



**JUBILEE**

— YEAR —

**2026**

— St. Francis of Assisi —



# **PILGRIMAGE PACKET**

## **St Francis Year of Jubilee**

**January 10, 2026 – January 10, 2027**

**St Francis of Assisi, Pilgrimage Site**

**8300 Old Columbia Road**

**Fulton, MD 20759**

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## Jubilee Prayer to St. Francis of Assisi

(pastorate edited)

Saint Francis, our brother, eight hundred years ago  
you were a man of peace.

Intercede for us before the Lord.

You recognized true peace in the Cross of San Damiano.

Teach us to seek in Jesus the source of all reconciliation.

You who, unarmed, crossed the lines of war and misunderstanding, give us the courage to build bridges.

In this time afflicted by conflict and division,  
intercede for us so that we may become peacemakers,  
witnesses of the peace that comes from Christ.

Amen.

# Who is St. Francis of Assisi?

Biography taken from “Lessons from Saint Francis: The Wisdom of God’s Beloved Servant”

Saint Francis of Assisi is perhaps the most known and loved saint within the Catholic Church. Though many flock to him because of his portrayal as one who loved animals and nature, he became one of the greatest saints in history for one simple reason: he was a true servant of the Most High God.



Francis of Assisi was most likely born in the year 1181 in the small town of Assisi, Italy, about 100 miles north of Rome. He was born into the merchant class, his father being a seller of fine silk. As a youth, Francis was known to be quite lively, often the center of attention among friends. As a teenager, he enjoyed parties and singing and was quite worldly.

His father wanted Francis to join him in the family business, which Francis did with disinterest. He was far more interested in his friends and in having a good time than he was in work. This caused tensions at home on a regular basis.

As a young adult, Francis had dreams of doing great things. However, the “great things” he dreamt of had much more to do with obtaining worldly honors than with honoring God. One of his chief desires was to become a great knight. His family also desired he become a knight so that their societal status would be elevated.

Around the year 1202, Francis’s dream of becoming a great knight began to move forward. He was fitted with fine armor, a sword, and a horse and sent into battle against the neighboring town of Perugia. Success in that battle would prepare him to one day become a Crusader in the pope’s army, hopefully earning him the dignity of a knight. But the battle of Perugia was short and ended in Francis’ capture and imprisonment. As Francis waited a year for his father to pay the ransom for his release, he suffered greatly with the other men who were imprisoned.

After his release, Francis spent months with a serious illness. Both his imprisonment and illness affected him greatly, and he began to reevaluate his life. Despite that, in 1205 he set off for another battle in the army of the Count of Brienne, once again well fitted with a horse, sword, and armor. Before he arrived, however, Francis had a vision that would change his life. In that vision, Francis heard a voice say to him, “Who can do more for you? The master or the servant? The rich man or poor man?” Francis quickly answered, “The rich master!” The voice then asked, “Then why do you leave the Lord for the servant and the God of infinite riches for the poor

mortal?" This vision was enough for Francis to turn around and return to Assisi in search of God's will.

Over the next year, Francis and his father regularly were at odds. Francis began to pray and seek God's will for his life, while his father continued to insist that Francis become a knight or work in the family business. During that year, Francis grew in his love for the poor and even served the lepers at a nearby hospital. While praying one day in the dilapidated Church of San Damiano, Francis heard a voice from Heaven say to him, "Go, repair my house which, as you see, is falling completely to ruin." With that, he began to physically repair that church, live in solitude, and pray continually.

The family conflict between Francis and his father came to a head in 1206 when Francis was twenty-five years old. He and his father formally parted ways in the presence of the Bishop of Assisi when Francis renounced his inheritance, choosing only God as his Father. Over the next three years, Francis began to live his new life of poverty, prayer, and service of God.

At first, most of the townspeople thought Francis was out of his mind, and they ridiculed him. But as time passed, Francis began to attract some followers. He and his followers spent much time praying, listening to the voice of God, serving the poor and lepers, and working with their hands to repair abandoned churches.

By the year 1209, Francis and his followers numbered twelve. They decided to write a new Rule for their common life and made a pilgrimage to Rome to get papal approval for their Rule. Once the pope verbally approved their Rule, Francis and his companions returned to Assisi and took up residence in a small church called the Portiuncula. From there, Brother Francis and his Friars Minor began their life of prayer and missionary preaching. Now, instead of rebuilding physical churches, they began to rebuild God's Church, the spiritual Body of Christ.

Over the next ten years, the Order of Friars Minor grew from only twelve to about five thousand. They took up residence across Europe and began to have a powerful effect upon many people. Francis continued to preach and was also the instrument of countless miracles. In 1223, the pope approved the final and definitive Rule of the Friars Minor in writing, and Francis entered into the final years of his life.

In 1224, while on a forty-day retreat, Francis received the stigmata, the visible wounds of Christ in his hands, feet, and side. Those final two years were also marked with much suffering from various illnesses and the loss of his sight.

On October 4, 1226, after being unable to find a cure for his many illnesses, Saint Francis died surrounded by his brothers in Assisi at the Portiuncula where his life as a Friar Minor had begun. Just two years later, Pope Gregory IX canonized him as a saint.

# Letter of the Holy Father Leo XIV

**to the Ministers General of the Conference of the Franciscan Family  
on the occasion of the opening of the Eighth Centenary of the death  
of Saint Francis of Assisi, 10.01.2026**



“Our Sister Death”, exclaimed Saint Francis on 3 October 1226 in Porziuncola, as he went towards her as a man finally at peace. Eight centuries have passed since the death of the *Poverello* of Assisi, who wrote the word of Christ’s salvation indelibly in the hearts of the people of his time.

In commemorating the significant anniversary of the eighth centenary of his passing, I wish to join spiritually with the entire Franciscan Family and with all those who will take part in the commemorative events, hoping that the message of peace may find a profound echo in the Church and society today.

At the beginning of his evangelical life, he heard a call: “The Lord revealed to me that we should say this greeting: “May the Lord give you peace”[1]. With these essential words, he conveys to his friars and to every believer the inner wonder that the Gospel had brought into his life: peace is the sum of all God’s gifts, a gift that comes from above. What an illusion it would be to think that it can be built by human efforts alone! And yet it is an active gift, to be welcomed and lived every day[2].

It is the same greeting that, on the evening of Easter, the Risen Lord addresses to his disciples, afraid and locked in the Upper Room: “Peace be with you” [3]. It is not a formula of courtesy, but the certain proclamation of Christ’s victory over death. Like the voice of the Angels on Christmas night – “Glory to God in the highest, and on earth peace to those whom he loves” [4] – so the peace that the Seraphic Father proclaims is the peace that Christ himself made resound between heaven and earth.

In this age, marked by so many seemingly interminable wars, by internal and social divisions that create mistrust and fear, he continues to speak. Not because he offers technical solutions, but because his life points to the authentic source of peace.

The Franciscan vision of peace is not limited to the relations between human beings, but also embraces the whole of creation. Francis, who calls the sun “brother” and the moon “sister”, who recognizes in every creature a reflection of divine beauty, reminds us that peace must be extended to the entire family of Creation. This insight resonates with particular urgency in our time, when our common home is threatened and cries out under exploitation. Peace with God, peace among human beings and with creation are inseparable dimensions of a single call to universal reconciliation.

Dear brothers and sisters, may the example and spiritual legacy of this Saint, strong in faith, steadfast in hope and ardent in active charity towards his neighbour, inspire in everyone the

importance of trusting in the Lord, of living a life faithful to the Gospel, and of accepting and illuminating every circumstance and action of life with faith and prayer.

In this Year of Grace, I wish to offer you a prayer that Saint Francis of Assisi may continue to instil in all of us perfect joy and harmony:

*Saint Francis, our brother, you who eight hundred years ago  
went to meet Sister Death as a man at peace,  
intercede for us before the Lord.*

*You recognized true peace in the Crucifix of San Damiano,  
teach us to seek in Him the source of all reconciliation  
that breaks down every wall.*

*You who, unarmed, crossed the lines of war  
and misunderstanding,  
give us the courage to build bridges  
where the world raises up boundaries.*

*In this time afflicted by conflict and division,  
intercede for us so that we may become peacemakers:  
unarmed and disarming witnesses of the peace that comes from Christ.*

*Amen*

With these sentiments, I express my fervent wishes for good, especially for all of you who follow the charism of the *Poverello* of Assisi and for those who will commemorate the anniversary of his *dies natalis* in various ways, while I cordially impart my desired Apostolic Blessing.

*From the Vatican, 7 January 2026*

LEO PP. XIV

# What is an indulgence?

Definitions taken from the Catechism of the Catholic Church

1471 "An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and the saints." "An indulgence is partial or plenary according as it removes either part or all of the temporal punishment due to sin." Indulgences may be applied to the living or the dead.

1479 Since the faithful departed now being purified are also members of the same communion of saints, one way we can help them is to obtain indulgences for them, so that the temporal punishments due for their sins may be remitted.

## Conditions for a Plenary Indulgence, Jubilee of St Francis

For a more perfect achievement of the intended aims, the Apostolic Penitentiary, through this Decree issued in accordance with the will of the Supreme Pontiff, on the occasion of the Year of Saint Francis, grants a plenary indulgence under the usual conditions (sacramental Confession, Eucharistic Communion, and prayer according to the intentions of the Holy Father), also applicable in the form of suffrage for the souls in Purgatory.

This indulgence is applicable to all the faithful, who fulfill these conditions:

1. Have a heart detached from sin
2. Visit, in the form of a pilgrimage, any place of worship anywhere in the world dedicated to Saint Francis or connected to him for any reason
3. Spend at least a reasonable period of time in pious meditation and raise prayers to God, asking that feelings of Christian charity towards their neighbors and authentic vows of harmony and peace among peoples may spring forth in their hearts, following the example of St. Francis of Assisi
4. Offer a prayer to Saint Francis of Assisi, Saint Clare, and the saints of the Franciscan Family
5. Offer the Our Father, a Hail Mary, and the Creed for Pope Leo XIV
6. Receive the Sacrament of Holy Communion on the day of the visit
7. Receive the Sacrament of Confession (3 weeks before or after the visit)

*Given in Rome, from the Apostolic Penitentiary, on 10 January 2026, the eve of the Feast of the Baptism of the Lord.*

# Prayers for the Indulgence, Jubilee of St Francis

O God, turn my heart away from sin and toward you. Fill me with love for You and for others. I offer this indulgence for [myself / name of deceased].

**Prayer to St Francis:** Dear St. Francis, we venerate you, the living image of Christ crucified. Obtain for us, that we too may banish from our hearts the spirit of the world; that we may esteem poverty and humility above wealth and honors; that we may mortify our passions and advance daily in the knowledge and love of God, until at last, detached from ourselves, from the world, and from all creatures, we may live for God alone. Amen.

**Prayer to St Clare:** Blessed St. Clare, whose very name means light, illuminate the darkness of our minds and hearts so that we might see what God wishes us to do and perform it with a willing and joyful heart. Before your birth, a Heavenly voice foretold that you would be a light illuminating the world. Be a light to us in the sorrows and anxieties of this earthly life, and lead us into the eternal light of our home in Heaven. Amen.

**Prayer to all Franciscan Saints:** Dear saints of the Franciscan Order, especially Sts. Anthony, Maximilian Kolbe, and Padre Pio, intercede for us, that we might imitate your examples of love of God and love of neighbor. That we might trust God and follow wherever He leads. That we might pray and not worry, confident that God is with us. Amen.

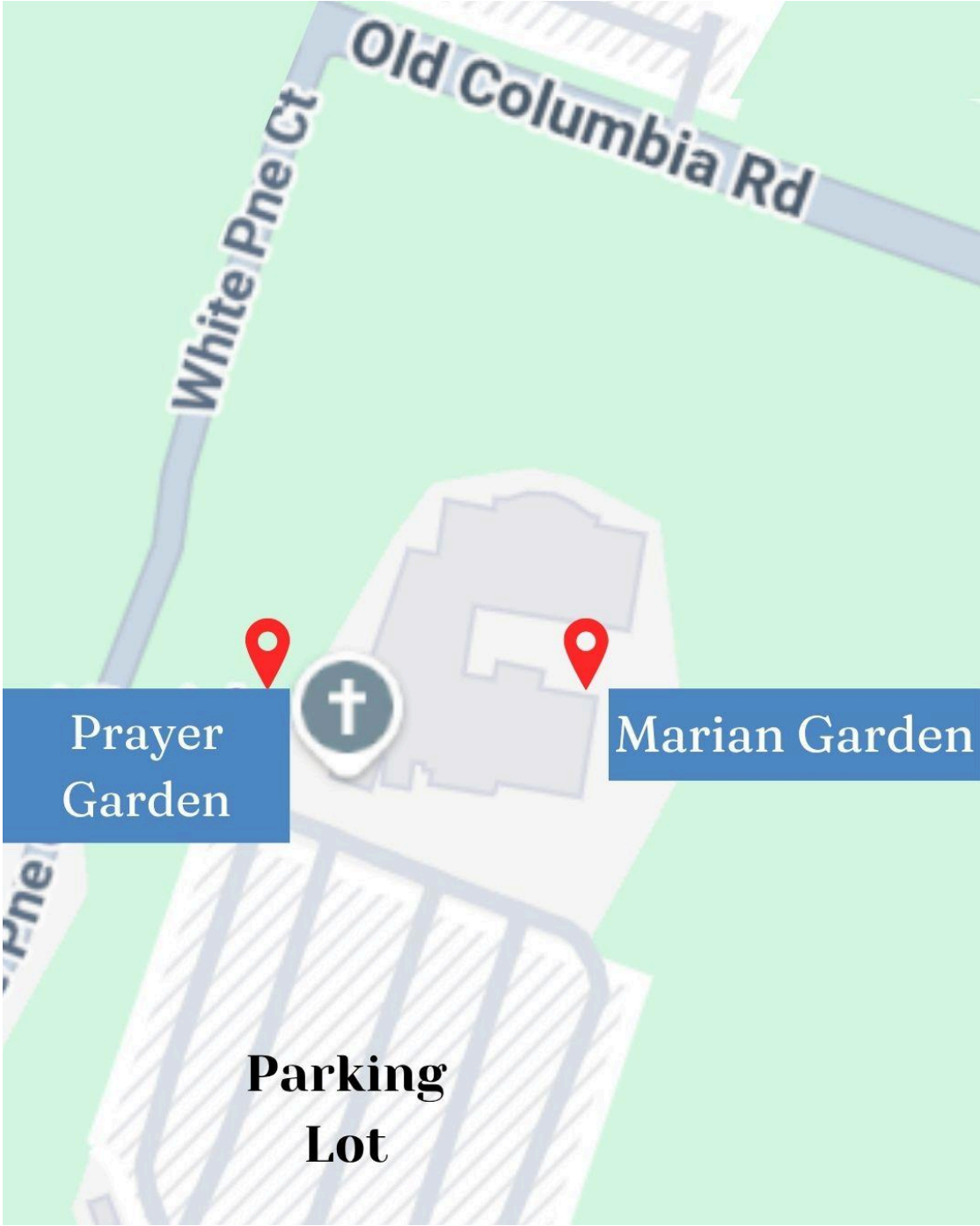
**Prayer for Pope Leo XIV:** Lord Jesus, we ask you to bless our holy father, Pope Leo. We thank you for his guidance of our Catholic Church. Please guide and encourage and protect him. Give him courage and charity. We thank you for the gift of indulgence which we receive through his assistance, as successor of St. Peter, with the power to bind and loose. We ask this in Your holy name. Amen.

**Our Father:** O God, we ask you to bless Pope Leo, as we pray . . .  
Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

**Hail Mary:** O Mary, we ask you to intercede for Pope Leo as we pray . . . .  
Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

**Apostles' Creed:** We affirm our faith in the Pope's authority to give us this gift of indulgence as we pray . . . I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

**Map Of St. Francis Church And Outdoor Gardens**



# Guide to Prayer Garden at St Francis Church

**As you visit our garden we invite you to reflect on the “Canticle of the Creatures”. St Francis composed this song of praise in 1225.**

*“At its heart, this hymn is an invitation: to find God not only in prayer or church but also in the rising sun, in the clear night sky, in the breath of wind, and in the people we meet. It reminds me that the spiritual life is not an escape from the world but a deeper presence within it.”*

*- Br. Francis Oppong Acheampong, OFM*

Most High, all-powerful, good Lord,  
Yours are the praises, the glory, the honor,  
and all blessings.  
To You alone, Most High, do they belong,  
and no man is worthy to mention Your  
name.

Praised be You, my Lord, with all your  
creatures;  
especially Brother Sun, who is the day, and  
through whom You give us light.  
And he is beautiful and radiant with great  
splendor,  
and bears a likeness to You, Most High  
One.

Praised be You, my Lord, through Sister  
Moon and the stars;  
in heaven You formed them clear and  
precious and beautiful.

Praised be You, my Lord, through Brother  
Wind,  
and through the air, cloudy and serene,  
and every kind of weather through which  
You give sustenance to Your creatures.

Praised be You, my Lord, through Sister  
Water,  
which is very useful and humble and  
precious and chaste.

Praised be You, my Lord, through Brother  
Fire,  
through whom You light the night;  
and he is beautiful and playful and robust  
and strong.

Praised be You, my Lord, through Sister  
Mother Earth,  
who sustains us and governs us and who  
produces  
varied fruits with colored flowers and herbs.

Praised be You, my Lord,  
through those who give pardon for Your  
love,  
and bear infirmity and tribulation.  
Blessed are those who endure in peace  
for by You, Most High, they shall be  
crowned.  
Praised be You, my Lord,  
through our Sister Bodily Death,  
from whom no living man can escape.  
Woe to those who die in mortal sin.  
Blessed are those whom death will find in  
Your most holy will,  
for the second death shall do them no harm.

Praise and bless my Lord,  
and give Him thanks,  
and serve Him with great humility.  
Amen.

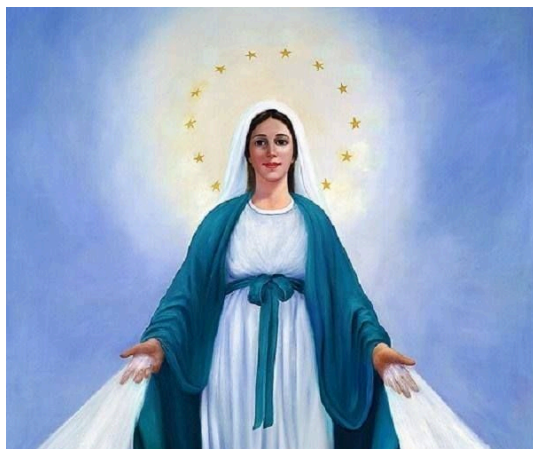
## Guide to Marian Garden at St Francis Church

**As you visit our garden we invite you to reflect on the Magnificat, Mary's song of praise when she visits her cousin, Elizabeth. (Luke 1:46-55)**

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior, for he has looked with favor on his humble servant.  
From this day all generations will call me blessed, the Almighty has done great things for me, and holy is his Name.  
He has mercy on those who fear Him in every generation.  
He has shown the strength of his arm, he has scattered the proud in their conceit.  
He has cast down the mighty from their thrones, and has lifted up the humble.  
He has filled the hungry with good things, and the rich he has sent away empty.  
He has come to the help of his servant Israel for he has remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children for ever.  
Glory to the Father, and to the Son, and to the Holy Spirit,  
as it was in the beginning, is now, and will be for ever. Amen, Alleluia.

**We also invite you to pray the Salutation of the Blessed Virgin Mary, written by St Francis of Assisi.**

Hail, O Lady, Holy Queen,  
Mary, holy Mother of God:  
you are the virgin made church  
and the one chosen by the most holy Father  
in heaven  
whom He consecrated with His most holy  
beloved Son  
and with the Holy Spirit the Paraclete,  
in whom there was and is  
all the fullness of grace and every good.  
Hail, His Palace!  
Hail, His Tabernacle!  
Hail, His Home!  
Hail, His Robe!  
Hail, His Servant!  
Hail, His Mother!  
And, hail all you holy virtues  
which through the grace and light of the  
Holy Spirit  
are poured into the hearts of the faithful  
so that from their faithless state  
you may make them faithful to God.  
Amen.



# Other Prayers of St Francis & Fellow Franciscans

## **Peace Prayer**

Lord, make me an instrument of Your peace;  
Where there is hatred, let me sow love;  
Where there is injury, pardon;  
Where there is doubt, faith;  
Where there is despair, hope;  
Where there is darkness, light;  
And where there is sadness, joy.  
O Divine Master,  
Grant that I may not so much seek  
To be consoled as to console;  
To be understood, as to understand;  
To be loved, as to love;  
For it is in giving that we receive,  
It is in pardoning that we are pardoned,  
And it is in dying that we are born to Eternal Life. Amen.

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## **Prayer before the San Damiano Crucifix**

Most High, glorious God,  
enlighten the darkness of my heart and give me true faith,  
certain hope, and perfect charity, sense and knowledge, Lord,  
that I may carry out Your holy and true command. Amen.



## **Prayer in Praise of God**

You are the Holy Lord God; You are God of gods who alone dost marvelous things;  
You are holy, Father, King of heaven and earth.  
You are Three in One and One in Three, Lord God of gods.  
You are Good, all Good, Highest Good, Lord God Living and True.  
You are Love, Charity, You are Wisdom, You are Humility.  
You are Patience. You are Fortitude and Prudence; You are Security;  
You are Quiet, You are Joy and Gladness; You are Justice and Temperance.  
You are all our Riches and Plenty; You are our Protector; You are our Guide and Defender.  
You are Beauty. You are Gentleness. You are our Refuge and Strength.  
You are our Faith, our Hope and our Charity; You are great Sweetness to us.  
You are our Eternal Life, Infinite Goodness, Great and Wonderful Lord,  
God Almighty; Loving and Merciful Savior.

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**Prayer for Enlightenment**

Almighty, eternal, just, and merciful God, grant us in our misery [the grace] to do for You alone what we know You want us to do, and always to desire what pleases You.

Thus, inwardly cleansed, interiorly enlightened, and inflamed by the fire of the Holy Spirit, may we be able to follow in the footprints of Your beloved Son, our Lord Jesus Christ.

And, by Your grace alone, may we make our way to You, Most High, Who live and rule in perfect Trinity and simple Unity, and are glorified God all-powerful forever and ever.

Amen.

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**Blessing of Saint Francis to Brother Leo**

May the Lord bless you. May the Lord keep you.

May He show His face to you and have mercy. May He turn to you His countenance and give you peace. The Lord bless you!

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**Blessing of Saint Clare**

What you hold, may you always hold.

What you do, may you always do and never abandon. But with swift pace, light step, unswerving feet, so that even your steps stir up no dust, may you go forward securely, joyfully and swiftly, on the path of prudent happiness, not believing anything, not agreeing with anything, that would dissuade you from this resolution or that would place a stumbling block for you on the way, so that you may offer your vows to the Most High in the pursuit of that perfection to which the Spirit of God has called you.

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**Prayer to St Anthony of Padua**

O Loving St. Anthony, you were a special witness of God's power and love in your day. Hear us now as we seek your powerful intercession in our time. We lift up our prayers for all families.

Help them to grow in their faith; may they persevere in unity, love, and peace. Bless our children, protect our young people, and be a companion to those in their senior years. Help them when they are tested by sickness, suffering, loneliness, or whenever they experience loss in their lives. Help all of us in our daily struggles, giving us hope and peace. Pray for us, St. Anthony, so that we may continue to grow in God's love. Intercede for us through Christ our Lord! Amen.

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**Prayer to St Maximilian Kolbe**

Lord, You inflamed St. Maximilian with love for the Immaculate Virgin and filled him with zeal for souls and love for neighbor. Through his prayers, grant that we may work strenuously for Your glory in the service of others and so be made conformable to Your Son until death. Amen.

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# Examination of Conscience - for Adults

*To receive an indulgence, one must go to Confession within 3 weeks)*

## **I am the Lord your God; you shall not have strange gods before me.**

Do I pray to God at least once a day?  
Do I regularly thank God for good things He gives?  
Do I pray for my co-workers?  
Do I go to Confession at least once a year?  
Have I received Communion when in mortal sin?  
Do I try to evangelize my co-workers?  
Do I speak up when moral issues are discussed?  
Do I regularly do some spiritual reading (Bible, writings of saints, Catholic literature)?  
Do I do any adult formation during the year?  
Do I explain the Catholic religion to my children?  
Do I give a good Catholic example to my children?

## **You shall not take the name of the Lord your God in vain.**

Have I cursed using God's name?  
Do I use crude language? Have I given a bad example by my language?  
Have I watched crude R-rated movies?  
Do I laugh at indecent jokes?

## **Keep holy the Sabbath day.**

Do I attend Mass each Sunday?  
Do I bring my family to Mass each Sunday?  
Do I attend Mass the 5 Holy Days of Obligation?  
Do I prepare well for Mass, arriving on time, dressing well, fasting an hour beforehand, and staying until the end?  
Do I rest from unnecessary work & shopping on Sunday?  
Do I support my parish financially?  
Do I volunteer at my parish for events or ministries?  
Do I pray for the Pope, my bishop, and my pastor?

## **Honor your father and mother.**

Do I let my phone distract me from my spouse or children?  
Do I spend too much time on my phone?  
Do I contact my parents and family regularly?  
Have I spoken harshly to my parents?  
Do I give bad example to my children?  
Have I respected others in authority: boss, teacher, coach?  
Do I knowingly reject certain Catholic teachings or publicly disagree with them?  
Have I broken the law?  
Do I put politics before my religion?

## **You shall not kill.**

Have I hurt someone physically or with my words?  
Have I injured my body with alcohol abuse, drug abuse, excessive tobacco, poor diet, lack of sleep or exercise?  
Have I participated in or referred for abortions?

Have I been rude to others in words or actions?  
Have I lost my temper?  
Have I made racist or bigoted comments?

## **You shall not commit adultery.**

Have I been faithful to my spouse, in thoughts and actions?  
Have I been generous in serving my spouse?  
Have I been overly critical of my spouse?  
Have I neglected to say words of thanks, encouragement, or praise to my spouse?  
Have I used contraception?  
Have I performed unchaste actions alone?  
Have I engaged in any sexual acts outside of marriage?  
Have I participated in in vitro fertilization treatments?

## **You shall not steal.**

Do I give financially to the poor in a consistent manner?  
Do I give financially to support my parish?  
Do I volunteer in at least one ministry during the year?  
Have I spent too much time browsing the internet or social media? Too much time on tv or video games?  
Have I stolen things from others?  
Do I waste time at work periodically?  
Have I spent too much money on myself?  
Have I been wasteful with my money?  
Have I been wasteful with food?  
Have I disrespected the environment; littered, polluted?

## **You shall not bear false witness against your neighbor.**

Have I hurt someone's reputation by unnecessarily telling others about the bad that person has done (detraction)?  
Have I told lies about others (calumny)?  
Have I criticized my employer/employee publicly?  
Have I told lies to cover my mistakes?  
Have I been a negative, critical influence around others?

## **You shall not covet your neighbor's wife (spouse).**

Have I looked at pornography?  
Have I entertained immodest thoughts?  
Do I listen to crude music?  
Do I read indecent magazines/books?  
Do I dress modestly?

## **You shall not covet your neighbor's goods.**

Have I been jealous of another's success or possessions?  
Have I been over-indulgent or wasteful in my lifestyle?  
Do I practice self-denial? Do I fast occasionally?  
Have I failed to compliment others on their successes?  
Have I failed to thank others for their acts of generosity?

# Examination of Conscience - for Children

*To receive an indulgence, one must go to Confession within 3 weeks)*

## **Responsibilities to God:**

Have I prayed every day?  
Have I prayed my morning prayers and night prayers?  
Have I prayed with my parents and family?  
Have I been moody and rebellious about praying and going to church on Sunday?  
Have I asked the Holy Spirit to help me whenever I have been tempted to sin?  
Have I asked the Holy Spirit to help me do what is right?

## **Responsibilities to others:**

Have I been obedient and respectful to my parents?  
Have I lied or been deceitful to them or to others?  
Have I been arrogant, stubborn, or rebellious?  
Have I talked back to parents, teachers, or other adults?  
Have I pouted and been moody?  
Have I been selfish toward my parents, brothers, sisters, teachers, friends, or schoolmates?  
Have I gotten angry at them? Have I hit anyone?  
Have I held grudges or not forgiven others?  
Have I treated other children with respect or have I made fun of them and called them names?  
Have I used bad language?  
Have I stolen anything? Have I returned it?  
Have I performed my responsibilities, such as homework and household chores?  
Have I been helpful and affectionate toward my family?  
Have I been kind and generous with my friends?



# Additional Resources for the Jubilee Year of St. Francis of Assisi

## Online Parish Content

- St. Francis of Assisi Fulton parish Jubilee Year landing webpage

[www.instrumentofpeace.org/Jubilee2026](http://www.instrumentofpeace.org/Jubilee2026)



- St. Francis of Assisi Fulton parish Jubilee Year YouTube playlist

[www.youtube.com/@StFrancisAssisiParish/playlists](http://www.youtube.com/@StFrancisAssisiParish/playlists)



## Books

- [\*St. Francis of Assisi: A Biography\*](#), by Omer Englebert

## Film or Video

- [\*St. Francis of Assisi: Sign of Contradiction\*](#) - access film through [formed.org](http://formed.org))

## Other Nearby Jubilee Year Pilgrimage Sites

- The Shrine of St. Anthony - Ellicott City, MD [www.shrineofstanthony.org/2026-jubilee](http://www.shrineofstanthony.org/2026-jubilee)