



THE PODIATRY INSTITUTE

and
THE PENN PRESBYTERIAN MEDICAL CENTER

present

A COLLABORATIVE SYMPOSIUM ON INNOVATIONS IN FOOT & ANKLE SURGERY & MEDICINE

OCTOBER 2-4, 2026

PHILADELPHIA

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Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

This is a PICA approved
risk management seminar.

PICA
Professional
Institute of
Chiropractic
Association

FRIDAY

OCTOBER 2

7:00 am - 7:25 am

BREAKFAST WITH VENDORS AND COLLEAGUES

7:25 am - 7:30 am

WELCOME, INSTRUCTIONS, and INTRODUCTIONS

7:30 am - 9:45 am

FOREFOOT SURGERY

Intermetatarsal Plantar Neuroma: Minimizing the Risk of A Symptomatic Stump

A Phalanx in the Metatarsus: The Human First Ray Preserves Its Ancestral Digital Identity

Revising First Ray Surgery: When To Look At The Big Picture

First Ray Macroductyly: Idiopathic and Iatrogenic Hallux Varus

The Influence of Metatarsus Adductus On the First Ray: Solo Correction Or "All In"?

MIS vs. Extensile Exposure Bunionectomy: A Prospective Cohort Study

Question and Answer

9:45 am - 10:15 am

REFRESHMENT BREAK & VISIT EXHIBITS

10:15 - 12:30 pm

HALLUX VALGUS AND HALLUX LIMITUS/ RIGIDUS

When Is It Time to Fuse the First MTPJ in Hallux Valgus Surgery?

Does First Metatarsophalangeal Joint Fusion Lead to Adjacent Segment Disease?

Why Fuse the First MTPJ When You Can Preserve Motion?

Foundational Principles of Minimal Incision Bunion Surgery

The MIS DMO Is Here to Stay

How Best to Employ the Akin Osteotomy

After More Than 40 Years Repairing Bunions, These Are the Most Important Points I'd Like To Make

Question and Answer

FRIDAY (CONT'D)

OCTOBER 2

12:30 pm - 1:30 pm

LUNCH WITH VENDORS AND COLLEAGUES

1:30 pm - 4:20 pm

COMPLICATIONS IN FOOT AND ANKLE SURGERY

Forefoot Derangement - Pan Metatarsal Head Resection

Lesser Metatarsal Osteotomy: Promoting Success While Limiting Complications

The Incidence and Risks of "Cage Rage" with Multiplanar External Fixation in the Lower Extremity

Flipper Foot: Complication Or Desired Result

Blood Loss and Hemostasis: When Should We Transfuse

Who In Your Surgical Practice Warrants Venous Thromboembolism Prophylaxis and How Should It Be Done?

Question and Answer

SATURDAY

OCTOBER 3

7:00 am - 7:30 am

BREAKFAST WITH VENDORS AND COLLEAGUES

7:30 am - 10:10 am

THE DIABETIC FOOT AND LIMB SALVAGE

Prophylactic Surgery in the Diabetic Patient

The Autolytic Effect of Cadexomer Iodine in the Treatment of Diabetic Foot Ulcer

Management of the Infected Charcot Foot

The Importance of Muscle-Tendon Balance in Limb Salvage

Minimum Invasive And Mini-Open Charcot Foot Reconstruction

Magnetic Resonance Imaging of the Infected Or Charcot Foot: When MRI Scans Are Not Indicated

The Medial Plantar Artery Flap in Preservation of the Foot

Question and Answer

10:10 am - 10:40 am

REFRESHMENT BREAK & VISIT EXHIBITS



SATURDAY (CONT'D)

OCTOBER 3

10:40 am - 12:30 pm

REARFOOT AND ANKLE RECONSTRUCTION

Large Skeletal Defects: Limiting the Need for Sizeable Structural Allografts

Surgical Management of Drop foot Deformity

Does the Spring Ligament Matter in Flatfoot Reconstruction?

Chronic Achilles Tendon Pathology

Reconstructing the Rheumatoid Foot:

Still a Challenge in the Age of Biological DMARDs

The Role of Gastrocnemius Recession in the Treatment of Posterior and Plantar Heel Surgery

Question and Answer

12:30 pm - 1:30 pm

LUNCH WITH VENDORS AND COLLEAGUES

1:30 pm - 3:30 pm

FOOT AND ANKLE TRAUMA

The Role of Fibular Nailing in Ankle Fracture Surgery

Ankle Instability in Athletes

Repair of Subluxating Peroneal Tendons

Management of Open Fractures: What's New and Useful

Fracture of the Posterior Malleolus: Does Size Really Matter?

Question and Answer

3:30 pm - 4:00 pm

REFRESHMENT BREAK & VISIT EXHIBITS

4:00 pm - 5:30 pm

TECHNOLOGICAL ADVANCEMENTS IN THE OPERATING ROOM

The Evolution of Minimal Invasive Surgery

How to Use EMG and NCV Measurements in the Operating Room

An Algorithm for Peripheral Neurolysis and Neurectomy

Question and Answer

PPMC REUNION DINNER

SUNDAY

OCTOBER 4

7:00 am - 7:30 am

BREAKFAST WITH VENDORS AND COLLEAGUES

7:30 am - 10:15 am

SELECTED MEDICAL AND SURGICAL TOPICS FOR FOOT AND ANKLE SURGEONS

Efficacy of Topical Antifungal Nail Solution vs Topical Placebo Solution for the Treatment of Pedal Onychomycosis: A Randomized Controlled Trial

Circular Frame External Fixation Wires: Safe Zones and Optimal Tensions

Ankle Arthrodesis Takedown and Conversion to Total Ankle Replacement

Recognition and Management of Lower Extremity Soft Tissue Tumors

Drop the Cuff...Really, Drop It

Is There a Role for Robotic-assisted Foot and Ankle Surgery?

What Should I Do With the Sesamoids in First MTPJ, Fusion or Arthroplasty?

Radiosurgical Electrosectioning and Electrocoagulation: What Is It and How Does It Work?

Question and Answer

10:15 am - 10:45 am

REFRESHMENT BREAK

10:45 am - 11:55 am

MEDICAL LEGAL CONSIDERATIONS IN FOOT AND ANKLE SURGERY

Medical Legal Trends in Foot & Ankle Surgery

Stand Up for Your Treatment and Don't Roll Over

Question and Answer

WRAP UP, FINAL WORDS, ADJOURNMENT

UP TO **20 CECHs**

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and THE ILLINOIS ASSOCIATION OF PODIATRIC PHYSICIANS & SURGEONS. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 25 continuing education contact hours.

CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

HALLUX VALGUS SURGERY: The attendee will become familiar with different surgical procedures in the management of associated HAV deformities.

FOREFOOT SURGERY: The attendee will become familiar with different surgical procedures in the management of associated forefoot deformities.

REARFOOT SURGERY: The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures on the rearfoot.

COMPLICATIONS: The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures.

DIABETES, INFECTIONS, AND WOUNDS: The attendee will become familiar with all different surgical options in the management of diabetes, wounds, and infection cases.

TOPICS OF INTEREST: The attendee will gain knowledge and understanding of various topics that the podiatric physician may encounter related to soft tissue, innovations, etc.

MEDICINE: The attendee will become familiar with the current treatment options and advanced therapies in the various medical conditions that present to a podiatric physician.

DERMATOLOGY: The attendee will gain a better appreciation for the wide array of dermatologic conditions that can present in the skin and nails of the foot. Diagnostic methods and treatment protocols will be reviewed. Indications for biopsy procedures will be discussed in the context of a hands-on workshop that will include the most useful plastic procedures for post-biopsy excisions on the skin of the foot.

Click on the following links to register, see pricing and available discounts, order meal packages, make hotel reservations, and more.

CONFERENCE
REGISTRATION
(Webinar or On-Site)

LINK TO MAP WITH
AVAILABLE HOTEL
LISTING

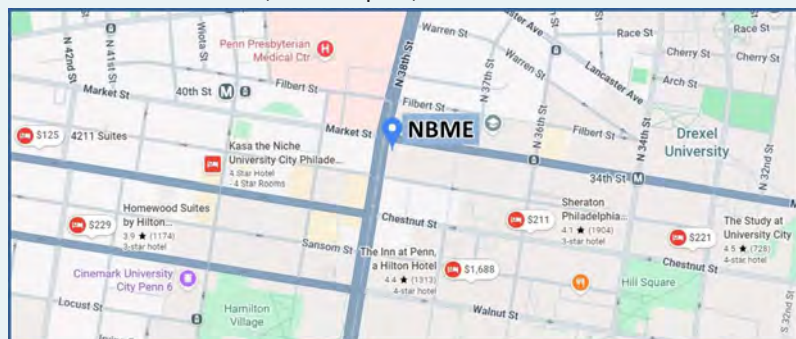
LOCAL ATTRACTIONS

EXHIBITOR APPLICATION
COMING SOON

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Recommended Parking Garages

LAZ Parking - 3711 Market St Garage: Located less than a block away, this is one of the closest and most convenient parking options.

Parkway Parking - 3101 Market Street: Situated about a half-mile away, this facility provides an additional self-parking alternative.

Penn Medicine University City: Located near 38th and Market, this garage is just a short walk down the street and accommodates general public parking.

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Unique Adventures by Trish 404.944.9348

(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations, call Trish at Unique Adventures by Trish or email her at tgraves8649@gmail.com.

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OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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Hallux Valgus & Related Forefoot Surgery
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20 CECHs +5 CECHs available for optional Florida Package Workshop

2027 SEMINARS
(More To Come)

Park City, UT
Feb. 4-6, 2027

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April 22-25, 2027

Hilton Head, SC
June 17-20, 2027

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