

Discernment Meeting Questions - with answers

Part I: Basic Doctrine

1. What is the Trinity?

- a. The Trinity is the name of the Church's basic dogma that there are three divine Persons in one God: God the Father, God the Son, and God the Holy Spirit.

2. Who is the Holy Spirit?

- a. The Holy Spirit is the third person of the Holy Trinity.

3. What is the Incarnation?

- a. The Incarnation is the name of the Church's doctrine that explains that God the Son became man.

4. What is Real Presence? What/ who is the Eucharist?

- a. Real Presence is the term used to describe the unique presence of Jesus in the Eucharist. Jesus is truly and really present in the Eucharist, body, blood, soul, and divinity.

5. What is grace?

- a. Grace is God's life within us.

6. Who is the Blessed Virgin Mary?

- a. Mary is the Mother of God's Son, Jesus. She was born without sin (Immaculate Conception) and was taken body and soul to heaven at her death (Assumption).

7. What is holiness?

- a. Holiness is a quality when one shares in God's life. God is the source of all holiness.

8. What is a sin? What are the two kinds of sin?

- a. Sin is a deliberate offense against God's holy law in one's thoughts, words, actions, or lack of action. The two kinds of sin are Mortal sin and Venial sin.

9. What is a virtue?

- a. A good habit that helps us to do good and avoid evil.

10. What is a saint? Who is your Confirmation saint? Name one virtue he/she demonstrated?

- a. A saint is a person who led a holy life for the glory of God and who now enjoys eternal life with God in heaven.

Part II: Pertaining to Confirmation Specifically

1. What is Conversion?

- a. Conversion is a process of moving away from sin and moving toward God. It is a change of heart.

2. What is a Disciple?

- a. A disciple is a follower of Jesus Christ. We become disciples of Jesus when we are baptized.

3. What does initiation mean?

- a. Initiation means to become a member. The Sacraments of Initiation join us to the death and resurrection of Jesus and make us members of his body, the Church.

4. What are the Sacraments of Initiation?

- a. Baptism, Confirmation, and Eucharist

5. What is the Sacrament of Confirmation?

- a. Confirmation, together with Baptism and the Eucharist, completes the grace given in Baptism and gives us the fullness of the Holy Spirit by bestowing the fullness of the seven Gifts of the Holy Spirit, which strengthen and seal us for ministry and mission.

6. What are the effects of Confirmation?

- a. It increases the grace of Baptism; deepens our relationship with God the Father; binds us more closely to Christ; increases the Gifts of the Holy Spirit in us; unites us more closely to the Church; and gives us a special strength of the Holy Spirit to witness to Jesus and the cross.

7. What are the gifts of the Holy Spirit?

- a. The Gifts of the Holy Spirit are powers and inclinations to act in ways that help us to grow in our relationship to Jesus, God's Son, and gives us the help to lead an active and holy Christian life in the world.

8. Name the seven Gifts of the Holy Spirit?

- a. Wisdom, Understanding, Counsel (Right Judgment), Fortitude, Knowledge, Piety, and Fear of the Lord

9. What is the Feast of Pentecost?

- a. The special feast of the Holy Spirit. It recalls the coming of the Spirit upon the apostles. We celebrate the Feast of Pentecost fifty days after Easter.

10. What are the fruits of the Spirit?

- a. Charity, Joy, Peace, Patience, Kindness, Goodness, Generosity, Gentleness, Faithfulness, Modesty, Self-Control, Chastity.