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REGIONAL NON BUILD Warsity Non Building 8th - 12th REGIONAL NON TUMBL Non Tumbling Divisions will prohibit any and all tumbling with feet over he will not be considered tumbling and are allowed in this division. Exception Junior High Non Tumbling 9th grade are Junior Varsity Non Tumbling 8th grade - 1 Small Varsity Non Tumbling 8th grade - 1 Arge Varsity Non Tumbling 8th grade - 1 Super Varsity Non Tumbling 8th grade - 1 Varsity Coed Non Tumbling 8th grade - 1 Warsity Coed Non Tumbling 8th grade - 1 Warsity Coed Non Tumbling 8th grade - 1 Varsity Intermediate Junior High Intermediate Varsity Intermediate Varsity Coed Intermediate Varsity Coed Intermediate Varsity Non Tumbling Intermediate Varsity Non Tumbling Intermediate 8th - 12th Varsity Non Tumbling Intermediate Varsity Non Tumbling Intermediate 8th - 12th Varsity Non Tumbling Intermediate	NG PERFORMANCE grade Female/Ma ING PERFORMANCE ad rotation i.e. rolls and wa a back handspring entry i d below Female/Ma 2th grade Female	DIVISIONS le 5 - 30 Members E DIVISIONS alkovers not allowed. Le into stunts / pyramids wille 5 - 30 Members 16 - 19 Members 16 - 19 Members 20 - 23 Members 24 - 30 Members ales 5 - 30 Members	S No partner stunts, pyramids or tosses allowed gal inversions into or from stunts Il not be allowed. s s s rs
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Medium Varsity Non Tumbling Large Varsity Non Tumbling Super Varsity Non Tumbling Super Varsity Non Tumbling Warsity Coed Non Tumbling NEW REGIONAL INTERME Divisions Grad NEW - Intermediate Division Guidelines. Go to uca.varsity.com for skill rule of the properties of the p	2 th grade Female 2 th grade Female 2 th grade Female 2 th grade Female/1-4 M DIATE PERFORMANG	16 – 19 Member 20 – 23 Member 24 – 30 Member ales 5 – 30 Members	rs rs
Large Varsity Non Tumbling Super Varsity Non Tumbling Varsity Coed Non Tumbling **MEW REGIONAL INTERME* Divisions **Grad** NEW - Intermediate Division Guidelines. Go to uca.varsity.com for skill rule of the grade and punior Varsity Intermediate Junior Varsity Intermediate Varsity Intermediate Varsity Coed Intermediate Varsity Non Tumbling Intermediate **Sth - 12th Coed Street	2 th grade Female 2 th grade Female 2 th grade Female/1-4 M DIATE PERFORMAN	20 – 23 Member 24 – 30 Member ales 5 – 30 Members	rs rs
Super Varsity Non Tumbling Varsity Coed Non Tumbling **New REGIONAL INTERMED INTER	2 th grade Female 2 th grade Female/1-4 M DIATE PERFORMAN	24 – 30 Members lales 5 – 30 Members	rs
Varsity Coed Non Tumbling NEW REGIONAL INTERME Divisions Grad NEW - Intermediate Division Guidelines. Go to uca.varsity.com for skill r Junior High Intermediate Junior Varsity Intermediate Varsity Intermediate Varsity Coed Intermediate Varsity Non Tumbling Intermediate 8th - 12th 8th - 12th 8th - 12th 8th - 12th	2 th grade Female/1-4 M DIATE PERFORMAN	ales 5 – 30 Members	
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Divisions NEW - Intermediate Division Guidelines. Go to uca.varsity.com for skill r Junior High Intermediate Junior Varsity Intermediate Varsity Intermediate Varsity Coed Intermediate Varsity Non Tumbling Intermediate 8th - 12th 8th - 12th 8th - 12th		CE DIVISIONS	
NEW - Intermediate Division Guidelines. Go to uca.varsity.com for skill r Junior High Intermediate Junior Varsity Intermediate Varsity Intermediate Varsity Coed Intermediate Varsity Non Tumbling Intermediate 8th - 12th 8th - 12th			
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Junior Varsity Intermediate Varsity Intermediate Varsity Coed Intermediate Varsity Non Tumbling Intermediate 7th grade - 1 8th - 12th 8th - 12th 8th - 12th	estrictions and guidelines.		
Varsity Intermediate 8th - 12th Varsity Coed Intermediate 8th - 12th Varsity Non Tumbling Intermediate 8th - 12th	d below Female/Ma	le 5 - 30 Members	6
Varsity Coed Intermediate 8th - 12th Varsity Non Tumbling Intermediate 8th - 12th	2th grade Female/Ma	le 5 - 30 Members	6
Varsity Non Tumbling Intermediate 8th - 12th	grade Female	5 - 30 Members	3
	grade Female/1+ Ma	ales 5 - 30 Members	3
	grade Female/Ma	le 5 - 30 Members	3
REGIONAL REC	REATIONAL DIVISIO	NS	
ntermediate Traditional Rec Age of Eli	gibility Female/Ma	le Team Members	s Notes
Fraditional Rec - 6Y - Intermediate (Exhibition Only) 2019 and			
Fraditional Rec - 8Y - Intermediate 2017 and			
Fraditional Rec - 10Y - Intermediate 2015 and	Later Female/Ma	le 5 - 36 Members	
Advanced Traditional Rec Age of Eli			
Traditional Recreational divisions will follow additional restrictions for Jun			
Fraditional Rec - 12Y (Update to Advanced 3/3) 2013 and		le 5 - 36 Members	s
Fraditional Rec - 14Y 2011 and			
Traditional Rec - 11-18 Years Old* 6/1/2007			Note: Athletes must be

Universal Cheerleaders Association will SPLIT divisions in the best interest of providing a competitive environment. When/If a division has 11 or more teams, additional splits may be offered. When/if a division has less than 3 teams, they may be combined into the same age/size division. Division I (1400+ school enrollment) & Division II (1399 or less school enrollment).

•1st split would be by Division I & Division II at regionals. 1st split for Open Rec would be by affiliated/non affiliated at regionals.

•2nd split in the intermediate divisions would be by size - Small (5-15) and Large (16+)

Rec Update: *Athletes ages 11-18 are allowed for the 25-26 season ONLY. In the 26-27 season, the 12-18 age range will be fully enforced.

Please visit UCA Event Guidelines for information on how to qualify for NHSCC, team eligibility and division restrictions.

REGIONAL GAME DAY DIVISIONS						
Divisions	Grade	Female/Male	Team Members	Notes		
Small Junior High Game Day	9th grade and below	Female/Male	5 - 16 Members			
Large Junior High Game Day	9th grade and below	Female/Male	17 - 30 Members			
Small Junior Varsity Game Day	7th - 12th grade	Female/Male	5 - 16 Members			
Large Junior Varsity Game Day	7th - 12th grade	Female/Male	17 - 30 Members			
Small Varsity Game Day	8th - 12th grade	Female	5 - 15 Members			
Medium Varsity Game Day	8th - 12th grade	Female	16 - 19 Members			
Large Varsity Game Day	8th - 12th grade	Female	20 - 23 Members			
Super Varsity Game Day	8th - 12th grade	Female	24 - 30 Members			
Small Varsity Coed Game Day	8th - 12th grade	Female/1-4 Males	5 - 20 Members			
Large Varsity Coed Game Day	8th - 12th grade	Female/5+ Males	21 - 30 Members			
REGI	IONAL NON BUILDING G	AME DAY DIVISION	ONS			
Non Building Divisions: No partner stunts, pyramids	or tosses allowed.					
Varsity Non Building Game Day	8th - 12th grade	Female/Male	5 - 30 Members			
REGI	ONAL NON TUMBLING G	SAME DAY DIVISI	ONS			
Non Tumbling Divisions will prohibit any and all tumb	oling with feet over head rotation	i.e. rolls and walkove	ers not allowed.			
Junior High Non Tumbling Game Day	9 th grade and below	Female/Male	5 – 30 Members			
Junior Varsity Non Tumbling Game Day	7 th grade – 12 th grade	Female/Male	5 – 30 Members			
Small Varsity Non Tumbling Game Day	8 th grade – 12 th grade	Female	5 – 15 Members			
Medium Varsity Non Tumbling Game Day	8 th grade – 12 th grade	Female	16 – 19 Members			
Large Varsity Non Tumbling Game Day	8 th grade – 12 th grade	Female	20 – 23 Members			
Super Varsity Non Tumbling Game Day	8 th grade – 12 th grade	Female	24 – 30 Members			
Varsity Coed Non Tumbling Game Day	8 th grade – 12 th grade	Female/1-4 Males	5 – 30 Members			
REGIONAL RECREATIONAL GAME DAY DIVISIONS						
Traditional Recreational divisions will follow additional	al restrictions for Junior High Sc	hool teams.				
Recreational Game Day	Age of Eligibility	Female/Male	Team Members	Notes		
Traditional Rec - 14Y Affiliated Game Day	2011 and Later	Female/Male	5 - 36 Members	Non Affiliated teams not eligible		
T 111 1 D 11 10 D	0///0007-00//			Non Affiliated teams not eligible.		

Traditional Rec - 11-18 Years* Affiliated Game Day	6/1/2007-2014	Female/Male	5 - 36 Members	Note: Athletes must be enrolled in a JH or HS
REGIONAL SPIRIT PROGRAM GAME DAY DIVISIONS (Only offered at select events)				

REGIONAL SPIRIT PROGRAM GAME DAT DIVISIONS (Offiny offered at Select events)					
Spirit Program	Grade	Female/Male	Members	Notes	
Junior High Spirit Program Game Day	JH team	Female/Male	5 - 75 Members	Cheer and Dance	
Junior High Spirit Program Game Day Live	JH team	Female/Male	5 - 75 Members	Cheer and Band	
Junior High Spirit Program Game Day Live	JH team	Female/Male	5 - 75 Members	Cheer, Dance and Band	
Varsity Spirit Program Game Day	8th - 12th grade	Female/Male	5 - 75 Members	Cheer and Dance	
Varsity Spirit Program Game Day Live	8th - 12th grade	Female/Male	5 - 75 Members	Cheer and Band	
Varsity Spirit Program Game Day Live	8th - 12th grade	Female/Male	5 - 75 Members	Cheer, Dance and Band	

REGIONAL SPIRIT PROGRAM GAME DAY DIVISION GUIDELINES (Only offered at select events)

Spirit Program Game Day Divisions will be offered at select regional events.

- * Junior High and Varsity divisions will be split.
- * Junior Varsity teams can combine with their Varsity for Spirit Program Game Day/LIVE Divisions.
- * A minimum of 5 athletes must represent each performance group. (cheer, dance, and band)
- * Maximum of 75 athletes are allowed to represent the spirit program.
- * Up to 2 Mascots are allowed and are not included in the total participant number.

NOTE: UCA and UDA will split divisions in the best interest of providing a competitive environment. When/if a division has 11 or more teams additional splits may be offered. When/if a division has less than 3 teams, they may be combined into the same age/size division.

REGIONAL GAME DAY DIVISION SPLIT GUIDELINES

Universal Cheerleaders Association will SPLIT divisions in the best interest of providing a competitive environment. When/If a division has 11 or more teams, additional splits may be offered. When/If a division has less than 3 teams, they may be combined into the same age/size division. Division I (1400+ school enrollment) & Division II (1399 or less school enrollment).

Please visit UCA Event Guidelines for information on how to qualify for NHSCC, team eligibility and division restrictions.

NHSCC DII - PERFORMANCE DIVISIONS

	NHSCC DII - PERFORMA	INCE DIVISIONS		
Divisions	Grade	Female/Male	Team Members	Notes
Small Junior High	9th grade and below	Female/Male	5 - 16 Members	
Large Junior High	9th grade and below	Female/Male	17 - 30 Members	
Junior Varsity Division II	7th grade - 12th grade	Female	5 - 30 Members	1-1399 Students
Junior Varsity Coed Division II	7th grade - 12th grade	Female/1+ Males	5 - 30 Members	1-1399 Students
Small Varsity Division II	8th - 12th grade	Female	5 - 15 Members	1-1399 Students
Medium Varsity Division II	8th - 12th grade	Female	16 - 19 Members	1-1399 Students
Large Varsity Division II	8th - 12th grade	Female	20 - 23 Members	1-1399 Students
Super Varsity Division II	8th - 12th grade	Female	24 - 30 Members	1-1399 Students
Small Varsity Coed Division II	8th - 12th grade	Female/1-4 Males	5 - 20 Members	1-1399 Students
Large Varsity Coed Division II	8th - 12th grade	Female/5+ Males	21 - 30 Members	1-1399 Students
	DII - NON BUILDING PER	REORMANCE DIV	ISIONS	
			1010110	
Non Building Divisions: No partner stunts, pyramids of Varsity Non Building Division II		Female/Male	5 - 30 Members	1 1200 Ctudente
	8th - 12th grade			1-1399 Students
NHSCC I	DII - NON TUMBLING PE	RFORMANCE DIV	/ISIONS	
Non Tumbling Divisions will prohibit any and all tumb will not be considered tumbling and are allowed in the				
		1		
Junior High Non Tumbling	9th grade and below	Female/Male	5 - 30 Members	4 4000 0: 1 4
Junior Varsity Non Tumbling Division II	7th grade - 12th grade	Female/Male	5 - 30 Members	1-1399 Students
Small Varsity Non Tumbling Division II	8th grade - 12th grade	Female	5 - 15 Members	1-1399 Students
Medium Varsity Non Tumbling Division II	8th grade - 12th grade	Female	16 - 19 Members	1-1399 Students
Large Varsity Non Tumbling Division II	8th grade - 12th grade	Female	20 - 23 Members	1-1399 Students
Super Varsity Non Tumbling Division II	8th grade - 12th grade	Female	24 - 30 Members	1-1399 Students
Varsity Coed Non Tumbling Division II	8th grade - 12th grade	Female/1-4 Males	5 - 30 Members	1-1399 Students
NEW NHSC	C DII - INTERMEDIATE F	PERFORMANCE I	DIVISIONS	
Divisions	Grade	Female/Male	Team Members	Notes
NEW - Intermediate Division Guidelines. Go to uca.	varsity.com for skill restrictions	and guidelines.		
Junior High Intermediate	9th grade and below	Female/Male	5 - 30 Members	
Junior Varsity Division II Intermediate	7th grade - 12th grade	Female/Male	5 - 30 Members	
Varsity Division II Intermediate	8th - 12th grade	Female	5 - 30 Members	
Varsity Coed Division II Intermediate	8th - 12th grade	Female/1+ Males	5 - 30 Members	
Varsity Non Tumbling Division II Intermediate	8th - 12th grade	Female/Male	5 - 30 Members	
,	NHSCC DII - RECREATIO	NAL DIVISIONS		
Intermediate Traditional Rec	Age of Eligibility	Female/Male	Team Members	Notes
Traditional Rec - 10Y - Intermediate	2015 and Later	Female/Male	5 - 36 Members	No.
Advanced Traditional Rec	Age of Eligibility	Female/Male	Team Members	Notes
Traditional Recreational divisions will follow additional		T		
Traditional Rec - 12Y (Update to Advanced 3/3)	2013 and Later	Female/Male	5 - 36 Members	
Traditional Rec - 14Y	2011 and Later	Female/Male	5 - 36 Members	Note: Athletes asset by
Traditional Rec - 11-18 Years Old*	6/1/2007-2014	Female/Male	5 - 36 Members	Note: Athletes must be enrolled in a JH or HS
NEW NUCC	C DII - INTERMEDIATE D	IVISION SDLIT C	LIDEL INEC	

NEW NHSCC DII - INTERMEDIATE DIVISION SPLIT GUIDELINES

Universal Cheerleaders Association will split Intermediate divisions in the best interest of providing a competitive environment. When/if a division has 11 or more teams, additional splits may be offered.

•1st split for Traditional Rec would be by affiliated/non affiliated 1st split for intermediate would be by size - Small (5-15) and Large (16+)

Please visit UCA Event Guidelines for information on how to qualify for NHSCC, team eligibility and division restrictions.

NHSCC DI - PERFORMANCE DIVISIONS					
Divisions	Grade	Female/Male	Team Members	Notes	
Small Junior High	9th grade and below	Female/Male	5 - 16 Members		
Large Junior High	9th grade and below	Female/Male	17 - 30 Members		
Small Junior Varsity Division I	7th grade - 12th grade	Female	5 - 16 Members	1400+ Students	
Large Junior Varsity Division I	7th grade - 12th grade	Female	17 - 30 Members	1400+ Students	
Junior Varsity Coed Division I	7th grade - 12th grade	Female/1+ Males	5 - 30 Members	1400+ Students	
Small Varsity Division I	8th - 12th grade	Female	5 - 15 Members	1400+ Students	
Medium Varsity Division I	8th - 12th grade	Female	16 - 19 Members	1400+ Students	
Large Varsity Division I	8th - 12th grade	Female	20 - 23 Members	1400+ Students	
Super Varsity Division I	8th - 12th grade	Female	24 - 30 Members	1400+ Students	
Small Varsity Coed Division I	8th - 12th grade	Female/1-4 Males	5 - 20 Members	1400+ Students	
Large Varsity Coed Division I	8th - 12th grade	Female/5+ Males	21 - 30 Members	1400+ Students	

NHSCC DI - NON BUILDING PERFORMANCE DIVISIONS

Non Building Divisions: No partner stunts, pyramids or tosses allowed.

Varsity Non Building Division I 8th - 12th grade Female/Male 5 - 30 Members 1400+ Students

NHSCC DI - NON TUMBLING PERFORMANCE DIVISIONS

Non Tumbling Divisions will prohibit any and all tumbling with feet over head rotation i.e. rolls and walkovers not allowed. Legal inversions into or from stunts will not be considered tumbling and are allowed in this division. Exception: a back handspring entry into stunts / pyramids will not be allowed.

Junior High Non Tumbling	9th grade and below	Female/Male	5 - 30 Members	
Junior Varsity Non Tumbling Division I	7th grade - 12th grade	Female/Male	5 - 30 Members	1400+ Students
Small Varsity Non Tumbling Division I	8th grade - 12th grade	Female	5 - 15 Members	1400+ Students
Medium Varsity Non Tumbling Division I	8th grade - 12th grade	Female	16 - 19 Members	1400+ Students
Large Varsity Non Tumbling Division I	8th grade - 12th grade	Female	20 - 23 Members	1400+ Students
Super Varsity Non Tumbling Division I	8th grade - 12th grade	Female	24 - 30 Members	1400+ Students
Varsity Coed Non Tumbling Division I	8th grade - 12th grade	Female/1-4 Males	5 - 30 Members	1400+ Students

NHSCC DI - RECREATIONAL DIVISIONS

Traditional Recreational divisions will follow additional restrictions for Junior High School teams.

Intermediate Traditional Rec	Age of Eligibility	Female/Male	Team Members	Notes
Traditional Rec - 10Y - Intermediate	2015 and Later	Female/Male	5 - 36 Members	
Advanced Traditional Rec	Age of Eligibility	Female/Male	Team Members	Notes
Traditional Rec - 12Y (Update to Advanced 3/3)	2013 and Later	Female/Male	5 - 36 Members	
Traditional Rec - 14Y	2011 and Later	Female/Male	5 - 36 Members	
Traditional Rec - 11-18 Years Old*	6/1/2007-2014	Female/Male	5 - 36 Members	Note: Athletes must be enrolled in a JH or HS

NEW NHSCC DI - INTERMEDIATE PERFORMANCE DIVISIONS

DIVISIONS	Graue	remale/iviale	realli Mellibers	Notes		
NEW - Intermediate Division Guidelines. Go to uca.varsity.com for skill restrictions and guidelines.						
Junior High Intermediate	9th grade and below	Female/Male	5 - 30 Members			
Junior Varsity Division I Intermediate	7th grade - 12th grade	Female/Male	5 - 30 Members			
Varsity Division I Intermediate	8th - 12th grade	Female	5 - 30 Members			
Varsity Coed Division I Intermediate	8th - 12th grade	Female/1+ Males	5 - 30 Members			
Varsity Non Tumbling Division I Intermediate	8th - 12th grade	Female/Male	5 - 30 Members			

NEW NHSCC DI - INTERMEDIATE DIVISION SPLIT GUIDELINES

Universal Cheerleaders Association will split Intermediate divisions in the best interest of providing a competitive environment. When/if a division has 11 or more teams, additional splits may be offered.

•1st split for Open Rec would be by affiliated/non affiliated 1st split for intermediate would be by size - Small (5-15) and Large (16+)

Please visit UCA Event Guidelines for information on how to qualify for NHSCC, team eligibility and division restrictions.						
	HSCC DII - GAME DA					
Divisions	Grade	Female/Male	Team Members	Notes		
Small Junior High Game Day	9th grade and below	Female/Male	5 - 16 Members			
Large Junior High Game Day	9th grade and below	Female/Male	17 - 30 Members			
Junior Varsity Division II Game Day	7th - 12th grade	Female/Male	5 - 30 Members	1-1399 Students		
Small Varsity Division II Game Day	8th - 12th grade	Female	5 - 15 Members	1-1399 Students		
Medium Varsity Division II Game Day	8th - 12th grade	Female	16 - 19 Members	1-1399 Students		
Large Varsity Division II Game Day	8th - 12th grade	Female	20 - 23 Members	1-1399 Students		
Super Varsity Division II Game Day	8th - 12th grade	Female	24 - 30 Members	1-1399 Students		
Small Varsity Coed Division II Game Day	8th - 12th grade	Female/1-4 Males	5 - 20 Members	1-1399 Students		
Large Varsity Coed Division II Game Day	8th - 12th grade	Female/5+ Males	21 - 30 Members	1-1399 Students		
NHSCC D	II - NON BUILDING G	SAME DAY DIVISI	ONS			
Non Building Divisions: No partner stunts, pyramids or tos	ses allowed.					
Varsity Non Building Division II Game Day	8th - 12th grade	Female/Male	5 - 30 Members	1-1399 Students		
NHSCC D	I - NON TUMBLING	SAME DAY DIVIS	IONS			
Non Tumbling Divisions will prohibit any and all tumbling v	vith feet over head rotation	i.e. rolls and walkove	ers not allowed.			
Junior High Non Tumbling Game Day	9th grade and below	Female/Male	5 - 30 Members			
Junior Varsity Non Tumbling Division II Game Day	7th - 12th grade	Female/Male	5 - 30 Members	1-1399 Students		
Small Varsity Non Tumbling Division II Game Day	8th - 12th grade	Female	5 - 15 Members	1-1399 Students		
Medium Varsity Non Tumbling Division II Game Day	8th - 12th grade	Female	16 - 19 Members	1-1399 Students		
Large Varsity Non Tumbling Division II Game Day	8th - 12th grade	Female	20 - 23 Members	1-1399 Students		
Super Varsity Non Tumbling Division II Game Day	8th - 12th grade	Female	24 - 30 Members	1-1399 Students		
Varsity Coed Non Tumbling Division II Game Day	8th - 12th grade	Female/1-4 Males	5 - 30 Members	1-1399 Students		
NHSCC DI	I - RECREATIONAL (GAME DAY DIVIS	IONS			
Recreational Game Day Division	Age of Eligibility	Female/Male	Team Members	Notes		
Traditional Recreational divisions will follow additional res	trictions for Junior High Sc	hool teams.				
Traditional Rec - 14Y Affiliated Game Day	2011 and Later	Female/Male	5 - 36 Members	Non Affiliated teams not eligible		
Traditional Rec - 11-18 Years* Affiliated Game Day	6/1/2007-2014	Female/Male	5 - 36 Members	Non Affiliated teams not eligible. Note: Athletes must be enrolled in a JH or HS		
NHSCC DII - SPIRIT PROGRAM GAME DAY DIVISIONS						
Spirit Program	Grade	Female/Male	Members	Notes		
Junior High Spirit Program Game Day	JH team	Female/Male	5 - 75 Members	Cheer and Dance		
Junior High Spirit Program Game Day Live	JH team	Female/Male	5 - 75 Members	Cheer and Band		
Junior High Spirit Program Game Day Live	JH team	Female/Male	5 - 75 Members	Cheer, Dance and Band		
Varsity Spirit Program Division II Game Day	8th - 12th grade	Female/Male	5 - 75 Members	Cheer and Dance		
Varsity Spirit Program Division II Game Day Live	8th - 12th grade	Female/Male	5 - 75 Members	Cheer and Band		
Varsity Spirit Program Division II Game Day Live	8th - 12th grade	Female/Male	5 - 75 Members	Cheer, Dance and Band		
NHSCC DII - SPIRIT PROGRAM GAME DAY DIVISION GUIDELINES						

Spirit Program Game Day Divisions will be offered at select regional events.

- * Junior High and Varsity divisions will be split.
- * Junior Varsity teams can combine with their Varsity for Spirit Program Game Day/LIVE Divisions.
- * A minimum of 5 athletes must represent each performance group. (cheer, dance, and band)
- * Maximum of 75 athletes are allowed to represent the spirit program.
- * Up to 2 Mascots are allowed and are not included in the total participant number.

NOTE: UCA and UDA will split divisions in the best interest of providing a competitive environment. When/if a division has 11 or more teams additional splits may be offered. When/if a division has less than 3 teams, they may be combined into the same age/size division.

	Please visit UCA Event Guidelines for information on how to qualify for NHSCC, team eligibility and division restrictions.						
	IHSCC DI - GAME DA						
Division	Grade	Female/Male	Team Members	Notes			
Small Junior High Game Day	9th grade and below	Female/Male	5 - 16 Members				
Large Junior High Game Day	9th grade and below	Female/Male	17 - 30 Members				
Small Junior Varsity Division I Game Day	7th - 12th grade	Female/Male	5 - 16 Members	1400+ Students			
Large Junior Varsity Division I Game Day	7th - 12th grade	Female/Male	17 - 30 Members	1400+ Students			
Small Varsity Division I Game Day	8th - 12th grade	Female	5 - 15 Members	1400+ Students			
Medium Varsity Division I Game Day	8th - 12th grade	Female	16 - 19 Members	1400+ Students			
Large Varsity Division I Game Day	8th - 12th grade	Female	20 - 23 Members	1400+ Students			
Super Varsity Division I Game Day	8th - 12th grade	Female	24 - 30 Members	1400+ Students			
Small Varsity Coed Division I Game Day	8th - 12th grade	Female/1-4 Males	5 - 20 Members	1400+ Students			
Large Varsity Coed Division I Game Day	8th - 12th grade	Female/5+ Males	21 - 30 Members	1400+ Students			
NHSCC D	I - NON BUILDING G	AME DAY DIVISI	ONS				
Non Building Divisions: No partner stunts, pyramids or tos	sses allowed.						
Varsity Non Building Division I Game Day	8th - 12th grade	Female/Male	5 - 30 Members	1400+ Students			
NHSCC D	I - NON TUMBLING O	SAME DAY DIVISI	ONS				
Non Tumbling Divisions will prohibit any and all tumbling v	with feet over head rotation	i.e. rolls and walkove	ers not allowed.				
Junior High Non Tumbling Game Day	9th grade and below	Female/Male	5 - 30 Members				
Junior Varsity Non Tumbling Division I Game Day	7th - 12th grade	Female/Male	5 - 30 Members	1400+ Students			
Small Varsity Non Tumbling Division I Game Day	8th - 12th grade	Female	5 - 15 Members	1400+ Students			
Medium Varsity Non Tumbling Division I Game Day	8th - 12th grade	Female	16 - 19 Members	1400+ Students			
Large Varsity Non Tumbling Division I Game Day	8th - 12th grade	Female	20 - 23 Members	1400+ Students			
Super Varsity Non Tumbling Division I Game Day	8th - 12th grade	Female	24 - 30 Members	1400+ Students			
Varsity Coed Non Tumbling Division I Game Day	8th - 12th grade	Female/1-4 Males	5 - 30 Members	1400+ Students			
NHSCC D	I - RECREATIONAL O	SAME DAY DIVIS	IONS				
Recreational Game Day Division	Age of Eligibility	Female/Male	Team Members	Notes			
Traditional Recreational divisions will follow additional res	trictions for Junior High Sc	hool teams.					
Traditional Rec - 14Y Affiliated Game Day	2011 and Later	Female/Male	5 - 36 Members	Non Affiliated teams not eligible			
Traditional Rec - 11-18 Years* Affiliated Game Day	6/1/2007-2014	Female/Male	5 - 36 Members	Non Affiliated teams not eligible. Note: Athletes must be enrolled in a JH or HS			
NHSCC DI - SPIRIT PROGRAM GAME DAY DIVISIONS							
Spirit Program	Grade	Female/Male	Members	Notes			
Junior High Spirit Program Game Day	JH team	Female/Male	5 - 75 Members	Cheer and Dance			
Junior High Spirit Program Game Day Live	JH team	Female/Male	5 - 75 Members	Cheer and Band			
Junior High Spirit Program Game Day Live	JH team	Female/Male	5 - 75 Members	Cheer, Dance and Band			
Varsity Spirit Program Division I Game Day	8th - 12th grade	Female/Male	5 - 75 Members 5 - 75 Members	Cheer and Dance Cheer and Band			
Varsity Spirit Program Division I Game Day Live	8th - 12th grade 8th - 12th grade	Female/Male Female/Male	5 - 75 Members 5 - 75 Members	Cheer and Band Cheer, Dance and Band			
Varsity Spirit Program Division I Game Day Live	our - rzur grade	remale/iviale	S19diffelvi c7 - c	Cheer, Dance and Band			

Spirit Program Game Day Divisions will be offered at select regional events.

- * Junior High and Varsity divisions will be split.
- * Junior Varsity teams can combine with their Varsity for Spirit Program Game Day/LIVE Divisions.
- * A minimum of 5 athletes must represent each performance group. (cheer, dance, and band)
- * Maximum of 75 athletes are allowed to represent the spirit program.
- * Up to 2 Mascots are allowed and are not included in the total participant number.

NOTE: UCA and UDA will split divisions in the best interest of providing a competitive environment. When/if a division has 11 or more teams additional splits may be offered. When/if a division has less than 3 teams, they may be combined into the same age/size division.

NHSCC DI - SPIRIT PROGRAM GAME DAY DIVISION GUIDELINES

Divisions subject to change based on participation