

Sacred Heart

— Catholic Church

Unite in love, then serve.

Discerning Sponsor,

Congratulations for having been asked to be a Confirmation sponsor! A candidate for Confirmation sees you as a model of a Catholic Christian. Your role as a sponsor will be to nurture a close personal and spiritual relationship during the Confirmation preparation and throughout their lifetime. This letter will outline the expectations and requirements of a sponsor so that you can make an informed decision.

As a Confirmation sponsor, you are a mentor and witness to a faith-filled life. You should be a mature person of faith, capable of meeting or speaking regularly with the candidate. You should also be comfortable conversing, praying, questioning, and growing in an intentional discipleship relationship with the candidate. Other requirements to be a sponsor are as follows:

1. A sponsor must be at least 16 years of age.
2. A sponsor must have received the Sacraments of Baptism, First Eucharist, and Confirmation in the Catholic Church.
3. A sponsor must attend Mass regularly on Sundays and on the Holy Days of Obligation.
4. A sponsor, if married, **must** be married in the Catholic Church.
5. A sponsor **cannot** be a parent of the youth to be confirmed.

Sacred Heart Faith Formation looks forward to assisting you and your candidate this Confirmation year. We will provide a “Sponsor Guide” book, a Sponsor/Candidate Day of Prayer in January, and a Sponsor/Candidate Speaker and Practice the day of the Confirmation Mass.

Please prayerfully discern whether you can fully support this teen in this journey and throughout their whole life as a Catholic Christian. If you have any questions, please contact me by phone at (281)342-8371 or by email at nan@sacredhrt.com.

God bless you,

Nanette Haskins
Director, Youth & Young Adult Ministry
Sacred Heart Church

Sarah Streams
Assistant Coordinator - Youth
Sacred Heart Church

Confirmation Sponsor Form

A Confirmation sponsor is a mentor and witness to a Catholic faith-filled life. A sponsor should also spiritually walk with and guide the teen not only during their Confirmation year but throughout the candidate's life.

Requirements of a sponsor:

1. Must be at least 16 years of age.
2. Received the Sacraments of Baptism, First Eucharist, and Confirmation in the Catholic Church.
3. Attends Mass regularly on Sundays and on the Holy Days of Obligation.
4. If married, **must** be married in the Catholic Church.
5. May **not** be a parent of the candidate to be confirmed.

Sponsor Name: _____

Name of Confirmation Candidate: _____

Sponsor Email Address: _____

Sponsor Phone: _____

Sponsor Home Parish: _____

Church Address: _____

(Arch) Diocese: _____

I am a registered parishioner of my home parish: _____ Yes _____ No

I am in good standing with the Catholic Church and meet all the above requirements to be a Confirmation Sponsor.

Sponsor Signature: _____ Date: _____

Please turn into the Faith Formation Office or scan and email sarah@sacredhrt.com