

INFORMED CONSENT FOR IN-PERSON SERVICES

Please read this carefully and let me know if you have any questions. When you sign this document, it will be an agreement between us.

Decision to Meet Face to Face

We've agreed to meet in person for some or all future sessions. If there are any health concerns that arise, I may require that we meet via telehealth. If you have concerns about telehealth, we will talk about it first and try to address the issue. You understand that, if I believe it is necessary, I may determine that we switch to telehealth for everyone's well-being.

If you decide at any time that you would feel safer using telehealth services, I will respect that decision, as long as it is clinically appropriate. Reimbursement for telehealth services, however, is also determined by the insurance companies and applicable law, so that is an issue we may also need to discuss.

Risks of Opting for In-Person Services

We remain committed to following state and federal guidelines and to adhering to prevailing professional healthcare standards. By attending appointments in person, there is a chance that you will be exposed to COVID-19 (or other public health risk) in our office.

Your Responsibility to Minimize Exposure

In order for me to provide you with in-person services, the following protocols must be followed by patients/clients, PCA staff, and providers in order to keep everyone safer. Failure or refusal to adhere to these safeguards may result in our starting/returning to a telehealth arrangement.

- You agree not to present for in-person appointments if you have tested positive for COVID-19, have a temperature over 100 degrees Fahrenheit, or are exhibiting significant symptoms including but not limited to cough, shortness of breath, sore throat, or any other symptoms that suggest you may be sick.
 - You may return to the office when you are fever free for at least 24 hours (and not using fever-reducing medication) and your symptoms are getting better. We ask that you take added protection and wear a mask for 5 days. This is to protect those people with factors that increase their risk of severe illness from respiratory illness.
- If you have been exposed to another person who is showing signs of infections or has confirmed COVID-19, we ask that you take a COVID test. If you are not experiencing any symptoms and test negative, you may attend an in-person session. Wearing a mask is optional. If you are experiencing any symptoms, we ask that you ask your therapist for a telehealth session if you are well enough.
- You are encouraged to wash your hands or use hand sanitizer before each appointment.

I may change the above precautions if additional local, state, or federal orders or guidelines are published. If that happens, we will talk about any necessary changes.

My Commitment to Minimize Exposure

All staff and therapists will adhere to same precautions as listed above. Let me know if you have any questions.

If you or I Are Sick

You understand that I am committed to keeping you, me, PCA staff and all of our families, and other patients safe from health risks. If you show up for an appointment and I or PCA staff believe that you have a fever or other symptoms, or believe you have been exposed, I will have to require you to leave the office immediately. We can follow up with services by telehealth as appropriate. You will not be charged if you need to cancel due to feeling sick or having any coronavirus symptoms. If I, or PCA staff test positive for the coronavirus, I will notify you so that you can take appropriate precautions.

Informed Consent

This agreement is a supplement to the general informed consent/business agreement that we agreed to at the start of our work together. Your signature below shows that you acknowledge that you understand that there is still a potential risk of exposure and that you agree to follow the safety protocols outlined above in order to engage in in-person services.

Patient/Client

Date

Therapist

Date