



CAAN's Core Values are respect, recognition, integrity, and caring. These core values are identified as what a person must possess or develop to pursue a profession in Nursing.

1. **Respect** is being kind, courteous, and compassionate, it is also a two-way street given to others and must be applied to yourself.
2. **Recognition** meets the core human need for receiving appreciation. It reinforces what we want to see more of, thereby allowing us to see more good work and better performance from our peers and assistants.
3. **Integrity** is defined in our core values as “the quality of being honest and having strong moral principles that unify us as an undivided team”. This means that every task, every conversation, and every learning opportunity is met with honesty and the desire to do what is right.
4. **Caring** is essential because it creates deeper bonds between us to lean upon each other for emotional, physical, and spiritual support. Caring for others teaches us the importance of patience, understanding, and loyalty which benefits us in both our personal and professional lives.