San Clemente 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Teriyaki Chicken Steamed Rice Sliced Cucumbers	Italian Meatballs Mashed Potatoes Steamed Vegetables
			Cheese Cubes Bananas	Greek Yogurt Cheerios
5	6	7	8	9
Peas & Parmesan Peaches Wheat Thins Cheddar Cheese	Cheese Quesadilla Green Salad Bananas Yogurt & Granola	Beef Sliders Potato Fries Cantaloupe Bagels & Cream Cheese	Turkey Roll Up Pork Medallions Sliced Apples Crackers & Apple Sauce	Chicken & Cheese Burrito Broccoli Sliced Oranges String Cheese & Crackers
12	13	14	15	16
Spaghetti Muffin Green Salad Apple Slices Saltines Cheddar Cheese	Beef Sliders Celery with Ranch Mixed Fruit Graham Crackers Bananas	Chicken Taquitos Mixed Vegetables Sliced Oranges Bagels & Cream Cheese	Sticks Pineapple Salad Pineapples Greek Yogurt Cheerios	Spaghetti Pomodoro Garlic Bread Green Beans String Cheese & Crackers
19	20	21	22	23
Chicken Tenders Steamed Vegetables Peaches Wheat Thins Cheddar Cheese	Ground Beef Tacos Lettuce Salad Orange Slices Yogurt & Granola	Cheese Sandwich Potato Salad Bananas English Muffin & Jelly	Teriyaki Chicken Steamed Rice Sliced Cucumbers Saltines Cheddar Cheese	Italian Meatballs Mashed Potatoes Steamed Vegetables Crackers & Apple Sauce
26	27	28	29	30
Spaghetti Pomodoro Garlic Bread Green Beans Saltines Cheddar Cheese	Cheese Quesadilla Green Salad Bananas Graham Crackers Bananas	Beef Sliders Potato Salad Cantaloupe Yogurt & Granola	Spiced Ziti Mixed Vegetables Peaches Bagels & Cream Cheese	Chicken Tenders & Fries Cucumber Salad Sliced Oranges String Cheese & Crackers
MILK WILL BE OFFERED * MENU SUBJECT TO CHANGE				