



Make friends, stay active, and celebrate community spirit!

Join Charlestown Square TUESDAY CLUB: INCLUSIVE CONNECTIONS!

A warm, inclusive space for **ALL seniors** in Lake Macquarie / Newcastle.
Everyone is welcome!

WHEN: Weekly on Tuesdays from 9.30 am - 12 pm

WHERE: The Place Charlestown Community Centre

COST: \$7 per week - Refreshments and activities included!

Term 2: 21 Apr - 30 June 2026

Join us every Tuesday for inclusive social circles, wellness activities, cultural celebrations, and intergenerational projects fostering connections across cultures and generations.

 **02 4032 5500**

 **programsassistant@theplacecharlestown.org.au**

Registrations essential!
Contact us or SCAN Below

**Charlestown
Square** 
by The GPT Group


**the
place**
CHARLESTOWN
COMMUNITY CENTRE



Charlestown Square

TUESDAY CLUB: INCLUSIVE CONNECTIONS

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TERM 2 ACTIVITIES

- 21 Apr **Game On! Cards & Board Games Fun**
- 28 Apr **Stretch & Smile: Gentle Chair Yoga with Instructor Neeti Pandya**
- 5 May **Celebrating Mums: Mother's Day Celebration with Guest Speaker Astrid Hocking from Heart and Hands**
- 12 May **Harmony & Voices: Waratah Male Voice Choir**
- 19 May **Bake, Share & Care: Australia's Biggest Morning Tea Bake Sale and Guest Speaker Sue Russell from Cancer Council**
- 26 May **Tech Time Fun: Quiz with Digital Mentors from Lake Macquarie High School**
- 2 June **Creative Culture: Aboriginal Dot Art Workshop with Chrissy Feros**
- 9 June **Sailing Through Time: Newcastle Maritime History with Bob Cook**
- 16 June **Purple Power: Mindful Crafts for Elder Abuse Awareness Day**
- 23 June **Songs of the Sea: International Seafarers Day Celebration with Guest Speaker Garry Dodd from the Mission to Seafarers & Sea Shanties Singalong**
- 30 June **Cultural Appreciation Day: Indonesia featuring a Dance Ensemble from the Indonesian Australian Community**