

TITANIUM FORCE

INFO PACKET 2026-2027

2026 D2 Summit Champions

2026 D2 Summit Bronze Champions

2026 Cheersport Champions

2025 D2 Summit Champions

2025 D2 Summit Silver Champions

2025 Triple Crown Champions

2025 UCA Champions

2025 NCA Champions

2025 Cheersport Champions

2024 D2 Summit Champions

2024 D2 Summit Silver Champions

2024 NCA Champions

2024 Cheersport Champions

2023 D2 Summit Champions

2022 D2 Summit Silver Champions

2022 NCA Champions

2021 D2 Summit Champions

2021 Triple Crown Champions

2021 UCA Champions

2021 NCA Champions

2021 Cheersport Champions

2020 NCA Champions

2019 D2 Summit Champions

TITANIUM FORCE CHEER

We are thrilled you are interested in Titanium Force! The 2026-2027 season is our 11th year and we could not be more excited to make it the best one yet! There is no better place to experience the thrill of competitive cheerleading than at Titanium Force. Season 11 is going to be bigger, better, and more unforgettable than ever! Let's make this year amazing!

Titanium Force is the premier D2 all-star cheer program in Central Illinois, recognized for our sustained excellence and multiple national titles. Over the past decade, our teams have consistently achieved first place finishes at every level. Our program has earned championships at both local regional competitions and large national events, including JAMfest Super Nationals in Indianapolis, NCA in Dallas, Cheersport in Atlanta, and the D2 Summit at the ESPN Wide World of Sports at Walt Disney World in Orlando, FL.



Titanium Force is dedicated to empowering athletes to reach their highest potential. Our program emphasizes the development of essential life skills, including leadership, teamwork, self-confidence, and mental resilience. We take pride in fostering an environment where athletes are supported in their growth and celebrated in their achievements both inside and outside the gym!

New to cheerleading? No worries! Titanium Force welcomes athletes of all experience levels. We are committed to building a strong foundation from the very beginning so each athlete loves cheerleading just as much as we do! Our experienced and dedicated staff is here to teach you all you need to know to become a competitive and successful all-star cheerleader.





TITANIUM FORCE CHEER

SEASON 11

AGE

BRACKET



TEAM DIVISION

BIRTH YEAR

TINY
MINI
YOUTH
JUNIOR
SENIOR
U18 NT

2019-2023
2017-2020
2014-2019
2011-2018
6/01/07-2014
2008-2013

TITANIUM FORCE CHEER

SEASON 11 TINYS



This is a great choice for athletes at a young age who are just beginning cheerleading. It is a great way for your littles to learn the basics of All Star Cheerleading while also learning how to perform!

- Non-Competitive
- Tiny ages only
- Season September–March
- Practice 1 time a week (1 hour)
- Attend 2–3 local competitions
- Everyone makes a team



SEASON 11 NOVICE



This program is designed to be a step between Tinys and Prep. Novice is a great place to start if the athlete is coming from a school or rec program or still not wanting the full financial and time commitment.

- Mini, Youth, & Junior Age
- Seasons ends in late March/Early April
- Practice 1 time a week (1–2 hours)
- Attend 3–4 events
- Builds confidence, teamwork and developmental skills



SEASON 11 PREP



This program is designed to be a step between Novice and Elite! This is for athlete's who want to strengthen skills before being on an Elite team. Prep teams will perform at a competitive level and will place at competitions.

- Utilizes the scoring system
- Full season teams
- Ages 6–18 (tiny–senior teams)
- Practice 1–2 times a week (1 day over the summer 2 days a week during school year)
- Attend 4–6 local events



SEASON 11 ELITE



Our Elite Program is geared towards athletes who are committed to performing at the highest level of competitive cheer within a specific skill level. Athletes will be expected to be fully committed to their competitive teams.

- Full season competitive teams
- Mini, Youth, Junior, & Senior Age
- Practice 2–3 times a week (5–7 hours)
- Eligible for post season events
- Compete at 6–9 events both locally and nationally



Titanium Force has four distinct programs - Tiny, Novice, Prep, and Elite. Please read the descriptions for each program to determine which one fits you and your athlete best! When filling out our tryout registration form, select the program that is the best fit for your athlete. When teams are placed, coaches will take into consideration the program you selected. Selecting a specific program does not guarantee placement on a team at that level. Coaches will place athletes on teams that we think are the best fit for them. Our coaching staff will have conversations with families if a placement could involve a larger time and financial commitment.



TITANIUM FORCE CHEER

TRYOUT DATES

Individual Assessments

ALL ATHLETES (Novice, Prep, Elite) will choose ONE day at the time based on their age as shown below.

May 26th, 27th or 28th

5:00pm-6:00pm | Birth Years 2017-2020

6:00pm-7:00pm | Birth Years 2012-2016

7:00pm-8:00pm | Birth Years 6/1/2007-2011

Level Evaluations

May 31st and June 1st

Callbacks will be sent by email. Athletes may receive multiple callback times.

Final Assessments

June 2nd-5th

Callbacks will be sent by email. Athletes may receive multiple callback times.

Team Placements

June 9th

Team placements will be sent out by email.

*Athletes must attend all their assigned callback time slots to receive a team placement

REGISTRATION PROCESS

Registration for tryouts will be through iClassPro. When prompted to input an account name, please enter: tfcheerjwumbling. Here is where you will select the day and time you would like to attend our Individual Assessments. All families must have an iClassPro account and the tryout fee for each athlete must be paid prior to arriving to tryouts.

After registering through our iClassPro system, you will be emailed an informational form to fill out. Each athlete trying out must have the informational form completed before arriving to tryouts. The informational form helps coaches learn new faces and learn a little bit about your athlete.

Be on the lookout on our social media pages! When tryout registration goes live, it will be posted to our Instagram and Facebook pages.



Register for tryouts at www.titaniumforcecheer.com and click on the iClassPro tab



TITANIUM FORCE CHEER

TRYOUTS - WHAT TO EXPECT

- Athletes need to arrive 10-15 minutes early prior to their Individual Assessment time.
- Athletes should wear athletic clothing such as a sports bra, tank, t-shirt, and athletic shorts. Hair needs to be pulled back away from their face. Athletes should wear their cheer shoes or clean tennis shoes.
- For Individual Assessments, athletes will show their tumble and jump skills; as well as, learn a short dance.
- For Level Evaluations and Final Assessments, athletes will be put into groups to stunt, tumble, and jump.
- Watch your email for your callback times for each round!

On **Individual Assessment** day, athletes will show their tumbling and jump skills to coaches. Every athlete will be able to show ALL of the tumbling skills they have before leaving their tryout regardless of level. Each athlete will need to show 2 different standing tumbling passes and 2 different running tumbling passes. Coaches may ask to see additional passes. All skills will be performed on a spring floor with no spot. Athletes are encouraged to perform skills they are confident in. Coaches are looking for athletes who demonstrate skills with a high level of execution as needed for our scoresheet. Please refer to the Tumble Level Breakdown chart on the next page for the tumbling passes required for each level.

- Listed below are the jumps athletes will need to demonstrate:
 - Novice: 1 single toe touch
 - Level 1 and 2 Prep: 1 single toe touch, pike
 - Level 1-5 Elite: hurdler/toe touch combination, single toe touch, pike
- Athletes interested in being considered for a flying position will need to demonstrate body positions on the floor. Each body position needs to be performed on both the right and left side.
 - Heel stretch
 - Overstretch (also known as front stretch)
 - Arabesque
 - Scale
 - Scorpion/Needle
- Bases and backspots will be asked what stunt positions they prefer. The more positions mastered and/or willing to do, the more chance they have to make desired team.

How We Determine Team Placements

Coaching staff will evaluate each athlete on the following criteria:

- Tumbling difficulty level and execution
- Ability to tumble to counts
- Stunting difficulty level and execution
- Ability to stunt to counts
- Jump execution
- Athleticism and showmanship
- WILLINGNESS TO TAKE CORRECTIONS AND APPLY THEM
- Overall attitude and attendance from past season, if applicable

Younger athletes will also be evaluated on the following:

- Counting with music
- Working well with others
- Have the ability to stand still and follow directions



TITANIUM FORCE CHEER

Tryout FAQ

Do athletes need previous cheer experience?

No! We welcome athletes of all backgrounds and levels of cheer experience. Teams are formed based on age, ability, and overall team needs.

Does every athlete make a team?

Everyone makes a team! Throughout our tryout process, we are evaluating each athlete thoroughly to determine the team that will be the best fit. We strive to place athletes on teams where they will continue to grow and be the most successful.

Can athletes tryout for a specific team or level?

When trying out, athletes are trying out to be a Titanium Force athlete. We do not offer tryouts for specific teams or levels. The teams we are able to offer for the season are dependent on athletes who tryout with us. Team placements and levels are determined at the conclusion of tryouts.

What happens if my athlete is not happy with their team placement?

Each athlete is handpicked with thoughtful consideration to fulfill a role on a team. When considering athletes for teams, we place athletes based on what skill level is the most appropriate for them. We strive to have every athlete feel challenged, supported, and empowered to reach their full potential. If families feel the need to contact coaching staff regarding their athlete's placement, please wait 48 hours after team placements have been announced. Our staff is more than happy to discuss the vision we see for your athlete and their respective team placement.





TUMBLE LEVEL BREAKDOWN

TINY /NOVICE

Forward Roll
Cartwheel
Round-off
Bridge
Backbend Kick-Over

LEVEL 1.1 PREP

Back Walkover
Front Walkover
CWL BWO

LEVEL 1 ELITE

BWO Series
BWO Switch Leg
CWL BWO Series
FWO CWL

LEVEL 2.2 PREP

BWO BHS
BHS Step-Out BWO
RO BHS Step-Out
RO BHS Series

LEVEL 2/4.2 ELITE

BWO Switch Leg BHS
BHS Step-Out BWO BHS
RO BHS
CWL BHS Series
Flyspring

LEVEL 3 ELITE

BHS Series
BHS Step-Out 2 BHS
RO BHS Tuck
FWO Aerial

LEVEL 4 ELITE

Standing Tuck
2 BHS Tuck
BHS Tuck
RO BHS Layout
Whip Pass to Layout
Punch Front to Layout

LEVEL 5 ELITE

Advance Jump Tuck
BHS Layout
RO BHS Full
Whip Pass to Full
Punch Front to Full

LEVEL 6 ELITE

2 BHS Full
BHS Full
Standing Full
RO BHS Double Full
Speciality Pass to Double

*Athletes must be able to perform skills on a spring floor with no spot and excellent technique

RO = round off CWL = cartwheel BWO = back walkover FWO = front walkover BHS = back handspring



TITANIUM FORCE CHEER

TINY TEAM PLACEMENT

Athletes interested in joining our Tiny Program will not participate in our main tryouts. Registration for Tiny athletes will officially open on June 1st, 2026. New this season, Tiny athletes will participate in Tiny Development classes throughout August to help introduce foundational cheer skills, build confidence, and prepare for team placement. Official Tiny team practices will begin the week of September 14th, 2026. During their first practice, coaches will evaluate each athlete and determine final team placement. The number of Tiny teams will depend on overall registration numbers. To ensure the best experience for our youngest athletes, we strive to keep each Tiny roster limited in size to maintain a low athlete-to-coach ratio and provide quality instruction. For ordering purposes, uniform payments will be due in July and August. Monthly tuition will begin in August as part of our 8-month payment plan.

NOVICE TEAM PLACEMENT

Athletes selected for our Novice Program will participate in Individual Assessments and Level Evaluations only; Novice athletes will not attend Final Assessments. New this season, all Novice athletes will participate in Novice Development classes throughout June and July to help build foundational skills and prepare for the upcoming season. Official team practices will begin the week of August 10, 2026. During their first team practice, athletes will complete an additional coach-led evaluation to determine final team placement. Novice team placements will be announced following this first practice. For ordering purposes, uniform payments will be due in June and July. Monthly tuition will also begin in June as part of our 10-month payment plan.

ELITE/PREP TEAM PLACEMENT

After final assessments, coaches will then start building teams for season 11. Not only will an athlete's jumps, tumbling and stunting ability be considered while placing teams, but also an athlete's attitude, commitment willingness to learn, and ability to be coached.

Team rosters are finalized in August. Athletes will continue to be evaluated during skills camps, summer practices, and the first round of choreography to ensure they maintain skills shown at tryouts. Athletes who do not maintain skills may be moved to a different team or made an alternate. Athletes who show strong skill improvement may be moved up a higher level team. Rosters can change throughout the season based on performance and team needs. Consistent attendance, effort, attitude, and maintaining skills are required to keep a spot on the team.



All athletes need to attend one of our sizing days - July 8th and July 9th



TITANIUM FORCE CHEER

PRACTICES

Our Elite teams will practice two to three times a week; 1 weekend practice and 1 or 2 weeknight practices (depending on team needs). Prep teams will practice 2 times during the week and/or weekend. Tiny and Novice teams will practice 1 weeknight only. The summer practice schedule is usually less intense and will be posted in advance. As we approach fall, a new practice calendar for the season will be shared.

Practice schedules are posted in our Parent Portal. Once a practice schedule has been posted, practice times normally stay consistent. However, the program staff may need to adjust dates and/or timing occasionally as needed.

Extra practices can be added to the months of August through May when needed to prepare for competitions. These practices will typically be scheduled in advance and all athletes are required to attend.

We also encourage athletes to enroll into our recreational classes or tumbling classes through Jon Williams. Elite teams have built in time dedicated to tumbling on Sundays but it is beneficial to take additional tumbling lessons.

CHOREOGRAPHY DATES

Elite Choreography:

- **Session 1:** July 8-13
- **Session 2:** August 15-23

*all elite teams will attend both sessions

Prep Choreography:

- **Session 1:** July 16-17
- **Session 2:** September 3-5

*all prep teams will attend both sessions

Novice Choreography:

Times and dates will be posted to team pages once the teams start practices.

These dates are MANDATORY unless an exception is approved by your coaches





TITANIUM FORCE CHEER

Elite and Prep Team Flyers

For the scoresheet, flexibility and body positions are required to be performed. For athletes to be considered for a flying position, they must demonstrate ability to pull both front and back body positions on both legs. In order to score successfully on the scoresheet, we require flyers to do extra stretching outside of practices. Coaches may require flyers to submit weekly stretching videos and body position photos. Coaches will communicate to the flyers how to submit.

New this Season! Elite and prep team flyers will have an added flexibility class they are required to attend. Tuition for this class will be discounted for our team flyers and added to your iClass accounts. Flyers will be required to attend a set amount of classes throughout an 8 week session. Attendance requirements will be communicated once flying positions are determined.

If at any point throughout the season a flyer demonstrates a decrease in flexibility or does not fulfill the extra requirements, coaches may make the decision to remove a flyer from their stunt position.





TITANIUM FORCE CHEER



CROSSOVERS

Crossovers are athletes who compete on two teams. Being a crossover is a major commitment and should be considered carefully. Athletes must be able to handle the extra time, energy, and responsibility that comes with being on multiple teams.

You will be asked on the tryout form if you would like to be considered for a crossover position. While we will take your crossover interest into account, crossover spots are not guaranteed. In some cases, crossovers may be requested later in the season to fulfill team needs.

CROSSOVER REMINDERS

- Only athletes who show strong skills, commitment, positivity, and work ethic will be considered.
- Athletes must attend all practices for both teams—no exceptions.
- Directors/coaches may end a crossover at any time if it's in the best interest of the athlete or the teams.
- Athletes may not cross from Prep to Elite.
- Crossover athletes may only compete on two teams, and those teams must be within 2 levels of each other at The D2 Summit.
- If both teams attend NCA, athletes might not compete with both teams—coaches will determine which team they compete with.





TITANIUM FORCE CHEER

POST SEASON TEAMS

Elite teams with strong, consistent scores may earn bids to post-season events like The D2 Summit, the most prestigious competition of the year held in early May. Our post-season teams are made up of eligible Junior and Senior Elite athletes only—Tiny, Novice, and Prep teams do not attend post-season events. Youth Elite teams could have the potential to attend Youth Summit.

Families of Summit-bound athletes will have additional costs, including extra practices from April through May, coaches' fees, registration, and apparel expenses. Regular season payments will end in March, and post-season athletes will receive a separate charge covering all Summit-related costs.

Teams attending Summit will have additional practices in the months of April and May. Practices throughout these months are mandatory. We are not able to excuse absences or accommodate conflicts with other extracurricular activities during this important practice time.



ADDITIONAL EXPENSES

Additional items (like uniforms, practice wear, makeup, cheer shoes, etc.) will be required for new athletes and or returning athletes that need replacements or if a new uniform season. Please see the Merchandise form for details for your team. Also, there may also be special mandatory camps or training that will require extra expense. Teams that qualify to attend Summit will have choreography revamps in the Winter which will be an additional expense. We will be having 2 mandatory tumbling camps for elite and prep athletes. Both camps will be charged to your iClass account whether athletes attend or not. A stunt camp may also be added and required if applicable.

Practice Wear

All novice, prep, and elite athletes are required to purchase a sports bra and short for the season.





TITANIUM FORCE CHEER

IMPORTANT DATES

Full Season Annual Payment Due for Discount - **June 12, 2026**

Uniform / Practice Wear / Shoes Sizing Day for ALL Athletes (mandatory) - **July 8th and 9th**

First Practices for Elite teams - **Week of June 15th, 2026**

First Practices for Prep teams - **Week of June 15th, 2026**

Novice Development Classes - **Weeks of June 15th, June 22nd, July 13th, July 20th, July 27th (5 classes total)**

First Practices for Novice teams - **Week of August 10th, 2026**

Tiny Development Classes - **Weeks of August 3rd, August 10th, August 24th, August 31st (4 classes total)**

First Practices for Tiny teams - **Week of September 14th, 2026**

Mandatory Tumbling Camps (Elite and Prep ONLY) - **June 13th - 14th and August 28th - 30th**

Elite Choreography

1st round - **July 8-13**

2nd round - **August 15-23**

Prep Choreography

1st round - **July 16-17**

2nd round - **September 3-5**

Novice Choreography - **TBD**

Summer Break - **June 28th - July 4th**

Thanksgiving Break - **November 26th - 28th**

Christmas and New Year Break - **December 21st - January 2nd**

Easter - **March 28th**

Showcase - **TBD**

End of the season banquet - **TBD in May**

Tentative Competition Schedule will be posted in the future

All competitions and showcase are MANDATORY

*All dates and breaks are subject to change as needed



TITANIUM FORCE CHEER

FEES

- Tryout fee (non-refundable) - \$95 / Returning athletes use promo code for discounted rate!
- Registration Fee \$45 (non-refundable) - due at time of tryout registration and is good for 12 months to participate in all TF and JW classes and teams. Athlete shirt included if registered before August 1st
- USASF Fee \$49 - USASF membership is required by all athletes and is paid directly to USASF
- All above fees are non-refundable

TUITION

Below are the tuition costs for each program. Tuition fees include coaches hours/travel/competitions, choreography, music, and competitions. Any extra items needed such as practice wear, bow, uniform, makeup, and shoes are not included in your monthly tuition. Items such as uniform, practice wear, and any additional items will need to be paid in full at the time of ordering.

Tuition Payments are due on the 5th of each month. Payments are made through our iClassPro system.

We accept credit card, check, ACH, and cash.

(Costs are subject to change)

	Monthly	Annual
Tinys Team	\$194	\$1,550
(Pay in full or over 8 months from August - March)		
Novice Teams	\$190	\$1,900
(Pay in full or over 10 months from June - March)		
Prep Teams	\$240	\$2,395
(Pay in full or over 10 months from June - March)		
Elite Teams		
Level 1	\$290	\$2,895
Levels 2-3	\$350	\$3,495
Levels 4-6	\$375	\$3,745
(Pay in full or over 10 months from June - March)		

DISCOUNTS

Program athletes that pay the full tuition costs by June 12, 2026 will receive a discount of \$100 for Tiny, Novice and Prep and \$150 for Elite.

Sibling discounts are also available. The highest level athlete is charged full price while each additional sibling receives 10% off their tuition.



TITANIUM FORCE CHEER

Payment Policy

All Payments are non-refundable.

To maintain an active or future enrollment in any Titanium Force Cheer or Jon Williams Tumbling program - including competitive teams, recreational classes, camps, clinics, and other scheduled activities - every family account must have a valid payment method on file at all times. Accounts without a valid payment method may result in delayed enrollment, removal from future enrollment, or suspension from participation until the account is brought into compliance.

If you wish to withdraw from the program. Written notification must be submitted via email to management. Verbal notice or notification to a coach will not be accepted. A **drop fee** will apply as follows:

- \$350 if withdrawal occurs before September 2, 2026
- \$500 if withdrawal occurs on or after September 2, 2026

Exceptions may be considered only for:

- Season-ending injuries accompanied by a physician's written documentation.
- Family relocations of more than 100 miles from the facility.

A \$50 **late payment fee** will be assessed for each late payment occurrence.

A \$50 **rejected payment fee** will be assessed for each returned, declined, or rejected payment occurrence.



Technology Fee

Beginning this season, any payment processed through the online iClassPro Parent Portal, regardless of payment type (credit card, debit card, ACH/bank account, or other online payment method), will incur a 3.99% Technology Fee charged directly by iClassPro.

This fee is set and collected by iClassPro and is not retained, waived, adjusted, or refunded by Titanium Force Cheer or Jon Williams Tumbling.

Families wishing to avoid the 3.99% Technology Fee may submit payment by cash or check. Cash or check payments must be placed in a sealed envelope with the athlete's name clearly written on the outside and deposited in the payment drop box located in the lobby prior to the payment due date.



TITANIUM FORCE CHEER

TF STAFF CONTACT INFORMATION

We are committed to maintaining open and effective communication with all Titanium Force families. To ensure questions and concerns are addressed as efficiently as possible, we ask that you first direct any athlete-related questions to your child's coach. Your coaching staff is the best first point of contact for questions regarding your child's progress, development, or team experience. If you need further assistance beyond your coach, please contact the Program Director. For any account-related questions, general inquiries, or additional support, please use our primary email address: asktitaniumforce@gmail.com.

Please allow up to 24 hours for a staff member to respond to messages, emails, or phone calls. We appreciate your patience and understanding as we work to support all of our families.

Questions? We're happy to help!

Email: asktitaniumforce@gmail.com

Program Director/Owner

Laurie Rolinitis – (309) 634-9703

Direct Gym Number (TF / JW / Birthday Parties)

(309) 396-6615

Coaching Staff

Marquis Williams – (309) 922-9333

Angela Jaszarowski – (309) 472-2787

Hailey Smolarchuk – (309) 229-7699

Lynsi Frederick – (309) 360-7712

Dazia Williams – (309) 645-4007

Trisha Shouse – (309) 472-0181

Linda Laaker – (309) 642-5147

Emily Clark – (309) 550-4221

Ryan Histerote – (309) 635-1737



TITANIUM FORCE CHEER

COMMUNICATION

Communication throughout the season will primarily take place through email, GroupMe, the Titanium Force website, and social media platforms. Each team will have a private GroupMe group for team-specific communication. It is the responsibility of both parents and athletes to regularly monitor all communication platforms for important updates, announcements, and team information. Please refer to the Parent Portal on the Titanium Force website for all schedules and official program updates.

Each team will also have an assigned Team Parent for the season. Team Parents play an important support role within the program and assist both coaches and families with various team-related responsibilities. These responsibilities may include helping coordinate team communication through GroupMe, organizing team photos, taking attendance at designated arrival times, planning small team gifts or special moments throughout the season, and capturing a team photo at each competition. Team Parents may also assist coaches during events by helping athletes reconnect with their parents after performances, gathering the team for awards sessions, escorting athletes to awards, and assisting with special award moments such as jacket presentations or other team recognitions. Team Parents serve as a valuable support system to help ensure communication and logistics run smoothly throughout the season. If you need to speak with a coach, communication may be arranged by scheduling an appointment in person, by phone, text message, or Facebook Messenger. If a concern or issue arises, we respectfully ask that you wait at least 24 hours from the time the situation occurred before addressing it with a coach. This allows all parties time to process the situation, gather accurate information, and approach the conversation calmly and professionally. For all competitions, Titanium Force will provide a detailed schedule that includes arrival times, warm-up times, performance times, and awards sessions. Athletes are expected to arrive on time, fully prepared, and ready to perform.

Hotel information and team room block details will be shared as they become available. Unless a competition requires teams to stay at designated contracted hotels, each family is responsible for booking accommodations at the location of their choice. If contracted hotels are required by the event producer, families must stay within one of the approved options. We strongly recommend selecting refundable hotel reservations whenever possible in case competition schedules or event details change.

Competition hosts release the official Order of Competition at varying times, and Titanium Force coaching staff receives this information when it becomes publicly available. Families should rely on the official schedule and communication provided directly by Titanium Force rather than outside sources.

Please understand that Titanium Force coaches do not control competition order, judging, scoring, or event policies established by competition producers. While every effort will be made to attend events where teams have appropriate competition, there may be occasions when this is not possible.

Coaching staff may or may not stay at the same hotels as athletes and families during travel events. Coaches are only responsible for athletes during designated team activities, including scheduled practices, arrival times, warm-ups, competition performances, and awards sessions. Parents or guardians remain responsible for their athlete outside of these designated team functions.

Competition schedules, locations, and event details may change throughout the season. If adjustments occur, families will be notified as quickly as possible.

Titanium Force is committed to fostering a positive, respectful, and supportive environment for all athletes, families, and staff. We ask that all parents and athletes respect coaching staff, their decisions, and the overall program.

Positivity, sportsmanship, and support are expected at practices, competitions, and special events. Negative behavior, repeated disrespect, or ongoing disruptive attitudes from athletes or parents may result in being asked to leave the program. Parent behavior often directly impacts athlete attitude, and we encourage every family to contribute to a culture that reflects the values of Titanium Force.



TITANIUM FORCE CHEER

POLICIES

- Titanium Force prides itself in practicing positive support for our fellow teammates, all Titanium Force teams, coaching staff, alumni and all others. We expect our athletes and their families to uphold that same philosophy. When an athlete joins a team at Titanium Force, they become part of our family. Our goal is for athletes and parents to feel like our gym is a refuge and a place to get away from the stress of their daily activities. Therefore, negative attitudes and disrespect are not acceptable from anyone, including team members, parents, coaches or staff members.
- All athletes are placed on a team at the discretion of the coaches. Age, experience and ability all factor into placement. Please understand that athletes may be repositioned, moved or replaced AT ANY TIME at the discretion of the coaches. Any changes are made to benefit the team as a whole.
- My athlete must maintain and perform the current skill level for jumps, tumbling and stunts. This means if my athlete's performance is hindering the overall success of the team, he or she may be placed on another age/skill appropriate team at any given time throughout the season.
- If any athlete is asked to crossover to an additional team, they are responsible for any crossover fees.
- The days and times may change for practices throughout the season. Practices may be added, moved, and/or rescheduled at the discretion of the coaches.
- No one except the athletes and the coaches are allowed on the practice floor during practices without coach's approval.
- Practices are generally closed to ensure athletes can focus and coaches can maximize training time. Any scheduled parent viewing opportunities or open practices will be communicated in advance by Titanium Force staff.
- All competitions are mandatory. Only injury or a death in the family will be considered excused for competitions. Elite teams only - if an athlete misses the last regular season competition, they MAY not be permitted to perform at any end-of-season event.
- My athlete is allowed up to a total of 5 excused absences throughout the season. Attendance will be taken at every practice. Late arrival of more than 15 minutes will be considered half of an unexcused practice session.
- If an extracurricular activity regularly interferes with our mandatory practices or competitions, you will have to choose which activity you will continue to participate in.
- I must notify the coach by either a phone call, a text message or a Facebook Messenger message regarding an absence.
- My athlete cannot miss practice 2 weeks prior to competition and/or public performance, and he or she may be replaced for the upcoming competition for an unexcused absence (this includes vacations, camps, etc.)
- If the Coach is notified 4 full weeks prior to missed practices coaches may consider the absence as excused.
- My athlete is to wear the designated practice attire and bow to all practices.
- My athlete should arrive to practices on time and "ready to practice". Ready to practice" includes but not limited to, proper shoes and clothing, hair neatly pulled out of face and a positive attitude.
- My athlete is NOT allowed to access their cell phone during practices unless the coaching staff has given permission.
- If my athlete is sick and does not have a contagious disease and/or fever (above 101.4 degrees) he or she is expected to attend practices the week of a competition.
- If an injury should occur, it is the responsibility of the parent to seek professional help. Each athlete must have his/her own medical insurance. After seeing a physician, please provide Titanium Force with an evaluation of the athlete's injury status. A release from a physician is required before the athlete can return to practice. If my athlete is excused from practice by a physician, he or she must be released by a physician at least one full week before an upcoming competition to be allowed to compete.
- My athlete and I are required to pick up after ourselves. Please don't leave things lying around the gym. This is your cheer home so take pride in how it looks!
- All competitions and Showcase are MANDATORY!



TITANIUM FORCE CHEER

POLICIES CONTINUED

- If my athlete misses a competition for any reason other than illness, injury and/prearranged absence that has been approved by coaches, he or she MAY be asked to sit out of the next competition. This would total no more than two competitions in all. In this instance, a suitable alternate would compete. The financial obligation will still be the athlete's responsibility, not the substitutes.
- Athletes must wear the complete uniform and makeup at all competitions and performances.
- All athletes MUST be in complete uniform for ALL award ceremonies and should not change their shoes.
- All jewelry MUST be removed before going to the warm-up area. The coaches are NOT responsible for holding athletes' jewelry.
- Some of the competitions we attend are "stay to play". These competitions require athletes to book certain hotels. Hotel information for stay to play events will be sent out closer to competition season. Failure to comply with Varsity's stay to play policy could result in disqualification of the team.
- When your athlete is in uniform, they are representing the entire gym. Therefore, we expect them to exhibit good behavior. They should be polite, use good manners, and be respectful of others including other gym athletes, parents, competition staff members, and restaurant and retail employees.
- Athletes, parents, and any other spectators are not allowed to have communication with any competition officials.
- Safety of our athletes, coaches and families remains a top priority. Athletes are not allowed to use drugs, alcohol or any other substances that would impair their judgement. Random drug tests may be performed during the season.
- Zero Tolerance – Anyone demonstrating disrespectful or abusive conduct may be asked to leave the premises and/or the program. Destruction of property will not be tolerated and restitution for repairs will be the responsibility of the individuals involved.
- The director can make any changes to the policies. Policies can be added or changed at any time.

PARENT EXPECTATIONS

- Your dedication and support are just as important to us as it is to your child.
- We encourage all parents to sit together and support all Titanium Force teams.
- Parents are also encouraged to show support by wearing Titanium Force spirit wear at competitions.
- Showing respect for the coaching staff, other teams and host organizations is expected, as you are there representing Titanium Force and your child.
- Good Sportsmanship is expected at all competitions, practices and gym functions. Gossiping about athletes, coaches, teams, and staff will not be tolerated.
- Please respect the decisions made by the Coaching Staff at Titanium Force. We have years of experience and we will make the best decisions for the team and program.
- Please be positive in your parent chats. Do not create speculations / drama in these chats, instead respect your TF director and coaches by opening up the communications with them if you have any concerns or frustrations. Other team parents do not need to listen to your frustrations. We want to strive to create a positive experience with all of our families and that starts with parents.
- Do not make your own spirit wear with Titanium, Titanium Force, TF, or team names / logos, etc.. We pride ourselves in branding our name. Any use of any name must be approved by the program director. We reserve all rights.
- Do not post anything that could be seen as negativity on any social media platform. This could result in automatic removal of our program.
- Please understand that it is the responsibility of your daughter / son to be responsible for their usage of time to get homework done, study for tests, finish projects. They will not be allowed to miss any practices for these reasons including studying for finals. It is their responsibility to manage their time wisely.
- Please get your child on time to competitions and practices. Communicate with your coach if something happens in an event you have no choice but to be late.
- When your child is done competing, you are to pick up your child at the pick point. It is not the responsibility of the coaches to keep your child at this time.



TITANIUM FORCE CHEER

CODE OF CONDUCT

Titanium Force athletes are held to a high standard of moral character. Our goal is to surround ourselves with positive athletes who strive to reach both the team's goals and their personal goals. Parents of younger athletes, please read through the following obligations with your athlete explaining each one. The athlete and parent must initial each item and sign the form to acknowledge they understand and agree.

★ This is a full-season COMMITMENT and my team is depending on me to fulfill my responsibilities as a team member. I will commit to my coaches, my teammates and myself, that I will work hard to reach both the team's goals and my personal goals.

★ I will come to practice with a positive ATTITUDE, and I will work hard to achieve the goals set by my coaches. I realize a positive attitude is contagious and I will do my best to influence my teammates in a positive manner.

★ I will not disrespect any team member, coach, parent or athlete from Titanium Force or any other gym for any reason, at any time. This includes any form of negative behavior and includes "venting" or being disrespectful on any form of social media.

★ I will not use inappropriate language or participate in inappropriate, immoral behavior. I will not participate in the illegal consumption of tobacco, alcohol, or drugs. I understand my actions both inside and outside of the gym are a reflection of Titanium Force and I should demonstrate strong CHARACTER at all times.

★ I will not post any inappropriate items on any social media. This includes but not limited to offensive language, inappropriate pictures of myself or my teammates, etc.

★ Jewelry is not allowed to be worn at practices or at any competitions.

★ I will wear the scheduled practice clothes to each practice. I understand that it is my responsibility to help my parents keep up with the schedule and the outfits.

★ I will arrive at all competitions on time with my uniform, cheer shoes, hair, and makeup completed to Titanium Force Cheer standards.

★ Titanium Force reserves the right to make changes to uniforms, bows, shoes, hair and/or make up at any time.

★ I am not allowed to use drugs, alcohol or any other substances that would impair my judgement and that random drug tests may be performed during the season.

★ I will demonstrate good sportsmanship by showing respect and humility in both victory and defeat.

★ No Apparel, Spirit Gifts, or Accessories may be made with the Titanium Force name/logo or specific team names unless given permission from the Program Director. I understand that Titanium Force owns the rights to such names.

★ The program runs best with the help of volunteers for our special events like occasional team or gym events and gym Showcase. Each family is required to help with either the cheer floor tear-down, cheer floor set-up, decorating, and/or working tables at the Showcase to help make it a success. Volunteer hours are scheduled and tracked using SignUpGenius or similar program - it is important that all hours are logged this way in order to ensure we have enough help and so we can track the events you help at. Lack of volunteers could result in additional cost that would be charged out to all participants.

★ All material, music, and routines are the property of Titanium Force and may not be posted on social media until after the completion of the season and approval from the Program Director. Also, routines are not to be used for any other purpose including school squads and/or talent shows.

★ Breaking any of the codes of conduct or policies may result in suspension or dismissal from Titanium Force program.

★ If I choose to leave my team during a season, I have the responsibility to pay off the remaining balance of my cheer account, including any items or competitions that have already been paid for by the program. I also understand that a drop fee will be charged.



TITANIUM FORCE CHEER

I have carefully read and fully understand and accept all the information covered in the Titanium Force Cheer Program Guide for the 2026-2027 Season.

I agree to follow all the policies and code of conduct items set forth for the good of my team and the entire Titanium Force Cheer program.

Athlete's Name (print)_____

Athlete's Signature_____ Date_____

Parent/Legal Guardian's Name (print)_____

Parent/Legal Guardian's Signature _____ Date_____