



THE PODIATRY INSTITUTE

WITH JOINT PROVIDER
ARIZONA FOOT AND ANKLE MEDICAL ASSOCIATION

*The 15th Annual
Valley Of The Sun Conference*
**CHALLENGING CASES &
CURRENT TREATMENT
OPTIONS IN PODIATRIC
MEDICINE & SURGERY**

APRIL 9-12, 2026

PHOENIX

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Anthem, AZ

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Delray Beach, FL

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John Ruch, DPM
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Alan Emerson, DPM
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Tracey C. Vlahovic, DPM
FFPM RCPS (Glasg)
Oakland, CA

William Fishco, DPM
Anthem, AZ

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

THURSDAY

APRIL 9

12:00 pm - 12:25 pm

EXHIBIT HALL OPENS & REFRESHMENTS

12:25 pm - 12:30 pm

OPENING REMARKS

12:30 pm - 3:10 pm

CURRENT TOPICS AND DEVELOPMENTS IN PODIATRY

Lessons Learned Transitioning from Residency to Practice
Placental Derived Allografts
Fibular Fractures: The Art, The Science and the Magic
Surgical Technique for Taylor's Bunionectomy
Update on Ultrasonic Tendon Debridement and Repair
The Ischemic Toe Nightmare: Don't Panic??
Salvage of the Infected Ankle
Question and Answer

3:10 pm - 3:55 pm

REFRESHMENT BREAK & VISIT EXHIBITS

3:55 pm - 5:30 pm

SOFT TISSUES AND OTHER ISSUES

Analysis and Report on 100,000 Abnormal Toenails
Cost Effective Capsulorrhaphy of the Lessor MPJ
A Study of 15,000 Interdigital Webspace Infections
Question and Answer



FRIDAY

APRIL 10

7:00 am - 7:30 am

BREAKFAST WITH THE EXHIBITORS

7:30 am - 10:00 am

APRAJITA NAKRA MEMORIAL SECTION INNOVATIONS IN PODIATRIC MEDICINE & SURGERY

Use of a Novel Superalloy in Foot & Ankle Surgery
Supramalleolar Osteotomy: Small Small Correction for Big Impact
Plantar Plate Arthroscopy
Allograft Resurfacing Options for the First MPJ
GLP-1 Agonists and Skin
Management of Ankle Osteochondral Defects
BioMechanics Driven Reconstruction of the Foot & Ankle
Question and Answer

10:00 am - 10:45 am

REFRESHMENT BREAK & VISIT EXHIBITS

10:45 am - 11:45 pm

WORKSHOP

Hands-On Skin, Nail, and Soft Tissue Biopsy Training
Sponsored by Bako Diagnostics

11:45 pm - 1:00 pm

LUNCH & LEARN

JUBLIA® (efinaconazole) topical solution, 10%, for the
Treatment of Onychomycosis
Sponsored by Ortho Dermatologics

1:00 pm - 3:40 pm

ALL THINGS HALLUX VALGUS AND FIRST RAY

MIS Bunion Surgery: What's it Really All About
The Austin: Time Tested and Proven
Primary and Salvage 1st MPJ Arthrodesis
Allograft Augmentation 1st MPJ Arthrodesis
Checkrein of the Great Toe
Lapidus Arthrodesis: The Value Added Equation
Scarf Revision for Failed Hallux Valgus Surgery
Question and Answer

3:40 pm - 4:15 pm

REFRESHMENT BREAK & VISIT EXHIBITS

4:15 pm - 6:30 pm

MORE FIRST RAY

MIS vs. Traditional Bunion Surgery
Geriatric HAV Correction
Question and Answer

SATURDAY

APRIL 11

7:00 am-7:30 am

BREAKFAST WITH THE EXHIBITORS

7:30 am - 10:00 am

TRAUMA AND REARFOOT

A Fast Approach to the Jones Fracture

Ankle Stabilization, Don't Forget Old School

An Alternative Double Arthrodesis

Achilles Tendon Rupture Update 2026

Management of Complex Foot and Ankle Deformities

An Alternative Double Arthrodesis

Complex Ankle Replacement

Question and Answer

10:00 am - 10:30 am

REFRESHMENT BREAK & VISIT EXHIBITS ONE MORE TIME

10:30 am

EXHIBIT HALL CLOSES

10:30 am-12:30 pm

TRAUMA AND REARFOOT

(CONTINUED)

Geriatric Ankle Fracture Management?? Minimally Invasive??

Minimal Incision Fibular Fracture Management

Rearfoot Realignment:

Question and Answer

12:30 pm - 1:30 pm

Lunch Sponsored by DePuy Synthes

MEDICINE, DIABETES, AND OTHER JEOPARDY TOPICS

Navigating Tik-Tok's Dermatology Myths

Diagnosing and Treating Small Fiber Neuropathy

Dermatophytoma: A Condition You See Everyday

Utilizing Cytology to Understand Soft Tissue Pathology

Question and Answer

3:30 pm

ADJOURN FOR THE DAY TO ENJOY PHOENIX

UP TO **25 CECHS**

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and the ARIZONA FOOT AND ANKLE MEDICAL ASSOCIATION. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 25 continuing education contact hours.

SUNDAY

APRIL 12

7:00 am-7:30 am

BREAKFAST

7:30 am - 10:45 am

QUIPS TIPS AND PEARLS: STUFF YOU CAN USE ON MONDAY

Stage Zero Charcot: Avoid Collapse and Surgery

Surgical Technique for Plantar Heel Surgery

Hallux IPJ Arthrodesis Utilizing Crossed Screw Technique

Giant Cell Tumor of Tendon Sheath: A Review

Implant Arthroplasty

Base Wedge Bunionectomy and Early Weightbearing

Principles of Lower Extremity Reconstructive Surgery

Question and Answer

10:45am - 11:00 am

REFRESHMENT BREAK

11:00 am - 1:00 pm

QUIPS TIPS AND PEARLS. STUFF YOU CAN USE ON MONDAY (CONTINUED)

Peripheral Nerve Sheath Tumors

Indications for Ankle Arthrodesis

Updates in Preoperative Management

Increased Breast and all Cause Cancer Prevalence
in Female Podiatrists

12:25 pm

CONFERENCE ADJOURNS



CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

HALLUX VALGUS SURGERY: The attendee will become familiar with different surgical procedures in the management of associated HAV deformities.

FOREFOOT SURGERY: The attendee will become familiar with different surgical procedures in the management of associated forefoot deformities.

REARFOOT SURGERY: The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures on the rearfoot.

COMPLICATIONS: The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures.

DIABETES, INFECTIONS, AND WOUNDS: The attendee will become familiar with all different surgical options in the management of diabetes, wounds, and infection cases.

TOPICS OF INTEREST: The attendee will gain knowledge and understanding of various topics that the podiatric physician may encounter related to soft tissue, innovations, etc.

MEDICINE: The attendee will become familiar with the current treatment options and advanced therapies in the various medical conditions that present to a podiatric physician.

DERMATOLOGY: The attendee will gain a better appreciation for the wide array of dermatologic conditions that can present in the skin and nails of the foot. Diagnostic methods and treatment protocols will be reviewed. Indications for biopsy procedures will be discussed in the context of a hands-on workshop that will include the most useful plastic procedures for post-biopsy excisions on the skin of the foot.

Click on the following links to register, see pricing and available discounts, order meal packages, make hotel reservations, and more.

CONFERENCE
REGISTRATION
(Webinar or On-Site)

MARRIOTT PHOENIX
RESERVATIONS

LOCAL ATTRACTIONS

EXHIBITOR APPLICATION

PODIATRYINSTITUTE.COM

MARRIOTT PHOENIX TEMPE AT THE BUTTES

2000 W Westcourt Way, Tempe, AZ 85282
888.867.7492 or 602.225.9000

Rate: from \$239 (plus tax, subject to change without notice)

You must mention
THE PODIATRY INSTITUTE
to secure our special rate.

A block of rooms has been reserved and will be held until it is full or **March 6, 2026**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and **you must advise Reservations that you are attending The Podiatry Institute conference.** Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate guaranteed until 03/06/26 or until room block is filled.

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Unique Adventures by Trish 404.944.9348

(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations, call Trish at Unique Adventures by Trish or email her at tgraves8649@gmail.com.

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Special thanks for their outstanding support of The Podiatry Institute and the continued development of excellence in post-graduate continuing education. Please support these companies that support your profession.

PLATINUM: Bako Diagnostics • DePuy Synthes • Sagis **GOLD:** Ortho Dermatologics

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OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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with Rhode Island Podiatric
Medical Association

Hilton Head JUNE 18-21
Footprints in the Sand
with South Carolina
Podiatric Medical Association

San Diego SEPT 24-27
UPDATE 2025
with San Diego Podiatric
Medical Society

Sanibel NOV-8
40h Annual Conference
Hallux Valgus & Related
Forefoot Surgery
(with optional Florida
Package Workshop)

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