



THE PODIATRY INSTITUTE

WITH JOINT PROVIDER

SAN DIEGO PODIATRIC MEDICAL SOCIETY

The 45th Annual
**RECONSTRUCTIVE
SURGERY OF THE
FOOT, ANKLE & LEG
UPDATE 2026**

SEPTEMBER 24-27

SAN DIEGO

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Each speaker is required to disclose any financial or other relationships he/she might have with a manufacturer of any commercial product to be discussed during their presentation, as well as any commercial contribution of the activity. All staff, board of directors, and speakers are required to provide disclosure and written agreement within CPME 720 guidelines. Any such conflict will be announced by the speaker immediately preceding the lecture.

THURSDAY

SEPTEMBER 24

7:00 am - 7:25 am
BREAKFAST WITH EXHIBITORS

7:25 am - 7:30 am
OPENING REMARKS

7:30 am - 10:30 am

DERMATOLOGY/ GENERAL MEDICINE

Diagnosis and Treatment Codes Review for Lower Extremity Biopsies

Derm Update 2026

Charcot: When to Pull the Surgical Trigger

SOC Gaps for Skin Cancer

100,000 Abnormal Toenail Diagnosis Analysis Report

TikTok Myths

Surgical Management of Melanoma

GLP and Skin

Question and Answer / Roundtable

10:30 am - 11:00 am
REFRESHMENT BREAK — VISIT EXHIBITS

11:00 am - 12:00 pm

DERMATOLOGY WORKSHOP

12:00 pm - 1:00 pm

Lunch & Learn

1:00 pm - 3:30 pm

REALIGNMENT AND RECONSTRUCTION

Evans Calcaneal Osteotomy: Allogenic Graft vs Titanium Wedge

Medial Double Arthrodesis-Adult Flatfoot

Gastrocnemius Recession: Pearls and Postoperative Protocol

Hindfoot Varus Reconstruction

Flatfoot and Medial Column

Surgical Misadventures

Decision Making in Complex Forefoot Deformities

Panel Discussion

3:30 pm - 3:50 pm
REFRESHMENT BREAK — VISIT EXHIBITS

3:00 pm - 4:00 pm - Risk Management Panel Discussion



FRIDAY

SEPTEMBER 25

7:00 am - 7:30 am
BREAKFAST WITH EXHIBITORS

7:30 am - 10:30 am

APPROACHES TO TRAUMA

Soft Tissue Pathology of Ankle Joint

Pediatric Ankle Trauma

AITFL Repair in Ankle Fractures

Arthroscopic Assisted Trauma

A Little Slice of Stability: MIPO for Malleolar System

Lisfranc Injury Best Suited for ORIF

Latent Syndesmotic Instability

Bone Healing: Medical Influences on Surgical Success

Trauma Roundtable

10:30 am - 11:00 am
REFRESHMENT BREAK & VISIT EXHIBITS

11:00 am - 12:30 pm

WORKSHOPS

12:30 pm - 1:30 pm

Lunch

1:30 pm - 4:00 pm

CONGENITAL DEFORMITIES AND PEDIATRICS

CEO Bones Pro Bono, Vietnam Experience

Benign Pediatric Bone Tumors

Toe Walking Pediatric Workup

Vertical Correction: The Dobbs Method

Surgical Approach to HAV with Metadductus

Pediatric Flatfoot and Coalitions

Clubfoot via The Ponseti method and beyond

Question & Answer

4:00 pm - 4:45 pm
REFRESHMENT BREAK & VISIT EXHIBITS

4:45 pm - 6:30 pm

COMPLICATIONS AND MEDICAL MANAGEMENT

Postoperative Multimodal Pain Management – Non-Narcotic

Mueller Weiss Syndrome

No Outsourcing Required- All Inside Brostrom

Salvage of the Infected TAR

Question & Answer

SATURDAY

SEPTEMBER 26

7:00 am-7:30 am
BREAKFAST WITH EXHIBITORS

7:30 am - 10:45 am

LIMB PRESERVATION AND NERVE INJURIES

Defense and Documentation: Skin Substitutes
Limb Salvage: What Works
The Stubborn Wound: A Multidisciplinary Management at Emory Hospital for Limb Preservation
Peripheral Nerve Stimulation
Common Peroneal Nerve Entrapment
Peripheral Nerve Injuries (Part 1)
Peripheral Nerve Injuries (Part 2)
Tibialis Anterior tendon Ruptures
Question and Answer

10:45 am - 11:30 am
REFRESHMENT BREAK — VISIT EXHIBITS ONE MORE TIME

11:30 am - 2:45 pm

BUNIONS AND THE FOREFOOT DEFORMITY

Podiatric Medical Myths: Using Science Not Dogma
1st MTP Functional Outcomes: Techniques to Achieve Success
Bunion Blues: Troubleshooting When Hallux Valgus Surgery Misses the Mark-Failed Bunion-A Stepwise Approach to Complications Management
When Toes Revolt
MIS - Real or Fad?
Managing Forefoot Deformity in Lateral Ankle Instability
HAV with Arthritis: Do I Have to Fuse?
Patient Education Driving Complicated: Perioperative Process to Manage Outcomes
Complications in HAV Surgery
Question and Answer / Roundtable

ADJOURN FOR THE DAY TO ENJOY SAN DIEGO

UP TO **25 CECHS**

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and the SAN DIEGO PODIATRIC MEDICAL SOCIETY. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 25 continuing education contact hours.

SUNDAY

SEPTEMBER 27

7:00 am-7:30 am
BREAKFAST

7:30 am - 1:00 pm

RESIDENT RESEARCH & NEW TOPICS

Corticosteroid injection vs Shockwave Therapy
Factors Affecting Success of STSG in Limb Salvage
Is the Lateral Soft Tissue Release Necessary for HAV Correction-Lapidus
Radiographic Outcomes Following Early WB After Lapidus
3D Printed TN Replacement: Case Series
Avoiding BKA in Hindfoot and Midfoot Osteomyelitis
Using Antibiotic Bone Void Filler: A Case Series
Rare Case Report of Sarcoma at the Tip of the Hallux
Validation of the BIOMES Wound Triage Tool In Urgent Care Settings
Question and Answer

MEETING ADJOURNS



CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

HALLUS VALGUS SURGERY: The attendee will become familiar with different surgical procedures in the management of associated HAV deformities.

FOREFOOT SURGERY: The attendee will become familiar with different surgical procedures in the management of associated forefoot deformities.

REARFOOT SURGERY: The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures on the rearfoot.

COMPLICATIONS: The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures.

DIABETES, INFECTIONS, AND WOUNDS: The attendee will become familiar with all different surgical options in the management of diabetes, wounds, and infection cases.

TOPICS OF INTEREST: The attendee will gain knowledge and understanding of various topics that the podiatric physician may encounter related to soft tissue, innovations, etc.

MEDICINE: The attendee will become familiar with the current treatment options and advanced therapies in the various medical conditions that present to a podiatric physician.

DERMATOLOGY: The attendee will gain a better appreciation for the wide array of dermatologic conditions that can present in the skin and nails of the foot. Diagnostic methods and treatment protocols will be reviewed. Indications for biopsy procedures will be discussed in the context of a hands-on workshop that will include the most useful plastic procedures for post-biopsy excisions on the skin of the foot.

Click on the following links to register, see pricing and available discounts, order meal packages, make hotel reservations, and more.

CONFERENCE
REGISTRATION
(Webinar or On-Site)

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LOCAL ATTRACTIONS

EXHIBITOR APPLICATION

PODIATRYINSTITUTE.COM

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1441 Quivira Road, San Diego, CA 92109
888.421.1441 or 619.224.1234

Rate: From \$255

You must mention

THE PODIATRY INSTITUTE
to secure our special rate.

A block of rooms has been reserved and will be held until it is full or **August 26, 2026**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and **you must advise reservations that you are attending the Podiatry Institute Conference**. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable Sept. 20- Oct. 1, 2026 (based on availability).

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Unique Adventures by Trish 404.944.9348

(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations, call Trish at Unique Adventures by Trish or email her at tgraves8649@gmail.com.

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OUR MISSION

To be a supportive, global network of members, colleagues and friends which enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research and service.

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NOVEMBER 5-8

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Hallux Valgus & Related
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