

Family Reflection Handout – May 2026

FAITH: FROM ABUNDANCE TO SHARING

Month of the Blessed Virgin Mary

Pentecost reminds us that the Holy Spirit is alive and active in our families today. He invites us to live a faith that is not kept to ourselves but shared generously with others.

God has blessed us with many gifts: our time, our talents, and our resources. These gifts are meant not only for our own good, but to serve others, especially those in need.

As a Christian family, we are called to move **from abundance to sharing**, avoiding waste, practicing generosity, and caring for our community. Even small acts, done with love, can change lives.

Questions for Family Reflection

- What gifts has God given our family?
- How can we share our time and resources more generously?
- Who around us may need our help?

Prayer

Come, Holy Spirit,

fill our home with Your love. Teach us to share joyfully what we have received so generously. Help us become a family that reflects Your love in the world.

Amen.

Let us help one another, just as God helps us.



Saints Peter and Paul Catholic Church

World of God for Families

FAITH: FROM ABUNDANCE TO SHARING

Year 5 - Number 5 – May 2026



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**A TIME
TO BE WITH GOD**

“They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers.” (Act 2, 42)

Faith: from Abundance to Sharing

Dear Beloved Families of Saints Peter and Paul,

Grace and peace to you in our Lord Jesus Christ.

As a parish family gathered under the patronage of **Saints Peter and Paul**, we give thanks to God for each of you, your faith, your witness, and your continued commitment **to building up our parish community**. Like our patron saints, we are called to live with courage, trust, and love, proclaiming the Gospel not only with our words but especially through our daily lives.

This season invites us **to reflect deeply on our faith and how it moves us from abundance to sharing**. We are reminded that **the many blessings we receive, our time, our talents, and our resources—are gifts meant to be shared in service to others**. In a world where so many still struggle, we renew our responsibility to care for one another, particularly the most vulnerable among us, and to be good stewards of all that God has entrusted to our care.

As families, you are the heart of our parish. The faith that is lived in your homes, taught to your children, and practiced through acts of kindness and generosity strengthens our entire community. We encourage you to continue fostering prayer within your families, supporting one another, and participating actively in parish life. **May your homes be places where faith is nurtured, hope is strengthened, and love is shared freely**.

In union with **the Holy Father’s prayer intention**, we also ask you to join us in **praying that all people may have access to quality food, and that we may grow in awareness and commitment to avoiding waste while sharing generously with those in need**. Even small acts, when done with love, can make a lasting difference.

Entrusting our parish and your families to the intercession of **Saints Peter and Paul**, and under the loving care of the **Blessed Virgin Mary**, we pray that God may continue to guide, protect, and bless you abundantly.

With gratitude and prayers,
In Christ’s love,

Father Sébastien SASA, PhD, MPA

Pastor of Saints Peter and Paul Catholic Church

West Valley City, UT

Friday, May 1st, 2026

Family Prayer Card – May 2026

Come, Holy Spirit,

fill our hearts and kindle in us
the fire of Your love.

As You descended upon the Apostles
and transformed them into witnesses of the Gospel,
descend also upon our family.

Guide our words and actions,
strengthen our faith,
and unite us in love, patience, and hope.

Help us recognize the gifts
You have abundantly given us—
our time, our talents, and our resources—
and move us **from abundance to sharing**,
especially with those who are most in need.

We pray for all who lack daily bread:
may no one be forgotten,
may food be shared with generosity,
and may we be good stewards of all You provide.

Through the intercession of **Saints Peter and Paul**,
and under the loving care of the **Blessed Virgin Mary**,
renew our family, our parish,
and the whole world in Your peace.

Amen.