

## WELCOME

Thank you for swimming with 360 Fitness Club Learn to Swim in Term 4 2025, Can you believe it is almost the end of the year. It has been our pleasure to ensure your child's introduction swimming is a positive one that will build a skill for life.

We hope you have a wonderful Christmas and look forward to seeing everyone in the new year.



## IMPORTANT DATES

**Early bird payment opens:** 17th Nov

**Early bird payment closes:** 24th Nov

**Last day to secure booking for Term 1:** 1st Dec

**Week for parents to move students:** 8th Dec

**Last Day of Term 4:** 20th Dec

**Aquatic Centre Closed:** 5th to 11th Jan

**Bookings Open to the general public:** 5th Jan

**School Holiday Intensives:**

Week 1: 12th to 16th January

Week 2: 19th to 23rd January

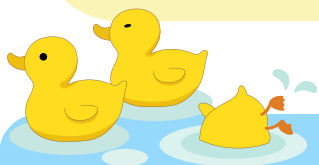
**Discounted Holiday Intensive:**

Week: 12th to 16th January

**First Day of Term 1:** 2nd Feb

- **Emma Charlesworth**  
(Team Leader)
- **Crystal Vera** (2IC)
- 6762 3639 (Option 2)
- learntoswim
- @360fitnessclub.com.au

**STAY IN TOUCH**



## PRICING

Early bird fees for Term 1 are \$175 per child, **if paid by Monday 24<sup>th</sup> November 2025 before close of business (7.30pm)**. Payments can now be made through the 360 Learn to Swim App. If you have not downloaded this yet, please be sure to. Make-up sessions and cancelations need to be made through this app also.

Fees paid after Monday, 24th November 2025 will be **\$195 per child**.

**Early Bird Payments** can now be made through the 360 Learn to Swim App. If you have not downloaded this yet, please be sure to. Make-up sessions and cancelations need to be made through this app also.

# DID YOU KNOW?

## USING THE LTS APP

1

Go to your App Store (Google Play, Android or Apple) and search for the app '360learntoswim'

2

Payment for Term 4 can be handled directly through the app. You will still be able to pay in cash at the Front Desk if you prefer.

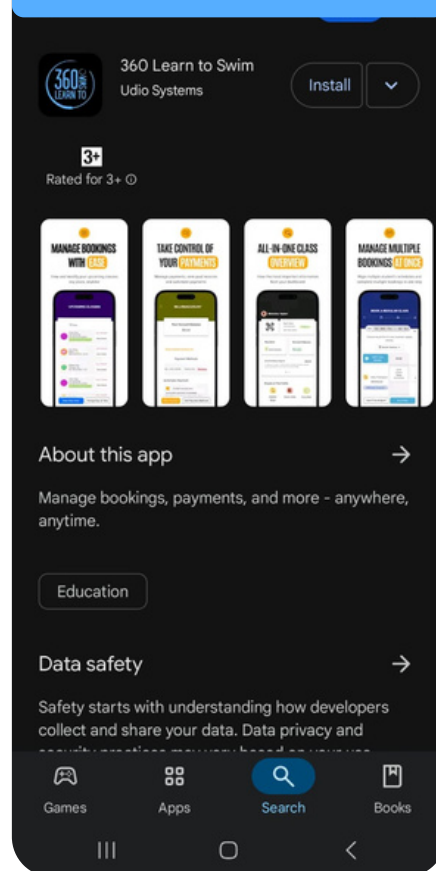
3

The new app will be a lot easier to use, allowing you to better manage your child's lessons, including changing lesson times (when available) without having to make a brand-new booking.

4

The new platform will also introduce a streamlined booking process for new parents. They will be able to book lessons online, without having to join the Expressions of Interest list.

## SEARCH '360LEARNTOSWIM'



## VOUCHERS

Don't forget that you can use your **NSW government 'Active Kids Voucher'** and **'First Lap Voucher'** at 360. Bring a hard copy of either voucher to the Front Desk and we will deduct the value of the voucher while taking your payment.

Vouchers will not be printed by 360 staff.



### **PLEASE NOTE:**

Learn to Swim is not a membership. Learn to Swim students are not to swim within members' lanes or the lesson pool before or after their lessons.

## HOLIDAY INTENSIVES

**Give your child a boost in their swimming journey these school holidays!**

Our 5-day Intensive Program is the perfect chance for them to polish off those final skills and confidently move up to the next level.

Delivered by a qualified Learn to Swim instructor, our daily 30-minute lessons across consecutive days. **All for just \$110!** kids make faster progress, build confidence, and retain new techniques more effectively. Year after year, our intensive programs deliver incredible results... now it's your child's turn to shine in the water!



### BECOME AN INSTRUCTOR

**Interested in becoming an instructor? Get in touch with the team today.**

Join our Austswim course in Dec, train during our discounted intensive program in Jan and start working with us as early as Feb!



### DISCOUNTED HOLIDAY INTENSIVES

Discounted intensives are an opportunity for our trainee instructors (alongside qualified instructors) to gain hands on experience. This program offers support, guidance, and personalised attention for your child while training the next generation of instructor.

Designed to strengthen skills and confidence in a small-group setting, this program helps us continue supporting the wellbeing of our aquatic community while giving students access to quality, focused lessons.

**A fun and effective way to boost your child's swimming skills over the holidays!**

### BEGINNERS CLASS

Focusses on entering and exiting the water, getting the face wet, submerging with eyes open and breathing. A glide through the water (torpedo). Lifesaving skills such as regaining a standing position from a front and back float and moving through the water, sculling and treading water, the use of a life jacket and survival backstroke. Also progression practice of freestyle and stroke exploration.

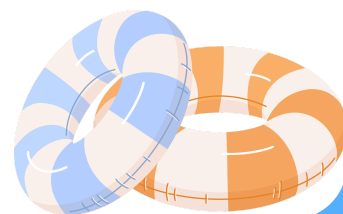
### ADVANCED CLASS

focusses on the progression practice of Breaststroke and Butterfly, such as their body and head position, arm and leg action, breathing and timing for these strokes. Also skill progression for Sidestroke.

### WHAT'S INVOLVED IN THE HOLIDAY INTENSIVE PROGRAM?

### INTERMEDIATE CLASS

Focusses on the progression practice of Freestyle and Backstroke such as their body and head position, arm and leg action, breathing and timing. and also skill progression for Survival backstroke.



**360 Fitness club will be beginning their renovations in the new year! Lessons will continue for all groups that run in the lesson pool.**

The last day to swim in our lap pool will be **Monday, 23 December**. To celebrate, we're **inviting** all Stroke Development families to join us for a **fun morning** in the **25m pool from 9am to 11am**. Representatives from Tamworth's swim squads will be there to chat about the next steps in your child's swimming journey.



When we reopen after the Christmas and New Year break on **Monday, 5 January 2026**, a temporary wall will be built in the Aquatic Centre as work begins on converting the lap pool.

The warm-water program pool will remain open for members, Health Clinic customers, and Learn to Swim students throughout the renovation.

At the same time, work will begin on upgrading the women's bathroom. During construction, women will use the men's facilities, while men will have access to temporary amenities. We understand this may cause some inconvenience and sincerely appreciate your patience – the bathroom upgrades are being prioritised to minimise disruption.

**COMING  
SOON**

While it's bittersweet to farewell our competitive lap swimmers, we're excited about the incredible **new features coming soon**, including:

- Saunas
- Hot and cold plunge pools
- A second warm-water pool with 17.5m lanes and expanded Learn to Swim capacity
- New recovery and rehabilitation equipment
- A dedicated area for the 360 Health Clinic
- A refreshed, modern look throughout the entire facility

We'll continue to keep you updated as these exciting upgrades progress.



## LEARN TO SWIM

### KINDERGARTEN SWIMMERS

scan me

If your child / swimmer is beginning Kindergarten next year in 2026 and would like to continue swimming in one of our afternoon classes then get in touch. Let us know by scanning the QR code and adding your child's name to our call list so that our staff can contact you to make sure your child has a suitable class in Term 1 2026.



1

Learn to Swim is not a membership and Learn to Swim students are not to swim within members' lanes or the lesson pool before or after their lessons.

2

Please be aware that as a parent or carer you are required to be available throughout your child's lesson, and especially to be on pool deck at the end of their lesson.

3

WE ASK FOR YOUR CHILDS SAFETY YOU DO NOT ENCOURAGE THEM TO GET INTO THE POOL BEFORE THE INSTRUCTOR CALLS THEM OVER TO THEIR LESSON.

4

In accordance with Office of the Children's Guardian Guide to Child Safe Standards no photos or videos may be taken within our Aquatic Centre. We understand that families may want photos of their children learning to swim, however, in group classes there is a real danger of identifying foster children or children at risk to third parties.

5

For the children's safety, parents are to walk in with their children. No child will be let into learn to swim without a parent.

*'Thanks for a fantastic Term 4  
& here's to a brilliant Term 1!'*  
- Crystal Vera &  
Emma Charlesworth

