

SEASON 10 INFO

2025-2026

2025 D2 Summit Champions

2025 Triple Crown Champions

2025 UCA Champions

2025 NCA Champions

2025 Cheersport Champions

2024 D2 Summit Champions

2024 NCA Champions

2024 Cheersport Champions

2023 D2 Summit Champions

2022 NCA Champions

2021 D2 Summit Champions

2021 Triple Crown Champions

2021 UCA Champions

2021 NCA Champions

2021 Cheersport Champions

2020 NCA Champions

2019 D2 Summit Champions



TITANIUM FORCE CHEER

Intro

We are thrilled that you're interested in our program! The 2025-2026 season is our 10th year, and we couldn't be more excited to make it the best one yet! There's no better place to experience the thrill of competitive cheer than Titanium Force—and this milestone season is going to be bigger, better, and more unforgettable than ever! Let's make year 10 amazing!

Titanium Force is the leading D2 gym in Central Illinois with multiple national titles. Over the past 9 years, our teams have excelled with 1st place finishes at every level. We have competed and won at local regional competitions as well as large national competitions like JAMfest Super Nationals in Indianapolis, NCA in Dallas, Cheersport in Atlanta, and the D2 Summit at the ESPN Wide World of Sports at Walt Disney World in Orlando, FL.



Titanium Force helps encourage athletes to strive to be their best. Athletes are taught competitive cheerleading along with important lifelong skills like - leadership, teamwork, communication, self-confidence, mental toughness and other skills that will benefit them in all aspects of their lives. We love seeing our athletes grow and succeed inside and outside of the gym!

New to cheerleading? No worries! We are here to help! We would love to train your child from the very beginning so that they love cheerleading just as much as we do! Our amazing staff is here to teach you all you need to know to become a competitive and successful all-star cheerleader.





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x x x x x

USASF AGE BRACKET

TEAM DIVISION

BIRTH YEAR

TINYS

2018-2022

MINI

2016-2019

YOUTH

2013-2018

JUNIOR

2010-2017

SENIOR

6/01/06-2013

TF TITANIUM FORCE CHEER

Titanium Force has four distinct programs (Tinys, Novice, Prep, and Elite) to fit your needs!! Please read the description of each program to see what fits you and your athlete best!

If you're looking to be on a Tinys, Novice, Prep or Elite team, please fill out the tryout registration form and select the best program for your athlete.

XXXXX
XXXXX

TINYS

This is a great choice for athletes at a young age who are just beginning cheerleading. It is a great way for your littles to learn the basics of All Star Cheerleading while also learning how to perform!

- Non-Competitive
- Tiny ages only
- Season September-March
- Practice 1 time a week (1 hour)
- Attend 2-3 local competitions
- Everyone makes a team



XXXXX
XXXXX

NOVICE

This program is designed to be a step between Tinys and Prep. Novice is a great place to start if the athlete is coming from a school or rec program or still not wanting the full financial and time commitment.

- Mini, Youth, & Junior Age
- Season September-March
- Practice 1 time a week (1-2 hours)
- Attend 2-3 local competitions
- Everyone makes a team



XXXXX
XXXXX

PREP

This program is designed to be a step between Novice and Elite! This is for athlete's who want to strengthen skills before being on an Elite team. Prep teams will perform at a competitive level and will place at competitions.

- Utilizes the scoring system
- Full season teams
- Tiny, Mini, Youth, & Junior Age
- Practice 1-2 times a week (1 day over the summer 2 days a week during school year)
- Attends 4-6 local events



XXXXX
XXXXX

ELITE

Our Elite Program is geared towards athletes who are committed to performing at the highest level of competitive cheer within a specific skill level. Athletes will be expected to be fully committed to their competitive teams.

- Full season competitive teams
- Mini, Youth, Junior, & Senior Age
- Practice 2-3 times a week (5-7 hours)
- Eligible for post season events
- Competes locally and nationally



XXXXX
XXXXX

ELITE FLEX

USASF has introduced an exciting new division! Flex is built for athletes who need a more flexible path to participate. All flex divisions fall under the Elite tier and have the same expectations and commitments as our elite teams.

- Full season competitive teams
- Youth and Junior divisions
- Practice 2 times a week (5-7 hours)
- Eligible for post season events
- Competes locally and nationally





TUMBLE LEVEL BREAKDOWN

TINYS AND NOVICE LEVEL 1

FORWARD ROLL
CARTWHEEL ATTEMPT
HANDSTAND ATTEMPT
BRIDGE UP

LEVEL 3 ELITE

STANDING 3 BHS
BHS STEP OUT 2 BHS
ROUND OFF BHS TUCK
FWO AERIAL

LEVEL 1 ELITE/1.1PREP

BACK WALKOVER SERIES
SWITCH LEG BACK WALKOVER
CARTWHEEL 2 BACK
WALKOVER
FRONT WALKOVER
CARTWHEEL BACK WALKOVER

LEVEL 4 ELITE

STANDING TUCK
BHS TUCK
2 BHS TUCK
ROUND OFF BHS LAYOUT
SPECIALTY WHIP PASS
SPECIALTY FRONT PUNCH
PASS

LEVEL 2 ELITE/2.2 PREP

BACK WALKOVER/SWITCH
LEG BHS
BHS STEP OUT BWO BHS
ROUND OFF 2 BHS
CARTWHEEL 2 BHS
FLYSPRING

LEVEL 5 ELITE

BHS LAYOUT
2 BHS LAYOUT
ADVANCED JUMP TO TUCK
ROUND OFF BHS FULL
SPECIALTY WHIP PASS TO
FULL
SPECIALTY FRONT PUNCH
PASS TO FULL



TITANIUM FORCE CHEER

TRYOUT DATES

Individual Assessments

ALL ATHLETES (Novice, Prep, Elite) will choose ONE day at the time based on their age as shown below.

May 27th, 28th or 29th

5:00pm-6:00pm | Ages 5-8

6:00pm-7:00pm | Ages 9-11

7:00pm-8:00pm | 12 and up

Level Evaluations Round 1

May 31st and June 1st

Callbacks will be posted by email

Level Evaluations Round 2

June 2nd-5th

Callbacks will be posted by email

Team Placements

June 9th

TEAM PLACEMENT

After the second round of Level Evaluations, coaches will then start building teams for season 10. Not only will athletes jumps, tumbling and stunting ability be involved while placing teams but also athletes attitude, commitment and willingness to learn.

Team rosters will be finalized in August. Athletes will be evaluated during skills camp, summer practices, and the first round of choreography to ensure they maintain the skills shown at tryouts. Those who don't may be moved to a different team or made an alternate. Athletes who show strong improvement may be moved up. Rosters can change throughout the season based on performance. Consistent attendance, effort, and attitude are required to keep a spot on the team. This process was introduced last season and successfully ensured athletes were placed where they performed best.

REGISTRATION PROCESS

Registration Online NOW

Follow link provided on our social media or visit

www.titaniumforcecheer.com



TITANIUM FORCE CHEER

TRYOUT DAY- WHAT TO EXPECT

- Athletes need to arrive 10-15 minutes early prior to their planned Individual Assessment time.
- Athletes should wear a sports bra and athletic shorts. Athletes may also wear shirts or tanks. Hair needs to be pulled away from their face. Current athletes need to wear their cheer shoes. New athletes can wear clean tennis shoes.
- On Individual Assessment day, athletes will tumble, jump and dance. For Level Evaluations and Final Assessments, athletes will stunt and also tumble and jump with others.
- You are free to leave after athletes have completed their Individual Assessments. Watch your email for your callback times for Level Evaluations Round 1 and Round 2.

On Individual Assessment day, athletes will go one by one and demonstrate the following skills. Every athlete will be able to show ALL of the skills they have before leaving their tryout regardless of level.

1. Hardest running pass, followed by a second pass if it shows variety or new skill they might land
2. Hardest standing tumbling pass, followed by a second standing tumbling skill connected to jumps (if applicable in the level)

We are given each level a mandatory standing and running pass to counts. They must tumble on time to receive full credit (BHS - Back Handspring, BWO - Back Walkover, RO - Round Off)

- Level 1 prep: Cartwheel BWO & 2 BWO connected
 - Level 1: Cartwheel BWO switch leg & 2 BWO connected
 - Level 2 prep: RO BHS & BWO BHS
 - Level 2: RO 2 BHS & BWO switch leg BHS
 - Level 3: RO BHS tuck & BHS step out BHS BHS
 - Level 4: RO BHS Layout & BHS Tuck
 - Level 5: RO BHS Full & 2 to layout
3. Jumps
 - Novice: 1 single toe touch
 - Level 1 and 2 Prep: 1 single toe touch
 - Level 1-5 Hurdler/Toe touch, pike
 4. Flyers will show body positions on the floor
 - Right & left heel stretch, overstretch, Arabesque, Scale, Scorpion, Needle
 5. Bases and Backspots will be asked what positions they prefer. The more positions mastered, the more chance they have to make desired team

Coaching staff will evaluate each athlete on the following criteria:

- Tumbling difficulty and technique
- Tumbling on count
- Stunt Difficulty and technique
- Jump technique
- Athleticism
- Showmanship
- WILLINGNESS TO TAKE CORRECTIONS AND APPLY THEM
- Overall attitude and attendance from past season, if applicable

Younger athletes will also be evaluated on the following:

- Counting music
- Working well with others
- Have the ability to stand still and follow directions



TITANIUM FORCE CHEER

SKILLS CAMP

This year, both Elite and Prep teams will be having Skills Camp! Athletes will be taught proper technique, drills, and level-specific skills needed for the season. Skills Camps will also give coaches the opportunity to finalize placements and stunt groups. Coaches will begin introducing stunt elements to see what skills will be choreographed into the routines. Skills Camps are mandatory for all athletes.

Elite/Prep team skills camp: June 11th-25th

CHOREOGRAPHY DATES

Prep and Elite Choreography:

- **Session 1:** July 27th-31st
- **Session 2:** August 22nd-31st

Novice Choreography:

Times and dates will be posted to team pages once the date gets closer.

These dates are MANDATORY unless an exception is approved by your coaches

PRACTICES

Our Elite teams will normally practice two to three times a week; one weekend and 1 or 2 weeknights (depending on team needs). Prep teams will practice 2 nights per week. Tiny and Novice teams will practice one weeknight only. The summer practice schedule is usually less intense and will be posted in advance.

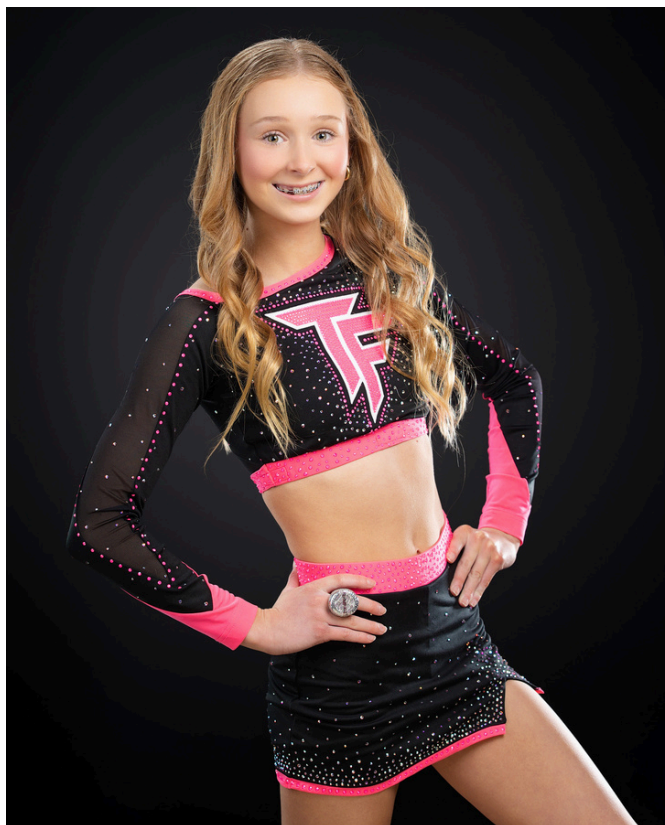
Once a base practice schedule has been posted to team pages, practice times normally stay consistent. However, the program staff may need to adjust dates and/or timing occasionally.

Extra practices can be added to the months of August through May when needed to prepare for competitions. These practices will typically be scheduled in advance and all athletes are required to attend.

We also encourage athletes to enroll into tumbling classes at Jon Williams Tumbling or sign up for private lessons. Elite teams have built in time dedicated to tumbling but it is beneficial to take outside tumbling lessons.



TITANIUM FORCE CHEER

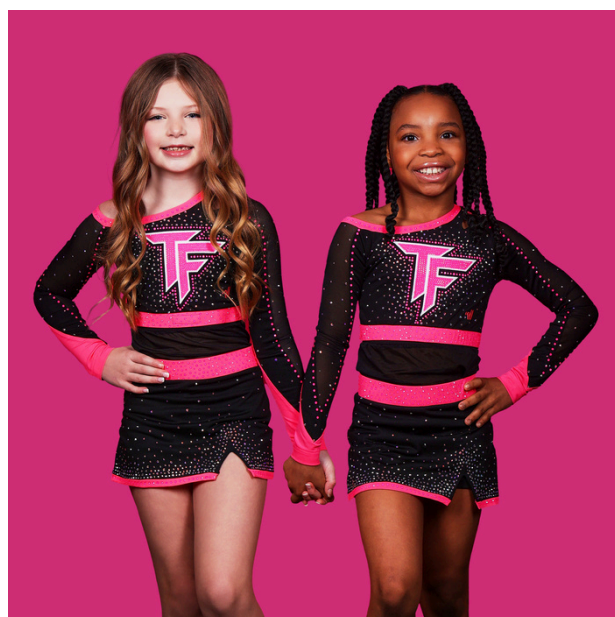


CROSSTOVERS

Crossovers are athletes who compete on two teams. This is a major commitment and should be considered carefully. Athletes must be able to handle the extra time, energy, and responsibility that comes with being on multiple teams. You'll be asked on the tryout form if you'd like to be considered for a crossover position. While we'll take that into account, crossover spots are not guaranteed. In some cases, crossovers may also be requested later in the season if needed for team balance.

CROSSOVER REMINDERS

- Only athletes who show strong skills, commitment, positivity, and work ethic will be considered.
- Athletes must attend all practices for both teams—no exceptions.
- Directors/coaches may end a crossover at any time if it's in the best interest of the athlete or the teams.
- Athletes may not cross from Prep to Elite.
- Crossover athletes may only compete on two teams, and those teams must be within one level of each other at The Summit.
- If both teams attend NCA, athletes might not compete with both teams—coaches will determine which team they compete with.





TITANIUM FORCE CHEER

POST SEASON TEAMS

Elite teams with strong, consistent scores may earn bids to post-season events like The D2 Summit, the most prestigious competition of the year held in early May. Our post-season teams are made up of eligible Junior and Senior Elite athletes only—Tiny, Novice, and Prep teams do not attend post-season events.

Families of Summit-bound athletes will have additional costs, including extra practices from April through May, coaches' fees, registration, and apparel expenses. Regular season payments will end in April, and post-season athletes will receive a separate charge covering all Summit-related costs.

A new practice schedule will be released for Summit-eligible teams, and these practices are mandatory. If you know of any potential conflicts, please let the coaching staff know before the schedule is finalized so we can plan accordingly.



ADDITIONAL EXPENSES

Additional items (like uniforms, practice wear, makeup, cheer shoes, etc.) will be required for new athletes and or returning athletes that need replacements. Please see the Merchandise form for details for your team. Also, there may also be special mandatory camps or training that will require extra expense. Summit team choreography cleanups are also an additional expense if your team qualifies to attend Summit.

Practice Wear

All novice, prep, and elite athletes will be required to purchase a sports bra and short. Athletes who attended Summit with TF in the previous season will need to purchase a new sports bra.



TITANIUM FORCE CHEER

IMPORTANT DATES

Skills Camp (Elite and Prep ONLY) - **June 11th-25th**

Full Season Annual Payment Due for Discount - **June 13, 2025**

First Practices of Elite teams - **Week of July 14, 2025**

First Practices of Prep teams - **Week of July 14, 2025**

Uniform / Practice Wear / Shoes Sizing Day for ALL Athletes -

June 17th 3-7:00pm and June 18th 10-3:00pm

First Practices of Novice teams - **August 4, 2025**

First Practices of Tinys teams - **September 8, 2025**

Elite and Prep Choreography

1st round - **July 27-31**

2nd round - **August 22-31**

Summer Break - **June 30 - July 13**

Novice Choreography - **TBD**

Thanksgiving Break - **November 27 - 29**

Christmas and New years - **December 19 - January 3**

Easter - April 5, 2025

Showcase - **TBD, will be in April**

End of the season banquet - **TBD in May**

Tentative Competition Schedule will be posted in the future

All competitions and year end showcase are MANDATORY



TITANIUM FORCE CHEER

Fees

Tryout Fee \$85

Registration Fee \$45 (due at time of tryout registration and is good for 12 months to participate in all classes and teams) (Shirt included if registered before August 1st)

USASF Fee \$49 (must be paid directly to USASF by each athlete)

Tuition

Below are the tuition costs for each program. The fees are for coaches hours/travel/competitions, choreography, music, and competitions. Any extra items needed such as practice wear, bow, uniform, makeup, and shoes are not included in your monthly tuition.

Tuition Payments are due on the 5th of each month. Payments are made through our iclasspro system.

We accept credit card, check, ACH, and cash

(Costs are subject to change)

	Monthly	Annual
Tinys Team	\$188	\$1,500
(Pay in full or over 8 months from August - March ages 3-5 only)		
Novice Teams	\$185	\$1,850
(Pay in full or over 10 months from June - March)		
Prep Teams	\$225	\$2,250
(Pay in full or over 10 months from June - March)		
Elite Teams		
Level 1	\$280	\$2,800
Levels 2-3	\$345	\$3,450
Levels 4-6	\$370	\$3,700
(Pay in full or over 10 months from June - March)		

All Payments are non-refundable. If you wish to leave the program, you must notify management via email. A **drop fee** of \$350 would be charged if before Sept. 2, 2025 and \$500 if Sept. 2 or later. Exceptions are considered for season ending injuries with a doctors note or family relocations of over 100 miles. **Late payment fee** is \$50 per occurrence and **rejected payment fee** is \$50 per occurrence.

Discounts

Program athletes that pay the full tuition costs by June 13, 2025 will receive a discount of \$100 for Tinys, Novice and Prep and \$150 for Elite.

Sibling discounts are also available. The highest level athlete is charged full price while each additional sibling receives 10% off their tuition.



TITANIUM FORCE CHEER

TEAM MERCHANDISE

Elite team requirements:

Required for new athletes and/or returning athletes who need replacements

Uniform	\$580
Black mesh uniform leotard (all teams except Senior)	\$50
Practice wear set (sports bra and shorts)	\$135
Rebel cheer shoes (Order through our Rebel store)	
Makeup kit (eye shadow, lip sense, cheek color)	\$90
Makeup kit ONLY (eye shadow and cheek color)	\$45
Lip sense only	\$50
Eye shadow (dark)	\$15
Eye shadow (silver)	\$15
Bow	\$35

Novice/Prep team requirements:

Required for new athletes and/or returning athletes who need replacements

Uniform Prep Team	\$580
Black mesh uniform leotard (all teams except Senior)	\$50
Uniform Novice Team	\$240
Practice wear set (sports bra and shorts)	\$135
Rebel cheer shoes (Order through our Rebel store)	
Makeup kit (eye shadow, lip sense, cheek color)	\$90
Makeup kit ONLY (eye shadow and cheek color)	\$40
Lip sense only	\$47
Eye shadow (dark)	\$12
Eye shadow (silver)	\$12
Bow	\$35

Tinys team requirements:

Required for new athletes and/or returning athletes who need replacements

Uniform (used for 2 years and same as novice and prep)	\$240
Bow	\$35
Rebel cheer shoes (order through our Rebel store)	



TITANIUM FORCE CHEER

TF STAFF CONTACT INFORMATION

We strive to make sure all lines of communication are open at all time. Please address all questions you have to your coaches first. If you need further assistance, you should then contact the Program Director. Feel free to talk to your coaches about any questions or concerns related to your child's progress. Any questions or concerns in regards to your account should be sent to our email address - titaniumforcecheer@gmail.com. Please allow up to 24 hours for staff members to respond to your message, email, and/or phone call.

Program Director - Laurie Rolinitis (309) 634-9703

Coaches

Marquis Williams (309) 922-9333

Angela Jaszarowski (309) 472-2787

Hailey Smolarchuk (309) 229-7699

Avery Kern (309) 696-1154

Lynsi Frederick (309) 360-7712

Dazia Williams (309) 645-4007

Caitlin Brock (309) 865-696-5821

Niesha Williams (309) 846-7069

Ella Haynes (309) 310-6270

Trisha Shouse (309) 472-0181

Ashlyn Jackson (309) 360-0041

Paige Walker (309) 422-9601

Linda Laaker (309) 642-5147



TITANIUM FORCE CHEER

COMMUNICATION

Communication will be through email, the program website and/or social media. Each team will have a private Facebook page and it is the parent and athlete's responsibility to check that page often for information. Please refer to the parent portal on the website or your Facebook team page for all schedules.

If you need to speak with a coach, this can be done by scheduling an appointment in person, by phone, via text message or Facebook Messenger message. If there is an issue that you want to address, we ask that you wait at least 24 hours from the time the issue occurred to meet with the coach as this allows sufficient time for everyone to assess the situation and remain calm while addressing it.

A schedule with arrival time, warm-up time, performance time and awards sessions will be in place for all competitions. Your athlete must arrive on time and be ready to perform.

Contact information for hotels and team blocks will be provided when they are available. Each family is responsible for booking a hotel room at a location of their choice unless the competition mandates teams to stay at contracted hotels for their event and then they should stay at one of the contracted hotels. Please select refundable hotel reservations in case there are changes to the competition schedule.

Competition hosts post the Order of Competition at different times. The coaches receive the competition information when it is made available to the public via the internet. Please use the schedule provided by Titanium Force Cheer.

Titanium Force coaches do not have control of the teams' competition order, judging or competition policies at the various events. Every possible effort will be made to ensure that my athlete's team will have a team to compete against. However, there may be times this may not be possible.

The coaching staff may or may not stay at the same hotels as the team members. Coaches are only responsible for my athlete during a team practice or at the competition venue during the designated times (this includes arrival times, warm-ups, competition times, and awards).

The competition schedules and locations may change throughout the year, and if this occurs, you will be notified as soon as possible.

Please be respectful of the Titanium Force coaching staff and their decisions made in regards to the team. Plan to support Titanium's program by being positive at all practices, competitions, and other special events. Parent's negative actions and attitude often reflect in their athlete's behavior and/or attitude. Anyone with a negative attitude may be asked to leave the program.



TITANIUM FORCE CHEER

POLICIES

- Titanium Force prides itself in practicing positive support for our fellow teammates, all Titanium Force teams, coaching staff, alumni and all others. We expect our athletes and their families to uphold that same philosophy. When an athlete joins a team at Titanium Force, they become part of our family. Our goal is for athletes and parents to feel like our gym is a refuge and a place to get away from the stress of their daily activities. Therefore, negative attitudes and disrespect are not acceptable from anyone, including team members, parents, coaches or staff members.
- All athletes are placed on a team at the discretion of the coaches. Age, experience and ability all factor into placement. Please understand that athletes may be repositioned, moved or replaced AT ANY TIME at the discretion of the coaches. Any changes are made to benefit the team as a whole.
- My athlete must maintain and perform the current skill level for jumps, tumbling and stunts. This means if my athlete's performance is hindering the overall success of the team, he or she may be placed on another age/skill appropriate team at any given time throughout the season.
- If any athlete is asked to crossover to an additional team, they are responsible for any crossover fees.
- The days and times may change for practices throughout the season. Practices may be added, moved, and/or rescheduled.
- No one except the athletes and the coaches are allowed on the practice floor during practices without coach's approval.
- Practices are closed throughout the season. There will be designated times for parents to watch the routines.
- My athlete is allowed up to 3 unexcused practices in the summer and 5 unexcused practices during the school year totaling 8 for the season. Attendance will be taken at every practice. Late arrival of more than 15 minutes will be considered half of an unexcused practice session.
- If an extracurricular activity regularly interferes with our mandatory practices or competitions, you will have to choose which activity you will continue to participate in.
- I must notify the coach by either a phone call, a text message or a Facebook Messenger message regarding an absence.
- My athlete cannot miss practice 2 weeks prior to competition and/or public performance, and he or she may be replaced for the upcoming competition for an unexcused absence (this includes vacations, camps, etc.)
- If the Coach is notified 4 full weeks prior to missed practices and/or 8 full weeks prior to missed competitions, coaches may consider the absence as excused.
- My athlete is to wear the designated practice attire and bow to all practices.
- My athlete should arrive to practices on time and "ready to practice." Ready to practice" includes but not limited to, proper shoes and clothing, hair neatly pulled out of face and a positive attitude.
- My athlete is NOT allowed to access their cell phone during practices unless the coaching staff has given permission.
- If my athlete is sick and does not have a contagious disease and/or fever (above 101.4 degrees) he or she is expected to attend practices the week of a competition.
- If an injury should occur, it is the responsibility of the parent to seek professional help. Each athlete must have his/her own medical insurance. After seeing a physician, please provide Titanium Force with an evaluation of the athlete's injury status. A release from a physician is required before the athlete can return to practice. If my athlete is excused from practice by a physician, he or she must be released by a physician at least one full week before an upcoming competition to be allowed to compete.
- My athlete and I are required to pick up after ourselves. Please don't leave things lying around the gym. This is your cheer home so take pride in how it looks!
- All competitions and year end showcase are MANDATORY.
- If my athlete misses a competition for any reason other than illness, injury and/prearranged absence that has been approved by coaches, he or she MAY be asked to sit out of the next competition. This would total no more than two competitions in all. In this instance, a suitable alternate would compete. The financial obligation will still be the athlete's responsibility, not the substitutes.
- Athletes must wear the complete uniform and makeup at all competitions and performances.



TITANIUM FORCE CHEER

POLICIES

- All athletes **MUST** be in complete uniform for ALL award ceremonies and should not change their shoes.
- All jewelry **MUST** be removed before going to the warm-up area. The coaches are **NOT** responsible for holding athletes' jewelry.
- Some of the competitions we attend are "stay to play". These competitions require athletes to book certain hotels. Hotel information for stay to play events will be sent out closer to competition season. Failure to comply with Varsity's stay to play policy could result in disqualification of the team.
- When your athlete is in uniform, they are representing the entire gym. Therefore, we expect them to exhibit good behavior. They should be polite, use good manners, and be respectful of others including other gym athletes, parents, competition staff members, and restaurant and retail employees.
- Athletes, parents, and any other spectators are not allowed to have communication with any competition officials.
- Safety of our athletes, coaches and families remains a top priority. Athletes are not allowed to use drugs, alcohol or any other substances that would impair their judgement. Random drug tests may be performed during the season.
- Zero Tolerance – Anyone demonstrating disrespectful or abusive conduct may be asked to leave the premises and/or the program. Destruction of the property will not be tolerated and restitution for repairs will be the responsibility of the individuals involved.
- The director can make any changes to the policies. Policies can be added or changed at any time.

PARENT EXPECTATIONS

- Your dedication and support are just as important to us as it is to your child.
- We encourage all parents to sit together and support all Titanium Force teams.
- Parents are also encouraged to show support by wearing Titanium Force spirit wear at competitions.
- Showing respect for the coaching staff, other teams and host organizations is expected, as you are there representing Titanium Force and your child.
- Good Sportsmanship is expected at all competitions, practices and gym functions. Gossiping about athletes, coaches, teams, and staff will not be tolerated.
- Please respect the decisions made by the Coaching Staff at Titanium Force. We have years of experience and we will make the best decisions for the team and program.
- Please be positive in your parent chats. Do not create speculations / drama in these chats, instead respect your TF director and coaches by opening up the communications with them if you have any concerns or frustrations. Other team parents do not need to listen to your frustrations. We want to strive to create a positive experience with all of our families and that starts with parents.
- Do not make your own spirit wear with Titanium, Titanium Force, TF, or team names / logos, etc.. We pride ourselves in branding our name. Any use of any name must be approved by the program director. We reserve all rights.
- Do not post anything that could be seen as negativity on any social media platform. This could result in automatic removal of our program.
- Please understand that it is the responsibility of your daughter / son to be responsible for their usage of time to get homework done, study for tests, finish projects. They will not be allowed to miss any practices for these reasons including studying for finals. It is their responsibility to manage their time wisely.
- Please get your child on time to competitions and practices. Communicate with your coach if something happens in an event you have no choice but to be late.
- When your child is done competing, you are to pick up your child at the pick point. It is not the responsibility of the coaches to keep your child at this time.



TITANIUM FORCE CHEER

CODE OF CONDUCT

Titanium Force athletes are held to a high standard of moral character. Our goal is to surround ourselves with positive athletes who strive to reach both the team's goals and their personal goals. Parents of younger athletes, please read through the following obligations with your athlete explaining each one. The athlete and parent must initial each item and sign the form to acknowledge they understand and agree.

★ This is a full-season COMMITMENT and my team is depending on me to fulfill my responsibilities as a team member. I will commit to my coaches, my teammates and myself, that I will work hard to reach both the team's goals and my personal goals.

★ I will come to practice with a positive ATTITUDE, and I will work hard to achieve the goals set by my coaches. I realize a positive attitude is contagious and I will do my best to influence my teammates in a positive manner.

★ I will not disrespect any team member, coach, parent or athlete from Titanium Force or any other gym for any reason, at any time. This includes any form of negative behavior and includes "venting" or being disrespectful on any form of social media.

★ I will not use inappropriate language or participate in inappropriate, immoral behavior. I will not participate in the illegal consumption of tobacco, alcohol, or drugs. I understand my actions both inside and outside of the gym are a reflection of Titanium Force and I should demonstrate strong CHARACTER at all times.

★ I will not post any inappropriate items on any social media. This includes but not limited to offensive language, inappropriate pictures of myself or my teammates, etc.

★ Jewelry is not allowed to be worn at practices or at any competitions.

★ I will wear the scheduled practice clothes to each practice. I understand that it is my responsibility to help my parents keep up with the schedule and the outfits.

★ I will arrive at all competitions on time with my uniform, cheer shoes, hair, and makeup completed to Titanium Force Cheer standards.

★ Titanium Force reserves the right to make changes to uniforms, bows, shoes, hair and/or make up at any time.

★ I am not allowed to use drugs, alcohol or any other substances that would impair my judgement and that random drug tests may be performed during the season.

★ I will demonstrate good sportsmanship and strive to be a humble winner and a gracious losing.

★ No Apparel, Spirit Gifts, or Accessories may be made with the Titanium Force name/logo or specific team names unless given permission from Laurie Rolinitis. I understand that Titanium Force owns the rights to such names.

★ The program runs best with the help of volunteers for our special events like occasional team or gym events and our end of the season gym Showcase. Each family is required to help with either the cheer floor tear-down, cheer floor set-up, decorating, and/or working tables at the Showcase to help make it a success. Volunteer hours are scheduled and tracked using SignUpGenius or similar program - it is important that all hours are logged this way in order to ensure we have enough help and so we can track the events you help at.

★ All material, music, and routines are the property of Titanium Force and may not be posted on social media until after the completion of the season and approval from the Program Director. Also, routines are not to be used for any other purpose including school squads and/or talent shows.

★ Breaking any of the codes of conduct or policies may result in suspension or dismissal from Titanium Force program.

★ If I choose to leave my team during a season, I have the responsibility to pay off the remaining balance of my cheer account, including any items or competitions that have already been paid for. I also understand that a drop fee will be charged.



TITANIUM FORCE CHEER

I have carefully read and fully understand and accept all the information covered in the Titanium Force Cheer Program Guide for the 2024-2025 Season.

I agree to follow all the policies and code of conduct items set forth for the good of my team and the entire Titanium Force Cheer program.

Athlete's Name (print) _____

Athlete's Signature _____ Date _____

Parent/Legal Guardian's Name (print) _____

Parent/Legal Guardian's Signature _____ Date _____