

Saint Essay Guidelines

1. Essay should be ½ page to 1 page typed in *your own words*.
2. Include your saint's name and birth name if different.
3. Birth date, birthplace, and death date
4. What was happening in the area where your saint lived?
5. What did your saint do to live a holy life?
6. Name miracles or other interesting facts. For example: Did your saint have a stigmata, suffer a long-term illness, or experience mysticism?
7. Is there significance to the death? For example: was the saint a martyr or perhaps the saint died on a feast day.
8. Is the saint a patron saint? If so, patron saint of what and how did he/she become this?
9. Explain why you picked this saint. Be specific about the traits and qualities you admire about your saint.

Please submit your Saint Essay to sarah@sacredhrt.com by Dec. 1, 2024.