



THE PODIATRY INSTITUTE

WITH JOINT PROVIDER

SAN DIEGO PODIATRIC MEDICAL SOCIETY

The 45th Annual
**RECONSTRUCTIVE
SURGERY OF THE
FOOT, ANKLE & LEG
UPDATE 2026**

SEPTEMBER 24-27

SAN DIEGO

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Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

This is a PICA approved

risk management seminar.



THURSDAY

SEPTEMBER 24

7:00 am - 7:25 am

BREAKFAST WITH EXHIBITORS

7:25 am - 7:30 am

OPENING REMARKS

7:30 pm - 10:45 am

DERMATOLOGY/ GENERAL MEDICINE

Derm Update 2026

Bone Healing: Medical Influences on Surgical Success

SOC Gaps for Skin Cancer

TikTok Myths

Surgical Management of Melanoma

GLP and Skin

Question and Answer / Roundtable

10:45 am - 11:00 am

REFRESHMENT BREAK — VISIT EXHIBITS

11:00 am - 12:00 pm

DERMATOLOGY WORKSHOP

12:00 pm - 1:00 pm

Lunch

1:00 pm - 4:00 pm

REALIGNMENT AND RECONSTRUCTION

Evans Calcaneal Osteotomy: Allogenic Graft vs Titanium Wedge

Medial Double Arthrodesis-Adult Flatfoot

Gastrocnemius Recession: Pearls and Postoperative Protocol

Hindfoot Varus Reconstruction

Flatfoot and Medial Column

Surgical Misadventures

3:00 pm - 4:00 pm - Risk Management Panel Discussion



FRIDAY

SEPTEMBER 25

7:00 am - 7:30 am

BREAKFAST WITH EXHIBITORS

7:30 am - 10:00 am

APPROACHES TO TRAUMA

Soft Tissue Pathology of Ankle Joint

Pediatric Ankle Trauma

AITFL Repair in Ankle Fractures

Arthroscopic Assisted Trauma

A Little Slice of Stability: MIPO for Malleolar System

Lisfranc Injury Best Suited for ORIF

Latent Syndesmotic Instability

10:35 am - 10:50 am

REFRESHMENT BREAK & VISIT EXHIBITS

10:50 am - 12:15 pm

WORKSHOPS

12:15 pm - 1:30 pm

Lunch

1:30 pm - 4:00 pm

CONGENITAL DEFORMITIES AND PEDIATRICS

CEO Bones Pro Bono, Vietnam Experience

Benign Pediatric Bone Tumors

Toe Walking Pediatric Workup

Vertical Correction: The Dobbs Method

Surgical Approach to HAV with Metatarsus Adductus

Pediatric Flatfoot and Coalitions

Clubfoot via The Ponseti method and beyond

Question & Answer

4:00 pm - 4:45 pm

REFRESHMENT BREAK & VISIT EXHIBITS

4:45 pm - 6:30 pm

COMPLICATIONS AND MEDICAL MANAGEMENT

Postoperative Multimodal Pain Management – Non-Narcotic

Mueller Weiss Syndrome

No Outsourcing Required- All Inside Brostrom

Basics of Biologics

Question & Answer

SATURDAY

SEPTEMBER 26

7:00 am-7:30 am

BREAKFAST WITH EXHIBITORS

7:30 am - 10:45 am

LIMB PRESERVATION AND NERVE INJURIES

Defense and Documentation: Skin Substitutes

Limb Salvage: What Works

The Stubborn Wound: A Multidisciplinary Management at Emory Hospital for Limb Preservation

Peripheral Nerve Stimulation

Common Peroneal Nerve Entrapment

Peripheral Nerve Injuries (Part 1)

Peripheral Nerve Injuries (Part 2)

Tibialis Anterior tendon Ruptures

Question and Answer

10:45 am - 11:30 am

REFRESHMENT BREAK — VISIT EXHIBITS ONE MORE TIME

11:30 am - 2:45 pm

BUNIONS AND FOREFOOT DEFORMITY

When Toes Revolt

MIS - Real or Fad?

Managing Forefoot Deformity in Lateral Ankle Instability

HAV with Arthritis: Do I Have to Fuse?

Patient Education Driving Complicated: Perioperative Process to Manage Outcomes

Question and Answer / Roundtable

ADJOURN FOR THE DAY TO ENJOY SAN DIEGO

UP TO **25 CECHS**

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and the SAN DIEGO PODIATRIC MEDICAL SOCIETY. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 25 continuing education contact hours.

SUNDAY

SEPTEMBER 28

7:00 am-7:30 am

BREAKFAST

7:30 am - 10:30 am

RESIDENT RESEARCH & NEW TOPICS

Corticosteroid injection vs Shockwave Therapy

Factors Affecting Success of STSG in Limb Salvage

Is the Lateral Soft Tissue Release Necessary for HAV Correction-Lapidus

Radiographic outcomes following early WB after Lapidus

Using Amniotic Skin Grafts with Open Achilles Repair Compared to MIS

Effect of Cerament G on Chronic Osteomyelitis

Rare Case Report of Sarcoma at the Tip of the Hallux

Validation of the BIOMES Wound Triage Tool In Urgent Care Settings

Question and Answer

MEETING ADJOURNS



CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

HALLUS VALGUS SURGERY: The attendee will become familiar with different surgical procedures in the management of associated HAV deformities.

FOREFOOT SURGERY: The attendee will become familiar with different surgical procedures in the management of associated forefoot deformities.

REARFOOT SURGERY: The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures on the rearfoot.

COMPLICATIONS: The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures.

DIABETES, INFECTIONS, AND WOUNDS: The attendee will become familiar with all different surgical options in the management of diabetes, wounds, and infection cases.

TOPICS OF INTEREST: The attendee will gain knowledge and understanding of various topics that the podiatric physician may encounter related to soft tissue, innovations, etc.

MEDICINE: The attendee will become familiar with the current treatment options and advanced therapies in the various medical conditions that present to a podiatric physician.

DERMATOLOGY: The attendee will gain a better appreciation for the wide array of dermatologic conditions that can present in the skin and nails of the foot. Diagnostic methods and treatment protocols will be reviewed. Indications for biopsy procedures will be discussed in the context of a hands-on workshop that will include the most useful plastic procedures for post-biopsy excisions on the skin of the foot.

Click on the following links to register, see pricing and available discounts, order meal packages, make hotel reservations, and more.

CONFERENCE
REGISTRATION
(Webinar or On-Site)

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LOCAL ATTRACTIONS

EXHIBITOR APPLICATION

PODIATRYINSTITUTE.COM

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1441 Quivira Road, San Diego, CA 92109
888.421.1441 or 619.224.1234

Rate: From \$255

You must mention

THE PODIATRY INSTITUTE
to secure our special rate.

A block of rooms has been reserved and will be held until it is full or **August 26, 2026**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and **you must advise reservations that you are attending the Podiatry Institute Conference**. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable Sept. 20- Oct. 1, 2026 (based on availability).

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Unique Adventures by Trish 404.944.9348

(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations, call Trish at Unique Adventures by Trish or email her at tgraves8649@gmail.com.

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PLATINUM: Bako Diagnostics • DePuy Synthes • Sagis Diagnostics **GOLD:** Ortho Dermatologics



OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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