



Make friends, stay active, and celebrate community spirit!

Join Charlestown Square TUESDAY CLUB: INCLUSIVE CONNECTIONS!

A warm, inclusive space for **ALL seniors** in Lake Macquarie / Newcastle.
Everyone is welcome!

WHEN: Weekly on Tuesdays from 9.30 am - 12 pm

WHERE: The Place Charlestown Community Centre

COST: \$6 per week - Refreshments and all activities included!

Term 4: 14 October - 16 December 2025

Join us every Tuesday for inclusive social circles, wellness programs, cultural celebrations, and intergenerational projects fostering connections across cultures and generations.

 **02 4032 5500**
 **programsassistant@theplacecharlestown.org.au**

Registrations essential!
Contact us or SCAN Below

Charlestown Square
by The GPT Group

the place
CHARLESTOWN
COMMUNITY CENTRE

NSW
GOVERNMENT



Charlestown Square

TUESDAY CLUB: INCLUSIVE CONNECTIONS

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TERM 4 ACTIVITIES

14 Oct Gentle Exercise: Chair Yoga with Yoga Instructor Neeti Pandya

**21 Oct Nature's First Aid Kit - Guest speaker Pat Collins,
Herbalist and Author**

28 Oct Line Dancing Fun with MJS Line Dancing

**4 Nov Melbourne Cup Celebration & Fascinator-Making Workshop
with Emily Reagan, Milliner**

**11 Nov Swap & Learn: Clothing Exchange & Sustainable Living Art
Workshop with Artist Kathy Langlade**

**18 Nov International Men's Day Celebration with Special Guests:
Waratah Male Voice Choir's Warblers**

**25 Nov Cultural Appreciation Day: Celebrating Maori Culture with
Te Ukaipo Maori Club Newcastle**

2 Dec Super Hubert - Magic Show

9 Dec Christmas Arts & Crafts with Mardi Lee from ReNewy Living

16 Dec 12 pm - 3 pm Festive Christmas Lunch with Live Entertainment