

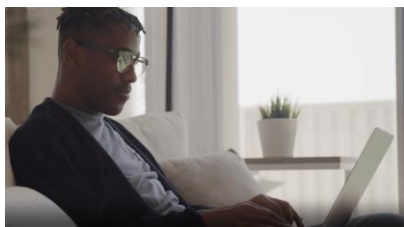
What you need to do

Sign In or Register for Canada Life's member website

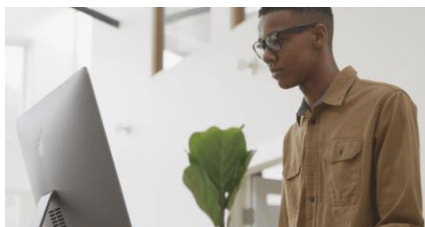
You can now sign in or register yourself on mycanadalifeatwork.com, where you can obtain your digital drug card as well as begin submitting claims online. You can now also download the *GroupNet Mobile* app on your mobile device.

Learn how to use My Canada Life at Work by watching these helpful videos

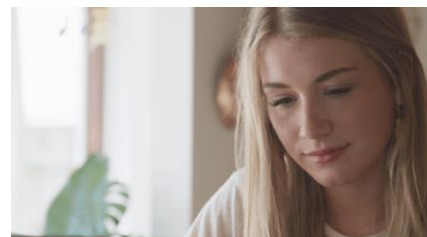
How to register



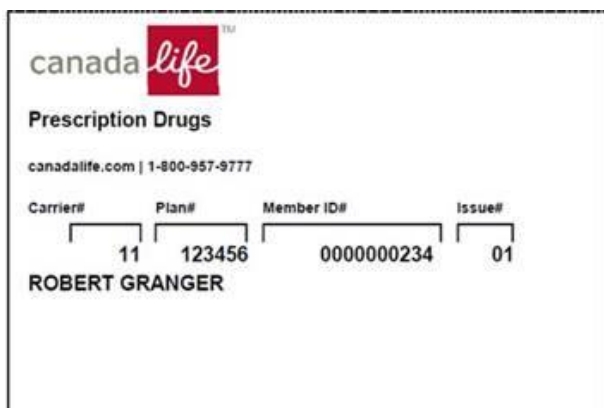
Using My Canada Life at Work



How to submit a claim



Access your electronic benefits card on the website or the GroupNet mobile app



Did you know your pharmacist has the ability to submit your claims directly to us?

They require:

- Your group plan number
- Member identification number
- Date of birth
- Relationship to identify if the patient is the employee, spouse, dependent child or student dependent

Save your electronic benefits card to your phone so you have the information when you need it.

Report any major life event within 31 days of the event to prevent limitations or declined coverage



- Marriage – Legal or co-habitation
- Legal separation or divorce
- Termination of common-law relationship
- Loss of spouse or insured child
- Birth or adoption of a child
- Loss of spouse's benefits
- Dependents becoming ineligible for coverage

Need to contact us with questions?

For health, prescription drug, dental, out-of-country coverage or claims inquiries, please call 1-800-957-9777 or [email us](mailto:email.us).
