



**Make friends, stay active, and celebrate community spirit!**

## **Join Charlestown Square TUESDAY CLUB: INCLUSIVE CONNECTIONS!**

A warm, inclusive space for **ALL seniors** in Lake Macquarie / Newcastle.  
**Everyone is welcome!**

**WHEN: Weekly on Tuesdays from 9.30 am - 12 pm**

**WHERE: The Place Charlestown Community Centre**

**COST: \$6 per week - Refreshments and all activities included!**

**Term 3: 22 July 2025 - 23 September 2025**

Join us every Tuesday for inclusive social circles, wellness programs, cultural celebrations, and intergenerational projects fostering connections across cultures and generations.

 **02 4032 5500**  
 **programsassistant@theplacecharlestown.org.au**

**Registrations essential!**  
**Contact us or SCAN Below**

**Charlestown Square**  
by The GPT Group

**the place**  
CHARLESTOWN  
COMMUNITY CENTRE

  
**NSW**  
GOVERNMENT





# Charlestown Square

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Lake Macquarie/ Newcastle

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### TERM 3 ACTIVITIES

- 22 July “As Seen on TV” (TV Commercial Parodies - Fun Roleplays)
- 29 July Seated Qigong with Adrienne - Gentle Exercise Session
- 5 Aug Voices of the Seaman: Visit by The Mission to Seafarers Team
- 12 Aug Over 55s activities - A Session with Peta McGrath  
from Lake Macquarie City Council
- 19 Aug The Hunter Homeshare Story - Hosted by Nissa Phillips  
from Embrace People & Place
- 26 Aug Crafty Creations Day: Decorating Wooden Coasters and  
Canvas Tote Bags with Aksara Hariram, local artist
- 2 Sept Honouring Fatherhood with Old Hat Band & Photo Wall Display  
(Bring a photo of the father figures in your family & share stories)
- 9 Sept Wear Green Day & Plants and Seed Swap - With special guest  
Anna Noon from The Groundswell Collective
- 16 Sept Scam Smarts Challenge with Young Digital Mentors
- 23 Sept Cultural Appreciation Day: A Celebration of Chinese Culture  
featuring the Blue Sapphire Chinese Dancers