



Make friends, stay active, and celebrate community spirit!

Join Charlestown Square TUESDAY CLUB: INCLUSIVE CONNECTIONS!

A warm, inclusive space for **ALL seniors** in Lake Macquarie / Newcastle.
Everyone is welcome!

WHEN: Weekly on Tuesdays from 9.30 am - 12 pm

WHERE: The Place Charlestown Community Centre

COST: \$7 per week - Refreshments and activities included!

Term1: 27 Jan -31 March 2026

Join us every Tuesday for inclusive social circles, wellness activities, cultural celebrations, and intergenerational projects fostering connections across cultures and generations.

 **02 4032 5500**

 **programsassistant@theplacecharlestown.org.au**

Registrations essential!
Contact us or SCAN Below

**Charlestown
Square** 
by The GPT Group


**the
place**
CHARLESTOWN
COMMUNITY CENTRE



Charlestown Square TUESDAY CLUB: INCLUSIVE CONNECTIONS

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Lake Macquarie/ Newcastle

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all activities included

TERM 1 ACTIVITIES

- 27 Jan Gameshows Games
- 3 Feb Seated Qigong with Adrienne - Gentle Exercise Session
- 10 Feb Safer Internet Day - Online Safety Trivia
- 17 Feb Summer Movie Matinee -Golden Era of Hollywood
- 24 Feb Active, Stronger, Better with Deb - Staying Well at Any Age
- 3 March Guest Speaker Bronwyn Barnes from We Care Connect
- 10 March International Women's Day Celebration - Guest Speaker Christie Dawes, Paralympian
- 17 March St. Patrick's Day Celebration with Sing Australia Belmont Choir
- 24 March Plant Swap & Guest Speaker Anna Noon from The Groundswell Collective
- 31 March Cultural Appreciation Day: Russia with Common Ground, Multicultural Dance Group