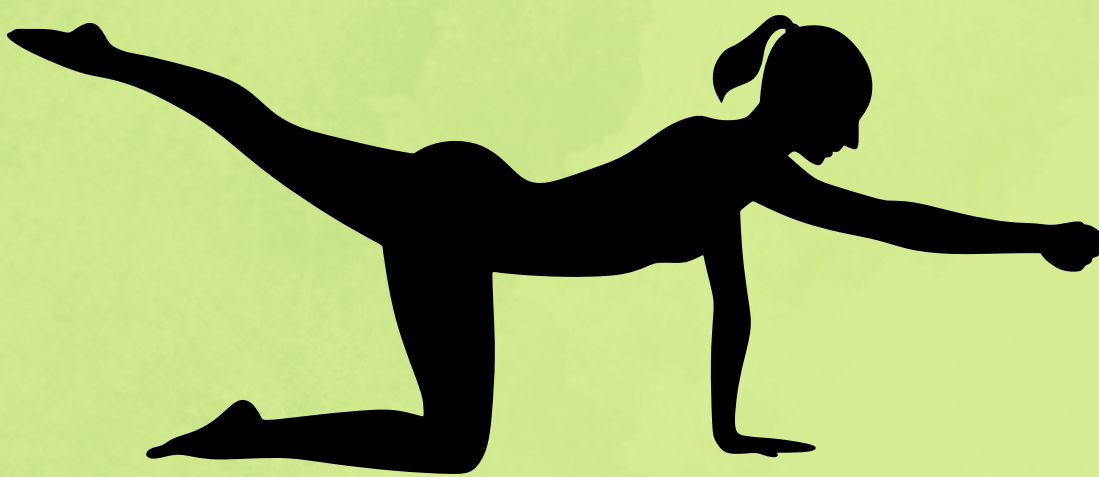


MEMBERS' DAY

360 GROUP MARATHON FITNESS | HEALTH | COMMUNITY

FREE



REFORMER PILATES

8:45AM - YOGA / PILATES

9:30AM - STRENGTH

10:15AM - JUMP

REFORMER CLASSES ARE FREE TO
ANYONE WHO WANTS TO TRY THEM
ON MEMBERS' DAY.

GROUP FITNESS

9:00AM - PUMP

9:30AM - ZUMBA

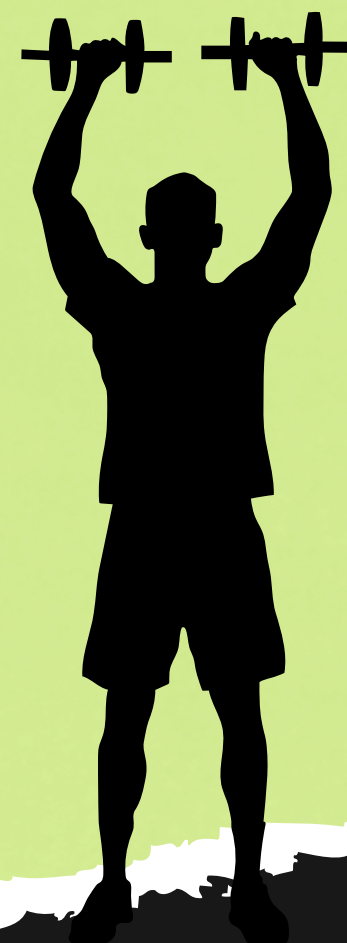
10:00AM - CORE

10:30AM - YOGA

11:30-12:30PM - BN HEALTHY PRESENTATION

1:00PM - REFORMER PILATES

1:30PM - REFORMER PILATES



EXPERIENCE A TASTE OF OUR DIVERSE RANGE
OF CLASSES, AND CHALLENGE YOURSELF TO
LAST ALL 2 HOURS! EACH CLASS IS SHORTENED
TO 25 MINS. REFORMER PILATES CLASSES ARE
SHORTENED TO 30 MINS.

LIMITED SPOTS
AVAILABLE -
CONTACT FRONT
DESK TO BOOK IN

Book your
BN Healthy
spot now



SIGN UP IN THE CRÈCHE ON THE DAY - 8.45AM START.

NOURISH CAFÈ OPEN 7AM-1PM