RAIN & INCLEMENT WEATHER GUIDE

	NORMAL TRAINING	MODIFIED TRAINING (shorten session: max 60 min)	CANCEL / STOP TRAINING
CONDITIONS	❑ **Light** rain ❑ Steady or intermittent **light** showers expected for most or entirety of the session ❑ No wind or light wind	❑ **Moderate** rain ❑ Steady or intermittent **moderate** rain expected for most or entirety of the session ❑ Up to moderate wind	❑ City of facility closes the fields. ❑ Lightning is seen or thunder is heard. ❑ Flooding or standing water on the field ❑ **Severe** rain, wind and/or temperature that make safe play impractical
TRAINING METHODOLOGY MODIFICATIONS	⚽ **Normal Session Length** ⚽ **Wet Weather Clothing** ⚽ **Training Method:** • Dynamic Activities Under Pressure • Small Sided Games and Game Play	⚽ **Shorten Session:** • U8 & Younger: 45 Min • U9 – U19: 60 Min ⚽ **Wet Weather Clothing** ⚽ **Training Method:** • Game Play Only	**CANCEL**

COMBINATION OF RAIN, WIND & TEMPARATURES WILL BE USED TO ASSESS DECISIONS

Decisions will be made 2 hours before training sessions are scheduled to take place whenever possible.

REFERENCES:	LIGHT	MODERATE	SEVERE
RAIN	Drizzle or light showers. Rainfall is gentle, visibility is good, and the ball rolls normally. *Up to 0.10 inches rainfall per hour.*	Steady, noticeable rainfall that consistently wets players and the field. Visibility and ball movement remain manageable. *Between 0.11 – 0.30 inches rainfall per hour.*	Heavy, driving rainfall that significantly reduces visibility, creates unsafe conditions, or causes standing water that disrupts ball movement. *More than 0.30 inches of rainfall per hour.*
WIND	0 – 10 MPH	11 – 20 MPH	21 + MPH
TEMPERATURE	Above 55°F	45 – 55°F	Below 45°F

Additional factors: Cold temperatures, increased wind, prolonged exposure, inadequate clothing, and player distress may require moving any group to a more protective tier.