



THE PODIATRY INSTITUTE

WITH JOINT PROVIDER
SOUTH CAROLINA PODIATRIC MEDICAL ASSOCIATION

2026 Footprints
in the Sand Conference

CHALLENGING CASES &
CURRENT TREATMENT
OPTIONS IN PODIATRIC
MEDICINE & SURGERY

JUNE 18-21

HILTON HEAD



SCIENTIFIC
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Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

THURSDAY

JUNE 18

7:00 am - 7:25 am

BREAKFAST WITH EXHIBITORS

7:25 am - 7:30 am

WELCOME

7:30 am - 10:30 am

CHALLENGING FOREFOOT PATHOLOGY

Hammertoe Surgery: A 27 Year Reflection

5th Digit Hammertoe Repair

Toes Gone Wild: Complicated Cases and Case Complications

Fifth Metatarsal Surgery from Correction to Trauma

Surgery for Morton's Neuroma

2nd MPJ Reconstruction

Metatarsus Adductus: Does it Require Surgical Correction?

Decision Making in Common Forefoot Deformities

Question and Answer

10:30 am - 11:00 am

REFRESHMENT BREAK — VISIT EXHIBITORS

11:00 am - 1:00 pm

WOUNDS AND INFECTION MANAGEMENT

Hallux IPJ Fusion for Plantar Hallux Ulcers

TMA Made Easy

The Many Modalities of Healing a Complicated Wound

Critical Evaluation for Surgical Management of the Recalcitrant Ulcer

Injectable Calcium Phosphate:

A Tool for Management of Osteomyelitis

Saga of Management of the Infected TAR

FRIDAY

JUNE 19

7:00 am - 7:30 am

BREAKFAST WITH EXHIBITORS

7:30 am - 10:00 am

REARFOOT & ANKLE RECONSTRUCTION

Calcaneal Osteotomy Complications

Calcaneonavicular Coalition: Open vs. Arthroscopic Resection

Tarsal Coalitions: Keys to Successful Resections

TPD to PCFD

Recurrent Peroneal Tendon Subluxation: A Reproducible Technique

Supra-Malleolar Osteotomy: A Rare but Powerful Procedure

The Syndesmotic Equivalent: Why are We Missing These So Much?

Question and Answer

10:00 am - 10:30 am

REFRESHMENT BREAK — VISIT EXHIBITORS

10:30 am - 11:30 pm

DERMATOLOGY WORKSHOP

Hands-On Skin, Nail, and Soft Tissue Biopsy Training

11:30 am - 1:00 pm

SURGICAL CHALLENGES

Bringing Back the Trephine Arthrodesis

Subchondroplasty of the Foot and Ankle: Does it really Work?

Beaming Techniques for Charcot Reconstruction

Charcot: When to Pull the Surgical Trigger and

What are the Real Goals?

Question and Answer



SCPMA ANNUAL GOLF TOURNAMENT

FRIDAY, JUNE 19

Port Royal Golf Club

10 Clubhouse Drive, Hilton Head Island, SC 29928

12:30 p.m. Registration & Check-in begins

1:30 p.m. Shotgun Start—Captain's Choice

REGISTRATION COST: \$175.00 per player

SPOTS ARE LIMITED TO 48 PLAYERS SO YOU MUST REGISTER & PAY IN FULL BEFORE JUNE 9

Registration cost includes player/cart fees, range balls, player goodie bags, lunch. -NO MULLIGANS-

For more information on the tournament and sponsorship opportunities, click on the SCPMA Annual Golf Tournament link on the last page of this brochure, or go to the Hilton Head conference page at www.podiatryinstitute.com and click on SCPMA Annual Golf Tournament Registration Form.

SATURDAY

JUNE 20

7:00 am - 7:25 am

BREAKFAST WITH EXHIBITORS

7:25 am - 7:30 am

7:30 am - 10:10 am

DERMATOLOGY

Derm Update 2026

100,000 Abnormal Toenail Diagnosis Analysis Report
Dermatophytoma: The Nail Issue You See Every Day
15,000 Webspace Infections Study
Navigating Podiatric Dermatology Myths
Utilizing Cytology to Understand Soft Tissue Pathology
GLP-1 Agonists and Skin Changes
Small Fiber Peripheral Neuropathy

10:10 am - 10:40 am

REFRESHMENT BREAK — VISIT EXHIBITORS

10:40 am - 12:00 pm

CRASH AND RECOVER

Panel: Block, Butterworth, McGlamry, Overley

Each panelist will show a complication and then how they recovered or learned from it

12:00 pm - 1:00 pm

OPIOID MANAGEMENT

Controlled Substances and Analgesics: Prescribing Update 2026

UP TO **20 CECHS**

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and the SOUTH CAROLINA PODIATRIC MEDICAL ASSOCIATION. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 20 continuing education contact hours.

SUNDAY

JUNE 21

7:00 am - 7:30 am

BREAKFAST

7:30 am - 10:30 am

FIRST RAY AND FOREFOOT DILEMMAS

Bunion Surgery: What I've Learned in the Past 40 Years
1st MPJ Arthrodesis: A Review on Alignment and Fixation
Femoral head Allograft for First Ray Defects
MIS Complications
Bring Back "Some" Dogma in Hallux Valgus Surgery
The Hallux: To Fuse or Akin
LapiCotton in the Treatment of Progressive Collapsing Foot Deformity
The Cotton Osteotomy
Question and Answer

10:30 am - 10:45 am

REFRESHMENT BREAK

10:45 am - 1:00 pm

TOPICS OF INTEREST

The Chronic Pain Patient: Do They Ever Get Better
The Dreaded Plantar IPK
Assessing PAD and How it Impacts Healing
Ischemic Toes After Surgery: Just Don't Panic
Women's Bone Health Update:
Are We Testing These Patients Enough?
A Roadmap on How to Achieve Surgical Success



CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

HALLUX VALGUS SURGERY: The attendee will become familiar with different surgical procedures in the management of associated HAV deformities.

FOREFOOT SURGERY: The attendee will become familiar with different surgical procedures in the management of associated forefoot deformities.

REARFOOT SURGERY: The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures on the rearfoot.

COMPLICATIONS: The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures.

DIABETES, INFECTIONS, AND WOUNDS: The attendee will become familiar with all different surgical options in the management of diabetes, wounds, and infection cases.

TOPICS OF INTEREST: The attendee will gain knowledge and understanding of various topics that the podiatric physician may encounter related to soft tissue, innovations, etc.

MEDICINE: The attendee will become familiar with the current treatment options and advanced therapies in the various medical conditions that present to a podiatric physician.

DERMATOLOGY: The attendee will gain a better appreciation for the wide array of dermatologic conditions that can present in the skin and nails of the foot. Diagnostic methods and treatment protocols will be reviewed. Indications for biopsy procedures will be discussed in the context of a hands-on workshop that will include the most useful plastic procedures for post-biopsy excisions on the skin of the foot.

Click on the following links to register, see pricing and available discounts, order meal packages, make hotel reservations, and more

CONFERENCE
REGISTRATION
(Webinar or On-Site)

HILTON BEACHFRONT
RESORT & SPA
RESERVATIONS

LOCAL ATTRACTIONS

EXHIBITOR APPLICATION

SCPMA ANNUAL
GOLF TOURNAMENT

HILTON BEACHFRONT RESORT & SPA

One Hotel Circle, Hilton Head Island, SC 29928
800.HILTONS (445.8667) or 843.686.8400

Rate: from \$329 (plus tax, subject to change without notice)

You must mention
THE PODIATRY InSTITUTE
to secure our special rate.

A block of rooms has been reserved and will be held until it is full or **May 20, 2026**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and **you must advise Reservations that you are attending The Podiatry Institute conference**. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable June 14-24, 2026 (based on availability).

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Unique Adventures by Trish 404.944.9348

(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations call Trish at Unique Adventures by Trish or email her at tgraves8649@gmail.com.

CORPORATE SPONSORS

Special thanks for their outstanding support of The Podiatry Institute and the continued development of excellence in post-graduate continuing education. Please support these companies that support your profession.

PLATINUM: Bako Diagnostics • DePuy-Synthes • Sagis Diagnostics **GOLD:** Ortho Dermatologics



OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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San Diego
SEPT 24-27, 2026
UPDATE 2026
Joint provider with
San Diego Podiatric
Medical Society

Sanibel Island FL
NOV. 5-8, 2026
40th Annual Conference
(with optional Florida
Package Workshop)

The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copy-righted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2026